

FREE! *New Issue Every Week!*
Coffee News[®]
 "News To Be Enjoyed Over Coffee"
Bonnyville Edition
877-553-6397



www.coffee-news.ca

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!



Can't get to your Coffee News[®] each week?

Check out our PDF editions online!
 New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

LOYALTY, TRUST AND EXPERIENCE SINCE 1975

owned by the **Thackeray** FAMILY

Memento FUNERAL CHAPEL
 (1975) LIMITED
 mementofuneralchapel.com

FUNERALS • CREMATION • MONUMENTS • PRE-PLANNING

QUALITY FUNERAL SERVICES WITH AFFORDABLE OPTIONS AND A PRICE MATCH GUARANTEE (WITHIN NORTH EASTERN AB)

CURRENTLY OFFERING UP TO **35% OFF** MONUMENTS


BONNYVILLE 780-826-3113 COLD LAKE 780-639-3113 ST. PAUL 780-615-3113

Sunrise Cannabis
 LOCALLY OWNED AND OPERATED

Flower • Personal Care • Concentrates • Accessories
 K9 Products • Edibles • Beverages • CBD • CBN

Located in the centre of town between Express Pizza & Subway
 4809-50 Avenue, Bonnyville

780.812.2331



Pregnant? Facing Difficult Decisions?

We can help.
 Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Improve Your Overall Health & Performance!

Support your active lifestyle by empowering your joints and bones.

Choose one of our Collagen supplement(s) to help to promote mobility, strength and vitality. Go ahead and embrace that youthful glow!

vennerbrandlabs.com

780.441.1891 | vennerbrand@gmail.com | vennerbrandinc

FREE SHIPPING ON ORDERS OVER \$150



READY FOR CHANGE?

Hypnotherapy can help where nothing else has!

THE BLONDE MOVEMENT

A revolution to help women restore their power to live their best, unfiltered life with transformational hypnotherapy

Call or text to book your complimentary consultation today.
780.201.7646

REGISTRED THERAPIST

Everybody's Talking

Salty place: Anyone who wants to fill a salt shaker, and happens to be near eastern Germany, need look no further than Monte Kali. This mountain of salt, located near the town of Heringen, contains enough of the condiment to fill an infinite number of shakers. The landmark towers over the area and can be seen for miles. The salt started accumulating in the 1970s when potash mining companies needed a place to store sodium chloride, which is a byproduct of the industry. The mountain has become a tourist attraction, with some people even daring to climb to the top of the pile to see the view of the region.

Mistaken identity: A Colombian man named Rene Martínez Gutierrez has had his share of trouble, all because of his name. He shares his handle with a notorious criminal from Peru, and the situation has caused him to be arrested and thrown in prison on three occasions since 2010. Each time, this loving husband and father who does not have a criminal record, was detained by authorities because of the mistaken identity. The first time it happened, he was jailed for eight days and the second time for two months. He is now fighting a third detention, hoping that his identity will be cleared, once and for all.

No time: Most bank robbers try to grab the loot and run before the cops arrive. Not so for a thief in Salt Lake City, Utah (U.S.), who waited somewhat impatiently for police to arrive and take him to jail. Donald Santacroce, a sexagenarian, approached a local bank teller and slid her a note asking for \$1. The note even said "please" and "thank you." He told the teller to call the police, and then he took a seat and waited. Santacroce was eventually arrested, but he did not get his wish to go to federal prison. Instead, he spent a short stint in the county jail. Apparently, the cops didn't take him too seriously!

Jockeyless winner: In the horse racing industry, when a jockey falls off, the horse is disqualified from the race. But when a jockey fell off a horse during the Tokay Stakes 2023 race in Nagoya, Japan, the horse went on to finish first! The horse's name is Vanyar, and the unfortunate jockey lost his balance and went flying at the beginning of the race. Instead of Vanyar simply wandering off the course, as jockeyless horses usually do, the determined animal continued on, keeping perfect pace with the others, and speeding up near the end. Although Vanyar's "win" was not legitimate, he earned praises from onlookers for his prowess.

Quoteable Quotes

"In the past, people were born royal. Nowadays, royalty comes from what you do." —Gianni Versace

"There is no charm equal to tenderness of heart." —Jane Austen

What's Happening

Ongoing - Tuesday Yoga Join Tuesday Yoga at Cherry Grove Hall. Every Tuesday starting at 7pm, 5011 50A Ave, Cherry Grove. \$10/class Contact Sarah 780-201-2479 for more info

Oct 26 - Sound Healing Meditation Bring your yoga mat, a blanket, and discover how the body can be relieved of stress through gentle movement and sound healing. Taking place at the Cold Lake Energy Centre, 1759 - 7825 51 St, for more info contact Lidiia at 780-453-5053

Nov 24 - Student Writing Workshop Grades 3-12, expect warm-up activities, idea-generating games, and time to write an unforgettable tale. Author Joan Galat visiting. Registration required visit <https://lbc1.wufoo.com/forms/wkkgxa1025vm8s>. Stuart MacPherson Public Library from 1:30pm-4pm

NON profit organizations may submit events for FREE at www.coffee-news.ca

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. The eighth planet from the Sun is Jupiter, Neptune, or Saturn?
2. In music, time signature is a fraction-like number showing what?
3. Make a ___ viewer from cardboard to look at a solar eclipse
4. Who wrote The Tale of Peter Rabbit?
5. A cuttlefish has one, two, or three hearts?

