

**When YOU Get Paid We Get Paid**

We're Here To Handle The Legal Complexity For You!

**Braithwaite Boyle Injury Law** 800-440-8298

**It's The Only Law We Do - Since 1986**

**Free Initial Consultation**

Offices in: Red Deer, Edmonton, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeeneews](http://www.accidentinjurylawyer.com/coffeeneews)

**FREE!** **Coffee News**®

"News To Be Enjoyed Over Coffee!"

**Red Deer North Edition**

403.346.4141

e-mail: [coffeeneewsguy@hotmail.com](mailto:coffeeneewsguy@hotmail.com)  
online version at [coffeeneewsonline.com/canada/centralalberta](http://coffeeneewsonline.com/canada/centralalberta)

Vol. 29 No. 1:49 December 4, 2023

**NEED TO DETOX?**

**DRUG TEST SUPPLIES**

**NUMEROUS CANNABIS ACCESSORIES**

**HEMPNSTUF**

403-342-HEMP (4367)

5211 GAETZ AVENUE, RED DEER. OPEN 10 AM-11 PM EVERY DAY

**FALL TIRE REBATES!**

SEE US FOR...  
✓ SERVICE  
✓ SELECTION  
✓ VALUE

**A/T**

TIRE & PERFORMANCE

Bay 9, 4 Erickson Cres., Sylvan Lake  
403-887-8793 • [www.attireperformance.com](http://www.attireperformance.com)

**CASH FOR SCRAP!** **WE ACCEPT ALL KINDS OF METAL!**

**BULLDOG METALS LTD** 403.347.5815

[www.bulldogmetals.net](http://www.bulldogmetals.net)

We buy all metal types and sizes, (Pb) Batteries + Free Bin Service, and Farm Cleanups

4305-78 STREET CRESCENT RED DEER

See us for all your hunting, fishing and camping needs!

YOUR ONE-STOP OUTDOORS SHOP

GUNS AMMO LICENSES

**THE SPORTSMEN'S DEN**

403.347.7678 • #6, 7667-50 Ave., Red Deer

OVERHEARD ABOUT Coffee News...

"We have been using Coffee News for five years for our local advertising. They are always very helpful, professional and accommodating to our changing needs. I recommend them for any small business!"

~ Lori Gillan, Trophy loft

For advertising info, call Bryon today at 403.346.4141

**Coffee News** CONTEST WINNER

**PJ KEATS** is our October Online Contest Winner!

PJ will receive a \$50 gift certificate from our contest sponsor

**COW TOWN BEEF SHACK**

403.986.3444 | Unit 9105, 499 Timberlands Dr.

Get up to **\$15,000** to boost your business technology!

**WANT FREE MONEY?**

With a plan tailored to your business, a CDAP grant can help with your digital transformation.

Contact us for details: 403.597.3372 [www.costaincorp.ca](http://www.costaincorp.ca)

**COSTAIN CORP**

## Everybody's Talking

**Good driver:** A little boy from Turkey is proving to be quite a good driver. Zayn Sofuoglu is under five years of age and isn't even tall enough to see out of the windshield, but that doesn't stop him from driving better than most adults with licences. Zayn comes by his talent honestly: his father is Kenan Sofuoglu, a famous motorcycle racer. Watching and getting lessons from his dad has allowed little Zayn to develop great expertise in manoeuvring vehicles. He uses a special in-car camera that shows him where he's going. The kid is so good that his dad lets him take his Ferrari out for a whirl in the driveway without a worry.

**Different dish:** A restaurant in Osaka, Japan, has an item on its menu that is raising eyebrows, but gaining fans. The restaurant is called Franken, and it is now serving bowls of spicy miso ramen with a slab of strawberry shortcake on top. A senior chef at Franken is sure that this is a winning combination because the spongy cake soaks up the soup to make its spiciness perfect. Called Ramen x Shortcake, the concoction was not created overnight. Rather, there were many attempts to get it right. And this bowl of soup has a unique look: white shortcake topped with a juicy strawberry, floating in a bowl of delicious red broth.

