

Come To You!

# MOBILE AUTO TECHNICIAN

FOR ALL YOUR REPAIR AND DIAGNOSTIC NEEDS

**SIMBA PERFORMANCE AND MOTOR SPORTS**

Simba Panesar  
Licensed Automotive Technician - 310S 310T

**416.909.4039**

Less Stress, More Smiles

## AVALON DENTAL

ORAL HEALTH AND WELLNESS CENTRE

From routine preventative care, to cosmetic improvements and orthodontics, we have you covered.

910 Roper Rd. NW  
Edmonton

**780.465.0994**

avalondentalreception@gmail.com

AVALON DENTAL SERVICES  
BRACES 4 ALL ORTHO-DONTICS  
MERRELL SLEEP CLINIC  
INFANT FREN-ECTOMY

Proudly providing excellence in dentistry to Edmontonians since 1986.

**J.R. WATKINS**  
Since 1868 TRADE MARK

YOUR INDEPENDENT WATKINS CONSULTANT

**Donna Ouellette**  
ID# 029268N

**780-469-5715**

www.RespectedHomeBusiness.com/enter29268

A full line of natural products for your home and family

Edmonton Chamber  
WORLD TRADE CENTRE

We support businesses big and small.

LIVE AT

## HOLYROOD SQUARE!

- In-suite Laundry
- Rooftop Deck and BBQ
- Full-sized Kitchen Appliances

Call 780-229-6099 for more information

Come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

**780.853.5706**

Contact our office at admin@vdhf.ca  
www.vdhf.ca  
5401-46 St., Vermilion

Vermilion & District  
**Housing Foundation**

**Best Kept Secret in the Park!**

The community thrift store with heart

201 Athabasca Ave.  
Sherwood Park  
780.464.7786  
www.countyclthes-line.com

County Clothes-Line

CELEBRATING 40 YEARS OF GIVING

Looking to join a great team?  
**Store Associates**  
3-4 days/wk  
Contact us today:  
clothes1@telusplanet.net

yes tv

**FREE LIVE STREAMING COMING THIS FALL**

visit yestv.com for details

**FREE!** New Issue Every Week!

# Coffee News®

"News To Be Enjoyed Over Coffee"

East Edmonton Edition

**780-220-6397**

www.coffee-news.ca

Vol. 20 No. 45 November 6, 2023

## Everybody's Talking

**Rock story:** A young Canadian girl who likes to collect pretty rocks almost lost one of her favourites, but got it back. Georgia LeMasurier, from New Brunswick on the country's east coast, was visiting her grandmother in British Columbia on the west coast. As usual, she was carrying her favourite rock, but lost it on the airplane. Unfortunately, by the time she and her family realized the rock was missing, the plane had already taken off for London, England. Although the loss may have seemed trivial, LeMasurier's mom reported the loss to the airline. About a week later, they got a phone call. Someone had found the rock, after it took several trips to different cities.

**Bird brains:** If you have a pet macaw, don't let it fly free. A Taiwanese man discovered this after he took his two macaws to a local park. He set the birds free to fly around but one approached a jogger from behind, landing on his back. The startled jogger, who turned out to be a doctor, fell and hurt himself. While recovering, he had to miss work so he lost income. Not surprisingly, he sued the birds' owner. The owner, whom the court ruled should have better supervised the birds, received a short prison term and a fine of NT\$3.04 million. Hopefully, a responsible person will look after his macaws while he's serving time!

**Shop crazy:** Those who love shopping might want to try Gekas Ullared. This giant Swedish department store is said to be the biggest in the world. Larger than five football fields, it is located in the small town of Ullared, in the southern part of the country not far from Gothenburg. Opened in 1963, Gekas Ullared has made its namesake town famous, with millions of shoppers a year elbowing their way through the store. The mall-style store has departments for everything from toys to food to technology, along with home decor, clothing and much more. There's even a hotel for those who want to spend multiple days shopping for deals to their hearts' content.

**Shhhh!** Two of the quietest rooms in the world are found in the United States: one at Orfield Labs in Minneapolis, Minnesota, and the other at Microsoft's Audio Lab in Redmond, Washington. Both rooms are known as anechoic chambers, which are built to stop any outside noise from getting inside. Apparently, visiting one of these chambers is quite an eerie experience, as the only audible sounds are produced inside the room, such as a visitor's heartbeat, breathing, and stomach gurgles. Even extremely faint sounds seem loud because there is no background sound to muffle them. Most people can only stay in an anechoic chamber for a short time as it's disorienting and odd.

