

Do you have a favourite quilt that needs repair?

**Longarm Quilting Services**

**Julvia's QUILTING**

Offering a variety of quilting services

- Longarm Quilting • Digital Edge2Edge
- Competitive Rates
- Friendly Environment

Free Quote!

780.554.1350 | reidse@shaw.ca

RETIREMENT-LIVING

**CHRISTENSON**

Optional Meals • Personalized Services • On-Site Care

Join Our Vibrant Community

**Bedford Village**

Centre in the Park

Full Kitchens • Social & Recreation • U/G Parking

161 Festival Way, Sherwood Park

780-540-9500

CDLhomes.com

SENIORS & CAREGIVERS SUPPORT

PEACE OF MIND CONCIERGE

Helping seniors & their caregivers thrive.

SERVICES SPECIFICALLY DESIGNED FOR YOU:

- ✓ Assistance Navigating Resources
- ✓ Caregiver Consulting & Advocacy
- ✓ Problem Solving
- ✓ Emotional Support
- ✓ Companionship
- ✓ Personal Concierge

CONTACT US FOR A FREE CONSULTATION!

Tammy Lautner, RSW  
Founder/Owner

780.720.3035 www.peacemindconcierge.com  
CUSTOMIZED & FLEXIBLE TO FIT YOUR NEEDS.

**Become a School Bus Driver.**

Now Offering Paid Training and a \$1,000 Signing Bonus.\*

Apply now @ southland.ca

\*signing bonus details within job ads

**We've got you covered!**

CALL FOR YOUR FREE ESTIMATE TODAY

Serving Edmonton and Area for Generations

**ALF'S ROOFING** 464.6464

- ◆ Specializing in residential re-roofing
- ◆ Visit our showroom today
- ◆ In business since 1976

alfsroofing.com

**BUYING A NEW HOME? LOOKING TO REFINANCE? TIME TO RENEW?**

Contact your local mortgage broker to get started today!

LESLIE CAIRNS 780.570.5457  
ACCREDITED MORTGAGE PROFESSIONAL

Joy MORTGAGES KEYSTONE @JoyInMortgages

leslie@joyinmortgages.ca • www.joyinmortgages.ca

**FREE LIVE STREAMING COMING THIS FALL**

visit yestv.com for details

**FREE!** New Issue Every Week!

**Coffee News**®

"News To Be Enjoyed Over Coffee"

Sherwood Park South Edition

780-220-6397

www.coffee-news.ca

Vol. 20 No. 45 November 6, 2023

**Everybody's Talking**

**Rock story:** A young Canadian girl who likes to collect pretty rocks almost lost one of her favourites, but got it back. Georgia LeMasurier, from New Brunswick on the country's east coast, was visiting her grandmother in British Columbia on the west coast. As usual, she was carrying her favourite rock, but lost it on the airplane. Unfortunately, by the time she and her family realized the rock was missing, the plane had already taken off for London, England. Although the loss may have seemed trivial, LeMasurier's mom reported the loss to the airline. About a week later, they got a phone call. Someone had found the rock, after it took several trips to different cities.

**Bird brains:** If you have a pet macaw, don't let it fly free. A Taiwanese man discovered this after he took his two macaws to a local park. He set the birds free to fly around but one approached a jogger from behind, landing on his back. The startled jogger, who turned out to be a doctor, fell and hurt himself. While recovering, he had to miss work so he lost income. Not surprisingly, he sued the birds' owner. The owner, whom the court ruled should have better supervised the birds, received a short prison term and a fine of NT\$3.04 million. Hopefully, a responsible person will look after his macaws while he's serving time!

**Shop crazy:** Those who love shopping might want to try Gekas Ullared. This giant Swedish department store is said to be the biggest in the world. Larger than five football fields, it is located in the small town of Ullared, in the southern part of the country not far from Gothenburg. Opened in 1963, Gekas Ullared has made its namesake town famous, with millions of shoppers a year elbowing their way through the store. The mall-style store has departments for everything from toys to food to technology, along with home decor, clothing and much more. There's even a hotel for those who want to spend multiple days shopping for deals to their hearts' content.

