

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**FREE!** New Issue Every Week!

# Coffee News

"News To Be Enjoyed Over Coffee"

**Wetaskiwin - Millet Edition**  
**877-553-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Est. 1988

The World's #1 Restaurant Publication!

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

TOYS | CANDY | WOOL | YARN | GIFTS

# STAR STORE

at The Wetaskiwin Heritage Museum Downtown

100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES

Head for the Star on Main Street: 5007 - 50 Ave.

NOW SERVING BEANS COFFEE and TEA!

**Pregnant? Facing Difficult Decisions?**  
We can help.  
Call **780.421.1177** or text **587.596.5380**

*A Small Miracle Adoption*  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**Win a Bike!**

Millet, AB | Millet & District Museum & Archives

Free Weekly Kids' Summer Programs  
Exhibit Openings: August 19  
Cree: The People's Language  
Global Glass

See Our Facebook @VisitMilletMuseum For Contest Entry Details. Draw closes August 25th

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Learn to SCUBA DIVE at our Edmonton location - call for details  
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**We Need Volunteers In Your Area!**  
Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**  
Contact us: 780.423.7781 | 1.888.423.9666  
AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Are you a business owner/office manager?  
Have 3-20 employees in your office?  
Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:  
✓ VOIP Solutions at a fraction of the traditional carrier cost  
✓ Long distance rates that outcompete the competition

**ETTA TELECOM**  
587.760.2800  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**GENERAC**

Prepare for power outages today  
WITH A HOME STANDBY GENERATOR

**FREE** 7-Year Extended Warranty\* An \$895 Value!

**REQUEST A FREE QUOTE**  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 688-0973**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

## Everybody's Talking

**Expensive house:** A house in Rome is so excessively expensive that no one wants to buy it. The Villa Aurora is located near Via Veneto, one of the most famous streets in the city, which has hotels that cater to the rich. Once a hunting lodge, it has been owned by a noble family for 400 years. But after an inheritance battle, the courts directed that it be sold at auction and the proceeds split between the involved parties. But no one bid during multiple auctions, which started at 471 million Euros, because the villa's features are driving the price sky high. These include a ceiling mural painted in the late 1500s by Baroque master Caravaggio.

**Doctor in the house?** A young Turkish woman wanted to please her parents by becoming a doctor. However, Ays e Ozkiraz did not manage to pass the higher education entrance exam. Instead of confessing to her parents, she pretended that she'd been accepted and told friends and acquaintances, as well. Things got out of hand when she accompanied her mother to a hospital for treatment, where she told staff she was a doctor. Staff believed her and offered her a job. She lasted in the job for over a year, but other doctors eventually became suspicious when they noticed that she was often unsure of simple medical issues. They called police, and her gig was up.

**Sick of the song:** The next time the holiday season rolls around, listen for that ubiquitous song, "Last Christmas," made famous by the rock group Wham. If Tomas and Hannah Mazzetti have their way, the song will no longer be played on the airwaves. The Swedish couple are so sick of the song that they are trying to raise enough money to buy the rights to it. Using crowdfunding, they are hoping to coax other folks who feel the same way to donate to the cause. They have a long way to go. To own the tune, they need \$15 to \$25 million, but then they could decide whether it gets played or not.

**Pet fish:** Pet fish: Some people have a few pet dogs or several cats, but a man in Vietnam's An Giang province looks after a whole school of fish. A few years ago, Muoi Phuc started feeding a type of fish called pangasius, which live in the river by his home on the Mekong Delta. At first, he just attracted a few fish, but eventually, the number increased to many thousands. After he started doing this, other folks who live along the riverbank tried to attract fish, but they would only go to Muoi Phuc's house. Because of this, the fish lover has become famous in the area. Many locals and tourists alike come by to watch him feed his "pets."

## Quoteable Quotes

"I am my own muse, the subject I know best." —Frida Kahlo  
"Jump, and you will find out how to unfold your wings as you fall." —Ray Bradbury

## What's Happening

**Sep 12 - First Aid and CPR C** This is a blended course. There is an online portion and an in class portion. From 1-5pm registration is required. Please call VegMin at 780-632-7920.

**Oct 14 - Vegreville Psychic Fair Market** Community event showcasing mediums, intuitive readers, and other healers. Bringing in vendors with a variety of items to sell and showcase. Hours open from 10 am to 4 pm. Please call VegMin at 780-632-7920.

**2nd Tuesdays of Month - Stitch n' Btch** Stitch 'n Btch is a name that has been used to refer to social knitting groups since at least World War II. The group meets to knit, crochet, cross-stitch and talk. Bring your WIP and join at 4B 4010 50 Ave Lloydminster the 2nd Tuesday of each month.

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!  
**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

## Trivia

1. What is the Academy of St. Martin in the Fields?
2. Nepal is a federal parliamentary republic—T/F?
3. Who was the male lead in the movie The Quiet Man?
4. Did prize-maker Alfred Nobel invent gunpowder?
5. Which French leader was called the Sun King?

