

WOMENS WORKWEAR

www.womensworkwear.ca

STORE NOW OPEN!
5403 Gateway Blvd NW, Edmonton
Enjoy The Experience

Scan QR Code To View Our New Website!

FREE! *New Issue Every Week!*

Coffee News[®]
"News To Be Enjoyed Over Coffee"

South Central
Edmonton
Edition

780-220-6397

www.coffee-news.ca

Vol. 20 No. 43 October 23, 2023

The World's #1 Restaurant Publication!

We Pay CASH For Your Scrap Metal!

Yes! We accept ALL scrap metals

RICHMOND STEEL RECYCLING

16610-129 Avenue NW, Edmonton
587.689.3100 | richmondsteel.ca

BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

ETTA TELECOM
587.760.2800
https://zettatelecom.com

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

RESULTS That Speak for Themselves

SN LAW OFFICE
780.250.6666
snlawofficeab.ca

Scan for legal tips from our blog!

Residential and Commercial Real Estate
Wills and Estate Planning
Bankruptcy and Insolvency
Family/Divorce
Commercial Law

CHRISTMAS IN OCTOBER

Craft & Gift Sale
Festival Place, 100 Festival Way SHERWOOD PARK

October 27 – noon - 8:00 pm
October 28 – 10:00 am - 5:00 pm
October 29 – 11:00 - 4:00 pm

780.461.2003 • www.xmasinOctober.com

STOP STREAMING! IT'S FUNNIER LIVE AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT **thecomicstrip.ca**

Rick Bronson's **THE COMIC STRIP**
DRINK • DINE • LAUGH

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Everybody's Talking

River road: A road in China is known as the River Highway for good reason. It was built in the middle of the Xiangxi River. Another highway snakes along the edge of this river, but a bigger one was needed. Rather than blasting a lot of rock and making tunnels in this mountainous region, engineers decided putting the new, 6.8-mile (10.9-km) road above the water would be less expensive. Another benefit is that people who live on the shoreline did not have to be displaced. The highway allows people in Xingshan County in Hubei to connect with a high-speed route to Shanghai, cutting the travel time. The amazing infrastructure has become a tourist attraction.

Pack dog: A regular canine pooch doesn't often join a pack of coyotes, but that's what happened in the town of Henderson near Las Vegas, Nevada (U.S.). His fur is all white, so he was dubbed "Ghost" by witnesses, who had spotted him running with the pack for several months. Some folks tried to catch and rescue him, but were unsuccessful. Then one night they noticed he had a limp and they were afraid that the pack would turn on him. Trappers were called in, and with the help of locals who knew Ghost's routes through the bush, caught the dog. Ghost has a great disposition and his caretakers are eager to find him a human family.

Rooftop homes: The rooftop of a 10-story mall in Jakarta, Indonesia, is home to a unique infrastructure project: a suburb with 78 single family homes, paved streets, and green areas. Although rooftops have long been used for gardens and pools, building a subdivision way up there is something different. Jakarta is densely populated and is running out of land, so the developer created Cosmo Park on the roof of Thamrin City Mall. Residents use a ramp to drive to their homes and park in their own driveways, and there's a fence around the perimeter for safety. People love it, claiming that their kids can ride their bikes safely through the streets and the elderly can go for walks.

Unusual tattoo artist: This sounds like a case of "monkey see, monkey do." Social influencer Funky Matas of Venezuela has let one of those little primates give him a permanent knee tattoo. Matas already had over 200 tattoos, and this added one more. For the stunt, he went to Mexico where he found monkey trainers and a tattoo shop with an owner who would allow a monkey to use his equipment. Within a couple of hours, with monkey trainers at the helm, the chosen animal learned how to use a tattoo gun. Matas chose the design and, although the result was not perfect, the feat revealed how smart these animals are.

Quoteable Quotes

"Weeds are flowers, too, once you get to know them." —A.A. Milne
"Passion is energy. Feel the power that comes from focusing on what excites you." —Oprah Winfrey

What's Happening

Oct 21 - Shakers and Makers Quality Craft Market Our Shakers and Makers Market features hundreds of unique, one-of-a-kind handcrafted items! A delicious array of home baked goodies, jams preserves will be available too! \$2 cash admission. 10740 19 Ave NW. 10 am to 4 pm

Nov 25 - St Joseph Hospital Auxiliary Christmas Fair 10:00 am to 4:00 pm. Ermineskin Community Center, 10709 - 32 A Avenue. Sale of: Home Baking; Crafts; Gently Used Christmas Decorations; High Quality Costume Jewelry All proceeds donated to resident programs.

