

THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



Don't delay your pet's care!

Southfork Animal Hospital is accepting new clients.



Call us at 587 274 0026



Southfork Animal Hospital
101-102 Southfork Drive, Leduc, AB

CUMMINS IS NOW HIRING FOR SERVICE TECHNICIANS FOR THE FOLLOWING LOCATIONS:

Sparwood, B.C. • Hinton, AB • Kamloops, B.C. Grande Prairie, AB • Fort McMurray, AB

Let us see your smile!

SKY DENTAL CLINIC

780-485-0562
830 Parsons Rd. SW | www.skydentalclinic.ca



93.1 FM

LEDUC'S BEST COUNTRY



SHOP ONLINE!

www.scubagearcanada.ca

• Snorkelling Gear • Reef-Safe Sunscreen
• Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

RETIREMENT LIVING CHRISTENSON

Extensive Amenities • On-site Dining • Pet Friendly


Join Our Vibrant Community

TELFORD MEWS
AT LEDUC VILLAGE

Full Kitchens • Social & Recreation • Accessible Suites

41 Athapaskan Drive, Leduc

780-394-8233
CDLhomes.com




FREE! **New Issue Every Week!**

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Leduc - Nisku Edition

780-220-6397



www.coffee-news.ca

Vol. 20 No. 49 December 4, 2023

Everybody's Talking

Good driver: A little boy from Turkey is proving to be quite a good driver. Zayn Sofuoglu is under five years of age and isn't even tall enough to see out of the windshield, but that doesn't stop him from driving better than most adults with licences. Zayn comes by his talent honestly: his father is Kenan Sofuoglu, a famous motorcycle racer. Watching and getting lessons from his dad has allowed little Zayn to develop great expertise in manoeuvring vehicles. He uses a special in-car camera that shows him where he's going. The kid is so good that his dad lets him take his Ferrari out for a whirl in the driveway without a worry.

Different dish: A restaurant in Osaka, Japan, has an item on its menu that is raising eyebrows, but gaining fans. The restaurant is called Franken, and it is now serving bowls of spicy miso ramen with a slab of strawberry shortcake on top. A senior chef at Franken is sure that this is a winning combination because the spongy cake soaks up the soup to make its spiciness perfect. Called Ramen x Shortcake, the concoction was not created overnight. Rather, there were many attempts to get it right. And this bowl of soup has a unique look: white shortcake topped with a juicy strawberry, floating in a bowl of delicious red broth.

Strong man: A nonagenarian from Venice, California (U.S.) is thought to be the oldest man who is actively bodybuilding. Jim Arrington started to lift weights when he was a teenager, after spotting a bodybuilding magazine in a drug store. Using three-pound steel balls that his dad owned, he was able to begin building muscle and has been doing it ever since. Of course, he graduated to proper weights as he got stronger. At one time, he hoped to compete in the Mr. America contest, but soon realized that genetics prevented him from being in that category of bodybuilders. However, he kept it up and has remained healthy and strong well into his later years.

Strange song: Rainforest jungles in South America may sound like relaxing destinations. However, in some spots, they are also quite noisy, especially if capuchinbirds (Perissocephalus tricolour) live there. These unique birds, with their bald little heads and orange plumage, make quite a racket during mating season. The males are the ones who sing the loudest, and they do so by inflating air sacs on their throats, which help to amplify the sounds. That racket has been compared to a buzzing chain saw or even to a mooing cow. The male with the best song attracts the females, who flock around him like rock star fans.

Quoteable Quotes

"The Sun will rise and set regardless. What we choose to do with the light while it's here is up to us." —Alexandra Elle
"No one is too small to make a difference." —Greta Thunberg

What's Happening

Ongoing - Climate Cafe Chat about climate issues and anxieties in an informal, relaxed setting. Tea coffee are provided; please bring your own mug. 1st Tuesday of the month at the Camrose Public Library 4710 50 Ave

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Do a plant's leaves or roots absorb sunlight during photosynthesis?
2. An ancient warship with three banks of oars was the bark, skiff, or trireme?
3. The Tasman Sea is located between Australia and ____?
4. Hesiod or Pan was the Greek god of woods, fields, shepherds, and flocks?
5. Vinegar is an acid (acidic) or a base (alkaline)?

