


RETIREMENT-LIVING
CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Vibrant Community

DEVONSHIRE
VILLAGE

Full Kitchens • Social & Recreation • U/G Parking
1728 Rabbit Hill Road, Edmonton

780-540-9500
CDLhomes.com



FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed Over Coffee"
Ellerslie West Edition
780-220-6397
www.coffee-news.ca



Est. 1988

Vol. 20 No. 32 August 7, 2023

Everybody's Talking

Handy skill: Having strong hands is convenient, especially when a lid won't come off a jar. But a man from Germany has taken strong hands to a new level. Muhamed Kahrmanovic, who has earned the nickname "Hammer Hands," broke a record when he used his hands to break 68 baseball bats in just one minute. The man is also able to whack open coconuts using only one hand, crush aluminum cans, and smash glass bottles and slabs of concrete. Kahrmanovic gained his strength because he took part in taekwondo classes when he was a child. At first he was a student and later became an instructor.

Tree cutter: A criminal on the loose in the U.S. state of Oregon is going to be in considerable trouble when caught. The culprit is not stealing anything or hurting anyone, but the crime is serious. Since the summer of 2021, someone has been cutting down trees in the forests near the Portland suburb of Gresham. Known as the "Gresham Lumberjack," the person has felled hundreds of trees, and no one knows why anyone would do such a thing. Residents are upset by the destruction, and authorities have increased their efforts to crack the case by using hidden cameras. When the lumberjack is found, heavy fines definitely will be issued.

Rub it out: Those who make a lot of mistakes in their writing might want to consider buying something that will make erasing errors easy: the Radar S10000 eraser. Enormous in comparison to the usual small erasers found in desk drawers, this one measures 276 x 141 x 43 mm (10.9 x 5.5 x 1.7 in.) and weighs over 2.2 kilograms (4.9 lbs.). It's part of the popular Radar product line of a Japanese company called Seed. Originally, they made such a large eraser as a prize giveaway. However, consumers showed such an interest that Seed produced more and made them available for purchase.

Mall skating: Citi Plaza, a mall in London, Ontario (Canada), is the venue for an occasional but unique event: an evening of roller skating. Put on by Retro Rollers, Inc., and MainStreet London, the ticketed event lets about 400 skaters whiz by store outlets to their hearts' content. It's quite an experience for people who love this retro sport. Instead of walking around and shopping, they are allowed to don their skates in a very large venue. The event also includes a family skate so that little kids don't have to worry about speedsters getting too energetic in their presence. For many, the evening provides hope that the sport will become popular again.

Quoteable Quotes

"Don't wait around for other people to be happy for you. Any happiness you get you've got to make yourself." —Alice Walker
"If I were to wish for anything, I should not wish for wealth and power, but for the passionate sense of the potential." —Søren Kierkegaard

What's Happening

Aug 5-7 - Edmonton Heritage Festival Experience the world in a weekend without leaving Edmonton at the world's largest multicultural festival. Sample culinary treats, shop for artwork, and chat with folks from all over the world. Temporarily relocated to the Edmonton Expo Centre.

Aug 10 - Good Neighbor Open Mic Open Mic invites community members to share their artistic talents on our Plaza stage. If you would like to take part you have until July 17th to register at The Arden Theatre website. Taking place at St. Albert Place August 10th at 7:30pm.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. One of the Luxor Obelisks is in Istanbul, Paris, or London?
2. Jell-O was invented in 1897, 1927, or 1947?
3. This word for knot-tying craft is from the Arabic migramah.
4. There are 16, 26, or 32 bones in the foot?
5. What number starts with 1 and is followed by 100 zeros?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd
(Over)

Start Your Own Business!
FREE government funded Self-Employment Training
NOW ONLINE
microbusiness
TRAINING CENTRE INC
Suite 203 Energy Square, 10109-106 St., Edmonton AB T5J 3L7
780.482.4462 | www.microbusiness.ca



FROM **\$85** A MONTH
ONKAR INSURANCE BROKERS
DRUG AND DENTAL PLANS

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE
RESP PLANS (up to \$9200 grants + 15% bonus)

Vikram Saggi
780-999-3000



HIP OR KNEE REPLACEMENT?
THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!



Mortgage Advice TD

We provide mortgage options, value, flexibility, and convenience.

Let's talk:
Michael Rennie
Mobile Mortgage Specialist
T: 780 499 4749
michael.rennie@td.com
mms.tdcanadatrust.com/michael.rennie



Happy **HERITAGE** Day
from your friends at **Coffee News**[®]



Exclusive Offer!

Coffee News Readers - Receive **\$100 OFF** their Website Development!

*Mention this ad to redeem!

