















Over Coffee!

Sylvan Lake, Gasoline Alley, Springbrook and Penhold Edition

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# Everybody's Talking

Roundabout way: Thank goodness a roundabout in Denbighshire, Wales, is only busy with traffic a couple of times a day. Otherwise, the people who live in the centre of it might have gone crazy by now. Clwyd Howatson and his wife and son occupy a bungalow situated smack dab in the middle of the roundabout, which was completed in 1980 after his parents, the late David John and his wife Eirian Howatson, had already lived on the spot for 20 years. The current occupants have other family members who visit often, and no one has any intention of giving up their unusual piece of property. It's their home, after all.

Viking mania: A Bosnian man changed his life goals after watching "Vikings," a television series that dramatized the life of Ragnar Lodbrok, a legendary Norse hero. The man binge watched the TV series, becoming a huge fan in the process. Calling himself "Ragnar the Bosnian Viking," he started wearing tunics, grew a long white beard, and braided his hair. He embraced the Viking culture by making artifacts in his workshop, including a Viking boat and intricately designed Viking shields and axes, which he sells. A goal for this modern Ragnar is to build a Viking village, which he hopes will become a tourist attraction.

Desert oasis: There is a kind of Eden in the Gobi desert in Mongolia that has been nurtured by a man named Baraaduuz Demchig. About three decades ago, the now-elderly man wanted to find a way to grow crops in the arid environment. However, the plants would be blown away by the wind. To protect the area, he planted elms, and it worked. Today, the trees stand watch over such crops as apples, black currants, raspberries, and sea buckthorn. Reclaiming some of the desert land and making it productive provides an important source of food for locals, many of whom are also planting trees to protect their own crops.

**Going backward:** Driving in reverse is not the easiest thing to do, but it is a necessary skill that drivers should have. To prove that backwards driving is doable, a man named Chandramouli of India's Tamil Nadu state decided to try to break the record for the longest distance driven in reverse gear in less than 30 minutes. He accomplished the feat by going backwards within that time frame for 16 kilometres and 140 metres (approximately 10 miles) on a bypass road. He did the task safely. That was his motivation for challenging the record: He wants young drivers to be aware of the need to drive with skill and safety in mind at all times.

## Quoteable Quotes

"The more elaborate our means of communication, the less we communicate." ~ Joseph Priestley

"If you can give your child only one gift, let it be enthusiasm." ~ Bruce Barton

# What's Happening

Non profit organizations and charities - promote your upcoming event here free of charge! Complete our event submission page at www.centralalbertacoffeenews.com. Please allow three to four weeks' notice.

Sylvan Lake Municipal Library presents a Family Movie **Night** the third Thursday of the month. Next viewing will be August 17 from 6 to 8 p.m., featuring How To Train Your Dragon. Free, all ages welcome. Drop in, food and drink provided. Please consider bringing a non-perishable food item donation for the Little Free Pantry. For more information, please visit the Library's website.

Kick It To The Curb 2023 will be taking place August 19 & 20. Find new owners for your unwanted but usable items and reduce disposal to the landfill! Visit Town website for details.



### Trivia

- 1. A hexagon has four, six, or eight sides?
- 2. Thomas Edison invented the phonograph T/F?
- 3. The game mahjongg originated in what country?
- 4. Brontophobia is fear of brontosauruses, thunder, or dump
- 5. This is the vertical post that divides window panes.

(Flip bottom of page for answers)

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~ Tom Mansell, Branch Manager Prairie Office Plus

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## Your Weekly Horoscope

(March 20 - April 19)



Where is an old emotional issue causing a problem in your current relationship? Think about what

common pattern is shared in both situations and then make adjustments as needed. Lucky numbers: 4, 21, 23, 30, 32, 42.

**TAURUS** 

(April 20 - May 20)



You may come across an opportunity to take a risk on a new project, but may also run into a

challenge requiring you to believe in yourself and your endeavour. Lucky numbers: 10, 31, 42, 44, 45, 47.

