







Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Call today and receive a FREE SHOWER PACKAGE **PLUS \$1600 OFF**

> WALK-IN TUB 1-855-977-9805

purchase of a new Safe Step Walk-InTub. Not applicable with any previous ub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

In need of dentures? We can help.



NAIT's Dental Clinic has been providing quality, low-cost denture services for nearly 50 years. Get superior dentures at an affordable rate while giving our students valuable hands-on experience.

Visit us on Facebook-CoffeeNewsWeekly

To book an appointment, call 780.471.7786

or email dentalclinic@nait.ca

FREE! New Issue Every Week!



"News To Be Enjoyed Over Coffee"

North West Edmonton Edition 780-220-6397

www.coffee-news.ca

Vol. 20 No. 33 August 14, 2023

Everybody's Talking

Roundabout way: Thank goodness a roundabout in Denbighshire, Wales, is only busy with traffic a couple of times a day. Otherwise, the people who live in the centre of it might have gone crazy by now. Clwyd Howatson and his wife and son occupy a bungalow situated smack dab in the middle of the roundabout, which was completed in 1980 after his parents, the late David John and his wife Eirian Howatson, had already lived on the spot for 20 years. The current occupants have other family members who visit often, and no one has any intention of giving up their unusual piece of property. It's their home, after all.

Viking mania: A Bosnian man changed his life goals after watching "Vikings," a television series that dramatized the life of Ragnar Lodbrok, a legendary Norse hero. The man binge-watched the TV series, becoming a huge fan in the process. Calling himself "Ragnar the Bosnian Viking," he started wearing tunics, grew a long white beard, and braided his hair. He embraced the Viking culture by making artifacts in his workshop, including a Viking boat and intricately designed Viking shields and axes, which he sells. A goal for this modern Ragnar is to build a Viking village, which he hopes will become a tourist attraction.

Desert oasis: There is a kind of Eden in the Gobi desert in Mongolia that has been nurtured by a man named Baraaduuz Demchig. About three decades ago, the now-elderly man wanted to find a way to grow crops in the arid environment. However, the plants would be blown away by the wind. To protect the area, he planted elms, and it worked. Today, the trees stand watch over such crops as apples, black currants, raspberries, and sea buckthorn. Reclaiming some of the desert land and making it productive provides an important source of food for locals, many of whom are also planting trees to protect their own crops.

Going backward: Driving in reverse is not the easiest thing to do, but it is a necessary skill that drivers should have. To prove that backwards driving is doable, a man named Chandramouli of India's Tamil Nadu state decided to try to break the record for the longest distance driven in reverse gear in less than 30 minutes. He accomplished the feat by going backwards within that time frame for 16 kilometres and 140 metres (approximately 10 miles) on a bypass road. He did the task safely. That was his motivation for challenging the record: He wants young drivers to be aware of the need to drive with skill and safety in mind at all times.

Quoteable Quotes

'The more elaborate our means of communication, the less we communicate." —Joseph Priestley

"If you can give your child only one gift, let it be enthusiasm."

—Bruce Barton

What's Happening

Sept 10 - Ovarian Cancer Canada Walk of Hope in **Edmonton!** Join us for a 5km walk in Edmonton's River Valley to raise awareness and funds for Ovarian Cancer in Canada. We will meet at Kinsmen Park at 9am. Register and donate at http:noca. convio.netsiteTR2023WalkofHopeGeneralpgentryfr_id1889

Aug 24 - Central Lions Seniors Association Open House We are hosting our annual Open House to encourage seniors and their families living in surrounding communities a chance to experience all that CLSA has to offer! www.centrallions.org 780-496-7369 info@centrallions.org

> NON profit organizations may submit events for FREE at www.coffee-news.ca



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 51.4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy

Trivia

- 1. A hexagon has four, six, or eight sides?
- 2. Thomas Edison invented the phonograph—T/F?
- 3. The game mahjongg originated in what country?
- 4. Brontophobia is fear of brontosauruses, thunder, or dump trucks?
- 5. This is the vertical post that divides window panes.

