PROFESSIONAL | APPROACHABLE | AFFORDABLE

Keeping Edmonton Cool Residential A/C and





825-474-4328 (HEAT) www.edmontonfurnace.repai

THIS SPACE



Call 780-220-6397









780.467.2444 www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team

County Clothes-Line

Foundation

Investing in **Community** to Strengthen Community

Your neighbourhood thrift store with heart!

201 Athabascan Ave. Sherwood Park

780.464.7786 www.countyclothes-line.com



Over Coffee"

Sherwood Park South Edition 780-220-6397

www.coffee-news.ca

Vol. 20 No. 35 August 28, 2023

Everybody's Talking

Raincoat nabber: For over a decade, women in Osaka, Japan, have had to keep a sharp eye on their raincoats. That is because someone was stealing the hooded, poncho-type garments, known as kappa. Luckily, the culprit was caught. His name is Yoshio Yoda, and he would nab the items out of baskets on bicycles that were left unattended in the parking lots of such places as train stations and shopping malls. And he hadn't stolen just one or two raincoats; after searching the man's home, police discovered that he had snatched more than 360 of the ponchos during his reign of raincoat theft. He has become known as "Raincoat Man."

Fast chair: While sitting in a wobbly wheeled office chair, did you ever try moving it over to a file cabinet to retrieve a document? Not fun. A prototype of a new kind of office chair would put an end to such annoyances. Made by designers at the German carmaker Volkswagen, this new chair has controls so the user can drive it at a speed of up to about 20 km (12.4 mi.) per hour. And driving it is safe, as it offers a seatbelt, horn, and sensors to prevent collisions with desks and other fixtures. Apparently, the chair is not available for purchase because it was meant as a marketing ploy, but maybe that will change!

Shoe art: A Pakistani truck artist named Haider Ali is known for the creative ways he turns trucks into rolling pieces of art. Now, he has turned his attention to another medium: running shoes. Ali's work is quite distinctive, and when applied to a pair of sneakers, the result is a unique and colourful blend of flowers, petals, birds and more. The artist hand paints each shoe, selling them for far more than they would be worth without the designs. He customizes his work to his client's desires, and it can take several days to complete a matching set of runners. Ali has also applied his creative talents to such media as walls, T-shirts, and

Dirty dancing: If you've got a bad back and take paid time off work because of it, it's best not to be caught in activities that are unsuitable for your ailment. A woman from Spain known as Mrs. Piedad learned this the hard way. She had been on leave from her job due to severe back pain, but when her employer discovered videos on social media of her dancing, they fired her, claiming she was taking advantage of the company's benefits package. The woman took the employer to court, but the judge agreed that if she truly had back pain bad enough to be off work, she certainly would not be participating in wild dance moves.

Quoteable Quotes

"You can't have everything. Where would you put it?" -Steven Wright

"Make happy those who are near, and those who are far will come." —Proverb

What's Happening

Sept 10 - Ovarian Cancer Canada Walk of Hope in **Edmonton!** Join us for a 5km walk in Edmonton's River Valley to raise awareness and funds for Ovarian Cancer in Canada. We will meet at Kinsmen Park at 9am. Register and donate at http:noca. convio.netsiteTR2023WalkofHopeGeneralpgentryfr_id1889

> NON profit organizations may submit events for FREE at www.coffee-news.ca



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 5LA. Be certain to include your full name, complete mailing address (Including postal code), phone number, email address and your birth date. Aso include the name of the ad in which you found the hidden Coffee News Guy

Trivia

- 1. Is indigo, saffron, or madder considered the King of Dye?
- 2. This reflex allows cats to always land on their feet.
- 3. How many children are in a set of quintuplets?
- 4. Mozart, Puccini, or Verdi composed the opera Cosi Fan Tutte?
- 5. The deltoid muscle moves the thigh, shoulder, or wrist?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd (Over)

Affordable-Effective-Exclusive-CALL NOW!

LANDSCAPE MAINTENANCE AND INSTALLATION

Mowing, Trimming, Edging • Fertilizing Bed Maintenance, Weeding, Enhancements Final Grades, Paving Stones, Retaining Walls

THREE SEASONS LANDSCAPING LTD.