**GEMINI** 

(May 21 - June 20)



You might find it easier to get in touch with your emotions at midweek. In doing so,

information may bubble to the surface that was hidden in your subconscious. Lucky numbers: 6, 13, 14, 18, 26, 38.

**CANCER** 

(June 21 – July 21)



How do you see yourself as a romantic partner? An opportunity may emerge for

you to shape your role in a way that better suits who you are now. Lucky numbers: 8, 12, 22, 38, 47, 48.

**LEO** 

(July 22 - Aug. 22)



At midweek, you may have an opportunity to do a monthly reset of your emotions. This

time you may want to direct that reset to your beliefs around love and marriage. Lucky numbers: 13, 14, 24, 26, 27, 33. **VIRGO** 

(Aug. 23 - Sept. 22)



The motivation for Virgos is usually accomplishing a goal rather than taking credit for it. Now may be a good time to

toot your own horn, so that others remember your value. Lucky numbers: 11, 31, 32, 42, 44, 45.

be a bit of a "wet blanket." At week's end. however. vou

may have an opportunity to adjust your demeanour to radiate the best qualities of this sign. Lucky numbers: 5, 10, 22, 24, 35, 42.

Lucky numbers this week: This week's odds favour Scorpio winners, with the luckiest number being 27.

## Did You Know...

Night treat: Queen of the Night is a nickname for the cactus Epiphyllum oxypetalum. This plant produces beautiful white flowers, but only at night, and the flowers wilt before the sun comes up. It's a rare event to witness.

**Coffee alternative:** Someone who wants the taste of coffee but not the caffeine could choose chicory as an alternative. This root, which is roasted and ground, can be steeped like tea or brewed like coffee.

Yummy fruit: The Kiwano, also called the horned melon, is native to sub-Saharan Africa. True to its name, its orange skin is covered with horny protuberances. The flesh tastes like a cross between a cucumber and a lemon.

Rock band manager: Brian Epstein (1934-1967), who was manager for the rock group The Beatles, was working in his family's Liverpool, England, record store when he met the group. He became their manager in 1962.

**Icy treat:** The world did not always have what are known as Popsicles. In 1905, an 11-year-old American boy named Frank Epperson accidentally left a soda drink outside overnight, with a stick in it, and the liquid froze.

# On the Lighter Side

A really bad gymnast walked into a bar.

Patient: "Doctor, I am having trouble sleeping." Doctor: "Lie on the edge; you'll eventually drop off." What do you call a bird stuck at the North Pole? A brrrrrrrrd. Words that soak into your ears are whispered, not yelled.

Does a roller coaster like its work? It has its ups and downs. Knock! Knock! Who's there? Ivan. Ivan who? Ivan working on the railroad.

Auswers

f. Mullion

Trivia answers: 1. Six 2. True 3. China 4. Thunder

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(Sept. 23 - Oct. 22)



Your charm and diplomacy may be highlighted now. You can use these to help

others, but make sure you don't take on more than you can handle as you do so. Lucky numbers: 12, 16, 19, 23, 25, 38. **SCORPIO** 

(Oct. 23 - Nov. 21)



You may find you have a high level of ambition at this point in time. If there is a

goal you haven't been able to manifest before, now may be the time to try. Lucky numbers: 14, 27, 29, 38, 40, 42.

**SAGITTARIUS** 

(Nov. 22 - Dec. 20)



Your Sagittarius optimism may get a boost midweek. How do you want to use

this energy to plan something new? You may want to wait a bit to implement it. Lucky numbers: 1, 4, 10, 34, 39, 46.

**CAPRICORN** (Dec. 21 - Jan. 19)



Capricorns often project a serious attitude. Right now you may have the potential to

incorporate a more relaxed energy to achieve a balanced viewpoint about your life situation. Lucky numbers: 3, 9, 23, 41, 45, 47.

**AQUARIUS** (Jan. 20 - Feb. 18)



The energy pattern at midweek radiates warmth and optimism. How can you incor-

porate these qualities positively into your communications with others? Lucky numbers: 7, 21, 30, 37, 42, 44.

**PISCES** 

(Feb. 19 - March 19)



Pisces can sometimes



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