

PROFESSIONAL | APPROACHABLE | AFFORDABLE

## Keeping You Warm

Residential A/C and Furnace Service and Repairs



**Edmonton Furnace Repair**

825-474-4328 (HEAT)  
www.edmontonfurnace.repair

**Welcoming new patients!**  
Offering a full line of dental services, including

- ◆ Invisible Braces ◆ Myofunctional Therapy
- ◆ Snore and Apnea Appliances



**PARK DENTAL**

WELLNESS CENTRE #302, 2018 Sherwood Dr.

**780.467.2444**  
www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team

**OPENING ANOTHER LOCATION SOON IN ARDROSSAN**

FOR  
HOME | AUTO | LIFE | RRSP TFSA GROUP | BUSINESS | FARM | TRAVEL



**"The Insurance Guyz" Tom & Todd**

Tom Ciezki Todd T. Fournier



Investments. Insurance. Advice.

780.464.3279 Aspen Plaza 260, 3820 Sherwood Dr. Sherwood Park  
780.632.3240 #136, 4925-50 Ave. Vegreville  
780.895.7303 5124-50 Ave. Lamont

**HIP OR KNEE REPLACEMENT?**  
THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**  
**\$30,000 LUMP SUM REFUND**



Wipe out Inflation, Get the Credit!

COPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

**WHERE FLAME MEETS FLAVOUR**



**PrimeTime Donair & Poutine**

- Sherwood Centre - 1020 Sherwood Drive #138 Sherwood Park 587-456-9190  
- Baseline Village - 222 Baseline Rd #160 Sherwood Park 780-467-6970

**FREE ROLLING TRAY**  
- WHEN YOU PRESENT THIS COUPON -

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

NO PURCHASE NECESSARY

420  
**BUBONIC KRONIK**  
ECIGS VAPORIZORS BONGS

99 WYE ROAD SHERWOOD PARK

Real Estate | Wills | Contracts



**HOMESTEAD LAW**

Tamara D. Epple B.A., J.D.

780.243.2116  
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

**FREE!** New Issue Every Week!

# Coffee News®

"News To Be Enjoyed Over Coffee"

**Sherwood Park South Edition**  
**780-220-6397**



www.coffee-news.ca Est. 1988

Vol. 20 No. 42 October 16, 2023

## Everybody's Talking

**Aquatic rainfall:** Usually the phrase "raining cats and dogs" is likely a story from someone's imagination. However, people living in the town of Lajamanu in the Australian outback report that it has rained fish in their community four times since 1974. The interesting thing is that Lajamanu, located in the Northern Territory on the edge of the Tanami Desert, is quite dry and is many miles from a lake or the sea. Weather experts think a strong storm, such as a tornado, picked up the fish from a body of water, and then dropped them a long distance away. A fish expert identified the creatures as spangled perch, a freshwater species that is common in Australia.

**Cracked glass:** Everyone has heard of art made of stained glass, but what about creations made by cracking the glass? That is the skill of Natnael Mekuria, an Ethiopia-born artist from Addis Ababa who lives in the U.S. It took a while for this patient fellow to find success. At first, he tended to break his laminated glass canvas instead of simply cracking it. He makes his images, which include portraits of celebrities, by using a hammer to tap a chisel into the glass and by applying different degrees of force. Mekuria has a huge following on social media and lots of interest in his unique style of art.

**Clean streets:** Nobody likes to see garbage on the streets. In Japan, litter collection has even become a contest. Spogomi (which means "sport" and "rubbish") entails teams of three to five people picking up as much garbage as they can within a set time frame. After collecting the garbage, team members must sort it into types, including plastic that can be recycled, metal cans, and items that can be burned. The winner is the team that not only picks up the most trash, but also correctly sorts it. Safety is a priority during the competitions; participants are required to wear gloves and stay away from busy roads. Over 88,000 people have participated since 2008

**Purple honey:** The colour of honey usually ranges from dark amber to light gold, depending on the kind of flowers bees access to get nectar. But what about purple? In North Carolina (U.S.), bees are known to produce such a thing, but scientists have not been able to decipher exactly what causes the interesting hue. Purple honey, which is also called blue honey, tends to be found in the Sandhills region, but not all beekeepers or all hives produce it. This treat costs more than the typical colours, and tastes fruity. Some say it even tastes "purple," as though it was made with grapes or some kind of purple berry.

