

Find Your Best Fit With Us!

Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944
www.romanticnotions.ca
@romanticnotionsab @romanticnotionsboutique

Bras Briefs Boxers Bikinis

FREE! New Issue Every Week!

Coffee News®

"News To Be Enjoyed Over Coffee"

Westlock Edition
877-553-6397

www.coffee-news.ca Est. 1988

NOW ACCEPTING ARI CARDS
Auto • Commercial • Residential

Advanced Glass Inc.

CALL MARC CLOUTIER TODAY:
780-961-2276

advancedglassinc.ca • 5514 - 50 Avenue, Legal AB
Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

WHEEL OF FORTUNE
WEEKNIGHTS 7PM/6PST
yesTV

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

Westlock Ford

Innovation that drives excitement.

BUILT Ford PROUD

westlockford.com
780-349-3361 | 10835-100 Street, Westlock

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address
so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Reader of the Month
Alishia Raymond from Fort Sask.

Coffee News® Fun Reading. Serious Advertising.

SOLVING TOOTH LOSS PROBLEMS SINCE 1993

Barrhead DENTURE CLINIC

Marcel Turenne, Denturist

For a NATURAL LOOK, there are a wide variety of tooth moulds and shades available to **INDIVIDUALIZE** your smile

DIRECT BILLING to insurance companies upon pre-determination of benefits

INQUIRE ABOUT ALBERTA SENIORS DENTAL BENEFIT ELIGIBILITY

5122-49A Street, Barrhead
Mon-Fri, 8:30 a.m.-4 p.m. **780.674.4348**
www.barrheaddentures.ca

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

ETTA TELECOM
587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

WEBSITES

From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Everybody's Talking

Roundabout way: Thank goodness a roundabout in Denbighshire, Wales, is only busy with traffic a couple of times a day. Otherwise, the people who live in the centre of it might have gone crazy by now. Clwyd Howatson and his wife and son occupy a bungalow situated smack dab in the middle of the roundabout, which was completed in 1980 after his parents, the late David John and his wife Eirian Howatson, had already lived on the spot for 20 years. The current occupants have other family members who visit often, and no one has any intention of giving up their unusual piece of property. It's their home, after all.

Viking mania: A Bosnian man changed his life goals after watching "Vikings," a television series that dramatized the life of Ragnar Lodbrok, a legendary Norse hero. The man binge-watched the TV series, becoming a huge fan in the process. Calling himself "Ragnar the Bosnian Viking," he started wearing tunics, grew a long white beard, and braided his hair. He embraced the Viking culture by making artifacts in his workshop, including a Viking boat and intricately designed Viking shields and axes, which he sells. A goal for this modern Ragnar is to build a Viking village, which he hopes will become a tourist attraction.

Desert oasis: There is a kind of Eden in the Gobi desert in Mongolia that has been nurtured by a man named Baraaduuz Demchig. About three decades ago, the now-elderly man wanted to find a way to grow crops in the arid environment. However, the plants would be blown away by the wind. To protect the area, he planted elms, and it worked. Today, the trees stand watch over such crops as apples, black currants, raspberries, and sea buckthorn. Reclaiming some of the desert land and making it productive provides an important source of food for locals, many of whom are also planting trees to protect their own crops.

Going backward: Driving in reverse is not the easiest thing to do, but it is a necessary skill that drivers should have. To prove that backwards driving is doable, a man named Chandramouli of India's Tamil Nadu state decided to try to break the record for the longest distance driven in reverse gear in less than 30 minutes. He accomplished the feat by going backwards within that time frame for 16 kilometres and 140 metres (approximately 10 miles) on a bypass road. He did the task safely. That was his motivation for challenging the record: He wants young drivers to be aware of the need to drive with skill and safety in mind at all times.

Quoteable Quotes

"The more elaborate our means of communication, the less we communicate."
—Joseph Priestley

"If you can give your child only one gift, let it be enthusiasm."
—Bruce Barton

What's Happening

Ongoing - Fresh Community Market Whitecourt District Chamber of Commerce Presents: The Fresh Community Market. Held each Saturday from 9:00 am to 1:00 pm until September 23, 2023. For more information, please visit the Whitecourt Chamber of Commerce's website.

