

Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

RATES AS LOW AS \$150 FOR WILLS

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611
Call Terri today for a FREE consult.

TERRI BRUNNING

FREE! **New Issue Every Week!**

Coffee News®
"News To Be Enjoyed Over Coffee"

Sturgeon County Edition
780-220-6397

www.coffee-news.ca

Vol. 20 No. 44 October 30, 2023

I BUY...

- Gun Collection/Firearms
- Automobiles (must be capable of running)
- WWI/WWII & Military Collectibles
- ESTATE PURCHASE/CONSULTATIONS

Ca\$h paid. Call Jay: 780.686.1350

SPECIAL: 30 MINS. FOR \$30

TAROT CARD READINGS

Intuitive Psychic medium messages that come forward during sessions can include topics such as Work, Health, Family, Career, Relationships, Spirit, and Soul Guidance.

The Healing Ways

To book, call/text 587.207.4134
thehealingways@yahoo.com
thehealingways-healingcenter.vpweb.com

SAME DAY DELIVERY SERVICE

Hot Shot Service, / Vans, Flatdecks, / PTG, Flatdeck Tractor Service, / Reefers, Trailers / with hoist

Magellan EXPRESS LTD. LOCATED IN ACHESON

780.460.2223

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

Sil Industrial Minerals We're Ready.

Western Canada's leader in industrial sands, blasting abrasives and equipment

WE'RE HIRING

Lamont County, AB (Hwy 38 & RR204)

To find out more, visit sil.ab.ca/careers or call us at 780-796-3939



Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

NOW ACCEPTING ARI CARDS
Auto • Commercial • Residential

Advanced Glass Inc.

CALL MARC CLOUTIER TODAY:
780-961-2276

advancedglassinc.ca • 5514 - 50 Avenue, Legal AB
Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

BLUE BLOODS
MON - THURS 9:00

yesTV

Everybody's Talking

Salty place: Anyone who wants to fill a salt shaker, and happens to be near eastern Germany, need look no further than Monte Kali. This mountain of salt, located near the town of Heringen, contains enough of the condiment to fill an infinite number of shakers. The landmark towers over the area and can be seen for miles. The salt started accumulating in the 1970s when potash mining companies needed a place to store sodium chloride, which is a byproduct of the industry. The mountain has become a tourist attraction, with some people even daring to climb to the top of the pile to see the view of the region.

Mistaken identity: A Colombian man named Rene Martínez Gutierrez has had his share of trouble, all because of his name. He shares his handle with a notorious criminal from Peru, and the situation has caused him to be arrested and thrown in prison on three occasions since 2010. Each time, this loving husband and father who does not have a criminal record, was detained by authorities because of the mistaken identity. The first time it happened, he was jailed for eight days and the second time for two months. He is now fighting a third detention, hoping that his identity will be cleared, once and for all.

No time: Most bank robbers try to grab the loot and run before the cops arrive. Not so for a thief in Salt Lake City, Utah (U.S.), who waited somewhat impatiently for police to arrive and take him to jail. Donald Santacrocce, a sexagenarian, approached a local bank teller and slid her a note asking for \$1. The note even said "please" and "thank you." He told the teller to call the police, and then he took a seat and waited. Santacrocce was eventually arrested, but he did not get his wish to go to federal prison. Instead, he spent a short stint in the county jail. Apparently, the cops didn't take him too seriously!

Jockeyless winner: In the horse racing industry, when a jockey falls off, the horse is disqualified from the race. But when a jockey fell off a horse during the Tokay Stakes 2023 race in Nagoya, Japan, the horse went on to finish first! The horse's name is Vanyar, and the unfortunate jockey lost his balance and went flying at the beginning of the race. Instead of Vanyar simply wandering off the course, as jockeyless horses usually do, the determined animal continued on, keeping perfect pace with the others, and speeding up near the end. Although Vanyar's "win" was not legitimate, he earned praises from onlookers for his prowess.