## Quoteable Quotes

"Life well spent is long." —Leonardo Da Vinci  
"The awareness of our own strength makes us modest." —Paul Cezanne

## What's Happening

**Oct 21 - Shakers and Makers Quality Craft Market** Our Shakers and Makers Market features hundreds of unique, one-of-a-kind handcrafted items! A delicious array of home baked goodies, jams preserves will be available too! \$2 cash admission. 10740 19 Ave NW. 10 am to 4 pm

**Nov 25 - St Joseph Hospital Auxiliary Christmas Fair** 10:00 am to 4:00 pm. Ermineskin Community Center, 10709 - 32 A Avenue. Sale of: Home Baking; Crafts; Gently Used Christmas Decorations; High Quality Costume Jewelry All proceeds donated to resident programs.

NON profit organizations may submit events for FREE at www.coffee-news.ca

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!  
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. Marzipan is made from almonds, Brazil nuts, or hazelnuts?
2. The brisket cut of beef is from the front of the cow—T/F?
3. This tree faced extinction a century ago but is coming back.
4. The Japanese holiday Omisoka is the first or last day of the year?
5. Dean Kamen is known for inventing what two-wheeled, motorized device?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

The World's #1 Restaurant Publication!

**Life's busy. We can help.**

Kitchens • Bathrooms • Bedrooms  
Dusting • Mopping • Vacuuming

## Maids of Sherwood

780.604.0528 maidsosherwood@gmail.com

FLEXIBLE OPTIONS TO SUIT YOUR SCHEDULE AND LIFESTYLE:  
One Time | Weekly | Bi-Weekly | Monthly



**the MAKERS keep**

LATE NIGHT TUESDAYS WITH A PARKING LOT MARKET ALL SUMMER LONG!

112, 2755 Broadmoor Blvd Sherwood Park  
@tmksherwoodpark @themarkerskeep  
587.200.0473  
www.themarkerskeep.com

A local collective boutique with over 350 vendors from all across Alberta!



**TRINITY Baptist Church**

Serving the community for over 40 years.  
10:30 AM Sunday Worship Service

[www.tbcsherwoodpark.ca](http://www.tbcsherwoodpark.ca)  
**780-464-4040**

East on Baseline; First left after Hwy 21  
22550 Twp Road 530, Sherwood Park, AB



IF WATER RUNS THROUGH IT, WE DO IT!

## LUC'S PLUMBING INC.

Your Local Plumber

CERTIFIED GASFITTER

**780-405-0436**  
lucsplumbinginc@gmail.com

Proudly Serving Sherwood Park & Surrounding Areas  
**NO CALL OUT FEE IN SHERWOOD PARK!**



## ART CLASSES

*Artfully Yours*  
School of Fine Art

- \* Drawing \* Painting
- \* Sculpture
- \* Portfolio Preparation

#126 150 Chippewa Road (upstairs) Sherwood Park

**780.449.3824**  
info@artfullyyourschool.ca  
artfullyyourschool.ca

GIFT CERTIFICATES AVAILABLE!

LIMITED ENROLLMENT - REGISTER TODAY



**SENIORS & CAREGIVERS SUPPORT**

PEACE OF MIND CONCIERGE  
Helping seniors & their caregivers thrive.

SERVICES SPECIFICALLY DESIGNED FOR YOU:

- ✓ Assistance Navigating Resources
- ✓ Caregiver Consulting & Advocacy
- ✓ Problem Solving
- ✓ Emotional Support
- ✓ Companionship
- ✓ Personal Concierge

CONTACT US FOR A FREE CONSULTATION!

780.720.3035 www.peacemindconciierge.com  
CUSTOMIZED & FLEXIBLE TO FIT YOUR NEEDS.




Tammy Lautner, RSW Founder/Owner

**We've moved... VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND McDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
780.962.5220 | www.giftsandgadgets.ab.ca



**Become a School Bus Driver.**  
Now Offering Paid Training and a \$1,000 Signing Bonus.\*

Apply now @ southland.ca

\*signing bonus details within job ads





Affordable-Effective-Exclusive-CALL NOW!

