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2nd Tuesdays of Month - Stitch n' Btch Stitch 'n Btch is a name that has been used to refer to social knitting groups since at least World War II. The group meets to knit, crochet, cross-

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An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities

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stitch and talk. Bring your WIP and join at 4B 4010 50 Ave Lloydminster the 2nd Tuesday of each month.

NON profit organizations may submit events for FREE at www.coffee-news.ca



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1. A hexagon has four, six, or eight sides?

2. Thomas Edison invented the phonograph—T/F?

3. The game mahjongg originated in what country?

4. Brontophobia is fear of brontosauruses, thunder, or dump trucks?

 $5. \ {\rm This} \ {\rm is the vertical post that divides window panes.}$

(Flip bottom of page for answers)

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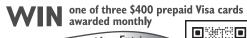
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CONGRATULATIONS TO OUR MOST RECENT CONTEST WINNERS!



Your Weekly Horoscope IIRRA

(Sept. 23 – Oct. 22)

(Oct. 23 - Nov. 21)

19, 23, 25, 38.

SCORPIO

SAGITTARIUS

(Nov. 22 - Dec. 20)

42

34, 39, 46.

CAPRICORN

AQUARIUS

PISCES

(Dec. 21 - Jan. 19)

(Jan. 20 - Feb. 18)

numbers: 7, 21, 30, 37, 42, 44.

(Feb. 19 - March 19)

Your charm and diplo-

macy may be highlighted

now. You can use these

to help others, but make

sure you don't take on

more than you can handle

You may find you have a

high level of ambition

now. If there is a goal you haven't been able to

manifest before, now

may be the time to tru.

Your Sagittarius opti-

mism may get a boost midweek. How do you

want to use this energy to

plan something new? You

may want to wait a bit to

Capricorns often project

a serious attitude. Right

now you may have the

potential to incorporate a

more relaxed energy to

achieve a balanced view-

The energy pattern at midweek radiates warmth

and optimism. How can you

incorporate these qualities

positively into your com-

munications with others.

Pisces can sometimes be

At week's end, however,

you may have an oppor-

tunity to adjust your

demeanour to radiate the

a bit of a "wet blanket.

as you do so. Lucky numbers: 12, 16,

Lucky numbers: 14, 27, 29, 38, 40,

implement it. Lucky numbers: 1, 4, 10,

point about your life situation. Lucky numbers: 3, 9, 23, 41, 45, 47.

now and once this influence passes? Lucky

best qualities of this sign. Lucky numbers:

5, 10, 22, 24, 35, 42.

ARIES (March 20 - April 19)

Where is an old emotion-

al issue causing a problem in your current relationship? Think about what common pattern is

shared in both situations and then make adjustments as needed. Lucky numbers: 4, 21, 23, 30, 32, 42. **TAURUS**

(April 20 - May 20)

You may come across an opportunity to take a risk on a new project, but may also run into a challenge requiring you to believe in yourself and your endeavour. Lucky numbers:

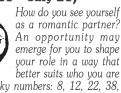
10, 31, 42, 44, 45, 47. **GEMINI**

(May 21 - June 20)

You might find it easier to get in touch with your emotions at midweek. In doing so, information may bubble to the surface that was hidden in

your subconscious. Lucky numbers: 6, 13, 14, 18, 26, 38. CANCER

(June 21 – July 21)



now. Lucky numbers: 8, 12, 22, 38, 47, 48. LEO

(July 22 - Aug. 22)

At midweek, you may have an opportunity to do a monthly reset of your emotions. This time you may want to direct that reset to your beliefs

around love and marriage. Lucky numbers: 13, 14, 24, 26, 27, 33. VIRGO

(Aug. 23 - Sept. 22)

The motivation for Virgos is usually accomplishing a goal rather than taking credit for it. Now may be a good time to toot your

own horn, so that others remember your value. Lucky numbers: 11, 31, 32, 42, 44, 45.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 27.

Did You Know...

Night treat: Queen of the Night is a nickname for the cactus *Epiphyllum* oxypetalum. This plant produces beautiful white flowers, but only at night, and the flowers wilt before the sun comes up. It's a rare event to witness.

Coffee alternative: Someone who wants the taste of coffee but not the caffeine could choose chicory as an alternative. This root, which is roasted and ground, can be steeped like tea or brewed like coffee.

Yummy fruit: The Kiwano, also called the horned melon, is native to sub-Saharan Africa. True to its name, its orange skin is covered with horny protuberances. The flesh tastes like a cross between a cucumber and a lemon.

Rock band manager: Brian Epstein (1934-1967), who was manager for the rock group The Beatles, was working in his family's Liverpool, England, record store when he met the group. He became their manager in 1962. **Icy treat:** The world did not always have what are known as Popsicles. In 1905, an 11-year-old American boy named Frank Epperson accidentally left a soda drink outside overnight, with a stick in it, and the liquid froze.



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A really bad gymnast walked into a bar.

Patient: "Doctor, I am having trouble sleeping." Doctor: "Lie on the edge; you'll eventually drop off."

What do you call a bird stuck at the North Pole? A brrrrrrrd.

Words that soak into your ears are whispered, not yelled.

Knock! Knock! Who's there? Ivan. Ivan who? Ivan working on the railroad.

Answers

noilluM .d Trivia answers: J. Six 2. True 3. China 4. Thunder

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