

# Recipe of the month

## Apple Cider Pork Chops

2 tablespoons olive oil  
6 boneless pork loin chops (6 to 8 ounces each), about 3/4 inch thick  
1 garlic clove, minced  
1 tablespoon Dijon mustard  
1 teaspoon honey  
1/2 teaspoon apple pie spice

1/2 teaspoon coarsely ground pepper  
1/4 teaspoon dried thyme  
1/4 teaspoon salt  
1 cup apple cider  
1 tablespoon plus 1 teaspoon cornstarch  
2 tablespoons water  
Minced fresh parsley


Prep/Total Time: 25 min. Yield: 6 servings

- In a large skillet, heat olive oil over medium heat. Brown pork chops on both sides.
- Meanwhile, in a small bowl, combine next 7 ingredients; stir in apple cider. Pour over pork chops. Reduce heat to medium-low; cook, covered, until a thermometer inserted into chops reads 145°, 4-5 minutes. Remove chops from skillet; let stand for 5 minutes.
- In a small bowl, mix cornstarch and water until smooth; stir into cider mixture in skillet. Return to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Pour over chops; sprinkle with fresh parsley.

Source: <https://www.tasteofhome.com>

## This Space FOR RENT

# 780-220-6397



## YAMNUSKA WOLFDOG SANCTUARY

Located at 263156 Range Rd 53, on the 1A Hwy

A non-profit organization that oversees the rescue and safe sanctuary for wolfdogs that have been neglected, abandoned, or otherwise displaced.

Through its educational programs, the Sanctuary discusses the challenges of wolfdog ownership and promotes responsible ownership by outlining what a suitable home should look like. The Sanctuary also touches on the importance of preserving wolves in the wild!

For further details about our mission, please call 587-890-WOLF (9653) or visit [yamnuskawolfdogsanctuary.com](http://yamnuskawolfdogsanctuary.com). You can also find details there about our Intro Tours and Interactive Tours, including pertinent age restrictions.

## ENTER TO WIN!

Find the hidden Coffee News guy... Hint: He's about this big in one of the ads

Then send your name and full address via email to [amy@bvcoffeeneews.ca](mailto:amy@bvcoffeeneews.ca) or enter online at [www.bvcoffeeneews.ca](http://www.bvcoffeeneews.ca)

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

THIS MONTH'S CONTEST SPONSOR

colorSTREET

[www.oursuperglamnails.com](http://www.oursuperglamnails.com)

## FOR ALL YOUR ELECTRICAL NEEDS!

RESIDENTIAL-COMMERCIAL-INDUSTRIAL SERVICE & CONSTRUCTION

WORKING IN AIRDRIE & AREA FOR OVER 25 YRS!



**IMPACT ELECTRIC (1993) LTD.**  
403-948-3004

#12, 25 East Lake Circle, Airdrie  
[impaclectric@rocketmail.com](mailto:impaclectric@rocketmail.com)

## Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

## Toes On The Go Footcare

Call today for more information: 403-620-7851  
[marion@toesonthego.care](mailto:marion@toesonthego.care) • [toesonthego.care](http://toesonthego.care)

Helping Adoptable Dogs and Cats Find Loving Homes

## CAN YOU HELP?



pause4change rescue foundation

[www.pause4change.com](http://www.pause4change.com)

DONATE VOLUNTEER FOSTER

FREE! New Issue Every Week!

# Coffee News®

"News To Be Enjoyed Over Coffee"

Airdrie Edition  
780-220-6397



[www.bvcoffeeneews.ca](http://www.bvcoffeeneews.ca)  
[amy@bvcoffeeneews.ca](mailto:amy@bvcoffeeneews.ca)

Vol. 2023 No. 41 October 9, 2023

## Everybody's Talking

**Tilted building:** Italy's Leaning Tower of Pisa isn't the only building in the world that looks like it might fall over at any minute. Taiwan's Chiayi County is home to the Taihe Zhenxing Palace, which is tipped at an angle of approximately 45 degrees. This structure was not built that way. Rather, in 2009, a strong typhoon caused rainfall and mudslides that moved the building downhill, many metres from its original spot. The structure is still intact, but its crazy angle is something to see. The palace is situated in an out-of-the-way location, but that doesn't stop tourists from coming to take pictures of the curious sight

**Acorn stash:** A woodpecker in Santa Rosa, California (U.S.), was planning ahead. The bird had pecked many holes in the siding of a family's home and deposited hundreds of acorns into each one. The family knew they had a big problem when they noticed the holes, so they asked Nick's Extreme Pest Control to come to the rescue. When company owner Nick Castro cut into an interior wall, piles upon piles of acorns came tumbling out. In the end, Castro estimated that he cleared out 700 pounds of the nuts. The family ended up re-siding their home, and Woody the Woodpecker had to find a new place to stash its stockpile.

