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Recipe of the month

Pumpkin Doughnut Drops

2 large eggs
1-1/4 cups sugar
2 tablespoons shortening
1 cup canned pumpkin
2 teaspoons white vinegar
1 teaspoon vanilla extract
3 cups all-purpose flour
1/2 cup nonfat dry milk powder

3 teaspoons baking powder
1/2 teaspoon salt
1/2 teaspoon ground cinnamon
1/2 teaspoon ground nutmeg
1/2 cup lemon-lime soda
Oil for deep-fat frying
Additional sugar

Prep Time: 10 min. Cook: 5 min./batch Yield: 7 dozen

1 In a large bowl, beat eggs, sugar and shortening until blended. Beat in pumpkin, vinegar and vanilla. In another bowl, whisk together flour, milk powder, baking powder, salt and spices. Add to egg mixture alternately with soda, beating after each addition.

2 In a deep cast-iron skillet or deep-fat fryer, heat oil to 375°. Drop teaspoonfuls of batter, a few at a time, into hot oil. Fry until golden brown, about 1 minute per side. Drain on paper towels. Roll in additional sugar while warm.

Source: <https://www.tasteofhome.com>

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Everybody's Talking

Lit up lobes: An American fashion designer named Diana Caldarescu has come up with a novel idea that is turning the lights on, literally, in the jewelry industry. She created earrings that look like tiny chandeliers, compete with crystals and brass candleholders. They attach to the ear using a wrap rather than the usual stud or clip. What's more, these earrings actually light up! Caldarescu figured out a way to charge the lights with a battery pack designed to be concealed behind the earlobe. Everything is in miniature size, of course. The earrings are so popular that Caldarescu is having a hard time keeping them in stock.

Rare fig tree: Bacoli, a city on the west coast of Italy, is home to ancient ruins called Parco Archeologico delle Terme di Baia. Once home to emperors and other royalty, Baia attracts many tourists, but they don't just come to see the park's ruins. One attraction within the ruins is a great draw for gawkers: a fig tree that grows upside-down. The tree's strong roots are securely fastened inside the roof of an old archway, while the plant's limbs and leaves reach toward the ground. The age of the tree is unknown, but it continues to grow each year. Occasionally, the hearty tree produces figs.

Lucky boy: Parents of a Bangladeshi boy must have heaved huge sighs of relief and joy when their teenage son, who had been missing for several days, was discovered 2,500 kilometres (1,553 mi.) away. The boy, named Fahim, had been playing hide-and-seek with his friends at a seaport in Chittagong. He chose a shipping container as a hiding spot. Inadvertently, he locked himself in, and his friends could not hear him calling. He ended up at Malaysia's Klang Port. Although tired and hungry, Fahim survived the journey. Upon discovery, he was confused and couldn't speak the local language, but he was taken to the hospital and soon recovered.

Returned vehicle: A car thief in Nova Scotia (Canada) turned out not to be a thief after all. When a woman returned to the parking lot where she'd left her Hyundai Santa Fe, she found it missing. She immediately called police. But the "thief," who owned an almost identical vehicle, had taken the woman's car by mistake. For some reason, his key fob worked on her SUV, so off he went to run his next errands, which included stopping at a gas station to fill up. Soon, though, he realized he had the wrong Hyundai, so he quickly returned the car. No damage was done, and the woman reimbursed the man for the gas.

Quoteable Quotes

"Life is a balance between holding on and letting go." —Rumi

"Truthfulness is the foundation of all human virtues." —Abdu'l-Bahá

What's Happening

Nov 17-18 - Christmas Light Up Parade Downtown Westlock. Brought to you by the Town of Westlock Community Events Committee, sponsors, and many dedicated volunteers. Contact: Town of Westlock, 780-349-4444 and Westlock Agricultural Society, 780-349-8888

Nov 25 - Annual Santa Claus Parade The Whitecourt District Chamber of Commerce presents the annual Santa Claus Parade open to all businesses, service clubs and non-profit organizations to decorate a night-time float to promote and advertise their business. Downtown Whitecourt 7-8pm

Until Dec 8 - Farmers Market Farmers Market every Friday from 3pm-5:30pm at the Lakeland Agricom. For more info call Bev 780-623-0503

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Trivia

1. Approximately how many leaves are in a pound of black tea?
2. This city is the capital of Zimbabwe.
3. What is the national anthem of France?
4. The Aztecs, Incas, or Olmecs were the first major civilization of Mexico?
5. What is the first element on the periodic table?

