

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



**FREE!** *New Issue Every Week!*

**Coffee News**®

"News To Be Enjoyed Over Coffee"

Sherwood Park North Edition

780-220-6397



www.coffee-news.ca

**We've got you covered!**

Serving Edmonton and Area for Generations

**ALF'S ROOFING** 464.6464

- Specializing in residential re-roofing
- Visit our showroom today
- In business since 1976

alfsroofing.com



**FREE ROLLING TRAY**

WHEN YOU PRESENT THIS COUPON

NO PURCHASE NECESSARY

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

420

**BUBONIC KRONIK** SHERWOOD PARK

ECIGS VAPORIZERS BONGS

99 WYE ROAD

**LANDSCAPE MAINTENANCE AND INSTALLATION**

Mowing, Trimming, Edging • Fertilizing  
Bed Maintenance, Weeding, Enhancements  
Final Grades, Paving Stones, Retaining Walls

**THREE SEASONS LANDSCAPING LTD.**

780-922-4619

landscape industry certified

www.ThreeSeasonsLandscaping.ca

**Life's busy. We can help.**

Kitchens • Bathrooms • Bedrooms  
Dusting • Mopping • Vacuuming

**Maids of Sherwood**

780.604.0528 maidssofsherwood@gmail.com

FLEXIBLE OPTIONS TO SUIT YOUR SCHEDULE AND LIFESTYLE:  
One Time | Weekly | Bi-Weekly | Monthly



**BUYING A NEW HOME? LOOKING TO REFINANCE? TIME TO RENEW?**

Contact your **local mortgage broker** to get started **today!**

**LESLIE CAIRNS** 780.570.5457  
ACCREDITED MORTGAGE PROFESSIONAL

Joy MORTGAGES KEystone MORTGAGES @JoyInMortgages

leslie@joyinmortgages.ca • www.joyinmortgages.ca



**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**They are the next Finest candles you will EVER find!**

**PSC Prairie Scented Candles**

**Sunset Scents** a RAY of Fragrance

prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com



**THOSE GUYS GARAGE**

NOW ACCEPTING NEW CLIENTS

All services performed by qualified service technicians

587-456-0164 Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

**FLAT RATE ALFA TAXI**

SERVING SHERWOOD PARK AND AREA

780.410.0667

Toll Free 1.855.688.2941

Reasonable flat rate to Airport - \$50

24 HR. SERVICE

Vol. 20 No. 33 August 14, 2023

**Everybody's Talking**

**Roundabout way:** Thank goodness a roundabout in Denbighshire, Wales, is only busy with traffic a couple of times a day. Otherwise, the people who live in the centre of it might have gone crazy by now. Clwyd Howatson and his wife and son occupy a bungalow situated smack dab in the middle of the roundabout, which was completed in 1980 after his parents, the late David John and his wife Eirian Howatson, had already lived on the spot for 20 years. The current occupants have other family members who visit often, and no one has any intention of giving up their unusual piece of property. It's their home, after all.

**Viking mania:** A Bosnian man changed his life goals after watching "Vikings," a television series that dramatized the life of Ragnar Lodbrok, a legendary Norse hero. The man binge-watched the TV series, becoming a huge fan in the process. Calling himself "Ragnar the Bosnian Viking," he started wearing tunics, grew a long white beard, and braided his hair. He embraced the Viking culture by making artifacts in his workshop, including a Viking boat and intricately designed Viking shields and axes, which he sells. A goal for this modern Ragnar is to build a Viking village, which he hopes will become a tourist attraction.

**Desert oasis:** There is a kind of Eden in the Gobi desert in Mongolia that has been nurtured by a man named Baraaduuz Demchig. About three decades ago, the now-elderly man wanted to find a way to grow crops in the arid environment. However, the plants would be blown away by the wind. To protect the area, he planted elms, and it worked. Today, the trees stand watch over such crops as apples, black currants, raspberries, and sea buckthorn. Reclaiming some of the desert land and making it productive provides an important source of food for locals, many of whom are also planting trees to protect their own crops.

