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**Recipe of the month**

**Zucchini Bites**

2 cups shredded zucchini    ½ teaspoon garlic powder  
1 cup Panko breadcrumbs    ½ teaspoon paprika  
½ cup Parmesan cheese    ½ teaspoon Italian seasoning  
1 large egg    ½ teaspoon salt (or to taste)  
1 tablespoon vegetable oil    ¼ teaspoon ground black pepper (or to taste)

Total Time: 25 min. Yield: 20 pieces/4 servings

- Use a box grater or food processor to shred the zucchini.
- In a large mixing bowl, combine shredded zucchini, breadcrumbs, Parmesan, egg, oil, garlic powder, paprika, Italian seasoning, salt, and pepper. Mix well until evenly combined.
- Take 2 spoonfuls of the zucchini mixture at a time and shape into 1.5-inch balls. Set aside on a plate.
- Bake in a 375F preheated oven for 15 minutes until golden brown.
- Serve immediately with your favourite dipping sauce, if desired.

Source: <https://www.aheadoffhyme.com>

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Vol. 20 No. 38 September 18, 2023

**Everybody's Talking**

**Goat story:** A pesky little bylaw that prevents farm animals from being kept in town isn't stopping Albert and Yoka Hoogendoorn from housing a goat on their property in Ingersoll, Ontario (Canada). The goat, named Bob, is getting elderly and is part of the Hoogendoorn family. When the couple moved into town from their farm, they brought Bob with them. Albert wanted to give their horned pet a nice home, so he built Bob a shed in the backyard, complete with heat and a salt lick. The neighbours get a kick out of seeing Albert and Yoka take Bob for walks. So far no one has complained to the authorities, so the bylaw has not been an issue.

**Small town:** There are small towns, and then there are really small towns. One such place is Hum, Istria, Croatia, a tiny, hilltop collection of medieval residences that is thought to be the smallest town in the world. At least that's what locals are using as a claim to fame. The population of Hum is somewhere between 20 and 30. It has two streets, a bell tower, a church, and a restaurant. The view is fantastic and the serenity palatable. Brick housing sits along cobblestone streets decorated with colourful flower pots. Busy in the tourist season, Hum is a tranquil place for townsfolk to live when things quiet down for the winter.

**Bugging the police:** A Japanese man had a few things he wanted to say to staff members at the Saitama Prefectural Police department. In fact, when someone answered the phone, the 67-year-old man yelled that they should all be fired, amongst other things. He did so 2,060 times in a nine-day period. The calls, which averaged about one every six minutes, were taking up so much of the police department's time that something had to be done. Police went to his home and arrested him for preventing them from doing their jobs. His persistent phoning could have interfered with emergency calls to which police needed to respond.

**Two owners:** An uninhabited island in the Bidasoa River, which flows between Irun, Spain, and Hendaye, France, is quite small. Only about 200 metres (656 ft.) long, it's a sliver in the river, a few metres from the mainland of each country. Called Pheasant Island, it has a unique ownership: for six months a year, it is ruled by Spain, and for the other six months, it is ruled by France. Centuries ago, the countries struck the deal to end a long war. To honour the agreement, a monument was built in the middle of the island. Today, only a few visitors are allowed there and only for rare occasions, such as the change-of-ownership ceremony twice a year.

**Quoteable Quotes**

"Knowledge rests not upon truth alone, but upon error also."  
—Carl Jung

"If I waited for perfection, I would never write a word."  
—Margaret Atwood

**What's Happening**

**Sep 22-23 - Throwback to the Future** Step into the past at a vintage collectibles, pop culture, and antique market held at the Barrhead Curling Rink. Explore a world of nostalgia with retro diners, free movie nights, and a treasure trove of unique finds. Starting 5pm Sep 22

**Oct 1 - Family Free Swim** All Ages swim for free at the Barrhead Regional Aquatics Centre located at 5607 47 Street from 4:30pm-6pm. Sponsored by Pembina West Co-op and Servus Credit Union

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**Trivia**

1. "A ring around the Sun or Moon" means what is coming soon?
2. Did Betty Crocker or Ruth Wakefield invent the chocolate chip cookie?
3. What is considered the national sport of China?
4. The English Horn is a brass or woodwind instrument?
5. Who is considered the "father" of the helicopter?