(Flip bottom of page for answers)  
© Published with Permission by Capital Marketing Ltd  
(Over)

**25 WORDS OR LESS**  
WEEKDAYS 3PM  
yes tv

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO

Call **780-220-6397**

**Tinnitus Therapy**  
available using new Stytleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

Signia Stytleto

Unique and beautifully designed hearing aid

**EYES + EARS**  
OPTICAL + HEARING CO.  
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

**When YOU Get Paid We Get Paid**

We're Here To Handle The Legal Complexity For You!

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

**Make-A-Wish**  
Visit [makeawish.ca](http://makeawish.ca)

**WEBSITES**  
From \$129/Month

**(780) 760-6922**  
FRONTLINECONSULTING.CA

Visit us on Facebook-CoffeeNewsWeekly

## HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500** YEARLY TAX CREDIT  
**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.



FOR EXPERT HELP:  
**1-844-453-5372**

# Your Weekly Horoscope

### ARIES

(March 20 - April 19)



At midweek, you may be eager and ambitious to make progress on an endeavour, but something is holding you back. Consider the pros and cons, but wait a few days to proceed. Lucky numbers: 1, 7, 13, 14, 22, 34.

### TAURUS

(April 20 - May 20)



A sudden or unexpected opportunity may come your way. You may be ambitious to manifest it, but be careful of how it could conflict with your values or relationships. Lucky numbers: 7, 11, 18, 20, 41, 46.

### GEMINI

(May 21 - June 20)



Geminis often easily extract information from the ethereal realm. If that quality has been interrupted the last few weeks, this dynamic should begin to return to normal now. Lucky numbers: 2, 4, 18, 19, 21, 27.

### CANCER

(June 21 - July 21)



Have you been struggling the past few weeks to translate your feelings into clear thoughts and then communicate your ideas to others? This obstacle could ease at midweek. Lucky numbers: 9, 11, 17, 25, 35, 40.

### LEO

(July 22 - Aug. 22)



For the next few months, your role as a mother or child may be a focus for you to explore. Maybe you should concentrate on what you can learn going forward. Lucky numbers: 3, 16, 28, 37, 46, 48.

### VIRGO

(Aug. 23 - Sept. 22)



Perhaps a situation in your life has seemed stuck for the past few weeks. The energy is shifting now, and that may allow you to develop a new plan. Lucky numbers: 10, 19, 20, 26, 28, 48.

### LIBRA

(Sept. 23 - Oct. 22)



Your innate grace and diplomacy is highlighted at midweek. Consider how you can use this skill to help yourself or others to navigate a tense situation you may be experiencing. Lucky numbers: 5, 6, 10, 15, 16, 34.

### SCORPIO

(Oct. 23 - Nov. 21)



How well do you nurture yourself and others? This concept may be a focus of awareness, as well as an area of change for you over the next few months. Lucky numbers: 4, 17, 27, 30, 40, 46.

### SAGITTARIUS

(Nov. 22 - Dec. 20)



At midweek you may encounter someone who is concerned with small details. It may be helpful to avoid conflict with them, or respond with well-researched details about the situation. Lucky numbers: 13, 15, 32, 36, 38, 43.

### CAPRICORN

(Dec. 21 - Jan. 19)



While we all may have recently experienced issues with technology and communications, well-prepared Capricorns may have gotten through this better than others. Take heart; relief may be coming. Lucky numbers: 6, 7, 13, 17, 29, 34.

### AQUARIUS

(Jan. 20 - Feb. 18)



Aquarians often focus on advancing humanity's evolution, but it can be from a detached demeanour. The next few months may encourage you to incorporate a more nurturing element. Lucky numbers: 11, 12, 37, 38, 42, 44.

### PISCES

(Feb. 19 - March 19)



You may feel that your intuition is in a stalemate now with the requirements of reality. What changes can you make to develop a more balanced view going forward? Lucky numbers: 8, 18, 28, 31, 32, 39.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 7.

## Did You Know...

**Bird of prey:** The American kestrel (*Falco sparverius*) soars the skies from Canada to Panama. Sometimes called the sparrow hawk, this small falcon catches insects, lizards, rodents, and even small birds.

**Deep breath:** The Bajau people in Southeast Asia dive underwater to fish. A sea culture for over 1,000 years, some in the community are able to hold their breath for up to 13 minutes as they dive deep in the water.

**Spewing fire:** Volcanoes that are potentially active may not erupt regularly or often, but more than 1,350 of them are found around the world. On average, between 50 and 70 volcanoes erupt every year.

**Doll namesake:** Barbie, the doll that has fascinated little girls since 1959, was introduced by Mattel, Inc., cofounder Ruth Handler. The name, "Barbie," comes from Handler's daughter's name, which was "Barbara."

**Rap on:** American rapper Lil Nas X came into the spotlight with the 2018 song "Old Town Road." and worked with country star Billy Ray Cyrus on a remix of the song. It hit the Billboard Hot 100 in 2019.

