

Where excitement and eco-friendly rides collide
Long Boards Go Carts

NOW OPEN

TAKE IT TO TRACK

2530 Tudor Glen, St. Albert | bootscooters.com
Tues-Thurs, 10 am - 7 pm | Fri, 10 am - 6 pm | Sat, 10 am - 5 pm
☛ **FREE DEMO RIDES** Thursdays at 7 pm. Register at 6:30 pm

WE ARE YOUR "LOCATION, LOCATION, LOCATION" FOR PRINTING.

We Can Help You Get The Word Out!

- Flyers & Brochures
- Business Cards
- Postcards
- Posters & Banners
- Lawn Signs & More!

108-4301B South Park Dr., Stony Plain
780.963.7066 | store392@theupsstore.ca

ups THE UPS STORE

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

I BUY ...

- Gun Collection/Firearms
- Automobiles (must be capable of running)
- WWI/WWII & Military Collectibles

ESTATE PURCHASE/CONSULTATIONS

Ca\$h paid. Call Jay: 780.686.1350

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Ready for a Winning Smile?

FRIENDLY DENTAL HYGIENE CARE FOR ALL AGES

- Direct billing to insurance
- Teeth whitening options
- Pain relief solutions, including needle-free options
- Relaxing office with TV viewing during treatment

Fees 13+% lower than the AB Fee Guide!

Fairway Dental Hygiene

104, 3809-49 Ave. Stony Plain

587-990-GUMS (4867)
www.fairwaydentalhygiene.com
Book Online NOW!

We Pay CASH For Your Scrap Metal!

Yes!

We accept ALL scrap metals

BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP

RICHMOND STEEL RECYCLING

16610-129 Avenue NW, Edmonton
587.689.3100 | richmondsteel.ca

MERIDIAN CREEK RV STORAGE

Secure, Clean, Easy-Access Storage at a Fair Price

53322 SH779, Parkland County

Serving Parkland County at the same convenient location right off Highway 779 since 2010.

780.960.1110 | www.meridiancreekrv.com

FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

Stony Plain Edition

780-220-6397

www.coffee-news.ca

Vol. 20 No. 42 October 16, 2023

Everybody's Talking

Aquatic rainfall: Usually the phrase "raining cats and dogs" is likely a story from someone's imagination. However, people living in the town of Lajamanu in the Australian outback report that it has rained fish in their community four times since 1974. The interesting thing is that Lajamanu, located in the Northern Territory on the edge of the Tanami Desert, is quite dry and is many miles from a lake or the sea. Weather experts think a strong storm, such as a tornado, picked up the fish from a body of water, and then dropped them a long distance away. A fish expert identified the creatures as spangled perch, a freshwater species that is common in Australia.

Cracked glass: Everyone has heard of art made of stained glass, but what about creations made by cracking the glass? That is the skill of Natnael Mekuria, an Ethiopia-born artist from Addis Ababa who lives in the U.S. It took a while for this patient fellow to find success. At first, he tended to break his laminated glass canvas instead of simply cracking it. He makes his images, which include portraits of celebrities, by using a hammer to tap a chisel into the glass and by applying different degrees of force. Mekuria has a huge following on social media and lots of interest in his unique style of art.

Clean streets: Nobody likes to see garbage on the streets. In Japan, litter collection has even become a contest. Spogomi (which means "sport" and "rubbish") entails teams of three to five people picking up as much garbage as they can within a set time frame. After collecting the garbage, team members must sort it into types, including plastic that can be recycled, metal cans, and items that can be burned. The winner is the team that not only picks up the most trash, but also correctly sorts it. Safety is a priority during the competitions; participants are required to wear gloves and stay away from busy roads. Over 88,000 people have participated since 2008

Purple honey: The colour of honey usually ranges from dark amber to light gold, depending on the kind of flowers bees access to get nectar. But what about purple? In North Carolina (U.S.), bees are known to produce such a thing, but scientists have not been able to decipher exactly what causes the interesting hue. Purple honey, which is also called blue honey, tends to be found in the Sandhills region, but not all beekeepers or all hives produce it. This treat costs more than the typical colours, and tastes fruity. Some say it even tastes "purple," as though it was made with grapes or some kind of purple berry.

Quoteable Quotes

"Life well spent is long." —Leonardo Da Vinci
"The awareness of our own strength makes us modest." —Paul Cezanne

What's Happening

Oct 13 to 14 - Palliative Care Training for Community Light
Up Your Life Society is partnering with Alberta Hospice Palliative Care Association to offer this FREE 2 day training. Training so you feel confident to provide support in hospice, long term care or private home. <https://bit.ly/PCT-StonyPlain>

Oct 21 - Shakers and Makers Quality Craft Market
Our Shakers and Makers Market features hundreds of unique, one-of-a-kind handcrafted items! A delicious array of home baked goodies, jams preserves will be available too! \$2 cash admission. 10740 19 Ave NW. 10 am to 4 pm

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Marzipan is made from almonds, Brazil nuts, or hazelnuts?
2. The brisket cut of beef is from the front of the cow—T/F?
3. This tree faced extinction a century ago but is coming back.
4. The Japanese holiday Omisoka is the first or last day of the year?
5. Dean Kamen is known for inventing what two-wheeled, motorized device?

