

THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO




FREE! *New Issue Every Week!*

Coffee News[®]

"News To Be Enjoyed Over Coffee"

St. Albert Edition

780-220-6397



www.coffee-news.ca

PAWNSTERS INC.

YOUR LOCAL PAWN SHOP

SCAN TO VIEW OUR LATEST INVENTORY

Tues-Sat, 10:30-6 | Sun, 12-5
322 McLeod Ave., Spruce Grove

www.pawnsters.ca 587.461.1798



When YOU Get Paid We Get Paid

Helping You Maximize Your Financial And Physical Recovery!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffee





780-651-7362

Located in the Enjoy Centre, Entrance 4 - 101 Riel Drive, St. Albert

Wild Earth Bakery

We've been around for a while and we've seen a lot over the years.

The world keeps changing, but Wild Earth keeps baking.



Helping People Live Their **Best Life Possible**

ComForCare HOME CARE

Please contact us for all your Home Care needs

780-733-4495



HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

Wipe out inflation, get the credit!

FOR EXPERT HELP: 1-844-453-5372



Where excitement and eco-friendly rides collide

E Scooters E Cycles

BOOT-N-SCOOTER

2530 Tudor Glen, St. Albert | bootscooters.com

Tues-Thurs, 10 am - 7 pm | Fri, 10 am - 6 pm | Sat, 10 am - 5 pm

FREE DEMO RIDES Thursdays at 7 pm. Register at 6:30 pm



FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair ...and more!

ADG KABAN SEWER & DRAIN LTD.

Supporting and Servicing St. Albert and Surrounding Areas For Over 27 Years

Troy 780.498.6888 Cell. LICENSED • BONDED • INSURED

780.458.9778 | www.adgplumbing.com



Everybody's Talking

Good food: Different regions of the world have their own iconic street foods. In North America, vendors serve hot dogs out of trucks, and in England, hungry folks can usually find a fish-and-chips seller. On the Caribbean island country of Guadeloupe, the most famous street food is bokit. It is a sandwich famous for its bread: crispy, delicious, and fried. With this special bread forming the base, what's inside the sandwich is up to the imagination. Common items are saltfish and conch, but can also be chicken, lamb, chickpeas, or whatever else a sandwich maker prefers. Then cooks add accompanying toppings, such as lettuce, cheese, peppers, and various sauces. Sweet versions are eaten as dessert.

Famous cat: Tourist attractions might include castles, parks or amazing architecture, but in one Polish city, a cat named Gacek is a top-rated must-see. The chubby black-and-white feline lives in Szczecin in the northeastern part of the country. Gacek became famous when a post about him spread on social media. Then people started visiting the street where he lives, just to see and pet him. The pampered kitty resides in a wooden box with a roof, which is placed by the door of a shop. The shop's proprietors take care of him, although they do not claim to own him. He has become known as the "King of Kaszubska Street," for good reason!

Mistaken identity Sleeping on the day he was scheduled to be released didn't pay for an inmate at the Cowlitz County Jail in Longview, Washington (U.S.). That's because his cellmate, Brian Francisco Roman, heard a guard calling the inmate's name. As the inmate was sleeping, Roman sprang into action and pretended to be the soon-to-be-released prisoner. The two men have a similar appearance, so the guard allowed Roman to pick up his cellmate's keys, wallet, and clothes, and walk away from the facility. Prison staff realized the mistake when the cellmate woke up and asked when he could leave. A day later, authorities found Roman and brought him back to his cell.

Lost love: The things people will do for love! Or, to be more accurate, for lost love. One young man in China apparently felt desperate after his girlfriend broke up with him. In a bid to win back her love, he knelt on the sidewalk in front of her workplace in Dazhou City, Sichuan Province. Holding flowers, he stayed there through rain and chill, for an entire day. People walked by him at first, but eventually crowded around to learn his story. Many tried to tell him that if his girlfriend hadn't come out by then, she probably wasn't going to. After 21 hours, the poor fellow finally gave up. Hopefully, his heart will heal soon.

