Sundre, get 100% pure







Vol. 2023 No. 33 August 14, 2023

"News To Be Enjoyed

Over Coffee"

Sundre and

Everybody's Talking

Roundabout way: Thank goodness a roundabout in Denbighshire, Wales, is only busy with traffic a couple of times a day. Otherwise, the people who live in the centre of it might have gone crazy by now. Clwyd Howatson and his wife and son occupy a bungalow situated smack dab in the middle of the roundabout, which was completed in 1980 after his parents, the late David John and his wife Eirian Howatson, had already lived on the spot for 20 years. The current occupants have other family members who visit often, and no one has any intention of giving up their unusual piece of property. It's their home, after all.

Viking mania: A Bosnian man changed his life goals after watching "Vikings," a television series that dramatized the life of Ragnar Lodbrok, a legendary Norse hero. The man binge-watched the TV series, becoming a huge fan in the process. Calling himself "Ragnar the Bosnian Viking," he started wearing tunics, grew a long white beard, and braided his hair. He embraced the Viking culture by making artifacts in his workshop, including a Viking boat and intricately designed Viking shields and axes, which he sells. A goal for this modern Ragnar is to build a Viking village, which he hopes will become a tourist attraction.

Desert oasis: There is a kind of Eden in the Gobi desert in Mongolia that has been nurtured by a man named Baraaduuz Demchig. About three decades ago, the now-elderly man wanted to find a way to grow crops in the arid environment. However, the plants would be blown away by the wind. To protect the area, he planted elms, and it worked. Today, the trees stand watch over such crops as apples, black currants, raspberries, and sea buckthorn. Reclaiming some of the desert land and making it productive provides an important source of food for locals, many of whom are also planting trees to protect their own crops.

Going backward: Driving in reverse is not the easiest thing to do, but it is a necessary skill that drivers should have. To prove that backwards driving is doable, a man named Chandramouli of India's Tamil Nadu state decided to try to break the record for the longest distance driven in reverse gear in less than 30 minutes. He accomplished the feat by going backwards within that time frame for 16 kilometres and 140 metres (approximately 10 miles) on a bypass road. He did the task safely. That was his motivation for challenging the record: He wants young drivers to be aware of the need to drive with skill and safety in mind at all times.

Quoteable Quotes

"The more elaborate our means of communication, the less we communicate." —Joseph Priestley "If you can give your child only one gift, let it be enthusiasm."

What's Happening

—Bruce Barton

Sundre's Kick It to the Curb is BACK. Saturday AM, place unwanted items OUTSIDE on the front yard with a FREE note attached! Tour around town to find your own FREE treasures. Unclaimed items must be indoors by 8PM Sunday. Runs May 27,28. June 17,18. July 22,23. Aug 26,27. Sept 16,17.

Fridays. Farmers Market. Sundre Farmers Market. Fridays at 430-7pm. Runs until September 17.

Aug 12 13. OLDS GUN and ANTIQUE SHOW. Cow Palace, Olds Regional Exhibition, 5116 - 54 Street, Olds. Aug 12, 9am-5pm. Aug 13, 10am- 3pm. 5.00 admission under 12 free with adult. A portion of proceeds goes to several local charities.



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Aug 20. Ukrainian Independence Day in Olds. The local displaced Ukraininans of Olds and Area, would like to show their appreciation to the Olds community by giving sharing some of their culture. Celebrate Ukrainian Independence Day, Sunday Aug 20, 10am-2pm in the Centennila Park.

Aug 18 and 19. Adamstock Music Festival in Sundre. 10th anniversary of the all genre music festival fundraiser.

Food vendors, merchant vendors, beer gardens kids zone.

Friday August 18 4pm-2am. Saturday August 19, 12pm- 2am.GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeenews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice



- 1. A hexagon has four, six, or eight sides?
- 2. Thomas Edison invented the phonograph—T/F?
- 3. The game mahjongg originated in what country?
- 4. Brontophobia is fear of brontosauruses, thunder, or dump trucks?
- 5. This is the vertical post that divides window panes.

