

WE OFFER **IN-HOUSE PEDICURE SERVICES**
FOR THOSE WHO ARE HOUSEBOUND



Nails
by PAM

Manicures • Pedicures
Gel Nails • Brow and Lash Tinting
Senior and Diabetic Pedicures

BY APPOINTMENT ONLY (ROCKY RAPIDS)

780.514.7990

Coffee News
is proudly delivered by



BEEHIVE
Support Services Association

Coffee News® Part of your community.

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!



Reader of the Month
Marg Sieger from Calgary

Coffee News® Fun Reading. Serious Advertising.

Can't get to your Coffee News® each week?

Check out our **PDF editions online!**
New editions are posted every Monday

Sign up here to receive email notifications of new editions.



Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

WE BUY USED GOLD AND DIAMONDS



Blue Diamond Jewellers

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

Recipe of the month



Roasted Chicken and Brie Holly Mini Bites

1 French bread baguette (10-1/2 ounces)	1/4 cup fig preserves
1/4 cup mayonnaise	24 fresh baby spinach leaves
1-1/2 teaspoons garlic paste	4 ounces mini Brie cheese wheel
12 slices deli chicken, halved	1/3 cup sweetened dried cranberries
1/4 cup apple jelly	

Prep Time: 20 min. Broil: 5 min. + cooling Yield: 2 dozen

- Preheat broiler. Cut baguette into 24 slices; place on foil-lined baking sheets. Combine mayonnaise and garlic; spread evenly over baguette slices. Add a half slice of chicken to each. Combine apple jelly and fig preserves; spread evenly over chicken.
- Add one baby spinach leaf to each slice. Standing the Brie wheel on end, cut crosswise into six narrow slices. Lay slices flat; cut each into four wedges. Add one cheese wedge to each baguette. Top with 3 cranberries. Broil 3-4 in. from heat until cheese is melted, 1-2 minutes. Cool 5 minutes before serving.

Source: <https://www.tasteofhome.com>



SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

Drayton Valley Edition

877-553-6397



www.coffee-news.ca Est. 1988

Vol. 20 No. 52 December 25, 2023

Everybody's Talking

Neon signs: Anyone who might need a neon sign for a special event should look no further than God's Own Junkyard in Walthamstow East, a suburb of London, England. The outfit can provide seasonal holiday signs, ones that say "vacancy" or "open," and signs depicting food items, brand names, eyeglasses, hearts, rainbows, arrows, flags, and much more. The store-rental-production warehouse has thousands of new, used, and salvaged neon signs, as well as items for movie sets, circus lighting, and architectural signs. The curious browse through them, and neon sign aficionados make purchases and trades. The location even has an in-house cafe where shoppers can relax—under the glow of neon, of course.

Red river: An adventurer who doesn't mind a little rain may be interested in hiking the trails near Palcoyo Rainbow Mountain in the Cusco region of Peru during the area's rainy season, which occurs from December to April. That's when about 5 kilometres (3.1 mi.) of the Palquella Pucamayu ("Red River") fills with red water, due to wet weather run-off from the mountain. The colour is only apparent at that stretch of the river and during wet weather. Usually, the water looks muddy and brown, but precipitation causes iron oxide-rich soil to give the water its temporary blood-red hue. The hue can change from pink to red depending on the amount of rainfall.

Small bank: Anyone needing simple financial services from a reliable banking institution can go to Kentland Federal Savings and Loan in Kentland, Indiana (U.S.), the bank's one and only branch. Don't try to find an ATM or a website because they don't exist. Also, the bank does not charge transaction fees. With only about \$3 million in assets, it offers home mortgages and savings accounts, and not much else. The bank, a member of the Independent Community Bankers of America, is managed by James A. Sammons, the great-grandson of the founder who started the bank in 1920 in the same location. Sammons, along with one part-time staff member, keep the place going with friendly, face-to-face services.

Street art: Paris is home to an unusual sort of shrine honouring the anonymous graffiti artist "Invader." His pixelated, ceramic tile mosaics first started appearing in Paris in the late 1990s. The first may have been one in an alleyway on Passage de la Main d Or. Now over 1,300 are installed on walls, buildings, and houses around the city, with a total of more than 4,000 of Invader's pieces in 80 cities around the world. The Paris alley, called Invader Ground Zero, contains tributes to the artist, including some exact replicas of his work. Fans come from far and wide to acknowledge Invader and to add their own creations to the wall.

Quoteable Quotes

"Light tomorrow with today." —Elizabeth Barrett Browning

"Acknowledging the good that you already have in your life is the foundation for all abundance." —Eckhart Tolle

What's Happening

Nov 25-Dec 26 - Passport to Christmas Shoppers, pick up a passport and start your holiday shopping! Passports will be available starting on Saturday, November 25 around the region and in the Downtown District. For every \$10 spent, receive a stamp to be entered into the prize draws!