**Shhhh!** Two of the quietest rooms in the world are found in the United States: one at Orfield Labs in Minneapolis, Minnesota, and the other at Microsoft's Audio Lab in Redmond, Washington. Both rooms are known as anechoic chambers, which are built to stop any outside noise from getting inside. Apparently, visiting one of these chambers is quite an eerie experience, as the only audible sounds are produced inside the room, such as a visitor's heartbeat, breathing, and stomach gurgles. Even extremely faint sounds seem loud because there is no background sound to muffle them. Most people can only stay in an anechoic chamber for a short time as it's disorienting and odd.

**Quoteable Quotes**

"Faith in oneself is the best and safest course." —Michelangelo  
"Proper listening is the foundation of proper living." —Plutarch

**What's Happening**

**Nov 29 - Comedians in the Park** An Inclusive Event. 102 Athabasca Ave, Sherwood Park, Doors Open 6:30pm. \$5. For Tickets Call Winder Inclusive Communities Service. 780-449-0494

**Nov 25 - St Joseph Hospital Auxiliary Christmas Fair** 10:00 am to 4:00 pm. Ermineskin Community Center, 10709 - 32 A Avenue. Sale of: Home Baking; Crafts; Gently Used Christmas Decorations; High Quality Costume Jewelry All proceeds donated to resident programs.

NON profit organizations may submit events for FREE at www.coffee-news.ca

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. The Nutcracker ballet is based on a book by this writer.
2. Dalmatian puppies are born without spots—T/F?
3. The Tour de France bicycle race began in 1903, 1933, or 1973?
4. What is the largest lake in the world?
5. An early, wooden ancestor of the tuba was called a serpent, frog, or duck?

(Flip bottom of page for answers)  
© Published with Permission by Capital Marketing Ltd

**FREE ROLLING TRAY**

WHEN YOU PRESENT THIS COUPON

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

NO PURCHASE NECESSARY

420

99 WYE ROAD **BUBONIC KRONIK** SHERWOOD PARK

ECIGS • VAPORIZERS • BONDS

**When YOU Get Paid We Get Paid**

Over HALF A BILLION Recovered For Our Clients!

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffee news

**CANADIAN SECURITY DEPOT LTD.**

- Security Cameras
- Access Control
- Special Orders
- Tools
- Network Hardware and Switches

AND MORE

https://cdnsd.ca

**WHERE FLAME MEETS FLAVOUR**

**PrimeTime Donair & Poutine**

— Sherwood Centre — 1020 Sherwood Drive #138 Sherwood Park 587-456-9190

— Baseline Village — 222 Baseline Rd #160 Sherwood Park 780-467-6970

OPENING ANOTHER LOCATION SOON IN ARDROSSAN

FOR

HOME | AUTO | LIFE | RRSP TFSA GROUP | BUSINESS | FARM | TRAVEL

"The Insurance Guyz" Tom & Todd

Tom Ciezki Todd T. Fournier

**co-operators**

Investments. Insurance. Advice.

780.464.3279 Aspen Plaza 260, 3820 Sherwood Dr. Sherwood Park

780.632.3240 #136, 4925-50 Ave. Vegreville

780.895.7303 5124-50 Ave. Lamont

**WHEEL OF FORTUNE**

WEEKNIGHTS 7PM/6PST

yesTV

**THOSE GUYS**  
GARAGE

Now Accepting New Clients

All services performed by qualified service technicians

**587-456-0164** Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

**the MAKERS keep**

A local collective boutique with over 350 vendors from all across Alberta!

112, 2755 Broadmoor Blvd Sherwood Park  
@tmksherwoodpark @themarkerskeep

587.200.0473  
www.themarkerskeep.com

**ART CLASSES**

*Artfully Yours* School of Fine Art

- \* Drawing \* Painting \* Sculpture \* Portfolio Preparation

#126 150 Chippewa Road (upstairs) Sherwood Park

**780.449.3824**

info@artfullyyourschool.ca  
artfullyyourschool.ca

GIFT CERTIFICATES AVAILABLE!

