


OPENING ANOTHER LOCATION SOON IN ARDROSSAN

FOR
HOME | AUTO | LIFE | RRSP TFSA
GROUP | BUSINESS | FARM | TRAVEL

**“The Insurance Guyz”
Tom & Todd**

Tom Ciezki Todd T. Fournier

co-operators
Investments. Insurance. Advice.

780.464.3279
Aspen Plaza
260, 3820 Sherwood Dr.
Sherwood Park

780.632.3240
#136, 4925-50 Ave.
Vegreville

780.895.7303
5124-50 Ave.
Lamont

SNOW REMOVAL

780-922-4619

**THREE SEASONS
LANDSCAPING LTD.**

www.ThreeSeasonsLandscaping.ca

pep

RECOVER UP

Rewrite the narrative of addiction in your family.

Find a meeting near you.
1.877.991.2737
pepsociety.ca

When YOU Get Paid We Get Paid

Helping You Maximize Your Financial And Physical Recovery!

**Braithwaite Boyle
Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit
www.accidentinjurylawyer.com/coffeenews

TRINITY
Baptist Church

Serving the community for over 40 years.
10:30 AM Sunday Worship Service

www.tbcsherwoodpark.ca
780-464-4040

East on Baseline; First left after Hwy 21
22550 Twp Road 530, Sherwood Park, AB

**FLAT RATE
ALFA TAXI**
SERVING SHERWOOD PARK AND AREA

780.410.0667

Toll Free 1.855.688.2941

Reasonable flat rate to Airport - \$50

24 HR. SERVICE

FREE! *New Issue Every Week!*

Coffee News[®]

“News To Be Enjoyed Over Coffee”

**Sherwood Park
North Edition
780-220-6397**

www.coffee-news.ca Vol. 20 No. 51 December 18, 2023

Everybody's Talking

Good food: Different regions of the world have their own iconic street foods. In North America, vendors serve hot dogs out of trucks, and in England, hungry folks can usually find a fish-and-chips seller. On the Caribbean island country of Guadeloupe, the most famous street food is bokit. It is a sandwich famous for its bread: crispy, delicious, and fried. With this special bread forming the base, what's inside the sandwich is up to the imagination. Common items are saltfish and conch, but can also be chicken, lamb, chickpeas, or whatever else a sandwich maker prefers. Then cooks add accompanying toppings, such as lettuce, cheese, peppers, and various sauces. Sweet versions are eaten as dessert.

Famous cat: Tourist attractions might include castles, parks or amazing architecture, but in one Polish city, a cat named Gacek is a top-rated must-see. The chubby black-and-white feline lives in Szczecin in the northeastern part of the country. Gacek became famous when a post about him spread on social media. Then people started visiting the street where he lives, just to see and pet him. The pampered kitty resides in a wooden box with a roof, which is placed by the door of a shop. The shop's proprietors take care of him, although they do not claim to own him. He has become known as the “King of Kaszubska Street,” for good reason!

Mistaken identity Sleeping on the day he was scheduled to be released didn't pay for an inmate at the Cowlitz County Jail in Longview, Washington (U.S.). That's because his cellmate, Brian Francisco Roman, heard a guard calling the inmate's name. As the inmate was sleeping, Roman sprang into action and pretended to be the soon-to-be-released prisoner. The two men have a similar appearance, so the guard allowed Roman to pick up his cellmate's keys, wallet, and clothes, and walk away from the facility. Prison staff realized the mistake when the cellmate woke up and asked when he could leave. A day later, authorities found Roman and brought him back to his cell.

Lost love: The things people will do for love! Or, to be more accurate, for lost love. One young man in China apparently felt desperate after his girlfriend broke up with him. In a bid to win back her love, he knelt on the sidewalk in front of her workplace in Dazhou City, Sichuan Province. Holding flowers, he stayed there through rain and chill, for an entire day. People walked by him at first, but eventually crowded around to learn his story. Many tried to tell him that if his girlfriend hadn't come out by then, she probably wasn't going to. After 21 hours, the poor fellow finally gave up. Hopefully, his heart will heal soon.

Quoteable Quotes

“Creativity demands nothing less than all you have. Talent alone is never enough.” —Erica Jong

“Never confuse movement with action.” —Ernest Hemingway

What's Happening

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. In which country can you find the Cape of Good Hope?
2. An opera solo is an aria, duet, or operetta?
3. The 2006 James Bond movie Casino Royale featured this type of poker game.
4. Bats use echolocation to navigate in the dark. Is it similar to sonar or GPS?
5. Membranes that cover openings in infants' skulls are called metatarsals—T/F?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

OR SCAN HERE FOR MORE INFO

THIS SPACE FOR RENT

Call 780-220-6397

Frustrated with traditional financing options? Tired of waiting for answers?

EQUIPMENT FINANCING

With over 25 years experience, we pride ourselves in eliminating the obstacles often associated with traditional finance solutions.

We do the work so you can keep on working.

PRACTICAL COMMERCIAL FINANCING FOR PEOPLE ON THE GO

Call today: 780.467.7600 or toll free at 1.855.967.7600
contact@westarfin.com

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles **Sunset Scents**
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

We've got you covered!

