

THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



FREE! *New Issue Every Week!*

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Fort McMurray Edition

877-553-6397



www.coffee-news.ca

Congratulations to July's **Coffee News Guy** contest winners!

Your prizes are in the mail!

**Brenda Lee Kissel
Jay Douglas
Leslie Hamilton
Vera Russel**

Enter today for your chance to win at www.coffee-news.ca



Where Thrifty Dreams Come True

Mon - Fri 10 am - 6 pm
Saturdays 11 am - 5 pm

Lolly Pop Thrift Shop

4913-51 Street Athabasca

Supporting Children's Clubs, groups and organizations with their fundraising goals

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

Congratulations to our most recent winners of a prepaid \$400 Visa card!

June 1 Draw Winners: Frank H. from Sylvan Lake, Sandy P. from Calgary, Steven R. from Lethbridge

July 1 Draw Winners: Rodney B. from Lethbridge, Brian P. from Edmonton, Natasha W. from Red Deer

August 1 Draw Winners: Fiona L. from Edmonton, Paige H. From Red Deer, Ellery T. from Calgary

Home | Auto | Business | Farm

Insurance that fits

780.790.1578

604 Signal Rd, Fort McMurray

BrokerLink Insurance

WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST

yesTV



Get More Traffic, Leads & Sales

• Website Development
• Google Ads
• Facebook Advertising
• Social Media Management
• SEO & Content Marketing
• Reporting & Analytics

SCAN ME

Frontline 780.760.6922
frontlineconsulting.ca

Coffee News[®] is proudly delivered by

wjs Canada

Coffee News[®] Part of your community.



Everybody's Talking

Stone carver: A fellow named Ganauri Paswan, who lives in the village of Jaru Banwariya in northern India, has a heart of gold, as well as unending patience to complete a task. He wanted everyone, regardless of their mobility issues, to be able to walk up a 457-metre (1,500-ft.) rocky mountainside to a temple at the top. Using only rudimentary tools like a chisel and hammer, he carved 400 steps. It took him eight years to complete the job, which he did on a volunteer basis. He often worked alone, but sometimes family members and friends would join him for a day of work. To carve the steps, he used stones he found on the mountain.

Hot water: Ever dream of sitting in a hot tub while in the middle of a lake? A Spacruzzi is a hot tub boat made in the United States by a company of the same name. Shaped like a teardrop, the watercraft has seats, just like a normal hot tub, and steamy water is regulated through a heating and filtration system. A small motor allows users to cruise around their chosen lake for a few hours. The expensive contraption, which starts at 48,900 (USD), also boasts a gas fireplace, and buyers can opt for extras, such as underwater lighting. The unit is small enough to be easily transported and launched. What an experience!

Barcode tattoo: A man from Taiwan was tired of pulling his cell phone from his pocket to make payments by showing the barcode on his transaction app. So he got a tattoo of the barcode. Now he presents his arm and lets the cashier scan the code to pay for goods. Luckily, he found a talented tattoo artist for the job; one small slip up, such as too much space between bars or one bar that was too thin or thick, would have made the code unusable. The tattoo works, at least for now. In time, it may fade and he may need to have touch-ups done.

Looking good: Fashion designers around the world are finding a new market for their designs: hospitals or, more precisely, the patients in hospitals. Who wants to be in a healthcare facility, already feeling unwell, and then look even worse in a traditional, baggy hospital gown that ties at the back? No one! So clothing makers have started crafting stylish and functional gowns using soft, comfortable fabric, nice colours, and utilitarian features, such as pockets. The idea is that people who are ill should not also have to think about how they are dressed. Plus, a nice-looking gown may serve to lift spirits and provide a small bit of dignity.

