CN-Proudly printed by One to One Mailing Create vibrancy A carefully curated and well being in your life. wellness brand **Labs** dedicated to prioritizing how best to support the ■揺■ concept of mind, body 醫護 and spirit connections. vennerbrandlabs.com 780.441.1891 vennerbrand@gmail.com f vennerbrandinc Happy Day from your friends at Coffee News **Pregnant? Facing Difficult Decisions?** We can help. Call 780.421.1177 or text 587.596.5380 A Small Miracle Adoption Adoption • Confidential • Support and Connection • Adoption Information Pregnancy Counselling to Resources and Advice www.smallmiraclesadoption.com If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!** They are creating candles that have a strong scent throw and the cleanest burning scented candles out there! Sunset Scents PSC a RAY of Fragrance Scentedl prairiescentedcandles@gmail.com www.prairiescentedcandles.com When



 \overline{n}

Reader of the Month



Everybody's Talking

Handy skill: Having strong hands is convenient, especially when a lid won't come off a jar. But a man from Germany has taken strong hands to a new level. Muhamed Kahrimanovic, who has earned the nickname "Hammer Hands," broke a record when he used his hands to break 68 baseball bats in just one minute. The man is also able to whack open coconuts using only one hand, crush aluminum cans, and smash glass bottles and slabs of concrete. Kahrimanovic gained his strength because he took part in taekwondo classes when he was a child. At first he was a student and later became an instructor.

Tree cutter: A criminal on the loose in the U.S. state of Oregon is going to be in considerable trouble when caught. The culprit is not stealing anything or hurting anyone, but the crime is serious. Since the summer of 2021, someone has been cutting down trees in the forests near the Portland suburb of Gresham. Known as the 'Gresham Lumberjack," the person has felled hundreds of trees, and no one knows why anyone would do such a thing. Residents are upset by the destruction, and authorities have increased their efforts to crack the case by using hidden cameras. When the lumberjack is found, heavy fines definitely will be issued.

Rub it out: Those who make a lot of mistakes in their writing might want to consider buying something that will make erasing errors easy: the Radar S10000 eraser. Enormous in comparison to the usual small erasers found in desk drawers, this one measures 276 x 141 x 43 mm $(10.9 \times 5.5 \times 1.7 \text{ in.})$ and weighs over 2.2 kilograms (4.9 lbs.). It's part of the popular Radar product line of a Japanese company called Seed. Originally, they made such a large eraser as a prize giveaway. However, consumers showed such an interest that Seed produced more and made them available for purchase.

Mall skating: Citi Plaza, a mall in London, Ontario (Canada), is the venue for an occasional but unique event: an evening of roller skating. Put on by Retro Rollers, Inc., and MainStreet London, the ticketed event lets about 400 skaters whiz by store outlets to their hearts' content. It's quite an experience for people who love this retro sport. Instead of walking around and shopping, they are allowed to don their skates in a very large venue. The event also includes a family skate so that little kids don't have to worry about speedsters getting too energetic in their presence. For many, the evening provides hope that the sport will become popular again.

Quoteable Quotes

"Don't wait around for other people to be happy for you. Any happiness you get you've got to make yourself." —Alice Walker "If I were to wish for anything, I should not wish for wealth and power, but for the passionate sense of the potential." -Søren Kierkegaard

What's Happening

Aug 5-7 - Edmonton Heritage Festival Experience the world in a weekend without leaving Edmonton at the world's largest multicultural festival. Sample culinary treats, shop for artwork, and chat with folks from all over the world. Temporarily relocated to the Edmonton Expo Centre.

2nd Tuesdays of Month - Stitch n' Btch Stitch 'n Btch is a name that has been used to refer to social knitting groups since at least World War II. The group meets to knit, crochet, cross-stitch and talk. Bring your WIP and join at 4B 4010 50 Ave Lloydminster the 2nd Tuesday of each month.

