

**Tinnitus Therapy**  
available using new Stytleto

Rechargeable Hearing Aids Available

Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?

Call for an appointment

Unique and beautifully designed hearing aid

Signia Stytleto

**EYES + EARS**  
OPTICAL + HEARING CO.  
403.790.2020 • 4502-50 Street, Ponoka

FINANCING FOR HEARING AIDS NOW AVAILABLE

**FREE!** New Issue Every Week!

**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

Ponoka Edition  
877-553-6397

www.coffee-news.ca

Vol. 20 No. 41 October 9, 2023

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO

Are you a business owner/office manager?  
Have 3-20 employees in your office?  
Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800  
https://zettatelecom.com

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

GOT SOME FREE TIME?

**VOLUNTEER WITH US!**

MISSION THRIFT STORE

Save more than money!

For more information, stop by our store at 5101-51 Avenue, Ponoka or call Leigh at 403-790-0012

**Improve Your Overall Health & Performance!**

Support your active lifestyle by empowering your joints and bones.

Choose one of our Collagen supplement(s) to help to promote mobility, strength and vitality. Go ahead and embrace that youthful glow!

vennerbrandlabs.com

780.441.1891 vennerbrand@gmail.com  
vennerbrandinc

FREE SHIPPING ON ORDERS OVER \$150

**Pregnant? Facing Difficult Decisions?**

We can help.  
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources and Advice
- Adoption Information

www.smallmiraclesadoption.com

TOYS | CANDY | WOOL | YARN | GIFTS

**STAR STORE**  
Gifts & Wool

at The Wetaskiwin Heritage Museum Downtown

100% OF PROCEEDS SUPPORT OUR PROGRAMS AND SERVICES

Head for the Star on Main Street: 5007 - 50 Ave.

NOW SERVING BEANS COFFEE and TEA!

**Quality Water Solutions**  
...AT THE SOURCE!

EVOLUTION WATER WELL DRILLING

- Water Well Drilling
- Site Evaluations
- Well and Pump Maintenance and Repair
- Shock Chlorination
- Well Abandonment

CONTACT US TODAY FOR AN ONSITE ESTIMATE  
403.922.1729 | www.evolutionwaterwelldrilling.ca

**BLUE BLOODS**

MON - THURS 9:00

yesTV

**Everybody's Talking**

**Tilted building:** Italy's Leaning Tower of Pisa isn't the only building in the world that looks like it might fall over at any minute. Taiwan's Chiayi County is home to the Taihe Zhenxing Palace, which is tipped at an angle of approximately 45 degrees. This structure was not built that way. Rather, in 2009, a strong typhoon caused rainfall and mudslides that moved the building downhill, many metres from its original spot. The structure is still intact, but its crazy angle is something to see. The palace is situated in an out-of-the-way location, but that doesn't stop tourists from coming to take pictures of the curious sight

**Acorn stash:** A woodpecker in Santa Rosa, California (U.S.), was planning ahead. The bird had pecked many holes in the siding of a family's home and deposited hundreds of acorns into each one. The family knew they had a big problem when they noticed the holes, so they asked Nick's Extreme Pest Control to come to the rescue. When company owner Nick Castro cut into an interior wall, piles upon piles of acorns came tumbling out. In the end, Castro estimated that he cleared out 700 pounds of the nuts. The family ended up re-siding their home, and Woody the Woodpecker had to find a new place to stash its stockpile.

**Bummer of a hum:** The village of Holmfild, in West Yorkshire, England, is troubled by a mysterious sound, dubbed the Holmfild Hum. Not all residents can hear it, but for those who can, it's quite annoying because it affects their sleep and quality of life. The noise is apparently low frequency and can be compared to the sound of a washing machine or a diesel truck that has been left idling. Authorities in the village have hired experts to find out the cause, but so far, no luck. Of course they'll keep trying, but possibly some residents can hear the rumblings from industry in the area, and others do not.

**Long train:** What better way to celebrate a country's 175 years of rail travel than to drive the longest passenger train in the world through the Swiss Alps? That is what Rhaetische Bahn railway accomplished when it put 100 passenger cars together to make a train that measured 1.9 kilometres (1.2 mi.) long. The train took a 25-kilometre (15.5-mi.) journey through a terrain of sharp turns with many ups and downs, 22 tunnels, and 48 bridges. It went from Preda to Bergun in the eastern part of Switzerland. The feat involved seven drivers who had the skill to coordinate, with perfect synchronization, both acceleration and breaking. Luckily, they completed the trip with perfection.