Quoteable Quotes

"Creativity demands nothing less than all you have. Talent alone is never enough." —Erica Jong

"Never confuse movement with action." —Ernest Hemingway

What's Happening

Ongoing - Lighting the Way This is SASHA's primary annual fundraiser. Buy a bulb for \$10 or sponsor a tree. Bulbs and tree's can be purchased in memory of someone who has died or in honour of someone living with a life-limiting illness. Visit www.sasha-cares.com to donate today!

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

- In which country can you find the Cape of Good Hope?
- An opera solo is an aria, duet, or operetta?
- The 2006 James Bond movie Casino Royale featured this type of poker game.
- Bats use echolocation to navigate in the dark. Is it similar to sonar or GPS?
- Membranes that cover openings in infants' skulls are called metatarsals—T/F?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

Complete Automotive Service Repairs:

- ✓ We sell summer and winter tires
- ✓ Tune-ups
- ✓ Lube/Oil/Filter Services
- ✓ Wheel Alignments
- ✓ Vehicle Inspections
- ✓ A/C Recharge and Repairs

CANADIAN AUTO REMARKETING

780.569.0654

#109-25 Chisholm Ave., St. Albert

www.canadianautoremarketing.ca



Mortgage Advice

We provide mortgage options, value, flexibility, and convenience.

Let's talk:

Michael Rennie
Mobile Mortgage Specialist
T: 780 499 4749
michael.ennie@td.com
mms.tdcanadatrust.com/michael.ennie



Window Coverings That Reflect Your Style

From inspiration to installation, our team of professionals collaborate with you to deliver beautiful window treatments.

BLINDS & SHADES • SHUTTERS • CUSTOM DRAPERY

108-25 Chisholm Avenue, St. Albert

BENCHMARK WINDOW FASHIONS

833.330.0265 | sales@bmark.ca | bmark.ca



THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

Auto Sales:

- ✓ Shop with total confidence
- ✓ Financing available
- ✓ Large selection of pre-owned cars
- ✓ We also buy cars – inquire for details!

CANADIAN AUTO REMARKETING

780.569.0654

#109-25 Chisholm Ave., St. Albert

www.canadianautoremarketing.ca



FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com



IS ADVENTURE ON YOUR BUCKET LIST?

Learn to Scuba Dive

Ask about our Buddy Special

Discover Snorkeling

1-Hour Lesson at the Pool!
Snorkeling Sets for the Family

The Dive Outfitters

Scuba Diving & Snorkeling

780.483.0044

11781-156 St., Edmonton

www.thediveoutfitters.ca

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA




PROMOTIONAL & PRINTING
OUI PRINT.COM
 YOU THINK IT, OUI PRINT IT.
780 865 3212

Weekly • Bi-Weekly • Monthly • One-Time Cleaning
We do one thing – Clean!
 Professional and personalized cleaning service:
 Residential & Commercial Cleaning
 Detail Cleaning • Basic Cleaning
 Move In/Move Out
 New Construction
 Call Lynn today for a free quote:
780.721.6789
www.youhaveitmaid.ca

Exclusive offer for Facebook and Google Ads
 Get FREE set-up (up to a \$500 value!)
 We are a local digital marketing agency specializing in paid ads.
 Contact us today for your FREE no obligation consultation!
Frontline 780.760.6922

Do you have a favourite quilt that needs repair?
Longarm Quilting Services
 Offering a variety of quilting services:
 • Longarm Quilting • Digital Edge2Edge
 • Competitive Rates
 • Friendly Environment
780.554.1350 | reidse@shaw.ca