Frontline web consulting
(780) 760-6922
FRONTLINECONSULTING.CA



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



WE COME TO YOU!
NERDS2YOU
VIRUS REMOVAL & COMPUTER REPAIR
ONSITE COMPUTER REPAIR
Your on-site computer and network service specialists. Virus removal, network setup, repairs and more.
587-772-NERD(6373)
FAST, FRIENDLY AND PROFESSIONAL
DEBIT, VISA AND MASTERCARD ACCEPTED
NERDS2YOU.CA



Visit us on Facebook-CoffeeNewsWeekly

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeeneews

May 1 Draw Winners: Chelsey M. from Edmonton, Cindy C. from Sylvan Lake, Jay Z. from Edmonton
June 1 Draw Winners: Frank H. from Sylvan Lake, Sandy P. from Calgary, Steven R. from Lethbridge
July 1 Draw Winners: Rodney B. from Lethbridge, Brian P. from Edmonton, Natasha W. from Red Deer

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeneews




Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445



jerry forbes Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS

Dear Edmonton, We're having a great time and the people here are amazing. You should come for a visit!

Sincerely, JFC

jerryforbescentre.ca



Affordable-Effective-Exclusive-CALL NOW!

**STOP STREAMING!
IT'S FUNNIER LIVE**
AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicstrip.ca

Rick Branson's
THE COMIC STRIP
DRINK · DINE · LAUGH



**WOMENS
WORKWEAR**

www.womensworkwear.ca

STORE OPENING SOON!
5403 Gateway Blvd NW, Edmonton

Enjoy The Experience



Scan QR Code To View Our New Website!


**GET THE JOB DONE RIGHT.
HIRE AN ELECTRICIAN.**

Breault
ELECTRICAL SERVICE

✓ 40 Years Experience
✓ Commercial
and Residential Service

780.999.0927
Master Electrician | Licensed and Insured

REASONABLE RATES!
SPECIALIZING IN ALL TYPES OF ELECTRICAL REPAIRS FOR YOUR HOME OR BUSINESS



Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS



Making Your Dreams A Reality

Full suite of construction, renovation and maintenance services, including:

- Kitchens
- Bathrooms
- Additions
- Siding

TORGUNRUD CONSTRUCTION

780.996.4050
www.torgunrud.ca

VETERAN OWNED AND OPERATED BUSINESS

CONTACT US TODAY FOR A FREE QUOTE!



FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Best IN THE CITY!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Mon-Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

WORLD FAMOUS INDIAN ASTROLOGER & PSYCHIC
Pandith: **THULASI**

PASSED DOWN GENERATION TO GENERATION
PALM READING ★ FACE READING ★ PATRA READING ★ PHOTO READING

100% Guarantee

VEDIC SOLUTIONS AVAILABLE FOR:

JOB COURT ENEMY	LOVE EDUCATION BLACK MAGIC	BUSINESS EMPLOYMENT SECRET MATTERS	SICKNESS MARRIAGE LUCKY NOS.
-----------------	----------------------------	------------------------------------	------------------------------

BRING BACK LOVED ONES IN 11 DAYS ONLY

I Will Remove and Destroy all Bad Luck, Witchcraft, Obeyah, Jadoo, Voodoo and Protect You From All Evils
PRIVATE AND CONFIDENTIAL 100% LIFELONG PROTECTION

MOB: +1 780.863.3236 | 780.863.9071
EDMONTON & CALGARY

WE CLEAN YOUR HOME LIKE IT'S OUR OWN!

- ◆ Weekly/Biweekly/Monthly Personalized Cleans
- ◆ Residential and Small Business
- ◆ Move In/Outs
- ◆ Pest Control Clean Up

ASK ABOUT OUR SENIORS' RATES!

NOBODY CLEANS LIKE MOM

780.700.6686 • www.nobodycleanslikemom.com



Your Weekly Horoscope

ARIES

(March 20 - April 19)



Did you establish a new set of goals during your birthday month? If so, now is a good time to review how things are going and where to make changes. Lucky numbers: 3, 8, 9, 13, 21, 46.

TAURUS

(April 20 - May 20)



Are you craving freedom right now, especially regarding a perceived restriction in your relationships? Having a heartfelt conversation with your partner may reveal a resolution you can both agree on. Lucky numbers: 4, 6, 7, 16, 21, 48.

GEMINI

(May 21 - June 20)



Geminis have the ability to absorb information from the ether. This dynamic may be heightened at midweek. If it becomes overwhelming, you may want to retreat for a few days. Lucky numbers: 6, 7, 17, 19, 35, 45.

CANCER

(June 21 - July 21)



At the end of the week, you may feel moody and out of sorts. To avoid a relationship issue, be aware of these feelings as you interact with others. Lucky numbers: 9, 13, 27, 29, 43, 48.