(Flip bottom of page for answers)

pep

RECOVER UP

Rewrite the narrative of addiction in your family.

Find a meeting near you.
1.877.991.2737
pepsociety.ca




YOU DON'T HAVE TO STRUGGLE ALONE

Grief support for any type of loss
Including death, divorce, pet loss, health or financial changes, etc.

Youth counselling for ages 14-24
Certified Child and Youth Counsellor, with 12 yrs. experience in the field.

Intentional Connections
WELLNESS SERVICES
780.781.0302
janelle@icws.ca | www.icws.ca
Payment plans available; set amount of sliding scale spots per year for each service offered.

SCAN HERE - FREE 30 MIN. CONSULTATION



HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

CPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you **REALLY FAST!**

Mon - Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!



WEBSITES

From \$129/Month

(780) 760-6922

FRONTLINECONSULTING.CA

Canada's **HEALTHY Choice for Pets!**

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month

Save **15%**

Restrictions may apply. Inquire in store.


5103 - 50 Avenue, Leduc
780-980-8711 • www.globalpetfoods.com



yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



Floral Excellence Since 1956

Weddings, Funerals, and Floral Design for all occasions!

Leduc Florists

Grinch Pictures
during the annual Santa Clause Parade
November 25 | 4-7 pm
Cost: \$10 per group
FIRST COME, FIRST SERVED

DELIVERY TO LEDUC & SURROUNDING AREA

780.986.3320 | www.leducflorists.net | 4807-50 Ave., Leduc



Winter Is Coming...

Have you had your furnace serviced?

HVAC • Heating • Cooling
Refrigeration • Gas Fitting
Boilers • Building Management

DHR

Daniels Heating & Refrigeration Ltd.

Residential & Commercial Service

24/7 On Call Service: 1-587-785-6033



Pregnant? Facing Difficult Decisions?

We can help.
Call 780.421.1177 or text
587.596.5380



A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

• Confidential Pregnancy Counselling • Support and Connection to Resources • Adoption Information and Advice

www.smallmiraclesadoption.com



For All Your Real Estate Needs, Call Bonnie!

780-995-0155
bonniecampbell.remax@gmail.com
www.superproperties.ca
Bonnie Campbell
REAL ESTATE AGENT - OVER 24 YRS. EXPERIENCE

GRC-RCMP

UN UNIFORME
À VOTRE NOM
VOUS ATTEND

A UNIFORM
WITH YOUR NAME ON IT
IS WAITING FOR YOU

carrieresgrc.ca

rcmpcareers.ca

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

Request your FREE MENU Catalogue today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™
www.hearttohomemeals.ca

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

Injured? Now What? We Help - A Lot!



Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews



Your Weekly Horoscope

ARIES
(March 20 - April 19)



Midweek may bring an opportunity to address an old emotional issue. The energy now might have a joyful optimism that you could use to help heal the situation, if you reach for it. Lucky numbers: 15, 25, 31, 35, 39, 44.

TAURUS
(April 20 - May 20)



Are you in a stalemate with a relationship partner? There may be an opportunity this week to improve the situation for both of you, but it could require more open communication. Lucky numbers: 4, 11, 17, 26, 34, 39.

GEMINI
(May 21 - June 20)



Gemini's approach to people and situations is often from a rational perspective. However, adjusting your style and adding more heart into your efforts may be helpful right now. Lucky numbers: 3, 6, 8, 29, 31, 47.

CANCER
(June 21 - July 21)



Have you been hiding in your shell the last few months, afraid that others will take advantage of your sensitive nature? Now may be the time to rectify the situation. Lucky numbers: 2, 24, 26, 27, 37, 39.

LEO
(July 22 - Aug. 22)



The sunny optimism of Leo sometimes cannot see the impact of their actions on other people. You may have an opportunity now to adjust this pattern. Lucky numbers: 4, 14, 18, 21, 42, 44.

VIRGO
(Aug. 23 - Sept. 22)



Is there something that you have been holding onto that you are now ready to release? The beginning of this week may be a good time to do so. Lucky numbers: 7, 24, 28, 39, 44, 46.

LIBRA
(Sept. 23 - Oct. 22)



Your natural grace and charm may shine at week's end. It might be a good time to try to resolve any thorny issues with others, to the satisfaction of all. Lucky numbers: 10, 13, 15, 19, 22, 28.