LIMITED ENROLLMENT - REGISTER TODAY

**Sonia Sells!**

**SONIA TARABAY**  
#1 AGENT  
RE/MAX ELITE (2017 - 2022)

**780.707.6015**  
SONIASSELLS.COM

**Life's busy. We can help.**

Kitchens • Bathrooms • Bedrooms  
Dusting • Mopping • Vacuuming

**Maids of Sherwood**

780.604.0528 maidsfsherwood@gmail.com

FLEXIBLE OPTIONS TO SUIT YOUR SCHEDULE AND LIFESTYLE:  
One Time | Weekly | Bi-Weekly | Monthly

PROFESSIONAL | APPROACHABLE | AFFORDABLE

**Keeping You Warm**

Residential A/C and Furnace Service and Repairs

**Edmonton Furnace Repair**

825-474-4328 (HEAT)  
www.edmontonfurnace.repair

**Welcoming new patients!**  
Offering a full line of dental services, including  
◆ Invisible Braces ◆ Myofunctional Therapy  
◆ Snore and Apnea Appliances

**PARK DENTAL**  
WELLNESS CENTRE #302, 2018 Sherwood Dr.

**780.467.2444**  
www.parkdentalcare.ca

We are pleased to announce that Dr. Sabrina Atwal has joined our team

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500** YEARLY TAX CREDIT  
**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause  
**Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

At midweek, you may come face to face with an unpleasant truth from the past. It may be encouraging you to adjust your view of the situation and release it. Lucky numbers: 6, 10, 12, 21, 29, 35.

**TAURUS**  
(April 20 - May 20)

Some who are Taurus put up with an upsetting issue for a long time, then suddenly reach a boiling point. Be aware that such a potential exists this week. Lucky numbers: 11, 13, 19, 24, 41, 47.

**GEMINI**  
(May 21 - June 20)

For the next three weeks, you may find your emotions are in conflict, seesawing between two views. Be careful about projecting this conflict onto others as you interact. Lucky numbers: 4, 6, 7, 9, 43, 47.

**CANCER**  
(June 21 - July 21)

Cancers are often good at nurturing people. At midweek, you may be tempted to be overly indulgent to others. Be careful of them taking advantage of it. Lucky numbers: 5, 9, 11, 29, 33, 42.

**LEO**  
(July 22 - Aug. 22)

Your natural enthusiasm may expand for the next few weeks, especially in communications with others. To avoid repercussions, be sure you can deliver on promises you make. Lucky numbers: 6, 8, 9, 14, 18, 24.

**VIRGO**  
(Aug. 23 - Sept. 22)

Your detail-oriented nature may be heightened early this week. Consider a solo project where this is useful. Try not to be overly critical when interacting with others. Lucky numbers: 12, 15, 26, 28, 46, 47.

**LIBRA**  
(Sept. 23 - Oct. 22)

Love is in the air. Venus, which rules Libra, will be in your sign for the next three weeks. Who and what you love may be a focus for you during this time. Lucky numbers: 9, 16, 18, 19, 31, 40.

**SCORPIO**  
(Oct. 23 - Nov. 21)

Your ability to see deeply into people and situations may be heightened at week's end. Be aware of this when interacting with others and accordingly. Lucky numbers: 3, 5, 6, 28, 35, 42.

**SAGITTARIUS**  
(Nov. 22 - Dec. 20)

Mercury, planet of communications, is in Sagittarius for the next few weeks. You may be busy, and might have an opportunity to successfully communicate with others. Lucky numbers: 12, 17, 18, 29, 35, 36.