## Quoteable Quotes

"Faith in oneself is the best and safest course." —Michelangelo  
"Proper listening is the foundation of proper living." —Plutarch

## What's Happening

**Nov 18 - All Is Bright 2023** All is Bright is an annual outdoor winter light-up festival by 124 Street Area BIA and it is happening on Saturday, November 18th between 4 PM to 8 PM. The main festival grounds run along 124 Street between 107 AVE to 109 AVE.

**Nov 18 - Hosanna Christmas Quilt Sale** from 11 am - 1:30 pm at Hosanna Lutheran Church, 9009 - 163 Street. Over 100 quilts afghans very reasonably priced. Coffee, tea and cookies available for a donation to the Christmas Bureau. Call 780-484-3932.

NON profit organizations may submit events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca)

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks  
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

## Trivia

1. The Nutcracker ballet is based on a book by this writer.
2. Dalmatian puppies are born without spots—T/F?
3. The Tour de France bicycle race began in 1903, 1933, or 1973?
4. What is the largest lake in the world?
5. An early, wooden ancestor of the tuba was called a serpent, frog, or duck?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

Beyond LAND ACKNOWLEDGEMENTS

WESTWOOD UNITARIAN  
**RECONCILIATION SOUP & SPEAKER SERIES**

Interested in learning more, and engaging in activities to encourage reconciliation? **October 13 & November 17 6-8 PM**

Register now for a Friday evening of soup, stories and conversation. **Advanced Registration is free & required.**

11135 - 65 AVENUE NW, EDMONTON, TREATY 6 TERRITORY

More info:  
[www.westwoodunitarian.ca](http://www.westwoodunitarian.ca)  
[workshops@westwoodunitarian.ca](mailto:workshops@westwoodunitarian.ca)

**ST. DAVID'S WELSH MALE VOICE CHOIR**  
(DIRECTOR GLENDA MURPHY) ALONG WITH OPUS @ 12 STRINGS AND FLUTE, PLUS THE SHERWOOD PARK UNITED HARMONY HANDBELLS (DIRECTOR SUSAN GALLOWAY) PRESENT

## Merry and Bright

**SUN., DECEMBER 3 • 2:30 P.M.**  
Trinity Evangelical Lutheran Church  
10014-81 Avenue, Edmonton

Tickets from any choir member or call Bob at 780.475.4140

ADMISSION \$25

Join us for a wonderful Christmas concert!

Trusted Home Care Services

## EVERYTHING YOU NEED TO Stay Comfortably at Home

- ✓ Housekeeping & Laundry
- ✓ Shopping & Meal Prep
- ✓ Medication Support
- ✓ Transportation & Errands
- ✓ Expert Care & More!

**10% DISCOUNT** for New Clients!

FREE Assessment 780-729-2274  
[info@cedruscareservices.ca](mailto:info@cedruscareservices.ca)

OR SCAN HERE FOR MORE INFO

## THIS SPACE FOR RENT

Call 780-220-6397

**Become a School Bus Driver.**

Now Offering Paid Training and a \$1,000 Signing Bonus.\*

Apply now @ [southland.ca](http://southland.ca)

\*signing bonus details within job ads

Smile with Confidence:  
**AFFORDABLE DENTURE SERVICES**

NAIT's Dental Clinic has been providing high-quality, low-cost denture services for nearly 50 years. Get superior dentures at an affordable rate while giving our students valuable hands-on experience.

**BOOK YOUR APPOINTMENT TODAY:**  
780.471.7786 • [dentalclinic@nait.ca](mailto:dentalclinic@nait.ca)  
[nait.ca/dentures](http://nait.ca/dentures)

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

**PSC Prairie Scented Candles**

Sunset Scents  
a RAY of Fragrance

[prairiescentedcandles@gmail.com](mailto:prairiescentedcandles@gmail.com)  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**FEEL THE BEAT!**

- Car Audio
- Remote Starters
- Window Tint
- Tire Change/Balance
- Car Detailing

...and more

**DANCY**  
CAR AUDIO INSTALLATION AND MORE

STOP BY FOR A FREE CONSULT

587.735.2839 | 7400-52 St. Edmonton



**Get The Smile You Deserve!**

\$99 New Patient Exam | Lower Than Current Fee Guide | Complimentary Teeth Whitening

**Floss Bosses.ca**  
Your. New. Routine.  
825.901.GUMS | #207, 6958-76 Ave. NW



**When YOU Get Paid We Get Paid**

Over HALF A BILLION Recovered For Our Clients!

