

**IS ADVENTURE ON YOUR BUCKET LIST?**

**Learn to Scuba Dive**  
Ask about our Buddy Special

**Discover Snorkeling**  
1-Hour Lesson at the Pool!  
Snorkeling Sets for the Family

**The Dive Outfitters**  
Scuba Diving & Snorkeling  
**780.483.0044**  
11781-156 St., Edmonton  
[www.thediveoutfitters.ca](http://www.thediveoutfitters.ca)

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**FREE!** **New Issue Every Week!**

**Coffee News**<sup>®</sup>  
"News To Be Enjoyed Over Coffee"

**Sturgeon County Edition**  
**780-220-6397**

[www.coffee-news.ca](http://www.coffee-news.ca) Est. 1988

CN-Proudly printed by One to One Mailing

**We Pay CASH For Your Scrap Metal!**

**Yes!** We accept ALL scrap metals

**BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP**

**RICHMOND STEEL RECYCLING**

16610-129 Avenue NW, Edmonton  
**587.689.3100** | [richmondsteel.ca](http://richmondsteel.ca)

**PRAIRIE SUNSET**  
Funeral Home and Cremation Services  
A DIVISION OF THE CARINGROUP INC.

**780-470-5005** St. Albert  
**780-349-5006** Westlock  
[www.psfh.ca](http://www.psfh.ca)

**Sil Industrial Minerals** We're Ready.

Western Canada's leader in industrial sands, blasting abrasives and equipment

**WE'RE HIRING**

Lamont County, AB (Hwy 38 & RR204)

To find out more, visit [sil.ab.ca/careers](http://sil.ab.ca/careers) or call us at 780-796-3939

**Are your ducks all in a row...?**

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

**RATES AS LOW AS \$150 FOR WILLS**

**WILLPOWER WILLS**  
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

**780-418-7611**  
Call Terri today for a FREE consult.

TERRI BRUNNING

**Jennifer Miles, Agent**  
125-15 Circle Dr  
St. Albert AB T8N 3Y7  
780-460-2279  
[www.jmilesinsurance.com](http://www.jmilesinsurance.com)

**Desjardins Insurance**

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.

Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

My office is always available to connect you to government services and to provide information on local initiatives.

**Dale Nally, MLA**  
MORINVILLE - ST. ALBERT

**780-572-6161**  
[Morinville.Stalbert@assembly.ab.ca](mailto:Morinville.Stalbert@assembly.ab.ca)

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**PSC Prairie Scented Candles**

**Sunset Scents**  
a RAY of Fragrance  
[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
**1-855-977-9805**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

**Everybody's Talking**

**Expensive house:** A house in Rome is so excessively expensive that no one wants to buy it. The Villa Aurora is located near Via Veneto, one of the most famous streets in the city, which has hotels that cater to the rich. Once a hunting lodge, it has been owned by a noble family for 400 years. But after an inheritance battle, the courts directed that it be sold at auction and the proceeds split between the involved parties. But no one bid during multiple auctions, which started at 471 million Euros, because the villa's features are driving the price sky high. These include a ceiling mural painted in the late 1500s by Baroque master Caravaggio.

**Doctor in the house?** A young Turkish woman wanted to please her parents by becoming a doctor. However, Ays e Ozkiraz did not manage to pass the higher education entrance exam. Instead of confessing to her parents, she pretended that she'd been accepted and told friends and acquaintances, as well. Things got out of hand when she accompanied her mother to a hospital for treatment, where she told staff she was a doctor. Staff believed her and offered her a job. She lasted in the job for over a year, but other doctors eventually became suspicious when they noticed that she was often unsure of simple medical issues. They called police, and her gig was up.

**Sick of the song:** The next time the holiday season rolls around, listen for that ubiquitous song, "Last Christmas," made famous by the rock group Wham. If Tomas and Hannah Mazzetti have their way, the song will no longer be played on the airwaves. The Swedish couple are so sick of the song that they are trying to raise enough money to buy the rights to it. Using crowdfunding, they are hoping to coax other folks who feel the same way to donate to the cause. They have a long way to go. To own the tune, they need \$15 to \$25 million, but then they could decide whether it gets played or not.

**Pet fish:** Pet fish: Some people have a few pet dogs or several cats, but a man in Vietnam's An Giang province looks after a whole school of fish. A few years ago, Muoi Phuc started feeding a type of fish called pangasius, which live in the river by his home on the Mekong Delta. At first, he just attracted a few fish, but eventually, the number increased to many thousands. After he started doing this, other folks who live along the riverbank tried to attract fish, but they would only go to Muoi Phuc's house. Because of this, the fish lover has become famous in the area. Many locals and tourists alike come by to watch him feed his "pets."