(Flip bottom of page for answers)

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations*
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
 TF: 1-800-704-4779

HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS[®]
 www.hearttohomemeals.ca

CALLING ALL CRAFTERS TO JOIN US!

Bonnyville Craft Show
 November 4 | 10 am-4 pm
 Bonnyville Centennial Centre
 No admission charge, but donations for the Christmas Food Hamper project greatly appreciated

Cold Lake Craft Show
 November 25 | 10 am-4 pm
 Cold Lake Energy Centre
 No admission charge, but donations for the Cold Lake Food Bank greatly appreciated

Contact Pat: pat.berlinguette@gmail.com or 780.594.4610

ELK POINT VAPE SHOP

780.614.6255 | 4910-50 Avenue, Elk Point



MARINE SUPPLY!

PARTS AND ACCESSORIES

L & D Marine Rentals

61116 Hwy. 28 W Bonnyville
780.201.0154

Oil for ALL Applications: Automotive • Power Sports Marine • Heavy Duty Diesel, etc.

BOAT RENTALS AND REPAIRS

BRIGGS & STRATTON DEALER

DISCOVER THE POWER OF **EXCEL**

Become a Better Speaker and Presenter!

- Communicate with confidence
- Develop your leadership skills
- Listen effectively

WHERE LEADERS ARE MADE

Lakeland Toastmasters Club
 Wednesdays 7-8:30 pm
 780.812.0611 | lakeland.tm@gmail.com

ZOOM MEETINGS AS WELL AS IN-PERSON

Injured? Now What? We Help - A Lot!



Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews



We've moved...
VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE
BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

BLUE BLOODS
MON - THURS 9:00

yesTV

We Need Volunteers In Your Area!
Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging
Contact us:
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Become a School Bus Driver.
Now Offering Paid Training and a \$1,000 Signing Bonus.*

Apply now @ coldlakebus.ca

*signing bonus details within job ads

Farmstead MARKET & MORE
M-F, 10-6 | Thurs, 10-8 | Sat, 11-5 | Closed Sun & Holidays

OVER 250 LOCAL VENDORS IN STORE!

VENDOR COLLECTIVE
Clothing • Jewellery
Home Decor • Bath & Body
Giftware • Cleaning
Fresh Produce • Local Meats
Pantry & Freezer Items

BISTRO
Specialty Beverages
Fresh Baked Muffins, Cookies & Pastries
Hot Soup and Sandwiches
(made to order with local meat & produce)
Grab 'n Go Options • Daily \$12 Lunch Specials

780.205.3961
4908-50 (Main) St.
Kitscoty

Second-hand finds with first-class style

Donations of clothing and accessories accepted at 5316-54 Avenue Bonnyville

Non Profit Thrift Store
Open Mon-Sat, 10 am - 5 pm

HEART 2 HEART CLOTHING EXCHANGE
780.826.9462

Short and Long Term Rentals Available

INQUIRE TODAY

MACRO PROPERTIES

780-207-7947 | www.macroproperties.com

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish
Visit makeawish.ca

Your Weekly Horoscope

ARIES
(March 20 - April 19)

This week you may find yourself digging in your heels and not budging on what you want. Can you adjust your view of the situation to create a solution? Lucky numbers: 1, 2, 4, 30, 37, 45.

TAURUS
(April 20 - May 20)

Look below the surface of a situation in your life. If you can see the truth of it, an opportunity may emerge for you to make progress about it. Lucky numbers: 2, 15, 16, 29, 30, 34.

GEMINI
(May 21 - June 20)

The beginning of the week may be a good time to gather information for making a decision. If you end up with too many options, wait a few days before acting. Lucky numbers: 11, 13, 17, 35, 40, 43.

CANCER
(June 21 - July 21)

The Cancer-born often like to focus their endeavours on those in their immediate circle. Now may be a good time to see where your broader community has a need. Lucky numbers: 12, 16, 17, 19, 30, 42.

LEO
(July 22 - Aug. 22)

For a few days at the end of the week, you may have an opportunity for an emotional reset. Perhaps you can direct your natural enthusiasm and energy to accomplish a goal. Lucky numbers: 4, 13, 23, 40, 41, 43.