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)



Do you have a favourite quilt that needs repair?

**Longarm Quilting Services**

Offering a variety of quilting services

- Longarm Quilting
- Digital Edge2Edge
- Competitive Rates
- Friendly Environment

Free Quote! 780.554.1350 | reidse@shaw.ca

**WHEEL OF FORTUNE**

WEEKNIGHTS 7PM/6PST

yesTV



Real Estate | Wills | Contracts

**HOMESTEAD** LAW

Tamara D. Epple B.A., J.D.

780.243.2116  
[www.homesteadlaw.ca](http://www.homesteadlaw.ca)

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

**Clinical Optometry and Support**

...for glaucoma, eye pain, diabetic care and blurry vision, and more

From simple issues such as irritating floaters to more serious diseases of the retina, it is important to deal with any issue as soon as possible, before it can escalate to a more serious condition.

**DR. GREGORY KING** BSC/OD

Optometric Assistants: Lise MOA, Amanda MOA, Rachid

8130-82 Ave., beside TD Bank (Inside Bonnie Doon Medical Centre)

Book an appointment today: 780.465.7600

Ever dreamed of being an **ARTIST?**

Or perhaps you're an experienced artist looking for something different?

Edmonton has an art school conveniently located in the downtown area, and it might just be the perfect environment to help you realize your artistic potential!

**A.Z.** The Adrian Zorzut School of Fine Art

780.660.0044 | 10248-106 St. NW

[theadrianzorzsutchooloffineart.ca](http://theadrianzorzsutchooloffineart.ca)

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)



At midweek, you may come face to face with an unpleasant truth from the past. It may be encouraging you to adjust your view of the situation and release it. Lucky numbers: 6, 10, 12, 21, 29, 35.

**TAURUS**  
(April 20 - May 20)



Some who are Taurus put up with an upsetting issue for a long time, then suddenly reach a boiling point. Be aware that such a potential exists this week. Lucky numbers: 11, 13, 19, 24, 41, 47.

**GEMINI**  
(May 21 - June 20)



For the next three weeks, you may find your emotions are in conflict, seesawing between two views. Be careful about projecting this conflict onto others as you interact. Lucky numbers: 4, 6, 7, 9, 43, 47.

**CANCER**  
(June 21 - July 21)



Cancers are often good at nurturing people. At midweek, you may be tempted to be overly indulgent to others. Be careful of them taking advantage of it. Lucky numbers: 5, 9, 11, 29, 33, 42.

**LEO**  
(July 22 - Aug. 22)



Your natural enthusiasm may expand for the next few weeks, especially in communications with others. To avoid repercussions, be sure you can deliver on promises you make. Lucky numbers: 6, 8, 9, 14, 18, 24.

**VIRGO**  
(Aug. 23 - Sept. 22)



Your detail-oriented nature may be heightened early this week. Consider a solo project where this is useful. Try not to be overly critical when interacting with others. Lucky numbers: 12, 15, 26, 28, 46, 47.

**LIBRA**  
(Sept. 23 - Oct. 22)



Love is in the air. Venus, which rules Libra, will be in your sign for the next three weeks. Who and what you love may be a focus for you during this time. Lucky numbers: 9, 16, 18, 19, 31, 40.

**SCORPIO**  
(Oct. 23 - Nov. 21)



Your ability to see deeply into people and situations may be heightened at week's end. Be aware of this when interacting with others and accordingly. Lucky numbers: 3, 5, 6, 28, 35, 42.

**SAGITTARIUS**  
(Nov. 22 - Dec. 20)



Mercury, planet of communications, is in Sagittarius for the next few weeks. You may be busy, and might have an opportunity to successfully communicate with others. Lucky numbers: 12, 17, 18, 29, 35, 36.

**CAPRICORN**  
(Dec. 21 - Jan. 19)



This week you may find yourself in deep thought or having serious discussions. Speak from your values, and others might respect your arguments even if they disagree. Lucky numbers: 2, 6, 11, 23, 29, 33.