**Bummer of a hum:** The village of Holmfied, in West Yorkshire, England, is troubled by a mysterious sound, dubbed the Holmfied Hum. Not all residents can hear it, but for those who can, it's quite annoying because it affects their sleep and quality of life. The noise is apparently low frequency and can be compared to the sound of a washing machine or a diesel truck that has been left idling. Authorities in the village have hired experts to find out the cause, but so far, no luck. Of course they'll keep trying, but possibly some residents can hear the rumblings from industry in the area, and others do not.

**Long train:** What better way to celebrate a country's 175 years of rail travel than to drive the longest passenger train in the world through the Swiss Alps? That is what Rhaetische Bahn railway accomplished when it put 100 passenger cars together to make a train that measured 1.9 kilometres (1.2 mi.) long. The train took a 25-kilometre (15.5-mi.) journey through a terrain of sharp turns with many ups and downs, 22 tunnels, and 48 bridges. It went from Preda to Bergun in the eastern part of Switzerland. The feat involved seven drivers who had the skill to coordinate, with perfect synchronization, both acceleration and breaking. Luckily, they completed the trip with perfection.

## Quoteable Quotes

"The best way out is always through." —Robert Frost

"Being stylish is about enjoying your life and expressing yourself and your inner light." —Tori Amos

## What's Happening

**German Canadian Club of Red Deer County Christmas Market.** The GCC is looking for vendors for this popular Christmas Market event on Nov 4 in Red Deer County. Please contact Henrietta at 403.346.6610 or Donna at 403.343.1744 to secure a spot.

**Nov 4. German Canadian Club of Red Deer County Christmas Market.** Come out for this popular Christmas Market. 10a - 4p, Nov 4th at 38167 RR280 in Red Deer County.

GET IN WHAT'S HAPPENING - Submit your event to [www.bvcoffeeneews.ca](http://www.bvcoffeeneews.ca) and be seen here by thousands of readers each week. Please give 6 weeks notice

## Trivia

- This condition means having extra fingers or toes.
- The Beatles's debut single was released in 1960, 1962, or 1964?
- In England, how do you address someone who has been knighted?
- Did the popular dish veal scaloppini originate in Germany or Italy?
- An indigo bunting is a baby blanket, small bird, or bucket to dye cloth?

(Flip bottom of page for answers)

© Published with Permission by Mad Mama Marketing

(Over)

## When YOU Get Paid We Get Paid

Over HALF A BILLION Recovered For Our Clients!

# Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Calgary, Red Deer, and Edmonton

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeeneews](http://www.accidentinjurylawyer.com/coffeeneews)



A cozy little cabin filled with a variety of treasures!

- Crystals & Gems • Gemstone Jewellery
- Sterling Silver Chains
- Himalayan Salt Lamps • SongPods
- Tibetan & Crystal Singing Bowls
- Gemstone Lamps
- Books, Decks & CDs

Check our website calendar for upcoming workshops and events!

Angel Card Readings with Charlene Money, AGP/AAEP. Call for details!

403.946.5802

## COUNTRY GARDEN CRYSTALS

Located west of Crossfield - see website for directions: [www.countrygardencrystals.ca](http://www.countrygardencrystals.ca)  
Open Thursday thru Monday, 10 a.m. - 5 p.m. (Closed Tuesday and Wednesday)

## 6 GARNEAU GATE

RE/MAX House of Real Estate

CARSTAIRS

\$639,900

So much natural light, and the views are spectacular!

Call me to view!

Dione J. Irwin ASSOCIATE  
403.970.9424  
[www.dioneirwinteam.com](http://www.dioneirwinteam.com)

Fully dev. walkout bungalow | True oasis with oversized garage | Huge primary suite

## FOR ALL YOUR ELECTRICAL NEEDS!

RESIDENTIAL-COMMERCIAL-INDUSTRIAL SERVICE & CONSTRUCTION

WORKING IN AIRDRIE & AREA FOR OVER 25 YRS!



**IMPACT ELECTRIC (1993) LTD.**  
403-948-3004

#12, 25 East Lake Circle, Airdrie  
[impaclectric@rocketmail.com](mailto:impaclectric@rocketmail.com)

## CEDARWOOD STATION

Let us welcome you home  
403-945-2222  
[cedarwoodstation.ca](http://cedarwoodstation.ca)

Scan or call to book your visit

304 First Avenue N.W., Airdrie, AB



Unsure of the next step?