Don't let your past dictate your future
 Top five reasons to petition for a criminal pardon:
 • Eliminate employment barriers
 • Restore your civil rights
 • Reduce impact on housing applications
 • Increase travel opportunities
 • Peace of mind
CLÉMENT-LAURIE & ASSOCIATES. INC.
 Facilitators: • Pardons • Clemency • U.S. Visas • Immigration
 • Oath Certifications • Transition Services • Apostille
613.808.9044 | rayoclement@gmail.com

My office is always available to connect you to government services and to provide information on local initiatives.
Dale Nally, MLA
 MORINVILLE – ST. ALBERT
780-572-6161
 Morinville.Stalbert@assembly.ab.ca

We Pay CASH For Your Scrap Metal!
Yes!
 We accept ALL scrap metals
BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP
RICHMOND STEEL RECYCLING
 16610-129 Avenue NW, Edmonton
587.689.3100 | richmondsteel.ca

one bite technology.ca
 2002 Tudor Glen, St. Albert
 587-290-0200
 iPhone / iPad repairs & support
 Device sales
 Mac + PC repairs & support
 Bring this ad in for 10% OFF REPAIRS!

Your Weekly Horoscope

ARIES
 (March 20 – April 19)
 Be aware of being too aggressive or impulsive in what you say, especially at midweek. Remember that the holidays can bring up negative triggers for those in your orbit. Lucky numbers: 5, 12, 16, 19, 34, 36.

TAURUS
 (April 20 – May 20)
 Things may be somewhat chaotic and in flux this week. You may be tempted to resist this change. Perhaps instead consider making an adjustment to better navigate the waves. Lucky numbers: 4, 9, 16, 25, 33, 46.

GEMINI
 (May 21 – June 20)
 For the next few months, your focus may turn to how you can be of service to others. This could take you back over old territory in ways you might not expect. Lucky numbers: 1, 26, 27, 28, 31, 41.

CANCER
 (June 21 – July 21)
 You are approaching the six-month mark since you initiate a new plan then? Are you making progress, or do you perhaps need to adjust it now? Lucky numbers: 9, 15, 16, 25, 26, 44.

LEO
 (July 22 – Aug. 22)
 At midweek, you may run into challenges to what you are trying to accomplish. Adjusting your view of the situation could help resolve the issue. Lucky numbers: 7, 10, 23, 30, 35, 37.

VIRGO
 (Aug. 23 – Sept. 22)
 You may feel confused or out of sorts early this week. Take a deep breath and wait a few days. When this energy passes, you might feel back to normal. Lucky numbers: 10, 14, 23, 35, 36, 41.

LIBRA
 (Sept. 23 – Oct. 22)
 Libras usually go out of their way to be considerate of others. However, if you find at midweek that you are angry at someone, then stop and ask yourself why. Lucky numbers: 8, 10, 15, 34, 36, 45.

SCORPIO
 (Oct. 23 – Nov. 21)
 Scorpios often have an intensity of personality that is stressful to maintain. Regular moments of decompression are helpful. An opportunity may be available to you for a few days at midweek. Lucky numbers: 3, 6, 13, 19, 29, 31.

SAGITTARIUS
 (Nov. 22 – Dec. 20)
 This week may be a good time to actively seek an opportunity to put your unique stamp onto an endeavour. Just be careful not to overpromise on results. Lucky numbers: 15, 17, 18, 27, 35, 43.

CAPRICORN
 (Dec. 21 – Jan. 19)
 Now may be a good time to set goals for the next year. But first, work to release any old beliefs or behaviour patterns that might no longer work for you. Lucky numbers: 6, 10, 11, 12, 28, 30.

AQUARIUS
 (Jan. 20 – Feb. 18)
 A life theme for many Aquarians is aiding their fellow humans. Now may be a good time to seek an opportunity to develop practical ideas to manifest your goals. Lucky numbers: 7, 25, 37, 46, 47, 48.

PISCES
 (Feb. 19 – March 19)
 A significant aspect continues that can help restructure your Pisces nature to be more effective in the mundane world. How can you make progress on such efforts this week? Lucky numbers: 2, 4, 7, 23, 35, 36.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 11.