Ongoing - Whitecourt Farmers' Market The 2023 Farmers' Market Season will run on Tuesdays from 11am to 2pm until October 3, 2023. For more information on upcoming markets, follow the Whitecourt Farmers Market group on Facebook.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Alberta Council on Aging

An aging demographic is changing the face of Alberta. Alberta Council on Aging, with regional representation across the province, addresses many of the challenges our older population faces. We engage in conversation with various organizations addressing relevant research-based matters, communications, and programs. ACA is committed to providing support and resources to all Alberta communities.

For a presentation in your community contact us or visit our website:
www.acaging.ca

780-423-7781 or toll free 1.888.423.9666
Email: office@acaging.ca

Be the voice for your community. Become a Volunteer!

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

MARKETS RUN UNTIL DEC. 14/2023

WESTLOCK FARMERS' MARKET

Thursdays 11 a.m.-3 p.m.
Westlock Memorial Hall (9903-106 St.)

VENDOR TABLES AVAILABLE!
Contact Leahann at 780.307.5659

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

May 1 Draw Winners	June 1 Draw Winners	July 1 Draw Winners
Chelsey M. from Edmonton Cindy C. from Sylvan Lake Jay Z. from Edmonton	Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge	Rodney B. from Lethbridge Brian P. from Edmonton Natasha W. from Red Deer

WESTLOCK & DISTRICT CHAMBER OF COMMERCE
Our community Your business

LUNCH MEETINGS ON THE SECOND LAST TUESDAY OF EVERY MONTH 12-1 p.m.
Westlock Legion 10004-106 St.

Visit our website for more information
westlockchamberofcommerce@gmail.com
www.westlockchamber.com

Trivia

1. A hexagon has four, six, or eight sides?
2. Thomas Edison invented the phonograph—T/F?
3. The game mahjonn originated in what country?
4. Brontophobia is fear of brontosauruses, thunder, or dump trucks?
5. This is the vertical post that divides window panes.


(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd
(Over)

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

PRAIRIE SUNSET
Funeral Home and Cremation Services
A DIVISION OF THE CARINGROUP INC.



780-470-5005 St. Albert
780-349-5006 Westlock
www.psfh.ca

When YOU Get Paid We Get Paid

We're Here To Help You When You Need Results!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

CONGRATULATIONS TO OUR MOST RECENT CONTEST WINNERS!

May 1 Draw Winners Chelsey M. from Edmonton Cindy C. from Sylvan Lake Jay Z. from Edmonton	June 1 Draw Winners Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge	July 1 Draw Winners Rodney B. from Lethbridge Brian P. from Edmonton Natasha W. from Red Deer
--	---	---

Your Weekly Horoscope

ARIES
(March 20 - April 19)

Where is an old emotional issue causing a problem in your current relationship? Think about what common pattern is shared in both situations and then make adjustments as needed. Lucky numbers: 4, 21, 23, 30, 32, 42.

TAURUS
(April 20 - May 20)

You may come across an opportunity to take a risk on a new project, but may also run into a challenge requiring you to believe in yourself and your endeavour. Lucky numbers: 10, 31, 42, 44, 45, 47.

GEMINI
(May 21 - June 20)

You might find it easier to get in touch with your emotions at midweek. In doing so, information may bubble to the surface that was hidden in your subconscious. Lucky numbers: 6, 13, 14, 18, 26, 38.

CANCER
(June 21 - July 21)

How do you see yourself as a romantic partner? An opportunity may emerge for you to shape your role in a way that better suits who you are now. Lucky numbers: 8, 12, 22, 38, 47, 48.

LEO
(July 22 - Aug. 22)

At midweek, you may have an opportunity to do a monthly reset of your emotions. This time you may want to direct that reset to your beliefs around love and marriage. Lucky numbers: 13, 14, 24, 26, 27, 33.

VIRGO
(Aug. 23 - Sept. 22)

The motivation for Virgos is usually accomplishing a goal rather than taking credit for it. Now may be a good time to toot your own horn, so that others remember your value. Lucky numbers: 11, 31, 32, 42, 44, 45.