(Flip bottom of page for answers)

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Steven R. from Lethbridge

July 1 Draw Winners

Rodney B. from Lethbridge  
Brian P. from Edmonton  
Natasha W. from Red Deer

August 1 Draw Winners

Fiona L. from Edmonton  
Paige H. from Red Deer  
Ellery T. from Calgary

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Leslie Hamilton  
Vera Russel

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## Your Weekly Horoscope

ARIES

(March 20 - April 19)



You may be determined now to break through an old issue that is an obstacle to your current progress. Perhaps you should consider graciously asking

others to assist you. Lucky numbers: 2, 8, 14, 23, 40, 45.

TAURUS

(April 20 - May 20)



Taurus is often cautious in taking risks, especially if it requires trusting others. There is a potential now to make an adjustment in your ability to discern whom to trust. Lucky numbers: 10, 11, 16, 18, 30, 41.

GEMINI

(May 21 - June 20)



At midweek, you may find yourself in a quandary of opposing possibilities. Be aware of jumping impulsively into action, and consider postponing any important decisions for a few days. Lucky numbers: 6, 11, 21, 36, 39, 45.

CANCER

(June 21 - July 21)



Late this week you may be emotionally spinning over whatever insecurities you feel about yourself. Can you gain any insight about these feelings before this period of several days passes? Lucky numbers: 4, 12, 14, 15, 34, 40.

LEO

(July 22 - Aug. 22)



Leo's strong, sunny energy sometimes exhibits a child-like demeanour that can be too self-focused. This month you may have an opportunity to equally focus on the needs of others. Lucky numbers: 8, 17, 23, 33, 40, 44.

VIRGO

(Aug. 23 - Sept. 22)



Leadership needs a balance of results and relationships. Virgos often focus more on results. There may be an opportunity this month to improve your balance of these two elements. Lucky numbers: 7, 28, 32, 35, 36, 43.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 7.

## Did You Know...

**Movie mania:** The first full-length animated film to grace the world was not, as one might expect, something from the Disney studio. Rather, it was called *El Apóstol* and was made by an Argentinian named Quirino Cristiani in 1917.

**No big signs:** Landscapes around the world are cluttered with billboards. In 1927, before it was a state, Hawaii (U.S.) passed a law prohibiting them. Later, the states of Vermont, Maine, and Alaska followed suit.

**Lots of fun:** Near Copenhagen, Denmark, is a place where people have been having fun for centuries. Called Bakken, or officially Dyrehavsbakken, it is the oldest amusement park in the world. It has been around since 1583.

**Carrot tops:** If you have carrots from the garden or a farm, don't throw away the greens. They can be chopped, ground, and pureed into marinades, soups, stews, and stocks, among other foods.

**Don't touch!** An octopus that lives around coral reefs, from Japan to Australia, is called the blue-ringed octopus. With yellow skin with distinct blue and black circles, they are extremely poisonous.

## On the Lighter Side

Your fingers are a lot like the hardware store. They've both got a lot of nails.

First sheep: "Moo."

Second sheep: "Why did you say 'moo'?"

First sheep: "I'm learning a foreign language."

I used to work as a hairdresser, but I just wasn't cut out for it.

Silence is sometimes the best answer.

Knock! Knock! *Who's there?* Scold. *Scold who?* It's scold out there!

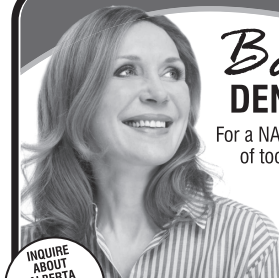
## Answers

**Trivia answers:** 1. Rain or snow 2. Ruth Wakefield 3. Table tennis 4. Woodwind 5. Igor Sikorsky

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