Visit us on Facebook-CoffeeNewsWeekly

**We've got you covered!** CALL FOR YOUR FREE ESTIMATE TODAY

Serving Edmonton and Area for Generations

**ALF'S ROOFING**  
780.464.6464

- ◆ Specializing in residential re-roofing
- ◆ Visit our showroom today
- ◆ In business since 1976

[alfsroofing.com](http://alfsroofing.com)

**CANADIAN SECURITY DEPOT LTD.**

- Security Cameras
- Access Control
- Special Orders
- Tools
- Network Hardware and Switches

<https://cdnsd.ca>

**FLAT RATE ALFA TAXI®**

SERVING SHERWOOD PARK AND AREA

**780.410.0667**

Toll Free 1.855.688.2941

Reasonable flat rate to Airport - \$50

24 HR. SERVICE

**SNOW REMOVAL**

780-922-4619

**THREE SEASONS LANDSCAPING LTD.**

[www.ThreeSeasonsLandscaping.ca](http://www.ThreeSeasonsLandscaping.ca)

**yesTV**

**FREE LIVE STREAMING COMING THIS FALL**

visit [yestv.com](http://yestv.com) for details

**RETIREMENT LIVING CHRISTENSON**

Optional Meals • Personalized Services • On-Site Care

**Join Our Vibrant Community**

**Bedford Centre in the Park Village**

Full Kitchens • Social & Recreation • U/G Parking

161 Festival Way, Sherwood Park

780-540-9500

[CDLhomes.com](http://CDLhomes.com)

**WHEEL OF FORTUNE**

WEEKNIGHTS 7PM/6PST

**yesTV**

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**  
For the last couple of weeks, you may have found yourself in situations where you had to cultivate a more diplomatic communication style. How is this working out for you? Lucky numbers: 3, 5, 17, 18, 20, 28.

**LIBRA (Sept. 23 - Oct. 22)**  
At midweek, you may find others turning to you to help resolve a situation. Your tact and diplomacy might come in handy, so don't hesitate to call on these skills. Lucky numbers: 13, 14, 15, 19, 31, 46.

**TAURUS (April 20 - May 20)**  
What are you passionate about? How can you communicate this to others so you can find an opportunity to achieve something that is in line with the values of everyone involved? Lucky numbers: 14, 15, 20, 23, 25, 33.

**SCORPIO (Oct. 23 - Nov. 21)**  
Others are sometimes not receptive to Scorpio's ability to see deeply into people and situations. However, for the next three weeks, they may be more receptive than usual to your insights. Lucky numbers: 5, 19, 26, 27, 42, 47.

**GEMINI (May 21 - June 20)**  
At the beginning of the week, there may be an opportunity for you to express more enthusiasm. How can you use this energy to smooth over any issues with others? Lucky numbers: 3, 7, 10, 15, 27, 34.

**SAGITTARIUS (Nov. 22 - Dec. 20)**  
You may find that your thoughts and feelings are well balanced early in the week. How do you want to take advantage of it to achieve your heart's desire? Lucky numbers: 9, 27, 31, 33, 42, 46.

**CANCER (June 21 - July 21)**  
During the middle of the week, you may feel the stress of too much going on at once. For a few days, consider retreating to whatever calms you. Lucky numbers: 1, 11, 19, 30, 42, 46.

**CAPRICORN (Dec. 21 - Jan. 19)**  
At midweek, you may be feeling conflicted about something. Try to resolve the issue within yourself. Be careful not to project your emotional state onto others. Retreat, if needed. Lucky numbers: 6, 14, 19, 22, 39, 40.

**LEO (July 22 - Aug. 22)**  
Your heart and mind may be out of sync for a few days at week's end. If you have a decision to make, perhaps consider postponing it for a bit. Lucky numbers: 4, 11, 32, 44, 45, 48.

**AQUARIUS (Jan. 20 - Feb. 18)**  
For a couple days in the middle of the week, you may have an opportunity to do a reset for the next month. How do you want to use this energy? Lucky numbers: 2, 4, 12, 18, 20, 43.

**VIRGO (Aug. 23 - Sept. 22)**  
Your role as a partner may be in focus for the next three months. The universe is providing you an opportunity and encouraging you to change and grow in this area. Lucky numbers: 2, 6, 24, 28, 31, 45.