VIRGO
(Aug. 23 - Sept. 22)

Virgos often like to maintain the stability of their current situation. Over the next year, the Universe may encourage you to let go of what is no longer serving you. Lucky numbers: 3, 8, 29, 37, 38, 44.

LIBRA
(Sept. 23 - Oct. 22)

Sometimes Libras readily take people and situations at face value, in order to avoid conflict. If you look deeper now, an opportunity may be revealed to positively address this dynamic. Lucky numbers: 6, 20, 27, 41, 45, 46.

SCORPIO
(Oct. 23 - Nov. 21)

Are you passionate about your goals? This may be a good week to take a step toward achieving one. Perhaps reach out to others who share your values and ask for assistance. Lucky numbers: 2, 15, 21, 33, 36, 47.

SAGITTARIUS
(Nov. 22 - Dec. 20)

Exuberance and optimism are Sagittarius strengths. But sometimes examining hard truths is necessary to successfully move forward. Does this apply to you now? Lucky numbers: 5, 11, 16, 31, 37, 40.

CAPRICORN
(Dec. 21 - Jan. 19)

Capricorn is ruled by Saturn, known as the "taskmaster" planet. However, at the beginning of the week, being more nurturing to yourself and others may be helpful. Lucky numbers: 1, 3, 8, 19, 31, 47.

AQUARIUS
(Jan. 20 - Feb. 18)

Your heart and mind may not be on the same page at the end of the week. You might want to take a time-out for a few days. Lucky numbers: 3, 7, 11, 14, 45, 46.

PISCES
(Feb. 19 - March 19)

At midweek, you may be seeking greater emotional connections in your relationships with others. Be careful that your expectations are realistic and you see things clearly. Lucky numbers: 1, 3, 10, 15, 27, 35.

Lucky numbers this week: This week's odds favour Scorpio winners with the luckiest number being 33.

Did You Know...

Soft drink saga: American Charles Leiper Grigg invented the lemon- and lime-flavoured 7UP in 1929. Its original name was Bib-Label Lithiated Lemon-Lime Soda.

Versatile writer: Celebrated American author and Nobel Prize winner Ernest Hemingway wrote many novels and short stories. He served in World War I and was a correspondent and journalist in World War II.

Stolen and recovered: "The Scream," a famous painting created in 1893 by Norwegian artist Edvard Munch, was stolen from the National Gallery in Oslo in 1994. Luckily, police were able to recover it a few months later.

Teeny weeny bikini: Not always popular in the world of bathing suit fashion, bikinis were first revealed in 1946. French designer Louis Réard had trouble finding a model to show off his midriff-baring creation.

Ravenous raptor: The golden eagle is known for its hunting skills, always on the lookout for small prey like rabbits and foxes. However, it will attack larger mammals, such as coyotes, to protect its young.

On the Lighter Side

Patient: "Doctor, I keep thinking I'm a dog."
Doctor: "Lie on the couch. I'll see what I can do."
Patient: "I'm not allowed on the couch."

Knock! Knock! Who's there? Turtle. Turtle who? Turtle-loo!

What is at the end of a rainbow? The letter W.

The outdoor store had a big paddle sale. It was quite the oar deal.

My mechanic said, "I couldn't repair your brakes, so I made your horn louder."

Answers

Trivia answers: 1. Neptune 2. Beats per measure 3. Pinhole 4. Beatrix Potter 5. Three

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

SHOP ONLINE!
www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

yesTV

FREE LIVE STREAMING COMING THIS FALL
visit yesTV.com for details

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call **LOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

Need Help with the Digital Side of Business?

We Can Help - for Free!

- Google My Business
- Websites
- Social Media

Contact Community Futures OR mel.digital@cf11b.com

Community Futures | Digital Economy Program | Alberta Government

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Home | Auto | Business | Farm

We're in your community

780.826.4160
2 - 4428 50 Ave, Bonnyville
BrokerLink Insurance

©2023 BrokerLink Inc. *BrokerLink & Design is a registered trademark of BrokerLink Inc. All rights reserved.

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

Aug. 1 Draw Winners: Fiona L. from Edmonton, Paige H. From Red Deer, Ellery T. from Calgary
Sept. 1 Draw Winners: Emily J. from Sherwood Park, Preston H. from Edson, Sandy P. from Calgary
Oct. 1 Draw Winners: Cassi S. from Edmonton, Walter A. from Calgary, Karen P. from Okotoks

inogen

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

CLAIM YOUR 14-DAY RISK-FREE TRIAL!

14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.
PMS20469 EN_EX_USA | Rx Only © 2023 Inogen, Inc.
303 Comstar Drive, Golden, CO 80437
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.