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)



We accept ALL scrap metals

16610-129 Avenue NW, Edmonton 💿 🖪 in 🔽 587.689.3100 | richmondsteel.ca

IN WITH YOUR **SCRAP AND GET** \$5/NT **MORE ON** STEEL SCRAP AND/OR 0.05/LBS **MORE ON COPPER SCRAP**



Exclusive offer for Facebook and Google Ads



Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

Contact us today for your FREE no obligation consultation!

Frontline

780.760.6922

THIS SPACE RENT



Call 780-220-6397

PROVIDING THE GREATEST RETURN ON YOUR **GREATEST INVESTMENT!**



SELLING YOUR HOME?

Invite me over for a coffee. I'll give you real estate advice and a **FREE** market

Your Community Realtor **GEORGE VAN DE WALLE** 780.982.4247 **RF/MPX**°

Making Your Dreams A Reality



renovation and maintenance services, including

- Kitchens · Bathroom:
- Additions Sidina

780.996.4050 RUCTION www.torgunrud.ca

VETERAN OWNED AND OPERATED BUSINESS

f like us

 Mac & PC Renair Tech Support • iPhone & iPad Repair

• Used Apple Device Sales · Upgrades, Repairs, and (Used) Sales

We are your Apple experts!

one 🕯 technology

> 587.290.0200 www.onebitetechnology.ca

Retail store now open! 22A Muir Drive, St. Albert

Residential &

Commercial

Service

WCB Coverage Fully Insured

Sidewalks **Driveways** Steps . Garage Pads Basements • Exposed Shop Floors • Stamped **Bobcat Services**

ATHENS Concrete Service Ltd.

Call 780.995.1924

PROUDLY SERVING THE GREATER EDMONTON AREA SINCE 2007



ajdeleon63@gmail.com Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system? We can save you up to 50% off vour current

phone rates!

✓ VOIP Solutions at a fraction of the traditional carrier cost ✓ Long distance rates that outcompete the competition 587.760.2800

780.932.3858 cell

https://zettatelecom.com DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

When YOU **Get Paid** We Get Paid



Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

one of three \$400 prepaid Visa cards one of three and awarded monthly

Scan Once Weekly for Max. Entries YOUR CONTACT INFORMATION IS SAFE WITH US

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

CONGRATULATIONS TO OUR MOST RECENT CONTEST WINNERS!

May I Draw Winners June I Draw Winners Chelsey M. from Edmonton
Cindy C. from Sylvan Lake
Jay Z. from Edmonton

Frank H. from Sylvan Lake
Sandy P. from Calgary
Steven R. from Lethbridge
Brian P. from Edmonton
Natasha W. from Red Deer

July I Draw Winners

Getting ready to sell your home? Have it showready with our Home Sellers Enhancement Services Intentional decluttering, cleaning, minor fix-ups and home décor enlivening to enhance the "showability" of your listing. Contact Koren for further information Phone/Text 780.264.5881 SellersEnhancements@outlook.com

Creating Smiles That Last A Lifetime... BECAUSE YOUR SMILE DESERVES IT!

 General Dentistry
 Cosmetic Dentistry • Restorative Dentistry • Botox Treatments



Dr. Derek Fika Family Dentistry

587-760-4227

www.drderekfika.com 3-97 Street NW, Edmonton

WOMENS ORKWEAR



www.womensworkwear.ca

STORE NOW OPEN!

5403 Gateway Blvd NW, Edmonton

Enjoy The Experience

Need ONE More Reason to Join?

- 1 You don't have an up to date will 2 You don't understand the difference between a trust and a will
- The CRA selects you for an audit 4 You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- 3 You need a lawyer's advice on any matter

LegalShield

Call LLOYD KENNEY, ndependent Associate, to find out how LegalShield can help you! 1-877-579-9449

Your Weekly Horoscope

(March 20 - April 19)



Where is an old emotional issue causing a problem in your current relationship? Think about what common pattern is shared in both situations

and then make adjustments as needed. Lucky numbers: 4, 21, 23, 30, 32, 42.

TAURUS (April 20 - May 20)



You may come across an opportunity to take a risk on a new project, but may also run into a challenge requiring you to believe in yourself

and your endeavour. Lucky numbers: 10, 31, 42, 44, 45, 47.

