



- No Wait Time • Re-Siding
- New Roof
 - Quality Workmanship
- Re-Roof
- Free Quotes
- New Siding
- Insurance Claims Welcome

587-378-ROOF (7663) www.jvroofingsiding.com



THE **BOW VALLEY'S ALL-INCLUSIVE ALTERNATIVE THERAPY CENTRE**

Book your own rejuvenating retreat,



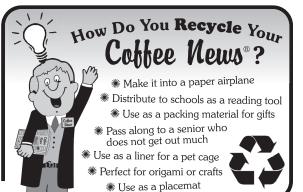
Aqualead
Aromatherapy
Intense Healing Breath Work
Crystal Therapy

Ear Candling

Reiki • Reflexology Sound Therapy

124 River Avenue, Cochrane (above Bike Brothers)

kayla@positivehealing.ca POSITIVE HEALING CRYSTALS | YOGA | ALTERNATIVE THERAPY









www.bvcoffeenews.ca amy@bvcoffeenews.ca

Vol. 2023 No. 34 August 21, 2023

Carstairs, Crossfield,

Didsbury Edition

780-220-6397

Everybody's Talking

Life by the water: Anyone wanting to live in a unique, wateraccessible community might consider Het Brekkense Wiel in the Netherlands. The area's name means "The Broken Wheel" in Dutch. Located between IJsselmeer, which is the largest lake in the country, and the Frisian Lakes, this neighbourhood was built in 1992. Near the water sport destination town of Lemmer, the design of this residential area is similar to its namesake. The 230 homes are arranged in a configuration that looks like a collection of broken wheel halves. The neighbourhood's design means all of the multi-family structures have access to water frontage, as well as roads that provide access by car.

Locked up: A woman in Bangkok, Thailand, is very thankful that she has a caring sister. Not having heard from the woman for three days, the sister called the police to investigate. It turns out that the doorknob on the woman's bathroom was faulty, and she had accidentally locked herself in. She tried banging and yelling to attract attention, to no avail. Although she didn't have food to eat, she was lucky to be able to stay hydrated with tap water. Being a healthy person, it didn't take long for the woman to get her strength back after a short stint in the hospital. The moral of the story? Get those broken doorknobs fixed!

Mechanical dogs: More and more people in China are choosing a robot dog for a pet instead of a real one. The craze is becoming noticeable, as more of these mechanical pets can be seen on the street being walked by their owners. Developed by robotics companies, some models of these "dogs" can carry a small amount of weight and can be programmed to sit, roll over, and shake a paw. While such pets may not be great at cuddling, their owners don't have to feed them, clean up after them, or find a sitter to look after the pretend animals when they go on vacation.

Fake kidnapping: A young woman, her boyfriend, and his family thought it would be a good idea for her to pretend to be kidnapped, and then ask her mother to pay the ransom money. The incident happened on Tenerife, one of the Canary Islands. The con artists filmed a video of the daughter making a tearful plea for her mother to hand over 50,000 Euros to ensure her release. The mom, luckily, called the cops, saying that this had happened before. The police were suspicious, so they started an investigation focused on the daughter and her boyfriend's family, quickly rounding up enough evidence to charge these criminals with fake kidnapping

Quoteable Quotes

"Every relationship goes through a struggle, but only strong relationships get through it." "To err is human; to refrain from laughing, humane." Olinghouse

What's Happening

Didsbury Book Sale. The Friends if the Didsbury Library Society are having a Book Sale. These weekend dates are open 10a-4p. June 23,24. July 28,29. Aug 25,26. Sept 22,23. All you support is greatly appreciated.

Aug 23. Summer Scavenger Hunt Teen 12 plus in Carstairs. Summer Scavenger Hunt around town. Start at the Carstairs Public Library at 630 PM. End at the Community Gazebo at 830 PM. Sign up with a buddy! Teams of 2 or more. Bring a phone for photos Win Prizes! Register at the Library 403-337-3943

Drop-ins Welcome! Aug 27. Innisfail Kinsmen Car Show. Innisfail Kinsmen Car Show is August 27, 830am-3pm. This years annual Car Show will highlight home made Trophies and a 5050 draw. We close the entire downtown of Innisfail off. \$10 per vehicle and the event is free for spectators, lots of food trucks.

German Canadian Club of Red Deer County Christmas Market. The GCC is looking for vendors for this popular Christmas Market event on Nov 4 in Red Deer County. Please contact Henrietta at 403.346.6610 or Donna at 403.343.1744 to secure a spot.

> GET IN WHAT'S HAPPENING - Submit your event to www. bvcoffeenews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

- 1. Delicata, kabocha, and turban are varieties of what popular vegetable?
- 2. The study of algae is phycology, arcology, or aerobiology?
- 3. In Shakespeare, she is Polonius' daughter and Hamlet's girlfriend.
- 4. What is the collective noun for a group of giraffes?
- 5. This famous musician co-founded Rocket Music Entertainment.

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing











This Space **FOR RENT** 780-220-6397





It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Calgary, Red Deer, and Edmonton one of three \$400 prepaid Visa cards

awarded monthly

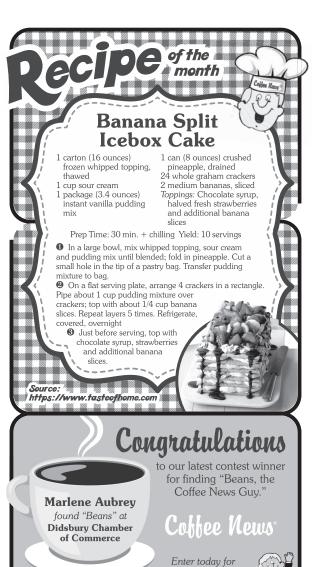
Scan Once Weekly for Max. Entries YOUR CONTACT INFORMATION IS SAFE WITH US

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

CONGRATULATIONS TO OUR MOST RECENT CONTEST WINNERS!