**Quoteable Quotes**

"The best way out is always through." —Robert Frost  
"Being stylish is about enjoying your life and expressing yourself and your inner light." —Tori Amos

**What's Happening**

**Sep 12 - Ongoing Recreational Dance Class** Camrose Academy of Dance is offering FREE 6-week recreational community dance sessions to 3-8-year olds wanting to experience the art of dance for the first time! Email cadance@telus.net or call 780-672-8538 for more info

**Oct 14 - Business Awards** Join the Ponoka District Chamber of Commerce in celebrating local business. Visit ponokachamber.ca for more information

NON profit organizations may submit events for FREE at www.coffee-news.ca

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Recipe of the month**

**Apple Cider Pork Chops**

2 tablespoons olive oil  
6 boneless pork loin chops (6 to 8 ounces each), about 3/4 inch thick  
1 garlic clove, minced  
1 tablespoon Dijon mustard  
1 teaspoon honey  
1/2 teaspoon apple pie spice

1/2 teaspoon coarsely ground pepper  
1/4 teaspoon dried thyme  
1/4 teaspoon salt  
1 cup apple cider  
1 tablespoon plus 1 teaspoon cornstarch  
2 tablespoons water  
Minced fresh parsley

Prep/Total Time: 25 min. Yield: 6 servings

- In a large skillet, heat olive oil over medium heat. Brown pork chops on both sides.
- Meanwhile, in a small bowl, combine next 7 ingredients; stir in apple cider. Pour over pork chops. Reduce heat to medium-low; cook, covered, until a thermometer inserted into chops reads 145°, 4-5 minutes. Remove chops from skillet; let stand for 5 minutes.
- In a small bowl, mix cornstarch and water until smooth; stir into cider mixture in skillet. Return to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Pour over chops; sprinkle with fresh parsley.

Source: https://www.tasteofhome.com

**Call today to book your appointment!**

We only want to make you SMILE

**Millet Denture Clinic**

780.387.3311 • 5022 - 50 Street, Millet  
BARB UNGER, DD • barb@milletdenture.ca

**EXPECT THE UNEXPECTED** Molly's COBWEBS & CURIOSITIES

- Antique
- Vintage
- Retro
- Unique
- Hand-crafted

ANTIQUE MALL AND MERCANTILE

5010-49 Ave., Ponoka

As of Sept. 1: 10 am - 5:30 pm Tues-Sat | Closed Sun & Mon

Congratulations to our most recent winners of a prepaid \$400 Visa card!

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

June 1 Draw Winners: Frank H. from Sylvan Lake, Sandy P. from Calgary, Steven R. from Lethbridge

July 1 Draw Winners: Rodney B. from Lethbridge, Brian P. from Edmonton, Natasha W. from Red Deer

August 1 Draw Winners: Fiona L. from Edmonton, Paige H. From Red Deer, Ellery T. from Calgary

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish.

Visit makeawish.ca

**Trivia**

1. This condition means having extra fingers or toes.
2. The Beatles's debut single was released in 1960, 1962, or 1964?
3. In England, how do you address someone who has been knighted?
4. Did the popular dish veal scaloppini originate in Germany or Italy?
5. An indigo bunting is a baby blanket, small bird, or bucket to dye cloth?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

**HAPPY Thanksgiving**

from your friends at Coffee News

The World's #1 Restaurant Publication!

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!  
*They are the next Finest candles you will EVER find!*



**PSC**  
Prairie Scented Candles  
a RAY of Fragrance  
prairiescentedcandles@gmail.com  
www.prairiescentedcandles.com

**PROVEN EXPERTISE**  
**FREE ESTIMATES**

**HALAS ROOFING**  
Dennis Halas Agencies Ltd.  
NEW & RE-ROOFING

- Top rated roofing materials
- Family run for 25+ yrs.
- Licensed, insured & WCB

Edmonton Area: 780.893.9751 • Wetaskiwin Area: 780.312.8074  
dennishalasshaw.ca • www.halasroofing.ca

Halas provides a 50 Year Extended Warranty including a 25 Year Workmanship Warranty!




Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
1-855-977-9805

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445


**FREE COMPARATIVE MARKET ANALYSIS**

Your **"SMART choice"** in Real Estate

• Serving Ponoka and Area  
• 16 years experience

Call or text today:  
**403-325-0372**

**Deb Hoar**  
ROYALEPAGE LIFESTYLES REALTY



**SHOP ONLINE!**  
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Learn to SCUBA DIVE at our Edmonton location - call for details  
11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**  
SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: www.coldshotca.com  
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**WEBSITES**  
From \$129/Month

**(780) 760-6922**  
FRONTLINECONSULTING.CA

Can't get to your **Coffee News** each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions



# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

Have you navigated your demons that are rooted in old trauma? If so, perhaps telling your story to others could help them now. Your journey might inspire them. Lucky numbers: 1, 12, 13, 16, 17, 31.

**TAURUS**  
(April 20 - May 20)

Taurus-born often emulate the sign's glyph of a bull, pushing alone through obstacles to achieve success. This week you may have an opportunity to talk to others and ask for assistance. Lucky numbers: 12, 14, 18, 28, 32, 35.