Aug 20 - Underwater Rodeo Lake Cleanup Join divers from all over Alberta and Saskatchewan in skills development dives and a lake cleanup. Everyone is welcome, including non-divers snorkelers. Visit www.fortmacscuba.com for more info.





For contest rules and recent winners, visit

w.accidentinjurylawyer.com/coffeenew

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca Please put "Readers" in the subject l

Please include: Your name @ Your phone number ad @ Your address that we can send you some **cool prizes** your photo is chosen to appear in the paper!

Alishia Raymond from Fort Sask Coffee News' Fun Reading. Serious Advertising.



Affordable-Effective-Exclusive-CALL NOW!

NON profit organizations may submit events for FREE at www.coffee-news.ca



Over 150 participating sponsors! ners (\$100 each) will be drawn on the 15th of each month from all correct entr



NEW FEATURE!

MA Wetaskiwin Heritage Gifts & Wool Downtown 100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES Head for the Star on Main Street: 5007 - 50 Ave. NOW SERVING BEANS COFFEE and TEA! GENERAC Prepare for power FREE outages today WITH A HOME STANDBY GENERATOR **REQUEST A FREE QUOTE** (888) <u>688-0973</u> GENERAC

OPTICAL+HEARING CO.

403.790.2020 • 4502-50 Street, Ponoka

ICING FOR HEARING AIDS NOW AVAILA

TOYS | CANDY | WOOL | YARN | GIFTS

st request a quote, purchase, install and activ ing dealer. Call for a full list of terms and con

Visit us on Facebook-CoffeeNewsWeekly

Trivia

- 1. One of the Luxor Obelisks is in Istanbul, Paris, or London?
- 2. Jell-O was invented in 1897, 1927, or 1947?
- 3. This word for knot-tying craft is from the Arabic migramah.
- 4. There are 16, 26, or 32 bones in the foot?
- 5. What number starts with 1 and is followed by 100 zeros?

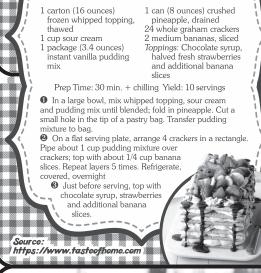
(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

The World's #1 Restaurant Publication!

of the 🕷 month

Banana Split Icebox Cake



inøgen FREEDOM. TO BE YOU

Call 1-888-998-6714 for a free consultation.





LEDUC'S BEST COUNTRY

Your Weekly Horoscope

(Sept. 23 - Oct. 22)

The current energy pat-

tern may provide more

ambition for you to

accomplish your goals.

However, you may need

to actively seek out an

Scorpios can see hard

truths that can be diffi-

cult to communicate to

others. At midweek, it

may be easier to do so.

How can you cultivate

A well-defined life phi-

losophy or belief system

is important for many

Sagittarians. You may

encounter some new ideas

that you have not seen be-

Is someone in your orbit,

especially a woman, inter-

acting with you in a par-

ticularly emotional man-

ner? Consider how you

may be contributing to the

Is your personal or busi-

ness partner putting an

obstacle in the way of

your goals? Work with

them to understand the

underlying cause and get

Pisces can sometimes be

discouraged about them-

selves and their experiences.

There may be an oppor-

tunity now to make an adjustment that encourages

opportunity to manifest this potential.

Lucky numbers: 8, 25, 27, 33, 38, 48.

this going forward? Lucky numbers:

fore. How should you incorporate them?

issue and make changes as needed.

to a win-win solution. Lucky numbers:

you to be more optimistic going forward.

Lucky numbers: 5, 9, 19, 26, 29, 35.

(Feb. 19 - March 19)

Lucky numbers: 1, 8, 10, 32, 36, 39.

(Jan. 20 – Feb. 18)

7, 11, 29, 35, 41, 47.

PISCES

Lucky numbers: 7, 10, 26, 46, 47, 48.