Quoteable Quotes

"In the past, people were born royal. Nowadays, royalty comes from what you do."
—Gianni Versace

"There is no charm equal to tenderness of heart."
—Jane Austen

What's Happening

Nov 11-12 - Winter Chill Sale Explore all upcoming winter chill events in Fort Saskatchewan. Taking place at the Dow Centennial Centre, 8700 84 St Fort Saskatchewan, starting at 1pm Nov 11

Nov 4 - Holy Family CWL Craft Bake Sale will be held from 10:00 a.m. - 2:00 p.m at Holy Family Parish Hall, 75 Poirier Ave, St. Albert. Vendors selling a great variety of items. Also will have baked goods for sale. Raffle tickets for 3 great prizes and for vendors donated raffle items

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. The eighth planet from the Sun is Jupiter, Neptune, or Saturn?
2. In music, time signature is a fraction-like number showing what?
3. Make a _____ viewer from cardboard to look at a solar eclipse
4. Who wrote The Tale of Peter Rabbit?
5. A cuttlefish has one, two, or three hearts?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us: 780.423.7781 | 1.888.423.9666

Alberta Council on Aging Let's Stop Ageism

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

COUNTRY CRAFT FAIR
NOV 18 & 19

ST. ALBERT PLACE | 5 ST. ANNE STREET
FREE ADMISSION

SAPVAC.CA

PAWNSTERS INC.

YOUR LOCAL PAWN SHOP

SCAN TO VIEW OUR LATEST INVENTORY

Tues-Sat, 10:30-6 | Sun, 12-5
322 McLeod Ave., Spruce Grove
www.pawnsters.ca 587.461.1798

BUY • SELL LOAN

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

5120-41 Street (Located in Gibbons Industrial Park)

STORAGE UNITS STARTING AT \$85 PER MONTH

GIBBONS MINI STORAGE

- 24 HR. SURVEILLANCE
- KEYPAD ACCESS
- LOCALLY OWNED AND OPERATED

Country Pricing... with City Service!

O: 780-271-0469
C: 780-916-5843

www.gibbonsministorage.ca

The World's #1 Restaurant Publication!

Celebrating 40 Years
 FALL GENERAL MEETING
 Speaker: Cpl. Mike Fulton,
 RCMP K Division
 New Fan Out System - RAVE
 sturgeonrcwa@gmail.com
 Tuesday, Nov. 14 | 7 p.m. | Gibbons Cultural Centre

like us
 We are your Apple experts!
 one bite technology
 587.290.0200
 www.onebitechtechnology.ca
 Retail store now open!
 22A Muir Drive, St. Albert

- Mac & PC Repair, Tech Support
- iPhone & iPad Repair
- Used Apple Device Sales
- Upgrades, Repairs, and (Used) Sales

Alberta's Best
 SENIORS' INTERNET PLAN
 • \$70/MONTH - VERY FAST SPEED, UNLIMITED USAGE
 • FREE HOME PHONE SERVICE
 • FREE NETWORK PROTECTION

NORTHERN LIGHTS FIBER
 FREE HOME PHONE!
 SIGN UP TODAY!
 NORTHERNLIGHTSFIBER.CA

Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting
 780.760.6922
 frontlineconsulting.ca

We Pay CASH For Your Scrap Metal!
Yes!
 We accept ALL scrap metals

BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP

RICHMOND STEEL RECYCLING
 16610-129 Avenue NW, Edmonton
 587.689.3100 | richmondsteel.ca

From the Heart Laser Therapy

- Smoking Cessation
- Drug Addiction
- Sugar Addiction

Also treatments for
 • Anxiety & Depression

587-357-2455

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
 TF: 1-800-704-4779

HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS®
 www.hearttohomemeals.ca

We've moved...
 VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE
 BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
 780.962.5220 | www.giftsandgadgets.ab.ca

Your Weekly Horoscope

ARIES (March 20 - April 19)



This week you may find yourself digging in your heels and not budging on what you want. Can you adjust your view of the situation to create a solution? Lucky numbers: 1, 2, 4, 30, 37, 45.

TAURUS (April 20 - May 20)



Look below the surface of a situation in your life. If you can see the truth of it, an opportunity may emerge for you to make progress about it. Lucky numbers: 2, 15, 16, 29, 30, 34.

GEMINI (May 21 - June 20)



The beginning of the week may be a good time to gather information for making a decision. If you end up with too many options, wait a few days before acting. Lucky numbers: 11, 13, 17, 35, 40, 43.

CANCER (June 21 - July 21)



The Cancer-born often like to focus their endeavours on those in their immediate circle. Now may be a good time to see where your broader community has a need. Lucky numbers: 12, 16, 17, 19, 30, 42.

LEO (July 22 - Aug. 22)



For a few days at the end of the week, you may have an opportunity for an emotional reset. Perhaps you can direct your natural enthusiasm and energy to accomplish a goal. Lucky numbers: 4, 13, 23, 40, 41, 43.