CALL FOR YOUR FREE ESTIMATE TODAY

Serving Edmonton and Area for Generations

ALF'S ROOFING 464.6464

- ◆ Specializing in residential re-roofing
- ◆ Visit our showroom today
- ◆ In business since 1976

alfsroofing.com

Life's busy. We can help.

Kitchens • Bathrooms • Bedrooms
Dusting • Mopping • Vacuuming

Maids of Sherwood

780.604.0528 maidsosherwood@gmail.com

FLEXIBLE OPTIONS TO SUIT YOUR SCHEDULE AND LIFESTYLE:
One Time | Weekly | Bi-Weekly | Monthly

Memory Care at Aster Gardens

Come and thrive in our Memory Care program designed with you in mind, in partnership with U of A.

UNIVERSITY OF ALBERTA

Call to ask questions or book a tour
astergardens.ca | 780-902-7837

7 Brower Dr, Sherwood Park

Find Your Power...

Individual Counselling Virtual and In-person sessions

Child/Teen Counselling

Couples Counselling

Family Counselling

POWER PSYCHOLOGY

WWW.EMDRPOWER.COM

780-467-0700

Sherwood Park, Edmonton, St. Albert locations

THOSE GUYS GARAGE

NOW ACCEPTING NEW CLIENTS

All services performed by qualified service technicians

587-456-0164 Family Owned and Operated

241 Portage Close, Unit 140 (across from Atco Gas)

www.scubagearcanada.ca

Visit us on Facebook-CoffeeNewsWeekly



Sonia Sells!
SONIA TARABAY
#1 AGENT
 RE/MAX ELITE (2017 - 2022)
780.707.6015
SONIASSELLS.COM

Your Weekly Horoscope

ARIES
 (March 20 - April 19)



Be aware of being too aggressive or impulsive in what you say, especially at midweek. Remember that the holidays can bring up negative triggers

for those in your orbit. Lucky numbers: 5, 12, 16, 19, 34, 36.

TAURUS
 (April 20 - May 20)



Things may be somewhat chaotic and in flux this week. You may be tempted to resist this change. Perhaps instead consider making an adjustment to better navigate the waves. Lucky numbers: 4, 9, 16, 25, 33, 46.

GEMINI
 (May 21 - June 20)



For the next few months, your focus may turn to how you can be of service to others. This could take you back over old territory in ways you might not expect. Lucky numbers: 1, 26, 27, 28, 31, 41.

CANCER
 (June 21 - July 21)



You are approaching the six-month mark since your birthday. Did you initiate a new plan then? Are you making progress, or do you perhaps need to adjust it now? Lucky numbers: 9, 15, 16, 25, 26, 44.

LEO
 (July 22 - Aug. 22)



At midweek, you may run into challenges to what you are trying to accomplish. Adjusting your view of the situation to look for new options could help resolve the issue. Lucky numbers: 7, 10, 23, 30, 35, 37.

VIRGO
 (Aug. 23 - Sept. 22)



You may feel confused or out of sorts early this week. Take a deep breath and wait a few days. When this energy passes, you might feel back to normal. Lucky numbers: 10, 14, 23, 35, 36, 41.

LIBRA
 (Sept. 23 - Oct. 22)



Libras usually go out of their way to be considerate of others. However, if you find at midweek that you are angry at someone, then stop and ask yourself why. Lucky numbers: 8, 10, 15, 34, 36, 45.

SCORPIO
 (Oct. 23 - Nov. 21)



Scorpios often have an intensity of personality that is stressful to maintain. Regular moments of decompression are helpful. An opportunity may be available to you for a few days at midweek. Lucky numbers: 3, 6, 13, 19, 29, 31.

SAGITTARIUS
 (Nov. 22 - Dec. 20)



This week may be a good time to actively seek an opportunity to put your unique stamp onto an endeavour. Just be careful not to overpromise on results. Lucky numbers: 15, 17, 18, 27, 35, 43.

CAPRICORN
 (Dec. 21 - Jan. 19)



Now may be a good time to set goals for the next year. But first, work to release any old beliefs or behaviour patterns that might no longer work for you. Lucky numbers: 6, 10, 11, 12, 28, 30.

AQUARIUS
 (Jan. 20 - Feb. 18)



A life theme for many Aquarians is aiding their fellow humans. Now may be a good time to seek an opportunity to develop practical ideas to manifest your goals. Lucky numbers: 7, 25, 37, 46, 47, 48.

PISCES
 (Feb. 19 - March 19)



A significant aspect continues that can help restructure your Pisces nature to be more effective in the mundane world. How can you make progress on such efforts this week? Lucky numbers: 2, 4, 7, 23, 35, 36.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 11.