**PISCES (Feb. 19 - March 19)**  
Is there an issue in your relationships that you haven't realistically evaluated in the past? You might have an opportunity now to adjust your view and communicate it to others. Lucky numbers: 9, 19, 26, 37, 43, 47.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 33.

## Did You Know...

**Bachelor brothers:** Wright brothers Wilbur and Orville were so involved in their work of inventing airplanes in the first part of the 20th century that neither of the brothers ever married.

**Carrying device:** Toboggans, used by children and adults alike, were invented by the Indigenous Anishinaabe to carry supplies and game over snow. The name is from the Chippewa *nobugidaban*, meaning "flat" and "drag."

**Newsworthy channel:** To news hounds, the 24-hour channel CNN (Cable News Network) seems to have been around forever. In reality, CNN first broadcast on June 1, 1980, from Atlanta, Georgia (U.S.).

**Big boss on board:** The captain was the boss of pirate ships that sailed on the high seas over the centuries. Next in line was the quartermaster, who made sure all orders issued by the captain were carried out.

**Sweet bar:** Chocolate candy was a treat for the rich before Milton Hershey first marketed his milk chocolate bar in the U.S. in 1900. Before Hershey Chocolate, he owned a company that made caramels.

## On the Lighter Side

I call my alarm Jim, so I can tell people I hit the Jim every morning.

Did you hear about the man who bought a paper shop? It blew away.

Patient: "Doctor, I think I'm a moth."  
Doctor: "You really need to see a psychiatrist."  
Patient: "I know, but I was passing by and saw your light on."

Knock! Knock! *Who's there?* Bean. *Bean who?* Bean here ages. What took you so long?

Want to check out my mind reading machine? I'd love to hear your thoughts.

### Answers

**Trivia answers:** 1. Almonds 2. True 3. American chestnut 4. Last 5. Segway

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**When YOU Get Paid We Get Paid**

We're Here To Handle The Legal Complexity For You!

**Braithwaite Boyle Injury Law** 800-440-8298

**It's The Only Law We Do - Since 1986**

**Free Initial Consultation**

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

Do you have a favourite quilt that needs repair?

**Longarm Quilting Services**

**QUILTING**

Offering a variety of quilting services

- Longarm Quilting • Digital Edge2Edge
- Competitive Rates
- Friendly Environment

780.554.1350 | [reidse@shaw.ca](mailto:reidse@shaw.ca)

Free Quote!

**THOSE GUYS GARAGE**

NOW ACCEPTING NEW CLIENTS

All services performed by qualified service technicians

**587-456-0164** Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

**Sonia Sells!**

**SONIA TARABAY**

**#1 AGENT**

RE/MAX ELITE (2017 - 2022)

780.707.6015

[SONIASSELLS.COM](http://SONIASSELLS.COM)

**Investing in Community to Strengthen Community**

Your neighbourhood thrift store with heart!

CELEBRATING 40 YEARS OF GIVING

County Clothes-Line Foundation

Looking to join a great team?

**Store Associates**

3-4 days/wk

Contact us today: [clothes1@telusplanet.net](mailto:clothes1@telusplanet.net)

201 Athabasca Ave. Sherwood Park

780.464.7786

[www.countycloteline.com](http://www.countycloteline.com)

**BUYING A NEW HOME? LOOKING TO REFINANCE? TIME TO RENEW?**

Contact your **local mortgage broker** to get started **today!**

**LESLIE CAIRNS** 780.570.5457

ACCREDITED MORTGAGE PROFESSIONAL

Joy MORTGAGES KEystone MORTGAGE CORPORATION @JoyInMortgages

[leslie@joyinmortgages.ca](mailto:leslie@joyinmortgages.ca) • [www.joyinmortgages.ca](http://www.joyinmortgages.ca)

**Memory Care at Aster Gardens**

Come and thrive in our Memory Care program designed with you in mind, in partnership with U of A.

Limited Suites Available

UNIVERSITY OF ALBERTA

Call to ask questions or book a tour [astergardens.ca](http://astergardens.ca) | 780-902-7837

7 Brower Dr, Sherwood Park