SCORPIO
(Oct. 23 - Nov. 21)



This may be a week when you are going to want answers. But be sure that you are emotionally ready for them, especially those regarding partners and close relationships. Lucky numbers: 1, 9, 14, 16, 35, 42.

SAGITTARIUS
(Nov. 22 - Dec. 20)



In recent months, you may have felt unsure about who you are and what you believe. That dynamic could start to ease, but it may take some time to do so. Lucky numbers: 9, 12, 19, 23, 33, 41.

CAPRICORN
(Dec. 21 - Jan. 19)



Capricorns are often seriously focused on successful accomplishments and legacy. However, you may have an opportunity now for ones. Don't overlook it. Lucky numbers: 5, 11, 22, 34, 35, 37.

AQUARIUS
(Jan. 20 - Feb. 18)



You may experience an issue in your relationship now. If so, resist any temptation to ignore it. Consider how to resolve the conflict now in a way that works for everyone. Lucky numbers: 8, 13, 15, 18, 47, 48.

PISCES
(Feb. 19 - March 19)



Any confusion you have been experiencing could end, but it might take a while. Once things settle, consider investing your energy into something in line with your values. Lucky numbers: 12, 15, 18, 20, 34, 43.

Lucky numbers this week: This week's odds favour Libra winners with the luckiest number being 10.

Did You Know...

Fast food: Short-order cooks may get a bad rap because they often work in ordinary restaurants. But their task requires skill. They make simple meals quickly and to order, while endeavouring to maintain quality.

Long river: The Mississippi River (U.S.) is North America's second longest, 100 miles shorter than the Missouri River. Starting in Lake Itasca in Minnesota, the Mississippi runs about 2,350 mi. (3782 km) to the Gulf of Mexico.

Rules of the road: Bicyclists in Galesburg, Illinois (U.S.), need to keep both hands on the handlebars and both feet on the pedals. That's because fancy bike riding is outlawed in the city, including any kind of acrobatic actions.

Sticking together: What would the world do without Velcro to keep clothing and other things fastened together? Patented in 1955, Velcro was created by George de Mestral, a Swiss mountaineer and engineer.

Running mate: Animals who are well adapted to running, such as a horse or cheetah, are known as "cursorial" animals. The word is usually applied to animals who can run fast or for long distances at a constant speed.

On the Lighter Side

What's the best way to talk to a Viking? Norse code.

Did you hear about the kid who ran from New York to California? He needed to west.

I've just written a book on penguins. Paper would have been better.

Teacher: "I hope I didn't see you cheating on that test."
Student: "I hope you didn't either."

Knock! Knock! Who's there? X. X who? X me no questions, I'll tell you no lies.

Answers

Trivia answers: 1. Leaves 2. Treme 3. New Zealand 4. Pan 5. Acid

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

✓ Home Goods
✓ Camping Equipment
✓ Sporting Goods
✓ Jewelry
✓ Instruments ✓ Tools

NOW OPEN

DVD PAWN & LOANS 587.474.9420

www.dvdpawnloans.com | @dvdpawnbeaumont

103, 5001-30 AVENUE, BEAUMONT

OSP

LOOKING FOR WORK IN LEDUC?

OSP can help.
www.osp.ab.ca/leduc-nisku • (780) 769-0700

NWT SAFETY SUPPLIES

FIRE SALES & SERVICE
EXTINGUISHER

BAY 2, 1906-4 ST. NISKU
780 955 8797
X
50 SHEP ST. SPRUCE GROVE
780 962 1778

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Lots to discover at 4722-51 Ave., Leduc

SIDE STREET & VINTAGE

Vintage Décor Local Artisan Products
Tues-Sat 10-5
Ladies' Consignment Clothing

780-986-2048 | www.sidestreetvintage.ca

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic
780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

We Pay CASH For Your Scrap Metal!

Yes! We accept ALL scrap metals

RICHMOND STEEL RECYCLING

16610-129 Avenue NW, Edmonton
587.689.3100 | richmondsteel.ca

BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP

COLD SHOT
A DIVISION OF BALMARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS
GET YOUR REWARD CARD TO GET A FREE TICKET!
Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005