(Flip bottom of page for answers)

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1 cup sour cream

1 package (3.4 ounces) instant vanilla pudding

2 medium bananas, sliced

Toppings: Chocolate syrup, halved fresh strawberries







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Your Weekly Horoscope

IIRRA

(Sept. 23 - Oct. 22)

(Oct. 23 - Nov. 21)

Your charm and diplomacy may be highlighted now. You can use these

to help others, but make

sure you don't take on

more than you can handle

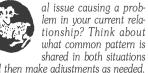
You may find you have a

high level of ambition

as you do so. Lucky numbers: 12, 16,

ARIES (March 20 - April 19)

Where is an old emotion-



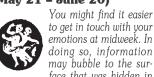
and then make adjustments as needed. Lucky numbers: 4, 21, 23, 30, 32, 42. **TAURUS**

(April 20 - May 20)

You may come across an opportunity to take a risk on a new project, but may also run into a challenge requiring you to believe in yourself

and your endeavour. Lucky numbers: 10, 31, 42, 44, 45, 47. **GEMINI**

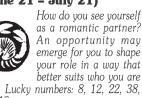
(May 21 - June 20)



emotions at midweek. In doing so, information may bubble to the surface that was hidden in your subconscious. Lucky numbers: 6,

13, 14, 18, 26, 38. CANCER

(June 21 – July 21)



now. Lucky numbers: 8, 12, 22, 38, 47, 48. LEO

(July 22 - Aug. 22)

At midweek, you may have an opportunity to do a monthly reset of your emotions. This time you may want to direct that reset to your beliefs

around love and marriage. Lucky numbers: 13, 14, 24, 26, 27, 33. VIRGO

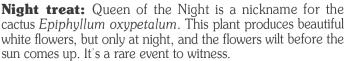
(Aug. 23 - Sept. 22)

The motivation for Virgos is usually accomplishing a goal rather than taking credit for it. Now may be a good time to toot your own horn, so that others remember your value. Lucky numbers:

11, 31, 32, 42, 44, 45,

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 27.

Did You Know...



Coffee alternative: Someone who wants the taste of coffee but not the caffeine could choose chicory as an alternative. This root, which is roasted and ground, can be steeped like tea or brewed like coffee.

Yummy fruit: The Kiwano, also called the horned melon, is native to sub-Saharan Africa. True to its name, its orange skin is covered with horny protuberances. The flesh tastes like a cross between a cucumber and a lemon.

Rock band manager: Brian Epstein (1934-1967), who was manager for the rock group The Beatles, was working in his family's Liverpool, England, record store when he met the



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now. If there is a goal you haven't been able to manifest before, now may be the time to tru. Lucky numbers: 14, 27, 29, 38, 40, 42

19, 23, 25, 38.

SCORPIO

SAGITTARIUS (Nov. 22 – Dec. 20)



mism may get a boost midweek. How do you want to use this energy to plan something new? You may want to wait a bit to implement it. Lucky numbers: 1, 4, 10,

34, 39, 46. **CAPRICORN**

(Dec. 21 – Jan. 19)



point about your life situation. Lucky numbers: 3, 9, 23, 41, 45, 47. **AQUARIUS**

(Jan. 20 – Feb. 18)

demeanour to radiate the

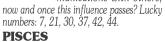
5, 10, 22, 24, 35, 42.



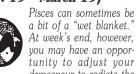
Capricorns often project a serious attitude. Right now you may have the potential to incorporate a more relaxed energy to

achieve a balanced view-

The energy pattern at midweek radiates warmth

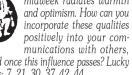


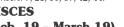




best qualities of this sign. Lucky numbers:









group. He became their manager in 1962.

Icy treat: The world did not always have what are known as Popsicles. In 1905, an 11-year-old American boy named Frank Epperson accidentally left a soda drink outside overnight, with a stick in it, and the liquid froze.

On the Lighter Side

A really bad gymnast walked into a bar.

Patient: "Doctor, I am having trouble sleeping." Doctor: "Lie on the edge; you'll eventually drop off."

What do you call a bird stuck at the North Pole? A brrrrrrrd.

Words that soak into your ears are whispered, not yelled.

Knock! Knock! Who's there? Ivan. Ivan who? Ivan working on the railroad.

Answers

noilluM .d Trivia answers: J. Six 2. True 3. China 4. Thunder

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