(Dec. 21 - Jan. 19)

(Oct. 23 - Nov. 21)

16, 17, 22, 32, 35, 38.

(Nov. 22 - Dec. 20)

SAGITTARIUS

CAPRICORN

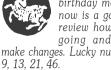
AQUARIUS

SCORPIO

ARIES

(March 20 – April 19)

Did you establish a new set of goals during your birthday month? If so, now is a good time to review how things are



going and where to make changes. Lucky numbers: 3, 8,

(April 20 – May 20)

TAURUS

Are vou craving freedom right now, especially regarding a perceived restriction in your relationships? Having a heartfelt conversation with your partner may reveal a

resolution you can both agree on. Lucky numbers: 4, 6, 7, 16, 21, 48. GEMINI

(May 21 – June 20)

Geminis have the ability to absorb information from the ether. This dynamic may be heightened at midweek. If it becomes overwhelming,

you may want to retreat for a few days. Lucky numbers: 6, 7, 17, 19, 35, 45. CANCER

(June 21 – July 21)

At the end of the week, you may feel moody and out of sorts. To avoid a relationship issue, be aware of these feelings as you interact with

others. Lucky numbers: 9, 13, 27, 29, 43, 48. LEO

(July 22 - Aug. 22)

The focus for you right now may be someone or something you are passionate about. Enjoy the emotional high, but avoid making any decisions that

would be difficult to reverse later. Lucky numbers: 11, 18, 27, 36, 38, 42. VIRGO

(Aug. 23 - Sept. 22)

If you aren't as assertive in your interactions with others as you would like to be, the potential exists now to be so. The reverse dynamic may also be

true. Lucky numbers: 2, 4, 13, 21, 31.32

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 27.

Did You Know...

Taste test: Some folks taste things more distinctly than others because of a higher-than-normal concentration of taste buds on their tongues. These "supertasters" find some flavours strong, such as the bitterness of broccoli or grapefruit.

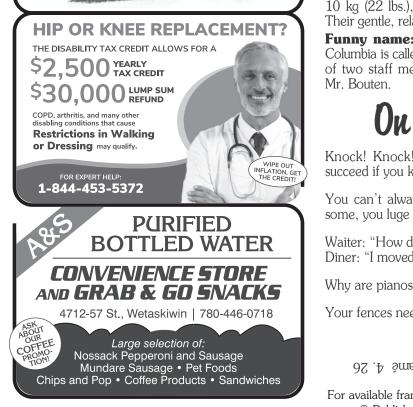
Based on reality: The famous television series M*A*S*H is based on a novel called MASH: A Novel About Three Army Doctors. The book was a collaboration between real-life army surgeon H. Richard Hornberger (pen name Richard Hooker) and writer W.C. Heinz.

Big mushroom: Zambia, as well as parts of West Africa, is home to an edible mushroom called *Termitomyces titanicus*. The caps on these huge fungi can measure about one meter (3 ft.) across. Locals love them for their smoky flavor.

Big bunnies: Those looking for a pet rabbit might want to consider a breed called the Flemish Giant. Weighing up to about 10 kg (22 lbs.), it is the largest breed of rabbits in the world. Their gentle, relaxed personalities make them good pets. **Funny name:** A town in the Canadian province of British Columbia is called Youbou. The moniker comes from the names of two staff members at a lumber company: Mr. Yount and







On the Lighter Side

Knock! Knock! Who's there? Bond. Bond who? Bond to succeed if you keep trying!

You can't always be a Winter Olympics champion. You win some, you luge some.

Waiter: "How did you find your steak, sir?" Diner: "I moved my french fry and there it was!"

Why are pianos good with locks? They have a lot of keys.

Your fences need to be horse-high, pig-tight, and bull-strong.

Answers b. Googolplex Trivia anewers: 1. Paris 2. 1897 3. Macramé 4. 26

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd

Zone 43-Wetaskiwin