VIRGO (Aug. 23 - Sept. 22)



Virgos often like to maintain the stability of their current situation. Over the next year, the Universe may encourage you to let go of what is no longer serving you. Lucky numbers: 3, 8, 29, 37, 38, 44.

LIBRA (Sept. 23 - Oct. 22)



Sometimes Libras readily take people and situations at face value, in order to avoid conflict. If you look deeper now, an opportunity may be revealed to positively address this dynamic. Lucky numbers: 6, 20, 27, 41, 45, 46.

SCORPIO (Oct. 23 - Nov. 21)



Are you passionate about your goals? This may be a good week to take a step toward achieving one. Perhaps reach out to others who share your values and ask for assistance. Lucky numbers: 2, 15, 21, 33, 36, 47.

SAGITTARIUS (Nov. 22 - Dec. 20)



Exuberance and optimism are Sagittarius strengths. But sometimes examining hard truths is necessary to successfully move forward. Does this apply to you now? Lucky numbers: 5, 11, 16, 31, 37, 40.

CAPRICORN (Dec. 21 - Jan. 19)



Capricorn is ruled by Saturn, known as the "taskmaster" planet. However, at the beginning of the week, being more nurturing to yourself and others may be helpful. Lucky numbers: 1, 3, 8, 19, 31, 47.

AQUARIUS (Jan. 20 - Feb. 18)



Your heart and mind may not be on the same page at the end of the week. You might want to take a time-out for a few days. Lucky numbers: 3, 7, 11, 14, 45, 46.

PISCES (Feb. 19 - March 19)



At midweek, you may be seeking greater emotional connections in your relationships with others. Be careful that your expectations are realistic and you see things clearly. Lucky numbers: 1, 3, 10, 15, 27, 35.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 33.

Did You Know...

Soft drink saga: American Charles Leiper Grigg invented the lemon- and lime-flavoured 7UP in 1929. Its original name was Bib-Label Lithiated Lemon-Lime Soda.

Versatile writer: Celebrated American author and Nobel Prize winner Ernest Hemingway wrote many novels and short stories. He served in World War I and was a correspondent and journalist in World War II.

Stolen and recovered: "The Scream," a famous painting created in 1893 by Norwegian artist Edvard Munch, was stolen from the National Gallery in Oslo in 1994. Luckily, police were able to recover it a few months later.

Teeny weeny bikini: Not always popular in the world of bathing suit fashion, bikinis were first revealed in 1946. French designer Louis Réard had trouble finding a model to show off his midriff-baring creation.

Ravenous raptor: The golden eagle is known for its hunting skills, always on the lookout for small prey like rabbits and foxes. However, it will attack larger mammals, such as coyotes, to protect its young.

On the Lighter Side

Patient: "Doctor, I keep thinking I'm a dog."
 Doctor: "Lie on the couch. I'll see what I can do."
 Patient: "I'm not allowed on the couch."

Knock! Knock! Who's there? Turtle. Turtle who? Turtle-loo!

What is at the end of a rainbow? The letter W.

The outdoor store had a big paddle sale. It was quite the oar deal.

My mechanic said, "I couldn't repair your brakes, so I made your horn louder."

Answers

Trivia answers: 1. Neptune 2. Beats per measure 3. Pinhole 4. Beatrix Potter 5. Three

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

Injured? Now What? We Help - A Lot!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries
 YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

My office is always available to connect you to government services and to provide information on local initiatives.

Dale Nally, MLA
 MORINVILLE - ST. ALBERT

780-572-6161
 Morinville.StAlbert@assembly.ab.ca

Jennifer Miles, Agent
 125-15 Circle Dr
 St. Albert AB T8N 3Y7
 780-460-2279
 www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
 Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

IS ADVENTURE ON YOUR BUCKET LIST?

Learn to Scuba Dive
 Ask about our Buddy Special

Discover Snorkeling
 1-Hour Lesson at the Pool!
 Snorkeling Sets for the Family

The Dive Outfitters
 Scuba Diving & Snorkeling
780.483.0044
 11781-156 St., Edmonton
www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

PRAIRIE SUNSET
 Funeral Home and Cremation Services
 A DIVISION OF THE CARINGROUP INC.

780-470-5005 St. Albert
 780-349-5006 Westlock

www.psfh.ca

yes tv

FREE LIVE STREAMING COMING THIS FALL
 visit yestv.com for details