**Going backward:** Driving in reverse is not the easiest thing to do, but it is a necessary skill that drivers should have. To prove that backwards driving is doable, a man named Chandramouli of India's Tamil Nadu state decided to try to break the record for the longest distance driven in reverse gear in less than 30 minutes. He accomplished the feat by going backwards within that time frame for 16 kilometres and 140 metres (approximately 10 miles) on a bypass road. He did the task safely. That was his motivation for challenging the record: He wants young drivers to be aware of the need to drive with skill and safety in mind at all times.

**Quoteable Quotes**

"The more elaborate our means of communication, the less we communicate."  
—Joseph Priestley

"If you can give your child only one gift, let it be enthusiasm."  
—Bruce Barton

**What's Happening**

**Sept 10 - Ovarian Cancer Canada Walk of Hope in Edmonton!** Join us for a 5km walk in Edmonton's River Valley to raise awareness and funds for Ovarian Cancer in Canada. We will meet at Kinsmen Park at 9am. Register and donate at [http://noca.convio.netsite/TR2023WalkofHopeGeneralpentryfr\\_id1889](http://noca.convio.netsite/TR2023WalkofHopeGeneralpentryfr_id1889)

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

**Trivia**

1. A hexagon has four, six, or eight sides?
2. Thomas Edison invented the phonograph—T/F?
3. The game mahjonn originated in what country?
4. Brontophobia is fear of brontosaurus, thunder, or dump trucks?
5. This is the vertical post that divides window panes.

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

**Welcoming new patients!**

Offering a full line of dental services, including

- Invisible Braces • Myofunctional Therapy
- Snore and Apnea Appliances

**PARK DENTAL**

WELLNESS CENTRE #302, 2018 Sherwood Dr.

780.467.2444  
www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team



**TRINITY Baptist Church**

Serving the community for over 40 years.  
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca

780-464-4040

East on Baseline; First left after Hwy 21  
22550 Twp Road 530, Sherwood Park, AB

**the MAKERS keep**

LATE NIGHT TUESDAYS WITH A PARKING LOT MARKET ALL SUMMER LONG!

112, 2755 Broadmoor Blvd Sherwood Park

@tmksherwoodpark @themakerskeep

587.200.0473  
www.themakerskeep.com

A local collective boutique with over 350 vendors from all across Alberta!



**WOMENS WORKWEAR**

www.womensworkwear.ca

STORE NOW OPEN!  
5403 Gateway Blvd NW, Edmonton

Enjoy The Experience



**Rose City**

PROFESSIONAL ORGANIZING NOW SERVING ST. ALBERT!

Christa Jones  
Owner & Professional Organizer

587.600.0264  
RoseCityProfessionalOrganizing.com  
@RoseCityOrganizing

Organizing is my Super Power!

Decluttering & Organizing • Home Staging  
Move Preparation & Packing • Unpacking & New Home Setup

SCAN FOR YOUR FREE "ORGANIZE LIKE A PRO" WORK BOOK!



**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**

**\$30,000 LUMP SUM REFUND**

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:  
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!



**Sonia Sells!**

**SONIA TARABAY**

#1 AGENT  
RE/MAX ELITE (2017 - 2022)

780.707.6015  
SONIASSELLS.COM





**"A Proven Leader in Digital Security"**

- Commercial CCTV Surveillance Solutions
- Commercial Access Control Solutions
- Commercial Alarm Solutions
- Rural Farm and Acreage Solutions

**EAGLE EYE SECURITY SOLUTIONS LTD.**  
780.570.5974 | eesecuritysolutions.ca

LOCALLY OWNED AND OPERATED

**ART CLASSES**

*Artfully Yours* School of Fine Art

- \* Drawing \* Painting \* Sculpture \* Portfolio Preparation

#126 150 Chippewa Road (upstairs) Sherwood Park

LIMITED ENROLMENT - REGISTER TODAY

780.449.3824

info@artfullyyoursschool.ca  
artfullyyoursschool.ca

GIFT CERTIFICATES AVAILABLE!