**Strong man:** A nonagenarian from Venice, California is thought to be the oldest man who is actively bodybuilding. Jim Arrington started to lift weights when he was a teenager, after spotting a bodybuilding magazine in a drug store. Using three-pound steel balls that his dad owned, he was able to begin building muscle and has been doing it ever since. Of course, he graduated to proper weights as he got stronger. At one time, he hoped to compete in the Mr. America contest, but soon realized that genetics prevented him from being in that category of bodybuilders. However, he kept it up and has remained healthy and strong well into his later years.

**Strange song:** Rainforest jungles in South America may sound like relaxing destinations. However, in some spots, they are also quite noisy, especially if capuchinbirds (*Perissocephalus tricolor*) live there. These unique birds, with their bald little heads and orange plumage, make quite a racket during mating season. The males are the ones who sing the loudest, and they do so by inflating air sacs on their throats, which help to amplify the sounds. That racket has been compared to a buzzing chain saw or even to a mooing cow. The male with the best song attracts the females, who flock around him like rock star fans.

## Quoteable Quotes

"The Sun will rise and set regardless. What we choose to do with the light while it's here is up to us." ~ Alexandra Elle

"No one is too small to make a difference." ~ Greta Thunberg

## What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at [www.centralalbertacoffeeneews.com](http://www.centralalbertacoffeeneews.com). Please provide three to four weeks' notice.

☛ **International Christmas Tea** at the Historic Cronquist House (4, 4707 Fountain Dr.) December 5 at 2 p.m. Enjoy international sweet and savoury finger foods from our ethnic member groups. Cost is \$25 per person; please purchase tickets at [www.rdchs.com](http://www.rdchs.com), Cronquist House, online booking form.

☛ **Charity Check Stop** for MADD, Christmas Bureau, and the Food Bank will be taking place December 9 from 10 a.m. to 4 p.m. at Taylor Drive & 32. Ave. Cash/debit/credit accepted. For more information, please call 403.342.5355.

**Where's Newman?**

Identify the ad where "Newman" the Coffee News Guy is hidden for your chance to win.

**ENTER TO Win A \$50 GIFT CERTIFICATE!**

Actual size of the hidden graphic: 

To submit your entry today, visit the contest page at [www.centralalbertacoffeeneews.com](http://www.centralalbertacoffeeneews.com)

## Trivia

1. Do a plant's leaves or roots absorb sunlight during photosynthesis?
2. An ancient warship with three banks of oars was the bark, skiff, or trireme?
3. The Tasman Sea is located between Australia and \_\_\_\_\_?
4. Hesiod or Pan was the Greek god of woods, fields, shepherds, and flocks?
5. Vinegar is an acid (acidic) or a base (alkaline)?

(Flip bottom of page for answers)

© Published with permission by Costain Corp.

**FINANCE FAST TRACK PROGRAM**

FREE EMPLOYMENT READINESS & JOB PLACEMENT SERVICES

If you are currently unemployed, have a credit score of 650 or higher, good English and Math skills, and can provide a clean Criminal Reference Check, you have everything you need to get started in a rewarding career in the Financial Services Industry.

Make your money helping others manage theirs as a Financial Planner, Investment Advisor, Insurance Broker, and more! And the best part? The training is offered at no cost to you!

**CAN** Call 403-341-7811 and get started today!

Let us help you find the work you need and build the career you love!

Gold & Silver Coins, Fine Jewellery & Other Items

**Estate Sale**

Online timed auction now open

Soft closes Dec. 6, 7 p.m.

To bid, visit [www.crendavors.ca](http://www.crendavors.ca) and click on the link 403.340.0109

Onsite Viewing Monday, Dec. 4 10 am - 4 pm 5215B - 54 Ave. (Flags & More store)

C & R Endeavors Ltd.

**Award-Winning Service You Can Trust**

**Royal Glass**

◆ Windshields ◆ Mirrors  
◆ Window Tinting ◆ Shower Doors  
◆ Residential Windows  
◆ Commercial Storefronts

MON-FRI 8-5

WINNER SMALL BUSINESS OF THE YEAR

403.887.0190 Bay #1, #2 Erickson Crescent

**COMMERCIAL & AG BATTERIES**

Group 31, 4D, 8D models and more!

**BATTERY BOSS**

#5, 7803-50 AVENUE, RED DEER

403.343.3399 | [www.BatteryBoss.ca](http://www.BatteryBoss.ca)

**Open Year 'Round**

**YOUR PLACE FOR SPECIAL EVENTS & ACTIVITIES...**

- Whist Tournament first Thurs. each month
- Crib Tournament third Thurs. each month
- Lunch daily, 11 a.m. - 1 p.m.