**Quoteable Quotes**

"I am my own muse, the subject I know best." —Frida Kahlo  
"Jump, and you will find out how to unfold your wings as you fall." —Ray Bradbury

**What's Happening**

**Sep 16 - Fall Handmade Market** Free admission; collecting food and funds for the Fort Saskatchewan Food Bank Free Parking Family Friendly. Dow Centennial Centre, 8700 84 St Fort Saskatchewan from 10am-4pm

**Sep 22-23 - Throwback to the Future** Step into the past at a vintage collectibles, pop culture, and antique market held at the Barrhead Curling Rink. Explore a world of nostalgia with retro diners, free movie nights, and a treasure trove of unique finds. Starting 5pm Sep 22

**Oct 1 - Family Free Swim** All Ages swim for free at the Barrhead Regional Aquatics Centre located at 5607 47 Street from 4:30pm-6pm. Sponsored by Pembina West Co-op and Servus Credit Union

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. What is the Academy of St. Martin in the Fields?
2. Nepal is a federal parliamentary republic—T/F?
3. Who was the male lead in the movie The Quiet Man?
4. Did prize-maker Alfred Nobel invent gunpowder?
5. Which French leader was called the Sun King?

(Flip bottom of page for answers)  
© Published with Permission by Capital Marketing Ltd  
(Over)

**ET Calls You Home!**  
**780.907.2537** | [ericathiering@hotmail.com](mailto:ericathiering@hotmail.com)

Call or text Erica and let me bring you to your new home.

**Erica Thiering** NOW REAL ESTATE GROUP ASSOCIATE

Don't let interest rates scare you from finding your dream home!

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO

**Call 780-220-6397**

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**Can't get to your Coffee News® each week?**

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**SPECIAL: 30 MINS. FOR \$30**

**TAROT CARD READINGS**

Intuitive Psychic medium messages that come forward during sessions can include topics such as Work, Health, Family, Career, Relationships, Spirit, and Soul Guidance.

**The Healing Ways**

To book, call/text 587.207.4134  
[thehealingways@yahoo.com](mailto:thehealingways@yahoo.com)  
[thehealingways-healingcenter.vpweb.com](http://thehealingways-healingcenter.vpweb.com)

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**  
**\$30,000 LUMP SUM REFUND**

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

WIPE OUT INFLATION. GET THE CREDIT!

**GENERAC**

Prepare for power outages today

WITH A HOME STANDBY GENERATOR

**FREE 7-Year Extended Warranty\***  
An \$895 Value!

**REQUEST A FREE QUOTE**  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 688-0973**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**When YOU Get Paid We Get Paid**

We're Here To Handle The Legal Complexity For You!

**Braithwaite Boyle Injury Law** 800-440-8298

**It's The Only Law We Do - Since 1986**

**Free Initial Consultation**

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeeneews](http://www.accidentinjurylawyer.com/coffeeneews)

5120-41 Street  
(Located in Gibbons Industrial Park)

**STORAGE UNITS STARTING AT \$85 PER MONTH**

**GIBBONS MINI STORAGE**

24 HR. SURVEILLANCE

KEYPAD ACCESS

LOCALLY OWNED AND OPERATED

Country Pricing... with City Service!

O: 780-271-0469  
C: 780-916-5843

[www.gibbonsministorage.ca](http://www.gibbonsministorage.ca)

**We've moved... VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**

780.962.5220 | [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)

**25 WORDS OR LESS**

WEEKDAYS 3PM

yesTV

**Need ONE More Reason to Join?**

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

**Improve Your Overall Health & Performance!**

Support your active lifestyle by empowering your joints and bones.

Choose one of our Collagen supplement(s) to help to promote mobility, strength and vitality. Go ahead and embrace that youthful glow!

[venerbrandlabs.com](http://venerbrandlabs.com)

780.441.1891 | [venerbrand@gmail.com](mailto:venerbrand@gmail.com)

[venerbrandinc](http://www.facebook.com/venerbrandinc)

FREE SHIPPING ON ORDERS OVER \$150

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

At midweek, you may be eager and ambitious to make progress on an endeavour, but something is holding you back. Consider the pros and cons, but wait a few days to proceed. Lucky numbers: 1, 7, 13, 14, 22, 34.

**TAURUS**  
(April 20 - May 20)

A sudden or unexpected opportunity may come your way. You may be ambitious to manifest it, but be careful of how it could conflict with your values or relationships. Lucky numbers: 7, 11, 18, 20, 41, 46.

**GEMINI**  
(May 21 - June 20)

Geminis often easily extract information from the ethereal realm. If that quality has been interrupted the last few weeks, this dynamic should begin to return to normal now. Lucky numbers: 2, 4, 18, 19, 21, 27.

**CANCER**  
(June 21 - July 21)

Have you been struggling the past few weeks to translate your feelings into clear thoughts and then communicate your ideas to others? This obstacle could ease at midweek. Lucky numbers: 9, 11, 17, 25, 35, 40.

**LEO**  
(July 22 - Aug. 22)

For the next few months, your role as a mother or child may be a focus for you to explore. Maybe you should concentrate on what you can learn going forward. Lucky numbers: 3, 16, 28, 37, 46, 48.