LEO

(July 22 - Aug. 22)



The focus for you right now may be someone or something you are passionate about. Enjoy the emotional high, but avoid making any decisions that would be difficult to reverse later. Lucky numbers: 11, 18, 27, 36, 38, 42.

VIRGO

(Aug. 23 - Sept. 22)



If you aren't as assertive in your interactions with others as you would like to be, the potential exists now to be so. The reverse dynamic may also be true. Lucky numbers: 2, 4, 13, 21, 31, 32.

LIBRA

(Sept. 23 - Oct. 22)



The current energy pattern may provide more ambition for you to accomplish your goals. However, you may need to actively seek out an opportunity to manifest this potential. Lucky numbers: 8, 25, 27, 33, 38, 48.

SCORPIO

(Oct. 23 - Nov. 21)



Scorpios can see hard truths that can be difficult to communicate to others. At midweek, it may be easier to do so. How can you cultivate this going forward? Lucky numbers: 16, 17, 22, 32, 35, 38.

SAGITTARIUS

(Nov. 22 - Dec. 20)



A well-defined life philosophy or belief system is important for many Sagittarians. You may encounter some new ideas that you have not seen before. How should you incorporate them? Lucky numbers: 7, 10, 26, 46, 47, 48.

CAPRICORN

(Dec. 21 - Jan. 19)



Is someone in your orbit, especially a woman, interacting with you in a particularly emotional manner? Consider how you may be contributing to the issue and make changes as needed. Lucky numbers: 1, 8, 10, 32, 36, 39.

AQUARIUS

(Jan. 20 - Feb. 18)



Is your personal or business partner putting an obstacle in the way of your goals? Work with them to understand the underlying cause and get to a win-win solution. Lucky numbers: 7, 11, 29, 35, 41, 47.

PISCES

(Feb. 19 - March 19)



Pisces can sometimes be discouraged about themselves and their experiences. There may be an opportunity now to make an adjustment that encourages you to be more optimistic going forward. Lucky numbers: 5, 9, 19, 26, 29, 35.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 27.

Did You Know...

Taste test: Some folks taste things more distinctly than others because of a higher-than-normal concentration of taste buds on their tongues. These "supertasters" find some flavours strong, such as the bitterness of broccoli or grapefruit.

Based on reality: The famous television series *M*A*S*H* is based on a novel called *MASH: A Novel About Three Army Doctors*. The book was a collaboration between real-life army surgeon H. Richard Hornberger (pen name Richard Hooker) and writer W.C. Heinz.

Big mushroom: Zambia, as well as parts of West Africa, is home to an edible mushroom called *Termitomyces titanicus*. The caps on these huge fungi can measure about one meter (3 ft.) across. Locals love them for their smoky flavor.

Big bunnies: Those looking for a pet rabbit might want to consider a breed called the Flemish Giant. Weighing up to about 10 kg (22 lbs.), it is the largest breed of rabbits in the world. Their gentle, relaxed personalities make them good pets.

Funny name: A town in the Canadian province of British Columbia is called Youbou. The moniker comes from the names of two staff members at a lumber company: Mr. Yount and Mr. Bouten.

On the Lighter Side

Knock! Knock! *Who's there? Bond. Bond who? Bond who?* Bond who? Bond who? Bond who? Bond who? Bond who? Bond who?

You can't always be a Winter Olympics champion. You win some, you lose some.

Waiter: "How did you find your steak, sir?"
Diner: "I moved my french fry and there it was!"

Why are pianos good with locks? They have a lot of keys.

Your fences need to be horse-high, pig-tight, and bull-strong.

Answers

5. Googleplex
Trivia answers: 1. Paris 2. 1897 3. Macramé 4. 26


For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

The World's #1 Restaurant Publication!

BLUE BLOODS

MON - THURS 9:00

yesTV



BETTER SERVICE. BETTER MARKETING. BETTER RESULTS.

JAY BERG GROUP
REAL ESTATE PROFESSIONALS - GETTING YOU ON THE MOVE

A PASSION FOR PEOPLE.
A PASSION FOR REAL ESTATE.

CALL JAY TODAY!
780.819.BERG (2374)
www.JayBerg.com



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



Transport our future.
Become a school bus driver.

S
SOUTHLAND
safely home

Apply now at southland.ca




inogen

FREEDOM. TO BE YOU.

Call 1-888-998-6714
for a free consultation.

MKT-P0240



Need ONE More Reason to Join?

- ① You don't have an up to date will
- ② You don't understand the difference between a trust and a will
- ③ The CRA selects you for an audit
- ④ You need a letter written on your behalf by a lawyer
- ⑤ You receive a speeding ticket
- ⑥ You need a lawyer's advice on any matter

LegalShield

Call LLOYD KENNEY,
Independent Associate, to find out how LegalShield can help you!

1-877-579-9449



Don't know where to start...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE HANDYMAN SERVICES

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.



Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