(Flip bottom of page for answers)

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

Wipe Out Inflation, Get the Credit!

THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO

Let's Make A Deal!

We pawn, buy, sell, trade and consign a wide variety of products at our new location in Stony Plain!

Gold'n Loan Pawn Shop

CALL TODAY!
587-521-4653

201, 5007-48 Street | Stony Plain goldnloan.com

GOT SOMETHING TO SELL OR PAWN?

THREE B'S FLOWERS

SCAN ME!

www.3bsflowers.com 780-968-6938

Rural Delivery
Flowers
Houseplants
Weddings
Memorials
Mother's Day

List for Less

Get more **MORE REAL ESTATE**
You Deserve More

- Flat Rate Listing Fee*
- Our Clients Save Thousands!*
- Exclusive Cash Back to Buyers Program**

Byron Marlin
REALTOR®

780.937.3458
byronmarlin@hotmail.com

www.more Realty.ca

* Does not include fee payable to buyer's agent
** Compared to typical commission rates *** Visit website for details

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Find Your Best Fit With Us!

Romantic Notions inc.

#30, 210 McLeod Ave., Spruce Grove
780.962.4944 | 1.855.962.4944
www.romanticnotions.ca

@romanticnotionsab @romanticnotionsboutique

Bras Briefs Boxers Bikinis

Visit us on Facebook-CoffeeNewsWeekly

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
Scuba Diving & Snorkeling
780.483.0044
11781-156 St., Edmonton

Learn to Scuba Dive
Ask about our Buddy Special

Discover Snorkeling
1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

THE ONE 88.1 FM

PARKLAND'S BEST COUNTRY

ISP COMPUTERS

BUSINESS IT SUPPORT, COMPUTER SALES & REPAIRS

ISP COMPUTERS - Your Tech 911

780-960-2150
Email: iain@ispcomputers.ca
Website: www.ispcomputers.ca

124B South Ave., Spruce Grove, AB T7X 3A9

Your Feet Will Thank You!

Certified Master Pedicurist for Seniors, Diabetics, Those With Toenail Troubles

Family Footcare & Reflexology

Colleen Waddell - Registered CMP, Certified Reflexologist
780.984.9774 | www.familyfootcareandreflexology.ca

Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeneews

Services Offered

Furnace Repair
Hot Water Tanks
Drain Cleaning
Leak Repair
Sump Pumps
Gasfitting and more...

SS Plumbing & Heating
780-995-4140

FREE ESTIMATES NO HIDDEN FEES!

www.ssplumbingandheatingltd.com

Your Weekly Horoscope

ARIES
(March 20 - April 19)

For the last couple of weeks, you may have found yourself in situations where you had to cultivate a more diplomatic communication style. How is this working out for you? Lucky numbers: 3, 5, 17, 18, 20, 28.

TAURUS
(April 20 - May 20)

What are you passionate about? How can you communicate this to others so you can find an opportunity to achieve something that is in line with the values of everyone involved? Lucky numbers: 14, 15, 20, 23, 25, 33.

GEMINI
(May 21 - June 20)

At the beginning of the week, there may be an opportunity for you to express more enthusiasm. How can you use this energy to smooth over any issues with others? Lucky numbers: 3, 7, 10, 15, 27, 34.

CANCER
(June 21 - July 21)

During the middle of the week, you may feel the stress of too much going on at once. For a few days, consider retreating to whatever calms you. Lucky numbers: 1, 11, 19, 30, 42, 46.

LEO
(July 22 - Aug. 22)

Your heart and mind may be out of sync for a few days at week's end. If you have a decision to make, perhaps consider postponing it for a bit. Lucky numbers: 4, 11, 32, 44, 45, 48.

VIRGO
(Aug. 23 - Sept. 22)

Your role as a partner may be in focus for the next three months. The universe is providing you an opportunity and encouraging you to change and grow in this area. Lucky numbers: 2, 6, 24, 28, 31, 45.

LIBRA
(Sept. 23 - Oct. 22)

At midweek, you may find others turning to you to help resolve a situation. Your tact and diplomacy might come in handy, so don't hesitate to call on these skills. Lucky numbers: 13, 14, 15, 19, 31, 46.