CALL ACCESS MENTAL HEALTH TO DISCUSS YOUR OPTIONS. We can help.

403.943.1500  
1.844.943.1500 TF

ADDITION AND MENTAL HEALTH Information & Referral - Calgary Zone

Alberta Health Services Access Mental Health



Congratulations to our most recent winners of a prepaid \$400 Visa card!

June 1 Draw Winners: Frank H. from Sylvan Lake, Sandy P. from Calgary, Steven R. from Lethbridge

July 1 Draw Winners: Rodney B. from Lethbridge, Brian P. from Edmonton, Natasha W. from Red Deer

August 1 Draw Winners: Fiona L. from Edmonton, Paige H. from Red Deer, Ellery T. from Calgary

## Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

For contest rules, visit [www.accidentinjurylawyer.com/coffeeneews](http://www.accidentinjurylawyer.com/coffeeneews)

**IMPROVE YOUR LEADERSHIP AND COMMUNICATION SKILLS**



Are you looking to:


- Get a new job or promotion?
- Be a more effective leader?
- Feel more comfortable when presenting your ideas?

Inspired Toastmasters can help. Contact us today!

www.inspired.toastmastersclubs.org  
vpm-597384@toastmastersclubs.org  
vppr-597384@toastmastersclubs.org

**airdrie snow removal**

Your outdoor needs are our specialty



LANDSCAPING SNOW REMOVAL

Contact Cyrus:  
cyrus@cyruslandscaping.ca  
**403.212.0606**

**THE BEST IN Vein Treatment SERVICES**

Tired of ugly veins? We offer sclerotherapy to remove unsightly spider, reticular and varicose veins. And best of all - no downtime!

Call now: **403-980-2662**

**SILVERFERN**  
AESTHETICS AND VEIN MEDISPA  
LOCATED AT ANNA'S SPA AND WELLNESS, AIRDRIE  
SILVERFERNMEDISPA.COM

"Everyone will notice... but no one will know."

**I take care of the paperwork...**

So you can take care of your business!

- Day to Day
- Monthly Reconciliations
- Year End Prep
- Cleanup

**PHOENIX RISING**  
Bookkeeping **905.379.7717**  
KATHLEEN WILLIAMS, Owner  
@phoenixrisingbk

905.379.7717 | www.PhoenixRisingBK.ca

**TOP \$\$\$ PAID FOR SCRAP CARS**

**DJ'S TOWING AND SCRAP CAR REMOVAL**

CALL FOR A QUOTE:  
**403.922.2412**

**NOW OPEN IN COCHRANE!**

ACCESSIBLE WELLNESS SOLUTIONS

THE BOW VALLEY'S ALL-INCLUSIVE ALTERNATIVE THERAPY CENTRE

we offer:

- Deep Tissue Massage
- Aqualead
- Aromatherapy
- Intense Healing Breath Work
- Crystal Therapy
- Ear Candling
- Fire Cupping
- ION Foot Detox
- Reiki • Reflexology
- Sound Therapy
- Tarot Reading
- Quantum Healing

Book your own rejuvenating retreat, ...or one with a few of your friends!

**YOGA** PRIVATE & COUPLES

**403-609-8716**  
124 River Avenue, Cochrane (above Bike Brothers)  
kayla@positivehealing.ca  
www.positivehealing.ca

POSITIVE HEALING  
CRYSTALS | YOGA | ALTERNATIVE THERAPY

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**

Have you navigated your demons that are rooted in old trauma? If so, perhaps telling your story to others could help them now. Your journey might inspire them. Lucky numbers: 1, 12, 13, 16, 17, 31.

**TAURUS (April 20 - May 20)**

Taurus-born often emulate the sign's glyph of a bull, pushing alone through obstacles to achieve success. This week you may have an opportunity to talk to others and ask for assistance. Lucky numbers: 12, 14, 18, 28, 32, 35.

**GEMINI (May 21 - June 20)**

The Gemini communication style more often has its source in your mind rather than your emotions. This week may offer an opportunity to connect with more feelings than usual. Lucky numbers: 13, 18, 25, 29, 41, 42.

**CANCER (June 21 - July 21)**

You may feel conflicted this week about what you want or need. You might want to take time to analyze it, but wait a few days to make any life changes. Lucky numbers: 1, 8, 19, 36, 42, 43.

**LEO (July 22 - Aug. 22)**

You may find a sense of peace and harmony within yourself at midweek. This might only last a few days. Consider how to take advantage of it to initiate positive change. Lucky numbers: 1, 15, 18, 27, 33, 36.

**VIRGO (Aug. 23 - Sept. 22)**

Early this week may be a good time to capitalize on your ability to refine the details of a situation. Just be careful to not be too picky when talking to others. Lucky numbers: 9, 13, 39, 44, 45, 47.