**AQUARIUS**  
(Jan. 20 - Feb. 18)



The next few weeks may have a potential that allows you to develop deeper emotional connections to others. But you might need to actively reach for the opportunity. Lucky numbers: 1, 4, 13, 28, 42, 44.

**PISCES**  
(Feb. 19 - March 19)



Pisces often understand the invisible realm, but struggle to communicate it. This week, tweaking your communication style may let you successfully express your understanding. Lucky numbers: 11, 14, 24, 32, 35, 36.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 17.

## Did You Know...

**Slang start:** Most everyone says "OK" multiple times a day. That started in 1839 when the *Boston Morning Post* in Massachusetts (U.S.) used it for "oll korrekt," a then-popular, intentional misspelling of "all correct."

**Female pilot:** In 1911, journalist Harriet Quimby received a pilot's licence, the first American woman to do so. The following year, she was the first woman to fly across the English Channel.

**Money makers:** The blockbuster movie *Jaws* hit theatres June 20, 1975. It made more money than any previous movie. Of course, that record has been broken a number of times since, including by *Avatar* and *Titanic*.

**Walking wire toy:** A toy still popular today is the Slinky, that coil of wire that can "walk" down a set of stairs. It was the brainchild of Richard James, a mechanical engineer who invented it in the 1940s.

**Scary story:** Readers were first able to buy the famous book *Dracula* in 1897, when it was made available in bookshops in London, England. The classic novel was written by Irishman Bram Stoker.

## On the Lighter Side

Knock! Knock! *Who's there?* Noise. *Noise who?* Noise to see you. How are you?

What do you get when you cross a cat with a lemon? A sour puss.

People who scuba are a divers group of people.

Did you hear about the pig on the baseball team? She played snort stop.

Pet shop customer: "Do any of your dogs go cheap?"  
Owner: "Sorry, all our dogs go woof."

## Answers

4. Caspian Sea 5. Serpent  
**Trivia answers:** 1. E.T.A. Hoffman 2. True 3. 1903

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

Book now and SAVE - [www.bookcamrose.ca](http://www.bookcamrose.ca)

**WOMENS WORKWEAR**

[www.womensworkwear.ca](http://www.womensworkwear.ca)

**STORE NOW OPEN!**  
5403 Gateway Blvd NW, Edmonton  
Enjoy The Experience



**NEW AND USED WINTER TIRES**

Quality tires...at reasonable prices

**FAST TIRE & REPAIR SERVICE**

**780.667.9900**

onkartrucking13@yahoo.ca  
4786-76 Avenue NW, Edmonton



**Look and Feel Your Best!**

Ever tried reflexology? Relax. Recharge. Rejuvenate.

Don't leave reflexology out of your preventative health maintenance program! It can have many benefits, including sleep aid, tension relief, improved digestion and circulation.

Facial Cupping • Add Cupping to a Facial for \$15 (reg. \$25) • Facial and Body Sugaring • 25% Off all Sugaring Services (introductory price for April) • Medical Aesthetics • Professional & Medical Grade Facials

ESTore Reflexology

Visit us today at 4530-99 Street Edmonton

780-975-9862 [restorereflexology.ca](http://restorereflexology.ca) 587.499.0427 [beautydiamondmedispa.ca](http://beautydiamondmedispa.ca)



**INDOOR YEAR ROUND MARKET!**

**CAPILANO FARMERS' MARKET**

Saturdays 9:30 a.m.-3 p.m.  
5004-98 Ave. (Capilano Mall)



**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**

**\$30,000 LUMP SUM REFUND**

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: 1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!



**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



**GET MORE FROM YOUR ONLINE CONTENT**

CONTENT MARKETING SERVICES

- Blog Writing
- Email Marketing
- Website Content
- Google Business Profile

FREE CONSULT

SCAN ME

Frontline 780.760.6922



**FIND OUT HOW YOU CAN SAVE UP TO 50% ON COMMISSIONS!**

At Seller Direct Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We SELL Your Home:

- 300+ Websites
- Social Media Ads
- QR Code to Home's Features
- 3D Tours & Professional Photos

**sellerdirect**  
Northern Homes Realty

780.638.4800 | [sellerdirectnorthernhomes.com](http://sellerdirectnorthernhomes.com)

PROUDLY SERVING EDMONTON & SURROUNDING AREAS

Diana Noble Owner/Broker

WE HELP BUYERS TOO!

SCAN TO FIND OUT YOUR HOME'S VALUE TODAY!