LIBRA
(Sept. 23 - Oct. 22)

Your charm and diplomacy may be highlighted now. You can use these to help others, but make sure you don't take on more than you can handle as you do so. Lucky numbers: 12, 16, 19, 23, 25, 38.

SCORPIO
(Oct. 23 - Nov. 21)

You may find you have a high level of ambition now. If there is a goal you haven't been able to manifest before, now may be the time to try. Lucky numbers: 14, 27, 29, 38, 40, 42.

SAGITTARIUS
(Nov. 22 - Dec. 20)

Your Sagittarius optimism may get a boost midweek. How do you want to use this energy to plan something new? You may want to wait a bit to implement it. Lucky numbers: 1, 4, 10, 34, 39, 46.

CAPRICORN
(Dec. 21 - Jan. 19)

Capricorns often project a serious attitude. Right now you may have the potential to incorporate a more relaxed energy to achieve a balanced viewpoint about your life situation. Lucky numbers: 3, 9, 23, 41, 45, 47.

AQUARIUS
(Jan. 20 - Feb. 18)

The energy pattern at midweek radiates warmth and optimism. How can you incorporate these qualities positively into your communications with others, now and once this influence passes? Lucky numbers: 7, 21, 30, 37, 42, 44.

PISCES
(Feb. 19 - March 19)

Pisces can sometimes be a bit of a "wet blanket." At week's end, however, you may have an opportunity to adjust your demeanour to radiate the best qualities of this sign. Lucky numbers: 5, 10, 22, 24, 35, 42.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 27.

Did You Know...

Night treat: Queen of the Night is a nickname for the cactus *Epiphyllum oxypetalum*. This plant produces beautiful white flowers, but only at night, and the flowers wilt before the sun comes up. It's a rare event to witness.

Coffee alternative: Someone who wants the taste of coffee but not the caffeine could choose chicory as an alternative. This root, which is roasted and ground, can be steeped like tea or brewed like coffee.

Yummy fruit: The Kiwano, also called the horned melon, is native to sub-Saharan Africa. True to its name, its orange skin is covered with horny protuberances. The flesh tastes like a cross between a cucumber and a lemon.

Rock band manager: Brian Epstein (1934-1967), who was manager for the rock group The Beatles, was working in his family's Liverpool, England, record store when he met the group. He became their manager in 1962.

Icy treat: The world did not always have what are known as Popsicles. In 1905, an 11-year-old American boy named Frank Epperson accidentally left a soda drink outside overnight, with a stick in it, and the liquid froze.

On the Lighter Side

A really bad gymnast walked into a bar.

Patient: "Doctor, I am having trouble sleeping."
Doctor: "Lie on the edge; you'll eventually drop off."

What do you call a bird stuck at the North Pole? A brrrrrrrd.

Words that soak into your ears are whispered, not yelled.

Knock! Knock! *Who's there?* Ivan. *Ivan who?* Ivan working on the railroad.

Answers

Trivia answers: 1. Six 2. True 3. China 4. Thunder 5. Million

For available franchise opportunities - visit coffeeneWSCANADA.COM
© Published with Permission by Capital Marketing Ltd

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers
780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Venner Brand Labs

Create vibrancy and well being in your life.

A carefully curated wellness brand dedicated to prioritizing how best to support the concept of mind, body and spirit connections.

vennerbrandlabs.com

780.441.1891 vennerbrand@gmail.com
[vennerbrandinc](https://www.facebook.com/vennerbrandinc)

Coffee News is proud to support **Make-A-Wish® Canada**

Transform lives, one wish at a time.

Make-A-Wish.
Visit makeawish.ca

inogen

FREEDOM. TO BE YOU.

Call **1-888-998-6714** for a free consultation.

MKT-P0240

NEED TO EXPAND YOUR MARKETING EFFORTS?

Coffee News® provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So -- you're not advertising with **Coffee News®** because...?

780-220-6397
coffee-news.ca

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

GENERAC

Prepare for power outages today
WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.