GEMINI (May 21 - June 20)



You might find it easier to get in touch with your emotions at midweek. In doing so, information may bubble to the surface that was hidden in

your subconscious. Lucky numbers: 6, 13, 14, 18, 26, 38.

CANCER (June 21 - July 21)



How do you see yourself as a romantic partner? An opportunity may emerge for you to shape your role in a way that better suits who you are

now. Lucky numbers: 8, 12, 22, 38, 47, 48.

LEO (July 22 - Aug. 22)



At midweek, you may have an opportunity to do a monthly reset of your emotions. This time you may want to direct that reset to your beliefs

around love and marriage. Lucky numbers: 13, 14, 24, 26, 27, 33.

VIRGO

(Aug. 23 - Sept. 22)



The motivation for Virgos is usually accomplishing a goal rather than taking credit for it. Now may be a good time to toot your own horn, so that others remember your value. Lucky numbers:

11, 31, 32, 42, 44, 45.



(Sept. 23 - Oct. 22) Your charm and diplomacy may be highlighted now. You can use these to help others, but make sure you don't take on more than you can handle

as you do so. Lucky numbers: 12, 16, 19, 23, 25, 38.

SCORPIO

(Oct. 23 - Nov. 21)



You may find you have a high level of ambition now. If there is a goal you haven't been able to manifest before, now

may be the time to try. Lucky numbers: 14, 27, 29, 38, 40,

SAGITTARIUS (Nov. 22 - Dec. 20)



Your Sagittarius optimism may get a boost midweek. How do you want to use this energy to plan something new? You may want to wait a bit to implement it. Lucky numbers: 1, 4, 10,

34, 39, 46. **CAPRICORN**

(Dec. 21 - Jan. 19)



Capricorns often project a serious attitude. Right now you may have the potential to incorporate a more relaxed energy to achieve a balanced view-

point about your life situation. Lucky numbers: 3, 9, 23, 41, 45, 47.

AQUARIUS (Jan. 20 - Feb. 18)



The energy pattern at midweek radiates warmth and optimism. How can you incorporate these qualities positively into your communications with others.

now and once this influence passes? Lucky numbers: 7, 21, 30, 37, 42, 44.

PISCES (Feb. 19 - March 19)



Pisces can sometimes be a bit of a "wet blanket. At week's end, however, you may have an opportunity to adjust your demeanour to radiate the

best qualities of this sign. Lucky numbers: 5, 10, 22, 24, 35, 42.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 27.

Did You Know...

Night treat: Queen of the Night is a nickname for the cactus *Epiphyllum oxypetalum*. This plant produces beautiful white flowers, but only at night, and the flowers wilt before the sun comes up. It's a rare event to witness.

Coffee alternative: Someone who wants the taste of coffee but not the caffeine could choose chicory as an alternative. This root, which is roasted and ground, can be steeped like tea or brewed like coffee.

Yummy fruit: The Kiwano, also called the horned melon, is native to sub-Saharan Africa. True to its name, its orange skin is covered with horny protuberances. The flesh tastes like a cross between a cucumber and a lemon.

Rock band manager: Brian Epstein (1934-1967), who was manager for the rock group The Beatles, was working in his family's Liverpool, England, record store when he met the group. He became their manager in 1962.

Icy treat: The world did not always have what are known as Popsicles. In 1905, an 11-year-old American boy named Frank Epperson accidentally left a soda drink outside overnight, with a stick in it, and the liquid froze.

On the Lighter Side

A really bad gymnast walked into a bar.

Patient: "Doctor, I am having trouble sleeping." Doctor: "Lie on the edge; you'll eventually drop off."

What do you call a bird stuck at the North Pole? A brrrrrrrd.

Words that soak into your ears are whispered, not yelled.

Knock! Knock! Who's there? Ivan. Ivan who? Ivan working on the railroad.

Auswers

Trivia answers: 1. Six 2. True 3. China 4. Thunder

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd



Jennifer Miles, Agent 125-15 Circle Dr St. Albert AB T8N 3Y7 780-460-2279 www.jmilesinsurance.com

Desiardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.

Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.















www.thediveoutfitters.ca SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TO

12-Northwest Edmonton

The World's #1 Restaurant Publication!