**LIBRA (Sept. 23 - Oct. 22)**

Do you have a long-term goal you want to achieve? This week may be a good time to start planning objectives for the next six months to a year. Lucky numbers: 9, 15, 25, 28, 41, 45.

**SCORPIO (Oct. 23 - Nov. 21)**

For the next six weeks, you may experience increased energy and ambition. This may help you achieve what you want. Just be careful of coming into conflict with others. Lucky numbers: 3, 10, 22, 34, 41, 48.

**SAGITTARIUS (Nov. 22 - Dec. 20)**

The natural optimism of Sagittarius may be heightened for you at midweek. This might be a good time to achieve a small goal or one part of a larger goal. Lucky numbers: 6, 13, 27, 35, 36, 40.

**CAPRICORN (Dec. 21 - Jan. 19)**

Pluto has been in Capricorn since 2008, and another year will pass before it fully moves away. What would you like to keep from this period and what will you let go? Lucky numbers: 8, 9, 15, 17, 42, 46.

**AQUARIUS (Jan. 20 - Feb. 18)**

Aquarians sometimes come across as emotionally cold. There is the potential at midweek to add more charm to your demeanour. How could you keep this quality going forward? Lucky numbers: 1, 11, 15, 25, 39, 41.

**PISCES (Feb. 19 - March 19)**

The challenge for Pisces over the next two years is how to build a structure for your ideals. It may be a good time to create a plan for implementation next year. Lucky numbers: 7, 8, 10, 21, 25, 42.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 27.

## Did You Know...

- Strange call:** The American bittern, a kind of heron, is hard to find in the reeds but is easy to hear. Its call has an odd, booming and gulping quality that is said to sound like "pump-er-lunk."
- Good trousers:** Levi Strauss and Jacob Davis invented blue jeans, now a favourite wardrobe item, in 1873. Made of denim and sporting riveted pockets, the first blue jeans were durable trousers for labourers to wear when working.
- Wanted doll:** In the 1930s, little girls yearned to get a Shirley Temple doll as a gift. The doll was fashioned after the child star of the same name and was complete with curly hair and dimples.
- Climbing high:** The highest North American mountain is Denali, formerly Mt. McKinley, in Alaska (U.S.). Mountaineers Walter Harper, Harry Karstens, Hudson Stuck, and Robert Tatum made the first recorded summit, June 7, 1913.
- Special teacher:** Helen Keller, who was both deaf and blind, was 6 years old in 1887 when she met her teacher, Anne Sullivan. Sullivan taught her skills that led to Keller graduating from college and becoming an international lecturer.

## On the Lighter Side

My friend gave me a tonne of clay. I don't know what to make of it.

The fishing company had a very catchy slogan: "Yes, We Can!"

What's the hardest working part of your eye? The pupil.

Bob: "Want to see the world's fastest magic trick?"  
Rob: "Go on."  
Bob: "Want to see it again?"

Knock! Knock! Who's there? Aldo. Aldo who? Aldo anywhere with you!

**Answers**

Trivia answers: 1. Polydactyl 2. 1962 3. Sir or Dame 4. Italy 5. Small bird

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Mad Mama Marketing

**inogen**

**FREEDOM. TO BE YOU.**

Call 1-833-301-1878 for a free consultation.

MKT-P0240

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!

**No Job Too Big or Too Small!**

**BIGGAR COUNTERTOPS**

Commercial and Residential  
Flat-lay Laminate Countertops  
Postform Laminate Countertops

DEREK BIGGAR  
**403-669-9396**  
derek@biggardevelopments.ca  
www.biggarcountertops.ca

**GENERAC**

**Prepare for power outages today**

WITH A HOME STANDBY GENERATOR

**FREE** 7-Year Extended Warranty\* An \$995 Value!

**REQUEST A FREE QUOTE**  
CALL NOW BEFORE THE NEXT POWER OUTAGE  
**(844) 944-1991**

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

**Congratulations**

to our latest contest winner for finding "Beans, the Coffee News Guy."

**Susan Rasmussen,** found "Beans" at **Pizza 73** in Airdrie

**Coffee News**

Enter today for your chance to win!

[www.bvcoffeenews.ca](http://www.bvcoffeenews.ca)

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Best Buds Outlet**

OPEN DAILY, 10 am-10 pm

4A, 1861 Meadowbrook Dr. SE  
403-980-1046  
@Best\_Buds\_Outlet  
[bestbudsoutlet.ca](http://bestbudsoutlet.ca)

Premium Canadian Cannabis

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**

**1-844-995-4468**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445