780-922-4619 landscape industry certified 1)(113/4)(1)00/11/2/(11/2)(1)(103(0)(103(0)(102)) 11/4) www.ThreeSeasonsLandscaping.ca



BEHIND McDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP 780.962.5220 | www.giftsandgadgets.ab.ca



Braithwaite Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

awarded monthly

Offices in: Edmonton, Red Deer, and Calgary one of three \$400 prepaid Visa cards

Scan Once Weekly for Max. Entries YOUR CONTACT INFORMATION IS SAFE WITH US



Kitchens • Bathrooms • Bedrooms Dusting • Mopping • Vacuuming

Maids of Sherwood

780.604.0528 maidsofsherwood@gmail.com

FLEXIBLE OPTIONS TO SUIT YOUR SCHEDULE AND LIFESTYLE One Time | Weekly | Bi-Weekly | Monthly









leslie@joyinmortgages.ca • www.joyinmortgages.ca



Serving Edmonton and Area for Generations

IF WATER RUNS THROUGH IT, WE DO IT!

UC'S PLUMBING INC.

Personalized Investment Advice

CHOOSE TOM CIEZKI AGENCIES TO HELP YOU ACHIEVE YOUR FINANCIAL GOALS

Real Estate I Wills I Contracts

WHERE FLAME MEETS FLAVOUR

PrimeTime Donair & Poutine

- Sherwood Centre -

587-456-9190

MON - THURS 9:00

112, 2755 **Broadmoor Blvd**

Sherwood Park

@themakerskeep

587.200.0473

@tmksherwoodpark

GIFT CERTIFICATES

AVAILABLE!

the

www.themakerskeep.com

Your Local Plumber

CALL TOM, OUR MUTUAL FUND INVESTMENT SPECIALIST

Tom Ciezki Agencies

Tom Ciezki - 780.464.3279

Tom Ciezki Agencies@cooperators.ca

co-operators

HOMESTEAD

Tamara D. Epple B.A., J.D.

780.243.2116

www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

Baseline Village 222 Baseline Rd #160

780-467-6970

Vest

TUESDAYS

WITH A PARKING

ALL SUMMER

* Drawing * Painting

* Portfolio Preparation

780.449.3824

artfullyyoursschool.ca

Sculpture

#126 150 Chippewa (upstairs) Sherwood Park

info@artfullyyoursschool.ca

Specializing in residential re-roofing

780-405-0436

lucsplumbinginc@gmail.com

Proudly Serving Sherwood Park & Surrounding Areas

NO CALL OUT FEE IN SHERWOOD PARK!

Visit our showroom today

alfsroofing.com

◆ In business since 1976

GASFITTER

S ROOFING #464.6464

FREE

We've got you covered!



You may get information this week that can help you deal with an old issue. However, it may require you to adjust your beliefs or attitude

about the situation. Lucky numbers: 12, 17, 23, 24, 29, 34.

TAURUS (April 20 - May 20)



Have you experienced sudden or unexpected changes the last few years? You may find yourself going back over that territory again. Consider how you may want

to course correct going forward. Lucky numbers: 8, 16, 19, 30, 45, 47.

GEMINI

(May 21 - June 20)



Geminis often can easily see all sides of an argument. At the end of the day, though, you need to establish a set of values that works for

you. Lucky numbers: 9, 12, 23, 24,

CANCER (June 21 - July 21)



At the end of the week, the energetic pattern may provide a new opportunity for you to strengthen your intuitive abilities. Don't be afraid to reach for this gift. Lucky numbers: 3, 7, 9,

17, 33, 48. **LEO**

(July 22 - Aug. 22)



You may have been focused on your relationship the last few months. Blocks in this area may start to ease now. What lessons from this period can you use

going forward? Lucky numbers: 15, 20, 33, 36, 43, 45.

VIRGO

(Aug. 23 - Sept. 22)



Virgos can sometimes sacrifice their relationships in favor of practical results. Over the next month, you will be given an opportunity to create a

better balance in this dynamic. Lucky numbers: 18, 19, 22, 25, 38, 42.