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win! **\$400* Prize Package**

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. Cytology is the study of cyberspace, cells, or cysts?
2. A devotee or performer of the 1940s swing era was called a ___ cat.
3. The Hebrides islands are part of Greece, Scotland, or Canada?
4. On weather maps, this line indicates barometric pressure.
5. An equilibrist performs feats of what?

(Flip bottom of page for answers)

LOCAL WRITERS are looking for contributions to a curated collection of women's wisdom (from ordinary women)

My aunt said:
"Always pay yourself before your bills and you will quickly build a financial safety net."
Contributor: Alice

Submit a short quotation that a woman has passed on to you.

Please send your submission or request for information to bonnieandchriswow@gmail.com

Accessible Navigation to Employment Program

Deaf or Hard of Hearing?

We provide free online training, employment support, and work placement opportunities.

Scan here to learn how or visit www.chha.ca.

Exclusive offer for Facebook and Google Ads

Get **FREE** set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

Contact us today for your **FREE** no obligation consultation!

Frontline 780.760.6922

jerry forbes
Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS

Dear Edmonton,
We're having a great time and the people here are amazing. You should come for a visit!

Sincerely,
JFC

jerryforbescentre.ca

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician
780.932.3858 Cell
ajdeleon63@gmail.com

Happy Halloween

from your friends at **Coffee News**

Experience and Excellence Matter

Call me, let's have a conversation today!

Deena Caputo REALTOR®
780.278.2522

BERMONT REALTY (1983) LTD.

DeenaCaputo.ca

Take Control of Your Electric Bill!

Already signed up for the lowest power rates – but your bill is still way too high?

We can test your power usage and help you understand where you might save money each month.

Set up an assessment and stop wasting your money on electricity today!

Watts The Use LTD.
HOME ELECTRICAL CONSUMPTION TESTING
825.901.1010 | Info@WattsTheUse.com

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

LegalShield Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

Don't know what's wrong...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE ANDYMAN services

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500
YEARLY TAX CREDIT

\$30,000
LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP: 1-844-453-5372

inogen

FREEDOM. TO BE YOU.

Call 1-888-998-6714 for a free consultation.

MKT-P0240

Can't get to your Coffee News® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

One site. Unlimited possibilities.

BANFF CANMORE
STAY - SHOP - FOOD - ALL SERVICES

- Things To Do
- Accommodations
- Dining
- Nightlife
- Events & Shows
- Tours & Experiences
- Coupons & Deals

https://www.banffcanmore.com

Your Weekly Horoscope

ARIES
(March 20 - April 19)

If you find an old trauma surfacing in your life, reach for a way to positively adjust your view of it. Look to your values for options to resolve the issue. Lucky numbers: 3, 4, 24, 27, 45, 46.

TAURUS
(April 20 - May 20)

Look back six months to any efforts you started then. Are they showing enough progress to continue them? If not, perhaps you should consider changing or dropping them. Lucky numbers: 1, 7, 8, 18, 26, 44.

GEMINI
(May 21 - June 20)

Geminis sometimes feel pulled in two different directions when considering an issue. This week you may see a new opportunity that could help you decide, so keep your eyes open. Lucky numbers: 3, 12, 30, 31, 33, 37.

CANCER
(June 21 - July 21)

At week's end, you may experience fluctuating emotions for a few days. If you seek it, you may find a grounded energy that could reduce the stress during this period. Lucky numbers: 2, 4, 17, 35, 38, 39.

LEO
(July 22 - Aug. 22)

Are you in conflict with another regarding your values or beliefs? Can you both compromise, or do you have to agree to disagree? If the latter, what would be the implications? Lucky numbers: 3, 9, 27, 30, 31, 47.

VIRGO
(Aug. 23 - Sept. 22)

Virgos often are grounded in practicality. However, you may look for an opportunity to incorporate more intuition into your life, which might be easier now than at other times. Lucky numbers: 1, 4, 7, 23, 29, 42.

LIBRA
(Sept. 23 - Oct. 22)

At midweek, you may find that you are emotionally fed up with a relationship issue. If you choose to address the problem now, don't abandon your usual tact and diplomacy. Lucky numbers: 4, 12, 15, 16, 37, 45.

SCORPIO
(Oct. 23 - Nov. 21)

This month the Sun will return to the position where it was when you were born. It may be a good time to plan and communicate your goals for the next year. Lucky numbers: 3, 10, 13, 14, 16, 38.