SCORPIO
(Oct. 23 - Nov. 21)

Others are sometimes not receptive to Scorpio's ability to see deeply into people and situations. However, for the next three weeks, they may be more receptive than usual to your insights. Lucky numbers: 5, 19, 26, 27, 42, 47.

SAGITTARIUS
(Nov. 22 - Dec. 20)

You may find that your thoughts and feelings are well balanced early in the week. How do you want to take advantage of it to achieve your heart's desire? Lucky numbers: 9, 27, 31, 33, 42, 46.

CAPRICORN
(Dec. 21 - Jan. 19)

At midweek, you may be feeling conflicted about something. Try to resolve the issue within yourself. Be careful not to project your emotional state onto others. Retreat, if needed. Lucky numbers: 6, 14, 19, 22, 39, 40.

AQUARIUS
(Jan. 20 - Feb. 18)

For a couple days in the middle of the week, you may have an opportunity to do a reset for the next month. How do you want to use this energy? Lucky numbers: 2, 4, 12, 18, 20, 43.

PISCES
(Feb. 19 - March 19)

Is there an issue in your relationships that you haven't realistically evaluated in the past? You might have an opportunity now to adjust your view and communicate it to others. Lucky numbers: 9, 19, 26, 37, 43, 47.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 33.

Did You Know...

Bachelor brothers: Wright brothers Wilbur and Orville were so involved in their work of inventing airplanes in the first part of the 20th century that neither of the brothers ever married.

Carrying device: Toboggans, used by children and adults alike, were invented by the Indigenous Anishinaabe to carry supplies and game over snow. The name is from the Chippewa *nobugidaban*, meaning "flat" and "drag."

Newsworthy channel: To news hounds, the 24-hour channel CNN (Cable News Network) seems to have been around forever. In reality, CNN first broadcast on June 1, 1980, from Atlanta, Georgia (U.S.).

Big boss on board: The captain was the boss of pirate ships that sailed on the high seas over the centuries. Next in line was the quartermaster, who made sure all orders issued by the captain were carried out.

Sweet bar: Chocolate candy was a treat for the rich before Milton Hershey first marketed his milk chocolate bar in the U.S. in 1900. Before Hershey Chocolate, he owned a company that made caramels.

On the Lighter Side

I call my alarm Jim, so I can tell people I hit the Jim every morning.

Did you hear about the man who bought a paper shop? It blew away.

Patient: "Doctor, I think I'm a moth."
Doctor: "You really need to see a psychiatrist."
Patient: "I know, but I was passing by and saw your light on."

Knock! Knock! Who's there? Bean. Bean who? Bean here ages. What took you so long?

Want to check out my mind reading machine? I'd love to hear your thoughts.

Answers

Trivia answers: 1. Almonds 2. True 3. American chestnut 4. Last 5. Segway

For available franchise opportunities - visit coffeeneewscanada.com
© Published with Permission by Capital Marketing Ltd

Registrations for SITC Programs are NOW OPEN!

www.sprucegrove.org/sitc

CITY OF SPRUCE GROVE SUMMER IN THE CITY

SPRUCEGROVE.ORG/SITC

We Love Creating Amazing Smiles!

Get to the root of your child's dental problems:

- Snoring
- Crowded Teeth
- Difficulty in School
- ADD/ADHD
- Chronic Allergies
- Daytime Drowsiness
- Sleep Issues
- Delayed Growth
- and more

BRACES4ALL ORTHODONTICS

FORMERLY HORIZON ORTHODONTICS. NEW NAME. SAME EXPERT STAFF

780.960.1910 | #107, 187 Hwy 16A, Spruce Grove

Get More Traffic, Leads & Sales

• Website Development
• Google Ads
• Facebook Advertising
• Social Media Management
• SEO & Content Marketing
• Reporting & Analytics

Frontline 780.760.6922
frontlineconsulting.ca

Dealing with anger, self hatred, unforgiveness, betrayal, addictions... find freedom and find your calling!

SPOKEN WORD MINISTRIES ASSOCIATION

"To Proclaim & Equip"

SWMA Podcasts available on iTunes & PodBean. Listen in!

For more info visit: swma.ca

Our Bakery features specialty coffees, baked goods, soups, and sandwiches. Dine-in, take it to go, or sip while you shop!

Homegrown Foods LTD.

#10 - 19 Granite Dr. Stony Plain
780.963.5305

Taste the Organic Difference!

WHEEL OF FORTUNE

WEEKNIGHTS 7PM/6PST

yesTV

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

NWT SAFETY SUPPLIES

FIRE SALES & SERVICE

EXTINGUISHER

BAY 2, 1906-4 ST. NISKU
780 955 8797
X
50 SHEP ST. SPRUCE GROVE
780 962 1778

www.scubagearcanada.ca