Despite their diplomatic talents, Libras sometimes find emotions interfere in their efforts to clearly communicate their needs. You may have the oppor-

tunity now to change this paradigm. Lucky numbers: 2, 6, 11, 27, 31, 40.

SCORPIO

(Oct. 23 - Nov. 21)



Scorpios have a strong intuition they sometimes hide from others. However, there is a cost to not showing them who you truly are, and now may

be the time for change. Lucky numbers: 7, 10, 29, 33, 37, 43.

SAGITTARIUS

(Nov. 22 - Dec. 20)



Is there something ending in your life? Consider whether you want to fight the process or evaluate what you can learn from it. Take that lesson into

your next endeavour. Lucky numbers: 6. 16, 39, 40, 45, 47.

CAPRICORN

(Dec. 21 - Jan. 19)



Have you recently run into an obstacle about money or romance? You may have an opportunity now to make an adjustment to your view that

will help resolve the issue. Lucky numbers: 16, 28, 40, 42, 45, 48.

AQUARIUS (Jan. 20 - Feb. 18)



Your intellectual abilities may be even stronger than usual at the beginning of the week. While this has its uses, be careful of being too detached

in your interactions with others. Lucky numbers: 1, 3, 6, 9, 12, 17.

PISCES

(Feb. 19 - March 19)



Midweek is favourable to bring current endeavours to an end. As you plan what to do next, it may be more important than usual to establish clear

expectations with others. Lucky numbers: 10, 11, 31, 33, 35, 39.

Lucky numbers this week: This week's odds favour Cancer winners with the luckiest number being 7.

Did You Know...

Bright fruit: The marble berry (Pollia condensata) plant grows in Central Africa. Its fruit looks like shiny blue marbles covered in metallic paint. Scientists say it is the brightest thing found in nature.

Keyboard shortcuts: Many keyboard shortcuts make computer work more efficient. "Control (Command on a Mac) + Shift + t" reopens the most recently closed browser tab. "Control + t" opens a new tab.

Common birthday: Birthdays are cause for celebration, and September 9 is the most common day for people to have a birthday. Nine of the top 10 birthday dates are in the month of September.

Webbed digits: A small, stocky monkey lives in Central African swamp forests. Called Allen's Swamp monkey (Allenopithecus nigroviridis), these primates have a small amount of webbing on their fingers and toes.

Fingers only: Fried chicken is a traditional favourite food in the state of Georgia (U.S.). However, don't try using a knife and fork to dig in. That's been illegal since 1961. You must eat it with your fingers.

On the Lighter Side

What planet is like a circus? Saturn—it has three rings!

The best sermons are lived, not preached.

Knock! Knock! Who's there? Isolate. Isolate who? Isolate to the party I almost missed it.

A washbasin is standing in front of the door. Let that sink in.

Teacher: "Which two days begin with T?" Student: "Today and Tomorrow."

Answers

4. Mozart 5. Shoulder

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd





Come and thrive in our Memory Care program, designed with you in mind

Take our two minute assessment. Just scan the code helow

Call us to ask questions or take a tour



780.902.7837



SERVICES SPECIFICALLY DESIGNED FOR YOU:

- Assistance Navigating Resources
 Caregiver Consulting & Advocacy
 Problem Solving

- **Emotional Support** CompanionshipPersonal Concierge

CONTACT US FOR A FREE CONSULTATION!

780.720.3035 www.peacemindconcierge.com CUSTOMIZED & FLEXIBLE TO FIT YOUR NEEDS



Join Our Vibrant Community



Full Kitchens • Social & Recreation • U/G Parking

161 Festival Way, Sherwood Park

780-540-9500 CDLhomes.com

CD.





Serving the community for over 40 years. 10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca 780-464-4040

East on Baseline; First left after Hwy 21

Toll Free 1.855.688.2941

Reasonable flat rate to Airport - \$50

The World's #1 Restaurant Publication!

Trivia answers: 1. Indigo 2. Righting reflex 3. Five