May I Draw Winners June I Draw Winners July I Draw Winners Sandy P. from Calgary Brian P. from Edmonton
Steven R. from Lethbridge Natasha W. from Red Deer Cindy C. from Sylvan Lake Jay Z. from Edmonton

(Over)





your chance to win!







Your Weekly Horoscope

(March 20 - April 19)



Aries sometimes may be a bulldozer, pushing their way toward what they want. For the next few weeks, you have an opportunity to be more

diplomatic in your interactions. Lucky numbers: 3, 4, 18, 23, 34, 41.

TAURUS (April 20 - May 20)



What do you value in terms of relationships and finances? You may be experiencing stress now in one or both of these areas, but new

opportunities may also be available. Lucky numbers: 2, 8, 12, 15, 17, 26.

GEMINI (May 21 - June 20)



Your mind and your emotions may not be in balance at midweek. Take a deep breath, wait a few days, and this should pass. You may

want to postpone important decisions. Lucky numbers: 5, 18, 29, 36, 44, 46.

CANCER (June 21 - July 21)



Is there someone who is relying too much on your nurturing qualities? You may want to correct the situation now or risk your frustration blowing

up over the next few weeks. Lucky numbers: 1, 2, 7, 14, 17, 43.

(July 22 - Aug. 22)



Leos generally have a natural charm that radiates to others. For the next few weeks, you may be open to understanding the viewpoint of others and

thus reach agreements easily. Lucky numbers: 11, 13, 14, 21, 26, 33.

VIRGO (Aug. 23 - Sept. 22)



This month the Sun will return to the position of when you were born. Plan for your new solar year, but consider waiting a month to make

changes. Lucky numbers: 6, 12, 20, 31,

(Sept. 23 - Oct. 22)



The phrase "an iron fist in a velvet glove" may apply to you for the next few weeks. However, if you are conscious of its

use, the energy may help you. Lucky numbers: 7, 9, 18, 23,

SCORPIO (Oct. 23 - Nov. 21)



Your emotional intensity may be increased for the first few days of this week. You may want to steer clear of those who are really sensitive to this

until things ease. Lucky numbers: 9, 11, 26, 28, 36, 44.

SAGITTARIUS





Your natural enthusiasm and optimism may be greatly heightened this week. If you plan to engage in a new endeavour, just be sure you have properly

calculated the risks. Lucky numbers: 4, 5, 18, 27, 29, 37.

CAPRICORN (Dec. 21 - Jan. 19)



You may have experienced a long and sometimes painful period of transformation. You might be eager to enter a new phase, but be patient; this

year contains echoes of the old one. Lucky numbers: 8, 12, 28, 31, 33, 36.

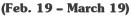
AQUARIUS (Jan. 20 - Feb. 18)



Aquarians are known as humanitarians, even though personal styles often are intellectual and cool. For the next few weeks, your humanitarian ambitions might be

expressed with more warmth. Lucky numbers: 14, 18, 22, 37, 44, 45.

PISCES





Have you been in a stalemate the last few weeks, with yourself or another? If so, it could be broken by developing more healthy behaviours and boundaries

for yourself. Lucky numbers: 10, 13, 14, 25, 26, 39,

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 33.

Did You Know...

Rising sun: The Blyde River Canyon is located in the South African province of Mpumalanga (Zulu for "the place where the sun rises"). In the eastern part of the country, this large canyon is filled with subtropical vegetation.

Cornea facts: Surprisingly, the cornea of the human eye does not have any blood vessels except at its edges. If a cornea is scratched, it will heal more quickly than any other tissue in the body.

Twisted horns: The addax is a kind of antelope that lives in Northern Africa's Sahara desert. These endangered animals have twisted horns and flat hooves that keep them from sinking into the desert sand.

Not too bad: American actor Bob Odenkirk, famous for playing Saul Goodman on the TV shows "Breaking Bad" and "Better Call Saul," is also a comedian and writer. He comes from a family of seven children.

Pyramid count: When thinking about pyramids, Egypt naturally comes to mind. That country has about 138 of these ancient structures, but Sudan has even more: between 200 and 250 pyramids.

On the Lighter Side

Son: "Was your wedding very emotional?" Dad: "I'll say! Even the wedding cake was in tiers."

What's the easiest kind of house to lift? A lighthouse.

What is Mickey's job at school? He is the mice principal.

Knock! Knock! Who's there? Giraffe. Giraffe who? Giraffe anything to eat in there?

Those two volcanoes over there are inseparable. It's true lava.

Auswers

4. Tower 5. Elton John Trivia answers: 1. Squash 2. Phycology 3. Ophelia

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Mad Mama Marketing



ınøgen







Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other heln is just a call away



Toes On The Go Footcare Call today for more information: 403-620-7851

marion@toesonthego.care • toesonthego.care







and full address via email to amy@bvcoffeenews.ca or enter online at Tell us the ad in which you found the CN guy hidden, the edition name

and date and the location where you picked up Coffee News for a chance to win a great prize!

THIS MONTH'S CONTEST SPONSOR

Coffee News



Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800 t's The Only Law We Do - Since 1986 Free Initial Consultation

For contest rules, visit www.accidentinjury lawyer.com/coffeenews

May I Draw Winners Chelsey M. from Edmonton Cindy C. from Sylvan Lake Jay Z. from Edmonton

Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge

June I Draw Winners July I Draw Winners Rodney B. from Lethbridge Brian P. from Edmonton Natasha W. from Red Deer