**CAPRICORN**  
(Dec. 21 - Jan. 19)

This week you may find yourself in deep thought or having serious discussions. Speak from your values, and others might respect your arguments even if they disagree. Lucky numbers: 2, 6, 11, 23, 29, 33.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

The next few weeks may have a potential that allows you to develop deeper emotional connections to others. But you might need to actively reach for the opportunity. Lucky numbers: 1, 4, 13, 28, 42, 44.

**PISCES**  
(Feb. 19 - March 19)

Pisces often understand the invisible realm, but struggle to communicate it. This week, tweaking your communication style may let you successfully express your understanding. Lucky numbers: 11, 14, 24, 32, 35, 36.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 17.

## Did You Know...

**Slang start:** Most everyone says "OK" multiple times a day. That started in 1839 when the *Boston Morning Post* in Massachusetts (U.S.) used it for "oll korrekt," a then-popular, intentional misspelling of "all correct."

**Female pilot:** In 1911, journalist Harriet Quimby received a pilot's licence, the first American woman to do so. The following year, she was the first woman to fly across the English Channel.

**Money makers:** The blockbuster movie *Jaws* hit theatres June 20, 1975. It made more money than any previous movie. Of course, that record has been broken a number of times since, including by *Avatar* and *Titanic*.

**Walking wire toy:** A toy still popular today is the Slinky, that coil of wire that can "walk" down a set of stairs. It was the brainchild of Richard James, a mechanical engineer who invented it in the 1940s.

**Scary story:** Readers were first able to buy the famous book *Dracula* in 1897, when it was made available in bookshops in London, England. The classic novel was written by Irishman Bram Stoker.

## On the Lighter Side

Knock! Knock! *Who's there?* Noise. *Noise who?* Noise to see you. How are you?

What do you get when you cross a cat with a lemon? A sour puss.

People who scuba are a divers group of people.

Did you hear about the pig on the baseball team? She played snort stop.

Pet shop customer: "Do any of your dogs go cheap?"  
Owner: "Sorry, all our dogs go woof."

## Answers

4. Caspian Sea 5. Serpent  
**Trivia answers:** 1. E.T.A. Hoffman 2. True 3. 1903

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

Real Estate | Wills | Contracts

**HOMESTEAD**  
LAW

Tamara D. Epple B.A., J.D.

780.243.2116  
www.homesteadlaw.ca

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

**TRINITY**  
Baptist Church

Serving the community for over 40 years.  
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca  
**780-464-4040**

East on Baseline; First left after Hwy 21  
22550 Twp Road 530, Sherwood Park, AB

**We've moved...**  
VISIT US IN OUR NEW LOCATION!

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE  
BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
780.962.5220 | www.giftsandgadgets.ab.ca

**Investing in Community to Strengthen Community**

Your neighbourhood thrift store with heart!

201 Athabasca Ave. Sherwood Park  
780.464.7786  
www.countycloteshline.com

Looking to join a great team?  
**Store Associates**  
3-4 days/wk  
Contact us today:  
clothes1@telusplanet.net

**SNOW REMOVAL**

**780-922-4619**

**THREE SEASONS LANDSCAPING LTD.**

www.ThreeSeasonsLandscaping.ca

**ASTER GARDENS**

**Memory Care at Aster Gardens**

Come and thrive in our Memory Care program designed with you in mind, in partnership with U of A.

UNIVERSITY OF ALBERTA

Call to ask questions or book a tour  
astergardens.ca | 780-902-7837

7 Brower Dr, Sherwood Park

IF WATER RUNS THROUGH IT, WE DO IT!

**LUC'S PLUMBING INC.**  
Your Local Plumber

CERTIFIED GASFITTER

**780-405-0436**  
lucsplumbinginc@gmail.com

Proudly Serving Sherwood Park & Surrounding Areas  
**NO CALL OUT FEE IN SHERWOOD PARK!**

**FLAT RATE ALFA TAXI**  
SERVING SHERWOOD PARK AND AREA

**780.410.0667**

Toll Free 1.855.688.2941  
Reasonable flat rate to Airport - \$50

24 HR. SERVICE