Quoteable Quotes

"How people treat you is their karma; how you react is yours."
—Wayne Dyer

"Never give in except to convictions of honour and good sense."
—Winston Churchill

What's Happening

Sep 14 - Fort McMurray Career Fair Connect with hiring companies, government, employment services, colleges, and universities. Fort McMurray Career Fair welcomes specialists in employment, career development, training, and education across Alberta. 1 CA Knight Way Fort McMurray 1-4pm

Sep 29 - All Ages Drag Show The Oil Royals are hosting an amazing drag show that's meant for the entire family. This event is free as a part of Alberta Culture Days. Doors open at 6:30pm and the show starts at 7, Suncor Energy Centre for the Performing Arts, 230 Powder Drive

Sep 12 - First Aid and CPR C This is a blended course. There is an online portion and an in class portion. From 1-5pm registration is required. Please call VegMin at 780-632-7920.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

- Trivia**
1. Albacore and yellowfin are types of herring, tuna, or bass?
 2. He wrote the original Story of Babar, the Little Elephant children's book.
 3. Malagasy and ____ are the official languages of Madagascar.
 4. This western lowland gorilla learned American Sign Language.
 5. Easter Island is a special territory of Brazil, Chile, or Peru?

For all your real estate needs!

INTEGRITY • HARD WORK • PROFESSIONALISM

3% REALTY FORT McMURRAY

Kathy Bowers
BROKER/OWNER

780.881.1649
kathymbowers@gmail.com



Prepare for power outages today

WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(888) 688-0973

GENERAC

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



Looking for a place to rent?

Looking for someone to manage your property?

Call us today! **780.598.1360**

RESIDENTIAL REMEDIES INC.
O/A 3% Realty Fort McMurray



Ray's Coins and Stamps

THE CHOICE OF DISCERNING COLLECTORS

BUY and SELL

Coins
Graded coins and collectible coins from the Royal Canadian Mint and a few other mints

Tim Hortons Hockey Cards
...available to finish your set. Text 780.2619.2929 with your list!

Paper Money
Graded Canadian currency

Cell.: 780-619-2928
rgrikinis@yahoo.com | www.rayscoinsandstamps.com
Check our showcase # letter "I" at Old Strathcona Antique Market, 10323-78 Ave.

Can't get to your Coffee News[®] each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



SHOP ONLINE!

www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA



WOMENS WORKWEAR

NOW OPEN!

8130 Fraser Ave, Fort McMurray AB

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

LegalShield Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca

Please put "Readers" in the subject line.

Please include:

- Your name
- Your phone number
- Your address

so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

Coffee News is proud to support **Make-A-Wish** Canada

Transform lives, one wish at a time.

Make-A-Wish. Visit makeawish.ca

Recipe of the month

Zucchini Bites

2 cups shredded zucchini ½ teaspoon garlic powder
1 cup Panko breadcrumbs ½ teaspoon paprika
½ cup Parmesan cheese ½ teaspoon Italian seasoning
1 large egg ½ teaspoon salt (or to taste)
1 tablespoon vegetable oil ¼ teaspoon ground black pepper (or to taste)

Total Time: 25 min. Yield: 20 pieces/4 servings

- Use a box grater or food processor to shred the zucchini.
- In a large mixing bowl, combine shredded zucchini, breadcrumbs, Parmesan, egg, oil, garlic powder, paprika, Italian seasoning, salt, and pepper. Mix well until evenly combined.
- Take 2 spoonfuls of the zucchini mixture at a time and shape into 1.5-inch balls. Set aside on a plate.
- Bake in a 375F preheated oven for 15 minutes until golden brown.
- Serve immediately with your favourite dipping sauce, if desired.

Source: <https://www.aheadofhyme.com>

Your Weekly Horoscope

ARIES
(March 20 - April 19)

You are nearing the halfway point of the solar return that happened at your birthday. You may want to begin to evaluate progress against your goals and correct the course if needed. Lucky numbers: 2, 5, 17, 18, 27, 34.

TAURUS
(April 20 - May 20)

A monthly emotional reset is in play for you now. Until December 31st, you may find yourself reviewing the outcome of past opportunities to see which to continue or end. Lucky numbers: 5, 7, 9, 15, 40, 44.

GEMINI
(May 21 - June 20)

Geminis sometimes find that their minds run in many different directions at the same time. If you experience this at mid-week, consider waiting a few days to make decisions. Lucky numbers: 3, 6, 16, 26, 35, 45.