(Flip bottom of page for answers)

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Aug. 1 Draw Winners	Sept. 1 Draw Winners	Oct. 1 Draw Winners
Fiona L. from Edmonton Paige H. From Red Deer Ellery T. from Calgary	Emily J. from Sherwood Park Preston H. from Edson Sandy P. from Calgary	Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks

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Your Weekly Horoscope

ARIES (March 20 - April 19)
 You may find yourself very busy, with many calls, texts, and such. These interactions may provide a new opportunity, if you actively seek it. Keep your eyes open! Lucky numbers: 6, 8, 10, 14, 15, 29.

TAURUS (April 20 - May 20)
 Taurus-born often operate in a grounded, practical manner. This week may offer an opportunity to add more intuition, which could require an adjustment on your part. Lucky numbers: 13, 17, 20, 28, 37, 46.

GEMINI (May 21 - June 20)
 The six-month mark from your birthday is approaching. What goals did you set then? How well are you making progress on them? Is it time for a course correction? Lucky numbers: 2, 4, 5, 7, 14, 37.

CANCER (June 21 - July 21)
 Cancers are especially protective of those they care about. You may have an opportunity to expand into the broader community. Where can you make a difference to others? Lucky numbers: 4, 6, 10, 16, 23, 24.

LEO (July 22 - Aug. 22)
 Your thoughts and feelings may be in opposition at midweek. Can you see if there is a way for you to bridge the gap, or would waiting a bit be better? Lucky numbers: 10, 12, 21, 25, 33, 39.

VIRGO (Aug. 23 - Sept. 22)
 Is there a cause or project that you are willing to be a warrior to achieve? Now may be a good time to give consideration to how you might advance it. Lucky numbers: 7, 9, 10, 20, 30, 41.

LIBRA (Sept. 23 - Oct. 22)
 At midweek, you may receive an invitation to a social event. This might provide an opportunity for you to expand your circle of connections, so don't miss out on it. Lucky numbers: 9, 11, 15, 19, 24, 43.

SCORPIO (Oct. 23 - Nov. 21)
 Early this week may reveal an opportunity for you to set a new plan for the next month. How can you use your intuitive skills to more fully express yourself? Lucky numbers: 1, 26, 34, 38, 40, 44.

SAGITTARIUS (Nov. 22 - Dec. 20)
 At the beginning of the week, you may find that your heart and mind are well in sync for a few days. What do you want to accomplish with this energy? Lucky numbers: 2, 11, 14, 41, 42, 48.

CAPRICORN (Dec. 21 - Jan. 19)
 Capricorns often have a serious demeanour which could be highlighted at midweek. Others may gravitate to your stability. Helping them might be good for everyone. Lucky numbers: 5, 9, 24, 27, 35, 36.

AQUARIUS (Jan. 20 - Feb. 18)
 At week's end, you may feel particularly energetic in your desire to be of service to humanity in some way. Use this moment to reach out to like-minded souls. Lucky numbers: 9, 15, 20, 21, 26, 35.

PISCES (Feb. 19 - March 19)
 You may feel tempted to flirt with the dark side this week. If you dig deeply to understand your motivation, you might reach for a way of positive action. Lucky numbers: 2, 17, 19, 34, 35, 44.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 15.

Did You Know...

Weedy wonder: Many people think a dandelion is just a weed to get rid of. But this nutritious plant can be used to make many edible delights, including tea, salads, and soup.

Lightweight solution: Canadian Dianne Croteau is credited with inventing the Actar 911 mannequin, in 1989, which many people have used to learn CPR. Previous mannequins were life-sized and heavy.

Famous tower: At 300 metres (984 ft.) tall, the Eiffel Tower has graced the Paris, France, skyline for over 130 years. Engineer Gustave Eiffel raised a French flag at the tower's March 31, 1889, inauguration.

Lebanon-born actor: Keanu Reeves of the *Matrix* trilogy and *John Wick* series fame, spent part of his youth in Toronto, Ontario (Canada). He loved playing goalie in ice hockey and was nicknamed "The Wall."

Tooth talk: The tooth fairy does not come to children in some Middle Eastern countries. Instead, kids toss their baby tooth toward the sun, while requesting a new tooth.

On the Lighter Side

Why do birds fly south for the winter? It's easier than walking.
 This small sweater fits great, but it's hard to pull off.
 There was a very indecisive rower. He couldn't pick either oar.

Boy: "I'd like some birdseed, please."
 Shopkeeper: "How many birds do you have?"
 Boy: "None yet. I'm going to grow some."

Knock! Knock! Who's there? Beth. Beth who? I didn't sneeze!

Answers

Trivia answers: 1. 2,000 2. Harare 3. "La Marseillaise" 4. Olmec 5. Hydrogen

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