Security Cameras
 Access Control
 Special Orders
 Tools
 Network Hardware and Switches
AND MORE
<https://cdnsd.ca>

Real Estate | Wills | Contracts



HOMESTEAD
 L A W
 Tamara D. Epple B.A., J.D.
 780.243.2116
www.homesteadlaw.ca
 "OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

ART CLASSES



* Drawing * Painting
 * Sculpture
 * Portfolio Preparation
 #126
 150 Chippewa Road
 (upstairs)
 Sherwood Park
LIMITED ENROLMENT - REGISTER TODAY
780.449.3824
info@artfullyyoursschool.ca
artfullyyoursschool.ca
 GIFT CERTIFICATES AVAILABLE!

Exclusive offer for Facebook and Google Ads




Get **FREE** set-up (up to a \$500 value!)
 We are a local digital marketing agency specializing in paid ads.
 Contact us today for your **FREE** no obligation consultation!
Frontline 780.760.6922

Welcoming new patients!
 Offering a full line of dental services, including
 ♦ Invisible Braces ♦ Myofunctional Therapy
 ♦ Snore and Apnea Appliances



PARK DENTAL
 WELLNESS CENTRE #302, 2018 Sherwood Dr.
780.467.2444
www.parkdentalcare.ca
 We are pleased to announce that Dr. Sabrina Atwal has joined our team



RETIREMENT LIVING CHRISTENSON
 Optional Meals • Personalized Services • On-Site Care
Join Our Vibrant Community



Bedford Village
 Centre in the Park
 Full Kitchens • Social & Recreation • U/G Parking
 161 Festival Way, Sherwood Park
780-540-9500
CDLhomes.com


**BUYING A NEW HOME?
 LOOKING TO REFINANCE?
 TIME TO RENEW?**



Contact your **local mortgage broker** to get started **today!**
LESLIE CAIRNS 780.570.5457
 ACCREDITED MORTGAGE PROFESSIONAL
 Joy MORTGAGES KEYSTONE @JoyInMortgages
leslie@joyinmortgages.ca • www.joyinmortgages.ca

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500
 YEARLY TAX CREDIT
\$30,000
 LUMP SUM REFUND



COPI, arthritis, and many other disabling conditions that cause
Restrictions in Walking or Dressing may qualify.
 FOR EXPERT HELP:
1-844-453-5372

the MAKERS keep

A local collective boutique with over 350 vendors from all across Alberta!



112, 2755 Broadmoor Blvd Sherwood Park
 @tmksherwoodpark @themakerskeep
 587.200.0473
www.themakerskeep.com

We've moved... VISIT US IN OUR NEW LOCATION!



Gifts and Gadgets
 NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S
YOUR ONE STOP KITCHEN AND GIFT SHOP
 780.962.5220 | www.giftsandgadgets.ab.ca

IF WATER RUNS THROUGH IT, WE DO IT!

LUC'S PLUMBING INC.
 Your Local Plumber
 CERTIFIED GASFITTER
780-405-0436
lucsplumbinginc@gmail.com
 Proudly Serving Sherwood Park & Surrounding Areas
NO CALL OUT FEE IN SHERWOOD PARK!

WHERE FLAME MEETS FLAVOUR




PrimeTime Donair & Poutine

- Sherwood Centre - 1020 Sherwood Drive #138 Sherwood Park 587-456-9190
- Baseline Village - 222 Baseline Rd #160 Sherwood Park 780-467-6970

yes tv

FREE LIVE STREAMING COMING THIS FALL
 visit yestv.com for details



Did You Know...

Big bird: After the ostrich, the emu is the largest living bird, averaging over 1.75 metres (5.7 ft.) tall. Now found only in Australia, this flightless bird travels widely, looking for plants and insects to eat.

Swimming holes: Cenotes are large limestone sinkholes filled with ground or rainwater. Mexico's Yucatán Peninsula has several thousand, in open air and in caves. Some are peaceful and intriguing places to hang out.

Capital cities: The cities that are U.S. state capitals are sometimes unexpected. For example, the capital of New York is Albany, not New York City. And the capital of California is not Los Angeles, but Sacramento.

Taking flight: The sugar glider is a wee possum of Australia and southeast Asia. Named after its favoured food and its ability to glide between trees, the animal uses a membrane, called a patagium, that stretches between its wrists and ankles.

Wondrous road: Norway's 8.27 km (5.14 mi.) Atlanterhavsveien (Atlantic Road) connects Averøya Island to the mainland over a series of islets. Drivers encounter eight bridges, including the spectacular Storseisundet Bridge.

On the Lighter Side

A guy got a universal remote. He said, "This changes everything!"

Son: "Dad can you lend me some money?"
 Dad: "Yes, but remember a fool and his money are soon parted."
 Son: "Yes, I just figured that out."

Knock! Knock! *Who's there?* Pasta. *Pasta who?* Past the salt and pepper, please.

Where does a power cord go shopping? The outlet mall.

Basketball players are so well-rested because taller people sleep longer.

Answers
 Trivia answers: 1. South Africa 2. Aria 3. Texas 4. Sonar 5. False

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

FREE ROLLING TRAY
 - WHEN YOU PRESENT THIS COUPON -
 LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS



BUBONIC KRONIK
 ECIGS • VAPORIZERS • BONCS
 420
 99 WYE ROAD SHERWOOD PARK

The World's #1 Restaurant Publication!