**We've moved... VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**

780.962.5220 | www.giftsandgadgets.ab.ca

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**RETIREMENT LIVING CHRISTENSON**

Optional Meals • Personalized Services • On-Site Care

**Join Our Vibrant Community**

**Bedford Village**  
Centre in the Park

Full Kitchens • Social & Recreation • U/G Parking

161 Festival Way, Sherwood Park

780-540-9500  
CDLhomes.com

CHRISTENSON COMMUNITIES

**Exclusive offer for Facebook and Google Ads**

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline 780.760.6922

**WHERE FLAME MEETS FLAVOUR**

**PrimeTime** Donair & Poutine

- Sherwood Centre -  
1020 Sherwood Drive #138  
Sherwood Park  
587-456-9190

- Baseline Village -  
222 Baseline Rd #160  
Sherwood Park  
780-467-6970

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

Where is an old emotional issue causing a problem in your current relationship? Think about what common pattern is shared in both situations and then make adjustments as needed. Lucky numbers: 4, 21, 23, 30, 32, 42.

**TAURUS**  
(April 20 - May 20)

You may come across an opportunity to take a risk on a new project, but may also run into a challenge requiring you to believe in yourself and your endeavour. Lucky numbers: 10, 31, 42, 44, 45, 47.

**GEMINI**  
(May 21 - June 20)

You might find it easier to get in touch with your emotions at midweek. In doing so, information may bubble to the surface that was hidden in your subconscious. Lucky numbers: 6, 13, 14, 18, 26, 38.

**CANCER**  
(June 21 - July 21)

How do you see yourself as a romantic partner? An opportunity may emerge for you to shape your role in a way that better suits who you are now. Lucky numbers: 8, 12, 22, 38, 47, 48.

**LEO**  
(July 22 - Aug. 22)

At midweek, you may have an opportunity to do a monthly reset of your emotions. This time you may want to direct that reset to your beliefs around love and marriage. Lucky numbers: 13, 14, 24, 26, 27, 33.

**VIRGO**  
(Aug. 23 - Sept. 22)

The motivation for Virgos is usually accomplishing a goal rather than taking credit for it. Now may be a good time to toot your own horn, so that others remember your value. Lucky numbers: 11, 31, 32, 42, 44, 45.

**LIBRA**  
(Sept. 23 - Oct. 22)

Your charm and diplomacy may be highlighted now. You can use these to help others, but make sure you don't take on more than you can handle as you do so. Lucky numbers: 12, 16, 19, 23, 25, 38.

**SCORPIO**  
(Oct. 23 - Nov. 21)

You may find you have a high level of ambition now. If there is a goal you haven't been able to manifest before, now may be the time to try. Lucky numbers: 14, 27, 29, 38, 40, 42.

**SAGITTARIUS**  
(Nov. 22 - Dec. 20)

Your Sagittarius optimism may get a boost midweek. How do you want to use this energy to plan something new? You may want to wait a bit to implement it. Lucky numbers: 1, 4, 10, 34, 39, 46.

**CAPRICORN**  
(Dec. 21 - Jan. 19)

Capricorns often project a serious attitude. Right now you may have the potential to incorporate a more relaxed energy to achieve a balanced viewpoint about your life situation. Lucky numbers: 3, 9, 23, 41, 45, 47.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

The energy pattern at midweek radiates warmth and optimism. How can you incorporate these qualities positively into your communications with others, now and once this influence passes? Lucky numbers: 7, 21, 30, 37, 42, 44.

**PISCES**  
(Feb. 19 - March 19)

Pisces can sometimes be a bit of a "wet blanket." At week's end, however, you may have an opportunity to adjust your demeanour to radiate the best qualities of this sign. Lucky numbers: 5, 10, 22, 24, 35, 42.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 27.

## Did You Know...

**Night treat:** Queen of the Night is a nickname for the cactus *Epiphyllum oxypetalum*. This plant produces beautiful white flowers, but only at night, and the flowers wilt before the sun comes up. It's a rare event to witness.