SAGITTARIUS
(Nov. 22 - Dec. 20)

Things may be in flux and somewhat chaotic at week's end. Instead of immediately taking action, you might want to reflect on any needed adjustment in your view of the situation. Lucky numbers: 8, 9, 17, 26, 31, 46.

CAPRICORN
(Dec. 21 - Jan. 19)

You may feel particularly confident this week about your beliefs and plans. Just be careful of being too stubborn if you encounter push back, and look for common ground. Lucky numbers: 1, 5, 8, 16, 43, 44.

AQUARIUS
(Jan. 20 - Feb. 18)

You may run into an obstacle regarding something you are trying to achieve at the week's end. If you aren't successful in getting it resolved, perhaps you should wait a few days. Lucky numbers: 4, 12, 20, 24, 30, 44.

PISCES
(Feb. 19 - March 19)

Six months ago began a two-year period of building structure for your ideals. Now may be a good time to tap into your intuition to assess progress and make corrections. Lucky numbers: 15, 17, 20, 23, 24, 30.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 3.

Did You Know...

Noted study: Music is amazing to many people. Those who study its role in culture, including how and why people create music, are called ethnomusicologists.

Dove tale: The lamenting "coo" of the mourning dove is hard to miss. These birds nest in trees and can be seen perching in various spots, such as telephone wires. They peck around on the ground to find seeds to eat.

Symbolic action: From the White House on May 1, 1931, U.S. President Herbert Hoover symbolically flicked on the lights of New York City's new Empire State Building. Actually, someone onsite switched them on.

Legend revived: The legend of the Loch Ness Monster has been around since at least Roman times. In 1933, the legend resurfaced when a couple reported seeing a huge, dragon-like animal in the loch's waters.

Say it right: In the U.S. state of Arkansas, mispronouncing the state name is against the law. The final "s" is silent and the last syllable sounds like "saw." But don't worry, this "crime" has no punishment.

On the Lighter Side

I've just invented a new word: Plagiarism.

Diner: "Waiter, could you call me a taxi?"
Waiter: "Certainly. You are a taxi."

Knock! Knock! Who's there? Arnold. Arnold who? Arnold friend you haven't seen in years!

One elevator to another: I think I'm coming down with something.

How do dog catchers get paid? By the pound.

Answers

5. Balance
Trivia answers: 1. Cells 2. Hepcat 3. Scotland 4. Isobar

For available franchise opportunities – visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Look and Feel Your Best!

Ever tried reflexology? Relax. Recharge. Rejuvenate.

Don't leave reflexology out of your preventative health maintenance program! It can have many benefits, including sleep aid, tension relief, improved digestion and circulation.

• Facial Cupping for \$15 (reg. \$25)
• Facial and Body Sugaring • 25% Off all Sugaring Services (introductory price for April)
• Medical Aesthetics • Professional & Medical Grade Facials

780-975-9862 restorereflexology.ca
Visit us today at 4530-99 Street Edmonton
587.499.0427 beautydiamondmedspa.ca

25 WORDS OR LESS
WEEKDAYS 3PM
yesTV

FREE LIVE STREAMING COMING THIS FALL
visit yestv.com for details

Helping You Unlock Your Full Potential

Seeking Wisdom TAROT
Intuitive Channeled Readings

780.531.6258 MOBILE
seekingwisdomt888@gmail.com
www.seekingwisdomtarot.com

- * Recorded Personalized Readings
- * Live Virtual Readings

When YOU Get Paid We Get Paid

We're Here To Help You When You Need Results!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

CONGRATULATIONS TO OUR MOST RECENT CONTEST WINNERS!

June 1 Draw Winners Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge	July 1 Draw Winners Rodney B. from Lethbridge Brian P. from Edmonton Natasha W. from Red Deer	August 1 Draw Winners Fiona L. from Edmonton Paige H. From Red Deer Elery T. from Calgary
---	---	---

Less Stress, More Smiles

AVALON DENTAL

ORAL HEALTH AND WELLNESS CENTRE

From routine preventative care, to cosmetic improvements and orthodontics, we have you covered.

910 Roper Rd. NW
Edmonton

780.465.0994
avalondentalreception@gmail.com

Proudly providing excellence in dentistry to Edmontonians since 1986.

AVALON DENTAL SERVICES
BRACES & ALL ORTHODONTICS
MERRELL SLEEP CLINIC
INFANT FREN-ECTOMY

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

May 1 Draw Winners Chelsey M. from Edmonton Cindy C. from Sylvan Lake Jay Z. from Edmonton	June 1 Draw Winners Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge	July 1 Draw Winners Rodney B. from Lethbridge Brian P. from Edmonton Natasha W. from Red Deer
--	---	---