**SENIORS' DOWNTOWN HOUSE**

FACILITY RENTAL AVAILABLE

Call 403.346.4043 for information | 5414-43 Street, Red Deer

**This Space Is Available**

Book NOW to ensure a spot in upcoming issues

Call Bryon now at **403.346.4141**

**Local Charity, International Impact**

Get involved with a charity that uses each dollar with integrity. Helping rescue children in need in Africa.

**Home of Hope.ca**

Meant 4 More is a book by Red Deer author, Brian Thomson about how he started the charity, Home of Hope. Cost: \$25. [homeofhope.ca/meant4more/](http://homeofhope.ca/meant4more/)

For more information, scan the QR code or call 403.314.1214.

**PROTECT YOUR INVESTMENT!**  
Don't let your paint, exterior and interior surfaces take a beating. Explore a variety of protective films perfect for any application.

**AAA FILMS AND AUTO**  
403.598.6937  
aaafilmscanada@gmail.com  
www.aaafilms.ca

COMMERCIAL FLAT GLASS FILMS  
SECURITY FILM  
PAINT PROTECTION FILM  
AUTOMOTIVE DETAILING PACKAGES

INQUIRE ABOUT OUR OCTOBER SPECIALS

The Red Deer Elks Lodge #85 would like to invite members of the community to their weekly

# MEAT DRAWS

Saturday 1 p.m. at Elks Lodge (6315-Horn Street)

Enjoy some fellowship and help raise funds for groups in our community!

All welcome to lodge meetings 2nd Monday every month. For more info, email reddeereyks85@gmail.com or leave a message at 403.346.3632

**Treat Your Windows Right!**  
Bring new style and functional design to any home or office space through unique custom fit shutters, shades, blinds, and even motorized blinds.

Call us for a free, no obligation in-home consultation... and see why Cover Your Windows is a great way to treat your windows.

**COVER YOUR WINDOWS.net**  
403.505.6718 | coveryourwindows@gmail.com

HunterDouglas

**Experience our Difference**

**RED DEER MOTORS**

6720 Johnstone Drive / Red Deer  
403.347.7777 / www.reddeermotors.com

**Engraving YOUR HOLIDAY GIFTS**

ORDER EARLY TO AVOID THE RUSH!  
Minimum 1 piece per order

Drinkware  
Yeti Tumblers  
Polar Camel Tumblers  
Watches  
Lighters  
Knives  
Flasks...and more

**Trophy Loft**  
403.347.5030 | trophyloft.com

**Coffee News® CONTEST WINNER**

**CAROLINE FILLINGER** is our October Contest Winner!

Caroline will receive a \$50 gift certificate from our contest sponsor

403.346.9400  
4701-50 Street, Red Deer

2 For 1 FAMILY PIZZA

Get up to **\$2,400** to grow your business online!

Looking to implement e-commerce capabilities to remain competitive? Need to serve existing customers more effectively and attract new ones?

A CDAP micro-grant of up to \$2,400 can help with the costs related to adopting digital technologies!

Contact us for details:  
**COSTAIN CORP** 403.597.3372  
www.costaincorp.ca

**Quality music education for ages 2-9**

Experience the joy of music in group classes, learn music theory and keyboard skills

**myc** music for young children®

REGISTER TODAY!

Contact Grace Haines  
hainesg17@gmail.com | 825.436.5990 | myc.com

# Your Weekly Horoscope

## ARIES

(March 20 – April 19)



Midweek may bring an opportunity to address an old emotional issue. The energy now might

have a joyful optimism that you could use to help heal the situation, if you reach for it. Lucky numbers: 15, 25, 31, 35, 39, 44.

## TAURUS

(April 20 – May 20)



Are you in a stalemate with a relationship partner? There may be an opportunity this week to improve the situation for both of you, but it could require more open communication. Lucky numbers: 4, 11, 17, 26, 34, 39.

## GEMINI

(May 21 – June 20)



Gemini's approach to people and situations is often from a rational perspective. However, adjusting your style and adding more heart into your efforts may be helpful right now. Lucky numbers: 3, 6, 8, 29, 31, 47.