**Coffee alternative:** Someone who wants the taste of coffee but not the caffeine could choose chicory as an alternative. This root, which is roasted and ground, can be steeped like tea or brewed like coffee.

**Yummy fruit:** The Kiwano, also called the horned melon, is native to sub-Saharan Africa. True to its name, its orange skin is covered with horny protuberances. The flesh tastes like a cross between a cucumber and a lemon.

**Rock band manager:** Brian Epstein (1934-1967), who was manager for the rock group The Beatles, was working in his family's Liverpool, England, record store when he met the group. He became their manager in 1962.

**Icy treat:** The world did not always have what are known as Popsicles. In 1905, an 11-year-old American boy named Frank Epperson accidentally left a soda drink outside overnight, with a stick in it, and the liquid froze.

## On the Lighter Side

A really bad gymnast walked into a bar.

Patient: "Doctor, I am having trouble sleeping."  
Doctor: "Lie on the edge; you'll eventually drop off."

What do you call a bird stuck at the North Pole? A brrrrrrrd.

Words that soak into your ears are whispered, not yelled.

Knock! Knock! *Who's there?* Ivan. *Ivan who?* Ivan working on the railroad.

## Answers

5. Million  
**Trivia answers:** 1. Six 2. True 3. China 4. Thunder

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**WHEEL OF FORTUNE**  
WEEKNIGHTS 7PM/6PST  
yesTV

Real Estate | Wills | Contracts

**HOMESTEAD**  
LAW

Tamara D. Epple B.A., J.D.

780.243.2116  
[www.homesteadlaw.ca](http://www.homesteadlaw.ca)

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

**ASTER GARDENS**  
An ACTIVE LIVING Community

Come and thrive in our Memory Care program, designed with you in mind.

Take our two minute assessment. Just scan the code below!

Call us to ask questions or take a tour.

[astergardens.ca/memory-care](http://astergardens.ca/memory-care)  
7 Brower Dr, Sherwood Park, AB 780.902.7837

IF WATER RUNS THROUGH IT, WE DO IT!

**LUC'S PLUMBING INC.**  
Your Local Plumber

CERTIFIED GASFITTER

780-405-0436  
[lucsplumbinginc@gmail.com](mailto:lucsplumbinginc@gmail.com)

Proudly Serving Sherwood Park & Surrounding Areas  
NO CALL OUT FEE IN SHERWOOD PARK!

**Personalized Investment Advice**

CALL TOM, OUR MUTUAL FUND INVESTMENT SPECIALIST

**Tom Ciezki Agencies**  
Tom Ciezki - 780.464.3279  
[Tom\\_Ciezki\\_Agencies@cooperators.ca](mailto:Tom_Ciezki_Agencies@cooperators.ca)

**co-operators**  
Investing in your future. Together.™

CHOOSE TOM CIEZKI AGENCIES TO HELP YOU ACHIEVE YOUR FINANCIAL GOALS

**Savona**  
by Salvi

61 Festival Way Unit 128 Sherwood Park AB

Maintenance-free adult living  
Limitless comfort and style  
Luxury condos to own

Call us!  
780 467 0088  
[www.salvigroup.com](http://www.salvigroup.com)  
[www.mysavona.ca](http://www.mysavona.ca)

**When YOU Get Paid We Get Paid**

We're Here To Help You When You Need Results!

**Braithwaite Boyle**  
Injury Law 800-440-8298

**It's The Only Law We Do - Since 1986**

**Free Initial Consultation**

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries  
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**CONGRATULATIONS TO OUR MOST RECENT CONTEST WINNERS!**

**May 1 Draw Winners**  
Chelsey M. from Edmonton  
Cindy C. from Sylvan Lake  
Jay Z. from Edmonton

**June 1 Draw Winners**  
Frank H. from Sylvan Lake  
Sandy P. from Calgary  
Steven R. from Lethbridge

**July 1 Draw Winners**  
Rodney B. from Lethbridge  
Brian P. from Edmonton  
Natasha W. from Red Deer