**VIRGO**  
(Aug. 23 - Sept. 22)

Perhaps a situation in your life has seemed stuck for the past few weeks. The energy is shifting now, and that may allow you to develop a new plan. Lucky numbers: 10, 19, 20, 26, 28, 48.

**LIBRA**  
(Sept. 23 - Oct. 22)

Your innate grace and diplomacy is highlighted at midweek. Consider how you can use this skill to help yourself or others to navigate a tense situation you may be experiencing. Lucky numbers: 5, 6, 10, 15, 16, 34.

**SCORPIO**  
(Oct. 23 - Nov. 21)

How well do you nurture yourself and others? This concept may be a focus of awareness, as well as an area of change for you over the next few months. Lucky numbers: 4, 17, 27, 30, 40, 46.

**SAGITTARIUS**  
(Nov. 22 - Dec. 20)

At midweek you may encounter someone who is concerned with small details. It may be helpful to avoid conflict with them, or respond with well-researched details about the situation. Lucky numbers: 13, 15, 32, 36, 38, 43.

**CAPRICORN**  
(Dec. 21 - Jan. 19)

While we all may have recently experienced issues with technology and communications, well-prepared Capricorns may have gotten through this better than others. Take heart; relief may be coming. Lucky numbers: 6, 7, 13, 17, 29, 34.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

Aquarians often focus on advancing humanity's evolution, but it can be from a detached demerour. The next few months may encourage you to incorporate a more nurturing element. Lucky numbers: 11, 12, 37, 38, 42, 44.

**PISCES**  
(Feb. 19 - March 19)

You may feel that your intuition is in a stalemate now with the requirements of reality. What changes can you make to develop a more balanced view going forward? Lucky numbers: 8, 18, 28, 31, 32, 39.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 7.

## Did You Know...

**Bird of prey:** The American kestrel (*Falco sparverius*) soars the skies from Canada to Panama. Sometimes called the sparrow hawk, this small falcon catches insects, lizards, rodents, and even small birds.

**Deep breath:** The Bajau people in Southeast Asia dive underwater to fish. A sea culture for over 1,000 years, some in the community are able to hold their breath for up to 13 minutes as they dive deep in the water.

**Spewing fire:** Volcanoes that are potentially active may not erupt regularly or often, but more than 1,350 of them are found around the world. On average, between 50 and 70 volcanoes erupt every year.

**Doll namesake:** Barbie, the doll that has fascinated little girls since 1959, was introduced by Mattel, Inc., cofounder Ruth Handler. The name, "Barbie," comes from Handler's daughter's name, which was "Barbara."

**Rap on:** American rapper Lil Nas X came into the spotlight with the 2018 song "Old Town Road." and worked with country star Billy Ray Cyrus on a remix of the song. It hit the *Billboard* Hot 100 in 2019.

## On the Lighter Side

Knock! Knock! Who's there? Argue. Argue who? Argue going to let me in?

Kitchen remodelers are very counterproductive.

Patient: "Doctor, I've swallowed some holiday decorations."  
Doctor: "Ah, you've got tinselitis."

I was supposed to do a list of odd jobs. I finished numbers 1, 3, 5, 7, and 9.

Don't judge folks by their relatives.

**Answers**  
Trivia answers: 1. London chamber orchestra. 2. True. 3. John Wayne. 4. Yes. 5. Louis XIV.

For available franchise opportunities - visit [coffeeneewscanada.com](http://coffeeneewscanada.com)

© Published with Permission by Capital Marketing Ltd

**inogen**

**FREEDOM. TO BE YOU.**

Call 1-888-998-6714 for a free consultation.

MKT-P0240

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Pregnant? Facing Difficult Decisions?**

We can help.  
Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

like us

**We are your Apple experts!**

**one bite technology**

- Mac & PC Repair, Tech Support
- iPhone & iPad Repair
- Used Apple Device Sales
- Upgrades, Repairs, and (Used) Sales

587.290.0200  
[www.onebitetechnology.ca](http://www.onebitetechnology.ca)

Retail store now open!  
22A Muir Drive, St. Albert

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**

Contact us: 780.423.7781 | 1.888.423.9666

Alberta Council on Aging Let's Stop Ageism

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

**WEBSITES**

From \$129/Month

**(780) 760-6922**

[FRONTLINECONSULTING.CA](http://FRONTLINECONSULTING.CA)

**NOW ACCEPTING ARI CARDS**

Auto • Commercial • Residential

**Advanced Glass Inc.**

CALL MARC CLOUTIER TODAY:  
**780-961-2276**

[advancedglassinc.ca](http://advancedglassinc.ca) • 5514 - 50 Avenue, Legal AB

Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

EXPERIENCE YOU CAN TRUST

**Stewart & Sons**

Heating | Plumbing | Furnace Installation & Repair | AC Installation & Repair

\$99 MAINTENANCE CALL\*

\$500 OFF NEW INSTALLATION\*

\* OFFERS EXPIRE 05.30.23

To schedule your free quote, call us today!

**780.405.7892**

[stewartandsons.ca](http://stewartandsons.ca)