Did You Know...

Big bird: After the ostrich, the emu is the largest living bird, averaging over 1.75 metres (5.7 ft.) tall. Now found only in Australia, this flightless bird travels widely, looking for plants and insects to eat.

Swimming holes: Cenotes are large limestone sinkholes filled with ground or rainwater. Mexico's Yucatán Peninsula has several thousand, in open air and in caves. Some are peaceful and intriguing places to hang out.

Capital cities: The cities that are U.S. state capitals are sometimes unexpected. For example, the capital of New York is Albany, not New York City. And the capital of California is not Los Angeles, but Sacramento.

Taking flight: The sugar glider is a wee possum of Australia and southeast Asia. Named after its favoured food and its ability to glide between trees, the animal uses a membrane, called a patagium, that stretches between its wrists and ankles.

Wondrous road: Norway's 8.27 km (5.14 mi.) Atlanterhavsveien (Atlantic Road) connects Averøya Island to the mainland over a series of islets. Drivers encounter eight bridges, including the spectacular Storseisundet Bridge.

On the Lighter Side

A guy got a universal remote. He said, "This changes everything!"

Son: "Dad can you lend me some money?"
 Dad: "Yes, but remember a fool and his money are soon parted."
 Son: "Yes, I just figured that out."

Knock! Knock! Who's there? Pasta. Pasta who? Past the salt and pepper, please.

Where does a power cord go shopping? The outlet mall.

Basketball players are so well-rested because taller people sleep longer.

Answers

Trivia answers: 1. South Africa 2. Aria 3. Texas 4. Hold'em 5. False

For available franchise opportunities – visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

TELL a Polio Survivor About US!

Wildrose Polio Support Society
 780.428.8842 | www.polioalberta.ca

WHY RENT ...when you can BUY?
 You may be financially ready – and don't even know!
 Call George about real solutions to build equity:
780.982.4247
www.georgevandewalle.com
 Each office independently owned and operated
GEORGE VAN DE WALLE

Where your pet gets a vacation too!
BlackPaws
 Pet Resort & RV Storage
 Why choose us for your dog boarding needs?
 • Acres of play areas! • Group play all day!
 • Large private indoor/outdoor rooms for each dog, or up to a family of 3!
 • Management on-site 24/7
BOOK TODAY ...your pet will thank you!
 26106 Twp Rd 552, Sturgeon County
780.984.5718 | blackpawspetresort.ca
 Less dogs, more space... a tired dog is a good dog!

WOMENS WORKWEAR
 www.womensworkwear.ca
STORE NOW OPEN!
 5403 Gateway Blvd NW, Edmonton
 Enjoy The Experience

COLD SHOT
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.
PASSENGER & PARCEL SERVICES
 GET YOUR REWARD CARD TO GET A FREE TICKET!
 Parcel Website: www.coldshotca.com
 Passenger Website: www.coldshot.ca
TICKETS: 587-557-7719 | PARCEL: 587-557-7718
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Are your ducks all in a row...?
 Offering years of paralegal experience to assist you by preparing documents such as:
 • Last Will and Testament
 • Enduring Power of Attorney
 • Personal Directives
RATES AS LOW AS \$150 FOR WILLS
WILLPOWER WILLS
 EXPERIENCED. DEDICATED. KNOWLEDGEABLE.
780-418-7611
 Call Terri today for a FREE consult.

Jennifer Miles, Agent
 125-15 Circle Dr
 St. Albert AB T8N 3Y7
 780-460-2279
www.jmilesinsurance.com
Desjardins Insurance
 Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.
 Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

UH-OH!
DON'T WORRY – We repair damage to leather, vinyl, plastic and fabric.
COLORGlo
 NORTH EDMONTON
For a free estimate, call 780.239.7917
 AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL