

YAMNUSKA WOLFDOG SANCTUARY
 Located at 263156 Range Rd S3, on the 1A Hwy

A non-profit organization that oversees the rescue and safe sanctuary for wolfdogs that have been neglected, abandoned, or otherwise displaced. Through its educational programs, the Sanctuary discusses the challenges of wolfdog ownership and promotes responsible ownership by outlining what a suitable home should look like. The Sanctuary also touches on the importance of preserving wolves in the wild!

For further details about our mission, please call 587-890-WOLF (9653) or visit yamnuskawolfdogsanctuary.com. You can also find details there about our **Intro Tours** and **Interactive Tours**, including pertinent age restrictions.

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Helping Adoptable Dogs and Cats Find Loving Homes
CAN YOU HELP?

pause4change
 rescue foundation
www.pause4change.com

DONATE VOLUNTEER FOSTER

DO THE MATH!
 If you advertise in a monthly publication, your ad is seen 12 times a year.
 If you advertise in a bimonthly publication, your ad is seen 6 times a year.
 If you advertise in **Coffee News**, your ad is seen **52 times a year!**
 It takes the average person 8 - 10 times to see a message and retain it.
 So, where would you want YOUR ad to be?

Coffee News® = Repetition

GENERAC

Prepare for power outages today
 WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
 CALL NOW BEFORE THE NEXT POWER OUTAGE
 (844) 944-1991

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

What's important to you is important to me. Reach out today and let's get started.

Open the door to your financial well-being

- Estate & Legacy Strategies
- Intergenerational Planning
- Wealth Strategies

Sam Withey Financial Advisor
 403.932.1275
sam.withey@edwardjones.com
edwardjones.ca/sam-withey

Edward Jones

Support **Coffee News®!**

The paper you have grown to love can't do it without readers like you...

- Visit our advertisers
- Browse our website
- Like us on Facebook

Coffee News®
 "News to Enjoy Over Coffee"

Congratulations
 to our latest contest winner for finding "Beans, the Coffee News Guy."

Courtney Chais
 found "Beans" at Wendy's in Cochrane

Coffee News®

Enter today for your chance to win!
www.bvcoffeeneews.ca

FREE! New Issue Every Week!

Coffee News®
 "News To Be Enjoyed Over Coffee"

Cochrane Edition
780-220-6397

www.bvcoffeeneews.ca
amy@bvcoffeeneews.ca

Vol. 2 No. 38 September 18, 2023

Everybody's Talking

Goat story: A pesky little bylaw that prevents farm animals from being kept in town isn't stopping Albert and Yoka Hoogendoorn from housing a goat on their property in Ingersoll, Ontario (Canada). The goat, named Bob, is getting elderly and is part of the Hoogendoorn family. When the couple moved into town from their farm, they brought Bob with them. Albert wanted to give their horned pet a nice home, so he built Bob a shed in the backyard, complete with heat and a salt lick. The neighbours get a kick out of seeing Albert and Yoka take Bob for walks. So far no one has complained to the authorities, so the bylaw has not been an issue.

Small town: There are small towns, and then there are really small towns. One such place is Hum, Istria, Croatia, a tiny, hilltop collection of medieval residences that is thought to be the smallest town in the world. At least that's what locals are using as a claim to fame. The population of Hum is somewhere between 20 and 30. It has two streets, a bell tower, a church, and a restaurant. The view is fantastic and the serenity palatable. Brick housing sits along cobblestone streets decorated with colourful flower pots. Busy in the tourist season, Hum is a tranquil place for townsfolk to live when things quiet down for the winter.

Bugging the police: A Japanese man had a few things he wanted to say to staff members at the Saitama Prefectural Police department. In fact, when someone answered the phone, the 67-year-old man yelled that they should all be fired, amongst other things. He did so 2,060 times in a nine-day period. The calls, which averaged about one every six minutes, were taking up so much of the police department's time that something had to be done. Police went to his home and arrested him for preventing them from doing their jobs. His persistent phoning could have interfered with emergency calls to which police needed to respond.

Two owners: An uninhabited island in the Bidasoa River, which flows between Irun, Spain, and Hendaye, France, is quite small. Only about 200 metres (656 ft.) long, it's a sliver in the river, a few metres from the mainland of each country. Called Pheasant Island, it has a unique ownership: for six months a year, it is ruled by Spain, and for the other six months, it is ruled by France. Centuries ago, the countries struck the deal to end a long war. To honour the agreement, a monument was built in the middle of the island. Today, only a few visitors are allowed there and only for rare occasions, such as the change-of-ownership ceremony twice a year.

Quoteable Quotes

"Knowledge rests not upon truth alone, but upon error also."
 —Carl Jung

"If I waited for perfection, I would never write a word."
 —Margaret Atwood

What's Happening

Sept 22. A Night with the Stars. Join us from 7 to 9 pm, as we welcome the Calgary Centre of the Royal Astronomical Society. Drop in and enjoy free telescope viewing of the night sky, crafts for kids, a blow-up indoor planetarium, and much more! Learn more at www.cochranepubliclibrary.ca

German Canadian Club of Red Deer County Christmas Market. The GCC is looking for vendors for this popular Christmas Market event on Nov 4 in Red Deer County. Please contact Henrietta at 403.346.6610 or Donna at 403.343.1744 to secure a spot.

GET IN WHAT'S HAPPENING - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

- "A ring around the Sun or Moon" means what is coming soon?
- Did Betty Crocker or Ruth Wakefield invent the chocolate chip cookie?
- What is considered the national sport of China?
- The English Horn is a brass or woodwind instrument?
- Who is considered the "father" of the helicopter?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing

NEW PATIO NOW OPEN AT SMITTY'S COCHRANE!

Come home to **Smitty's**
 Canada's Family Restaurant Since 1960
 28 - 312 Fifth Ave., Cochrane | Open 8 am to 7 pm

ALL YOUR FAVOURITES... ALL DAY LONG

Unsure of the next step?
 SCARED
 CONFUSED
 SAD
 LONELY

CALL ACCESS MENTAL HEALTH TO DISCUSS YOUR OPTIONS.
 We can help.

403.943.1500
1.844.943.1500 TF

ADDITION AND MENTAL HEALTH Information & Referral - Calgary Zone
 Alberta Health Services Access Mental Health

Thank You
 to all the distributors that display **Coffee News®**

We are proud to be partners with you in providing "News to enjoy over coffee!"

Interested in having us in your restaurant or coffee shop? Call us for availability in your area...

Lock out your competition!

Coffee News® only allows one advertiser from each industry, so when you advertise your business, your competitors can't.

Call to lock out your competitors today!

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Calgary, Red Deer, and Edmonton

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries
 YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeneews

Real Experience. Real Results.

Lee Edwards Associate
 403.540.0540
lee@braggcreekrealestate.com

Proudly Serving Cochrane, Springbank, and Bragg Creek

- 44 years experience
- Pinnacle award top 1% since 2014

MaxWell
 Canyon Creek

www.braggcreekrealestate.com

Donate a Car to the Charity of Your Choice

DONATE A CAR CANADA 1-877-250-4904
www.donatecar.ca

Call today and receive a
FREE SHOWER PACKAGE
PLUS \$1600 OFF

SAFE STEP
WALK-IN TUB
1-844-995-4468

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

inogen

**FREEDOM.
TO BE YOU.**

Call 1-833-301-1878
for a free consultation.



ENTER TO WIN!

Find the hidden Coffee News guy...
Then send your name and full address via email to amy@bvcoffeenews.ca or enter online at www.bvcoffeenews.ca

Hint: He's about this big in one of the ads

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

**THIS MONTH'S
CONTEST
SPONSOR**

Smitty's

28 -
312 Fifth
Ave.
Cochrane

Your Weekly Horoscope

ARIES
(March 20 - April 19)



You may be determined now to break through an old issue that is an obstacle to your current progress. Perhaps you should consider graciously asking others to assist you. Lucky numbers: 2, 8, 14, 23, 40, 45.

TAURUS
(April 20 - May 20)



Taurus is often cautious in taking risks, especially if it requires trusting others. There is a potential now to make an adjustment in your ability to discern whom to trust. Lucky numbers: 10, 11, 16, 18, 30, 41.

GEMINI
(May 21 - June 20)



At midweek, you may find yourself in a quandary of opposing possibilities. Be aware of jumping impulsively into action, and consider postponing any important decisions for a few days. Lucky numbers: 6, 11, 21, 36, 39, 45.

CANCER
(June 21 - July 21)



Late this week you may be emotionally spinning over whatever insecurities you feel about yourself. Can you gain any insight about these feelings before this period of several days passes? Lucky numbers: 4, 12, 14, 15, 34, 40.

LEO
(July 22 - Aug. 22)



Leo's strong, sunny energy sometimes exhibits a child-like demeanor that can be too self-focused. This month you may have an opportunity to equally focus on the needs of others. Lucky numbers: 8, 17, 23, 33, 40, 44.

VIRGO
(Aug. 23 - Sept. 22)



Leadership needs a balance of results and relationships. Virgos often focus more on results. There may be an opportunity this month to improve your balance of these two elements. Lucky numbers: 7, 28, 32, 35, 36, 43.

LIBRA
(Sept. 23 - Oct. 22)



This month the Sun comes back into the same position as it was on your birth date. It is a good time to take stock and plan new goals. Lucky numbers: 3, 8, 13, 29, 32, 35.

SCORPIO
(Oct. 23 - Nov. 21)



You may experience some intense emotions at the beginning of the week. If so, take a step back and breathe. This dynamic should only last a few days, so be patient. Lucky numbers: 11, 13, 24, 33, 36, 44.

SAGITTARIUS
(Nov. 22 - Dec. 20)



Your enthusiasm and optimism are highlighted at midweek. This encourages you to dream big, but you may want to wait a few days to act on your new plans. Lucky numbers: 7, 15, 21, 30, 36, 39.

CAPRICORN
(Dec. 21 - Jan. 19)



Information from your unconscious may shine a light on an old, painful situation. If you are proactive, an opportunity may arise to release any remaining trauma and resolve the issue. Lucky numbers: 9, 13, 24, 30, 47, 48

AQUARIUS
(Jan. 20 - Feb. 18)



Human evolution is an important theme for many Aquarians. Sometimes this may feel like a hopeless challenge, but striving for grace and diplomacy can help you make progress this month. Lucky numbers: 12, 16, 22, 23, 32, 40.

PISCES
(Feb. 19 - March 19)



Pisces sometimes have difficulty setting boundaries. Right now this may be causing a stalemate for you. How can you make an adjustment that provides a win-win for everyone? Lucky numbers: 5, 6, 19, 25, 41, 47.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 7.

Did You Know...

Movie mania: The first full-length animated film to grace the world was not, as one might expect, something from the Disney studio. Rather, it was called *El Apóstol* and was made by an Argentinian named Quirino Cristiani in 1917.

No big signs: Landscapes around the world are cluttered with billboards. In 1927, before it was a state, Hawaii (U.S.) passed a law prohibiting them. Later, the states of Vermont, Maine, and Alaska followed suit.

Lots of fun: Near Copenhagen, Denmark, is a place where people have been having fun for centuries. Called Bakken, or officially Dyrehavsbakken, it is the oldest amusement park in the world. It has been around since 1583.

Carrot tops: If you have carrots from the garden or a farm, don't throw away the greens. They can be chopped, ground, and pureed into marinades, soups, stews, and stocks, among other foods.

Don't touch! An octopus that lives around coral reefs, from Japan to Australia, is called the blue-ringed octopus. With yellow skin with distinct blue and black circles, they are extremely poisonous.

On the Lighter Side

Your fingers are a lot like the hardware store. They've both got a lot of nails.

First sheep: "Moo."
Second sheep: "Why did you say 'moo'?"
First sheep: "I'm learning a foreign language."

I used to work as a hairdresser, but I just wasn't cut out for it.

Silence is sometimes the best answer.

Knock! Knock! *Who's there?* Scold. *Scold who?* It's scold out there!

Answers

Trivia answers: 1. Rain or snow 2. Ruth Wakefield 3. Table tennis 4. Woodwind 5. Igor Sikorsky

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Mad Mama Marketing

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments...
help is just a call away with Certified Podologist, Marion.



Toes On The Go Footcare

Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

Real Experience. Real Results.

Lee Edwards Associate
403.540.0540
lee@braggcreekrealestate.com

Proudly Serving Cochrane,
Springbank,
and Bragg
Creek

✓ 44 years experience
✓ Pinnacle award top 1% since 2014



MaxWell
Canyon Creek

www.braggcreekrealestate.com

Congratulations
to our most
recent winners
of a prepaid
\$400 Visa card!

Braithwaite Boyle
Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit
www.accidentinjurylawyer.com/coffeenews

June 1 Draw Winners

Frank H. from Sylvan Lake
Sandy P. from Calgary
Steven R. from Lethbridge

July 1 Draw Winners

Rodney B. from Lethbridge
Brian P. from Edmonton
Natasha W. from Red Deer

August 1 Draw Winners

Fiona L. from Edmonton
Paige H. from Red Deer
Ellery T. from Calgary

**This Space
FOR RENT**
780-220-6397

Recipe of the month

Zucchini Bites

2 cups shredded zucchini
1 cup Panko breadcrumbs
1/2 cup Parmesan cheese
1 large egg
1 tablespoon vegetable oil

1/2 teaspoon garlic powder
1/2 teaspoon paprika
1/2 teaspoon Italian seasoning
1/2 teaspoon salt (or to taste)
1/4 teaspoon ground black pepper (or to taste)

Total Time: 25 min. Yield: 20 pieces/4 servings

- Use a box grater or food processor to shred the zucchini.
- In a large mixing bowl, combine shredded zucchini, breadcrumbs, Parmesan, egg, oil, garlic powder, paprika, Italian seasoning, salt, and pepper. Mix well until evenly combined.
- Take 2 spoonfuls of the zucchini mixture at a time and shape into 1.5-inch balls. Set aside on a plate.
- Bake in a 375F preheated oven for 15 minutes until golden brown.
- Serve immediately with your favourite dipping sauce, if desired.

Source:
<https://www.aheadofthyme.com>

**TOP \$\$\$ PAID FOR
SCRAP CARS**

DJ'S
TOWING
AND SCRAP
CAR REMOVAL



CALL FOR A QUOTE:
403.922.2412

If this was your ad...



it would have been seen now!

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY
TAX CREDIT
\$30,000 LUMP SUM
REFUND



COPD, arthritis, and many other disabling conditions that cause
Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

Just hatching a new business?

CHECK OUT
Coffee News
ADVERTISING!

- People need to know about you!
- Reach thousands of local readers every single week
- Exclusive, affordable advertising



It's a crackin' good deal!

Enjoy Reading Coffee News?

Tell our advertisers! They make the paper possible.

Discover the **Coffee News** Advantage!