CANCER
(June 21 - July 21)

At the end of the week, you may find that your responses to people and situations are more emotional than normal. Be conscious of your demeanour toward others for a few days. Lucky numbers: 6, 11, 16, 17, 32, 34.

LEO
(July 22 - Aug. 22)

Are you trying to manifest something that aligns with your values and identity? If you have difficulty communicating your thoughts about this, consider postponing your efforts for a couple of weeks. Lucky numbers: 4, 16, 24, 30, 31, 44.

VIRGO
(Aug. 23 - Sept. 22)

Virgos often have the ability to communicate their thoughts to others in a clear and precise manner. This skill may be hampered for the next two weeks, so be aware of it. Lucky numbers: 7, 11, 22, 27, 28, 36.

LIBRA
(Sept. 23 - Oct. 22)

From now until the end of the year, an opportunity may be presented to you that involves something from your past. If so, explore it carefully before taking action. Lucky numbers: 10, 20, 25, 26, 32, 48.

SCORPIO
(Oct. 23 - Nov. 21)

Have you been having difficulty communicating who you are and what you want? This may continue for another two weeks. You may want to wait to proceed with your efforts. Lucky numbers: 1, 4, 6, 21, 24, 42.

SAGITTARIUS
(Nov. 22 - Dec. 20)

At midweek, your thoughts and emotions may be out of sync. Can you find a creative solution that is a win-win? If not, consider postponing decisions for a few days. Lucky numbers: 17, 18, 29, 34, 37, 39.

CAPRICORN
(Dec. 21 - Jan. 19)

Are you focusing on an issue, but someone else is focusing on their feelings about it? You may have an opportunity to resolve this stalemate by incorporating a more empathetic response. Lucky numbers: 8, 16, 20, 34, 39, 47.

AQUARIUS
(Jan. 20 - Feb. 18)

Are you feeling restless about whether you are making a contribution to the world? This may be a good time to adjust your endeavours to include service to others. Lucky numbers: 15, 16, 17, 21, 30, 38.

PISCES
(Feb. 19 - March 19)

Do others see you as intuitive and empathetic, or as impractical and not grounded? If the latter, what change would have them view you in a more positive manner? Lucky numbers: 12, 14, 23, 24, 34, 40.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 17.

Did You Know...

Lighting the way: New York City's famous Statue of Liberty arrived in America in 1885 as a gift from France. For the first 16 years after it was set up in the United States, the statue was a working lighthouse.

Tall tree: Kapok trees, native to South America but also found in West Africa and Southeast Asia, tower over rainforests at 150 feet (45.7 m) or more. Seeds contain silky fibres used to stuff bedding and life vests.

Place to remember: Don't forget to visit the village of Forget (pronounced "for-jay") when traveling through the province of Saskatchewan, Canada. This tiny place was named for Amédée E. Forget.

Big bill: In 1934, the U.S. government printed a \$100,000 bill, the highest denomination ever issued. However, the bill was never used for general purposes. Imagine what would happen if someone lost it!

Striking gold: The very popular, yellow-fleshed Yukon Gold potato is a product of agricultural researchers in Canada. They spent years obtaining the desired result through cross-breeding other types of potatoes.

On the Lighter Side

If you don't take the time to do it right, you'll find the time to do it twice.

Knock! Knock! Who's there? Zagat. Zagat who? Zagat says, "Meow."

How do you make an octopus laugh? With ten-tickles.

Science teacher: "If you call your name in a vacuum, what will you hear?"
Student: "That depends on whether it is on or off."

I went to a fancy English hotel, or rather, a great Brit inn.

Answers

Trivia answers: 1. Tuna 2. Jean de Brunhoff 3. French 4. Koko 5. Chile

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

inogen

FREEDOM. TO BE YOU.

Call 1-888-998-6714 for a free consultation.

When YOU Get Paid We Get Paid

Helping You Maximize Your Financial And Physical Recovery!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: 1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!

Are you a business owner/office manager? Have 3-20 employees in your office? **Paying too much for your current phone system?**

We can save you up to 50% off your current phone rates!

How? We offer:

- VOIP Solutions at a fraction of the traditional carrier cost
- Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Happy Labour Day

from your friends at **Coffee News**

Zone 81-Fort McMurray