## CANCER

(June 21 – July 21)



Have you been hiding in your shell the last few months, afraid that others will take

advantage of your sensitive nature? Now may be the time to rectify the situation. Lucky numbers: 2, 24, 26, 27, 37, 39.

## LEO

(July 22 – Aug. 22)



The sunny optimism of Leo sometimes cannot see the impact of their actions on other

people. You may have an opportunity now to adjust this pattern. Lucky numbers: 4, 14, 18, 21, 42, 44.

## VIRGO

(Aug. 23 – Sept. 22)



Is there something that you have been holding onto that you are now ready to

release? The beginning of this week may be a good time to do so. Lucky numbers: 7, 24, 28, 39, 44, 46.

Lucky numbers this week: This week's odds favour Libra winners, with the luckiest number being 10.

## Did You Know...

**Fast food:** Short-order cooks may get a bad rap because they often work in ordinary restaurants. But their task requires skill. They make simple meals quickly and to order, while endeavouring to maintain quality.

**Long river:** The Mississippi River is North America's second longest, 100 miles shorter than the Missouri River. Starting in Lake Itasca in Minnesota, the Mississippi runs about 2,350 mi. (3782 km) to the Gulf of Mexico.

**Rules of the road:** Bicyclists in Galesburg, Illinois, need to keep both hands on the handlebars and both feet on the pedals. That's because fancy bike riding is outlawed in the city, including any kind of acrobatic actions.

**Sticking together:** What would the world do without Velcro to keep clothing and other things fastened together? Patented in 1955, Velcro was created by George de Mestral, a Swiss mountaineer and engineer.

**Running mate:** Animals who are well adapted to running, such as a horse or cheetah, are known as "cursorial" animals. The word is usually applied to animals who can run fast or for long distances at a constant speed.

## On the Lighter Side

What's the best way to talk to a Viking? Norse code.

Did you hear about the kid who ran from New York to California? He needed to west.

I've just written a book on penguins. Paper would have been better.

Teacher: "I hope I didn't see you cheating on that test."

Student: "I hope you didn't either."

Knock! Knock! Who's there? X. X who? X me no questions, I'll tell you no lies.

## Answers

Trivia answers: 1. Leaves 2. Tireme 3. New Zealand 4. Pan 5. Acid

© Published with permission by Costain Corp.  
For available franchise opportunities, visit www.coffeenewsCanada.com

**GRC-RCMP**

UN UNIFORME À VOTRE NOM VOUS ATTEND

A UNIFORM WITH YOUR NAME ON IT IS WAITING FOR YOU

carrieresgrc.ca rcmpcareers.ca

Happy **St. Nicholas Day** December 6

from your friends at **Coffee News®**

Hoping this school year will be better, is not a plan.

**Sylvan Learning** 403-311-6110

Sylvan Learning Tutoring  
2 hours per week,  
IS a plan.  
reddeersylvanlearning.ca See website for specials.

K-12 Tutoring, Camps and kids' technology classes.

**ROOF RUNNER ROOFING**

- Prompt Service
- Clean Sites
- Superior Results

403.550.2674  
roofrunnerroofing@hotmail.com

QUALITY AND AFFORDABILITY SINCE 2001

**QUEST Signs & Decals Inc.**

403.346.1011  
office@questsigns.ca | www.questsigns.ca  
#6, 7476-49 Avenue, Red Deer

- Exterior Signage
- Channel Letters (Lit & Unlit)
- Custom Shapes
- Vehicle Graphics
- Custom Pylon Signs
- Retro-fit to LED

Make Your Special Occasion Unforgettable with

**ARROW LIMOUSINE**  
SEDAN AND PARTY BUS LTD.

Call 403-346-0034 to reserve

**Senior Drop-in Bowling!**

Seniors (50+) are invited to stop by for fun every **Tuesday and Friday** at 10 a.m. \$8 fee includes two games of bowling, shoe rental, coffee/tea and snacks!

For more information, please call 403.309.6387

**Heritage Lanes**

Come out and join us!

Over 60 years as Central Alberta's first choice in

**OFFICE FURNITURE**

**Prairie OP office plus**

403.347.2286  
www.prairieop.com

Visit our showroom! 100 - 6660 Taylor Dr., Red Deer