## On the Lighter Side

Knock! Knock! Who's there? Argue. Argue who? Argue going to let me in?

Kitchen remodelers are very counterproductive.

Patient: "Doctor, I've swallowed some holiday decorations."  
 Doctor: "Ah, you've got tinselitis."

I was supposed to do a list of odd jobs. I finished numbers 1, 3, 5, 7, and 9.

Don't judge folks by their relatives.

### Answers

**Trivia answers:** 1. London chamber orchestra 2. True 3. John Wayne 4. Yes 5. Louis XIV

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

**PROVEN EXPERTISE**

**HALAS ROOFING**  
 Dennis Halas Agencies Ltd.  
 NEW & RE-ROOFING

- Top rated roofing materials
- Family run for 25+ yrs.
- Licensed, insured & WCB

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074  
[dennishalas@shaw.ca](mailto:dennishalas@shaw.ca) • [www.halasroofing.ca](http://www.halasroofing.ca)

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!

Weather-Tite Certified Installer BBB

**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**  
 780.387.3311 • 5022 - 50 Street, Millet  
 BARB UNGER, DD • [barb@milletdenture.ca](mailto:barb@milletdenture.ca)

**Need ONE More Reason to Join?**

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

LegalShield

**inogen**

**FREEDOM. TO BE YOU.**

Call 1-888-998-6714 for a free consultation.

MKT-PO240

**Recipe of the month**

**Zucchini Bites**

2 cups shredded zucchini  
 1 cup Panko breadcrumbs  
 1/2 cup Parmesan cheese  
 1 large egg  
 1 tablespoon vegetable oil

1/2 teaspoon garlic powder  
 1/2 teaspoon paprika  
 1/2 teaspoon Italian seasoning  
 1/2 teaspoon salt (or to taste)  
 1/4 teaspoon ground black pepper (or to taste)

Total Time: 25 min. Yield: 20 pieces/4 servings

- 1 Use a box grater or food processor to shred the zucchini.
- 2 In a large mixing bowl, combine shredded zucchini, breadcrumbs, Parmesan, egg, oil, garlic powder, paprika, Italian seasoning, salt, and pepper. Mix well until evenly combined.
- 3 Take 2 spoonfuls of the zucchini mixture at a time and shape into 1.5-inch balls. Set aside on a plate.
- 4 Bake in a 375F preheated oven for 15 minutes until golden brown.
- 5 Serve immediately with your favourite dipping sauce, if desired.

Source: <https://www.aheadofthyme.com>

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
 1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NCSB 0082999 0083445

**Improve Your Overall Health & Performance!**

Support your active lifestyle by empowering your joints and bones.

Choose one of our Collagen supplement(s) to help to promote mobility, strength and vitality. Go ahead and embrace that youthful glow!

[vennerbrandlabs.com](http://vennerbrandlabs.com)

780.441.1891 • [vennerbrand@gmail.com](mailto:vennerbrand@gmail.com)  
 vennerbrandinc

FREE SHIPPING ON ORDERS OVER \$150

**NEED TO EXPAND YOUR MARKETING EFFORTS?**

**Coffee News** provides:

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So - you're not advertising with Coffee News because...?

780-220-6397  
[coffee-news.ca](http://coffee-news.ca)

Congratulations to our most recent winners of a prepaid \$400 Visa card!

**Braithwaite Boyle Injury Law** 800-440-8298  
 It's The Only Law We Do - Since 1986  
 Free Initial Consultation

For contest rules, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

June 1 Draw Winners: Frank H. from Sylvan Lake, Sandy P. from Calgary, Steven R. from Lethbridge  
 July 1 Draw Winners: Rodney B. from Lethbridge, Brian P. from Edmonton, Natasha W. from Red Deer  
 August 1 Draw Winners: Fiona L. from Edmonton, Paige H. from Red Deer, Ellery T. from Calgary

**Joey's FISH SHACK** 780.673.0164  
 #305 6805-48 Avenue Camrose

**ALL YOU CAN EAT FISH & CHIPS** Tuesdays \$19.00 + GST INCLUDES COLESLAW!

**ALL YOU CAN EAT FISH TACOS** Thursdays \$19.00 + GST

**NORSEMAN CRAFT BEER ONLY \$5 EVERY DAY!**

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC Prairie Scented Candles**  
**Sunset Scents** a RAY of Fragrance  
[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**A&S PURIFIED BOTTLED WATER**

**CONVENIENCE STORE AND GRAB & GO SNACKS**

4712-57 St., Wetaskiwin | 780-446-0718

ASK ABOUT OUR COFFEE PROMOTION!

Large selection of:  
 Nossack Pepperoni and Sausage  
 Mundare Sausage • Pet Foods  
 Chips and Pop • Coffee Products • Sandwiches

**THE ONE 93.1 FM**  
 LEDUC'S BEST COUNTRY