**GEMINI**  
(May 21 - June 20)

The Gemini communication style more often has its source in your mind rather than your emotions. This week may offer an opportunity to connect with more feelings than usual. Lucky numbers: 13, 18, 25, 29, 41, 42.

**CANCER**  
(June 21 - July 21)

You may feel conflicted this week about what you want or need. You might want to take time to analyze it, but wait a few days to make any life changes. Lucky numbers: 1, 8, 19, 36, 42, 43.

**LEO**  
(July 22 - Aug. 22)

You may find a sense of peace and harmony within yourself at midweek. This might only last a few days. Consider how to take advantage of it to initiate positive change. Lucky numbers: 1, 15, 18, 27, 33, 36.

**VIRGO**  
(Aug. 23 - Sept. 22)

Early this week may be a good time to capitalize on your ability to refine the details of a situation. Just be careful not to be too picky when talking to others. Lucky numbers: 9, 13, 39, 44, 45, 47.

**LIBRA**  
(Sept. 23 - Oct. 22)

Do you have a long-term goal you want to achieve? This week may be a good time to start planning objectives for the next six months to a year. Lucky numbers: 9, 15, 25, 28, 41, 45.

**SCORPIO**  
(Oct. 23 - Nov. 21)

For the next six weeks, you may experience increased energy and ambition. This may help you achieve what you want. Just be careful of coming into conflict with others. Lucky numbers: 3, 10, 22, 34, 41, 48.

**SAGITTARIUS**  
(Nov. 22 - Dec. 20)

The natural optimism of Sagittarius may be heightened for you at midweek. This might be a good time to achieve a small goal or one part of a larger goal. Lucky numbers: 6, 13, 27, 35, 36, 40.

**CAPRICORN**  
(Dec. 21 - Jan. 19)

Pluto has been in Capricorn since 2008, and another year will pass before it fully moves away. What would you like to keep from this period and what will you let go? Lucky numbers: 8, 9, 15, 17, 42, 46.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

Aquarians sometimes come across as emotionally cold. There is the potential at midweek to add more charm to your demeanour. How could you keep this quality going forward? Lucky numbers: 1, 11, 15, 25, 39, 41.

**PISCES**  
(Feb. 19 - March 19)

The challenge for Pisces over the next two years is how to build a structure for your ideals. It may be a good time to create a plan for implementation next year. Lucky numbers: 7, 8, 10, 21, 25, 42.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 27.

## Did You Know...

**Strange call:** The American bittern, a kind of heron, is hard to find in the reeds but is easy to hear. Its call has an odd, booming and gulping quality that is said to sound like "pump-er-lunk."

**Good trousers:** Levi Strauss and Jacob Davis invented blue jeans, now a favourite wardrobe item, in 1873. Made of denim and sporting riveted pockets, the first blue jeans were durable trousers for labourers to wear when working.

**Wanted doll:** In the 1930s, little girls yearned to get a Shirley Temple doll as a gift. The doll was fashioned after the child star of the same name and was complete with curly hair and dimples.

**Climbing high:** The highest North American mountain is Denali, formerly Mt. McKinley, in Alaska (U.S.). Mountaineers Walter Harper, Harry Karstens, Hudson Stuck, and Robert Tatum made the first recorded summit, June 7, 1913.

**Special teacher:** Helen Keller, who was both deaf and blind, was 6 years old in 1887 when she met her teacher, Anne Sullivan. Sullivan taught her skills that led to Keller graduating from college and becoming an international lecturer.

## On the Lighter Side

My friend gave me a tonne of clay. I don't know what to make of it.

The fishing company had a very catchy slogan: "Yes, We Can!"

What's the hardest working part of your eye? The pupil.

Bob: "Want to see the world's fastest magic trick?"

Rob: "Go on."

Bob: "Want to see it again?"

Knock! Knock! Who's there? Aldo. Aldo who? Aldo anywhere with you!

## Answers

**Trivia answers:** 1. Polydactyl 2. 1962 3. Sir or Dame 4. Italy 5. Small bird

For available franchise opportunities - visit coffeenewscanada.com  
© Published with Permission by Capital Marketing Ltd

**GENERAC**

Prepare for power outages today  
WITH A HOME STANDBY GENERATOR

**FREE**  
7-Year Extended Warranty\*  
An \$895 Value!

**REQUEST A FREE QUOTE**  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(888) 688-0973**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**  
Contact us:  
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967




**THE ONE 89.7 FM**  
PONOKA'S BEST COUNTRY



**inogen**

**FREEDOM. TO BE YOU.**

Call 1-888-998-6714 for a free consultation.

MKT-PO240



**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!



**When YOU Get Paid We Get Paid**

Helping You Maximize Your Financial And Physical Recovery!

**Braithwaite Boyle**  
Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries  
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)




**Need ONE More Reason to Join?**

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

**LegalShield** 1-877-579-9449