Ongoing - Climate Cafe Chat about climate issues and anxieties in an informal, relaxed setting. Tea coffee are provided; please bring your own mug. 1st Tuesday of the month at the Camrose Public Library 4710 50 Ave

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. A cantata is a musical composition for voices and instruments— T/F?
2. The card game bridge requires two, four, or six players?
3. The capital of the African nation of Mali is Bamako, Dakar, or Lagos?
4. Who wrote the novel The Count of Monte Cristo?
5. England's famous Wimbledon tennis court surfaces are made of what?

(Flip bottom of page for answers)

The World's #1 Restaurant Publication!

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS




THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

Get Your Meters' Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

— RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."
— Jerry Greiner

MEASUREMENT INC.
780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

- Mobile Bench™
- Field Provers
- High Sour/Pressure
- Chart Calibration
- Zedi Calibration

Season's Greetings

from your friends at **Coffee News**



Pregnant? Facing Difficult Decisions?

We can help.
Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com



It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

*Terms and Conditions apply.

GENERAC



Congratulations to October's **Coffee News Guy** contest winners!

Your prizes are in the mail!

Sherry Gompf-Spence
Emily Quinn
Lesley Berry
Violet Bouvier

Enter today for your chance to win at www.coffee-news.ca



Get More Traffic, Leads & Sales



SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting
780.760.6922
frontlineconsulting.ca

Affordable-Effective-Exclusive-CALL NOW!

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!



Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!



For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffee news

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffee news

Sept. 1 Draw Winners

Emily J. from Sherwood Park
Preston H. from Edson
Sandy P. from Calgary

Oct. 1 Draw Winners

Cassi S. from Edmonton
Walter A. from Calgary
Karen P. from Okotoks

Nov. 1 Draw Winners

Yolanda P. from Edmonton
Bob P. from Calgary
Sarah H. from Okotoks

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.



WIPE OUT INFLATION, GET THE CREDIT!

FOR EXPERT HELP:

1-844-453-5372

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call **LLOYD KENNEY**, Independent Associate, to find out how LegalShield can help you!

LegalShield

1-877-579-9449

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Like us on Facebook

...to keep updated on **WEEKLY contests** in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



<https://www.facebook.com/CoffeeNewsWeekly>

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

Your Weekly Horoscope

ARIES
(March 20 - April 19)



The holidays sometimes bring up old wounds. If that happens for you or a loved one, encourage a release of the emotions that emerge, in order to aid healing. Lucky numbers: 3, 6, 11, 16, 26, 27.

TAURUS
(April 20 - May 20)



Over the next four months, the energetic pattern may give a boost to your sense of self-confidence. Just be careful of any tendency to be stubborn when dealing with others. Lucky numbers: 5, 6, 16, 33, 36, 47.

GEMINI
(May 21 - June 20)



Gemini is known for their sharp minds and intellectual exchanges. However, the end of the week may bring an opportunity to soften your style and socialize with others. Lucky numbers: 4, 14, 18, 20, 24, 43.

CANCER
(June 21 - July 21)



As 2023 comes to a close, this may be a good time for you to wrap up any loose ends. Which efforts do you want to drop, and what would you like to carry into 2024? Lucky numbers: 9, 10, 31, 32, 34, 42.

LEO
(July 22 - Aug. 22)



Be aware of any temptation by you or those around you to overdo holiday partying. A good reminder for you this week may be "all things in moderation." Lucky numbers: 8, 12, 15, 22, 25, 39.

VIRGO
(Aug. 23 - Sept. 22)



Don't feel pressured if you are not up to partying this week, particularly on New Year's Eve. Mark the transition to a new year in whatever manner makes you happy. Lucky numbers: 7, 8, 13, 20, 42, 45.

LIBRA
(Sept. 23 - Oct. 22)



The opposite polarity of Libra's tact and diplomacy is a temptation to overlook hard truths. You may encounter this dynamic at week's end. Try not to side step it. Lucky numbers: 11, 13, 15, 30, 33, 34.

SCORPIO
(Oct. 23 - Nov. 21)



The midweek energy portends a high probability of miscommunication. So you may want to be extra careful in what you say, particularly at family holiday events. Lucky numbers: 2, 13, 23, 31, 39, 45.

SAGITTARIUS
(Nov. 22 - Dec. 20)



Do you have a project that aligns with your highest values? Now may be a good time to outline a plan to manifest it, but perhaps wait a few weeks to get started. Lucky numbers: 15, 21, 24, 28, 43, 47.

CAPRICORN
(Dec. 21 - Jan. 19)



At week's end, you may have an opportunity to focus on your relationship. As we close out 2023, this may be a good time to consider what you want in 2024. Lucky numbers: 10, 14, 15, 17, 23, 46.

AQUARIUS
(Jan. 20 - Feb. 18)



You may find that your heart and mind are not in sync at the end of the week. Take a deep breath. Wait a few days for things to reset. Lucky numbers: 6, 9, 11, 31, 41, 46.

PISCES
(Feb. 19 - March 19)



Be aware of any potential triggers, including family dynamics and excessive partying. Prioritize your wellness. Give yourself permission to readily withdraw from any negative situations. Lucky numbers: 12, 15, 21, 29, 46, 48.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 33.

Did You Know...

Oscar wins: American actor Tom Hanks has received six Oscar nominations for Best Actor in a Leading Role. He won two, for the title role in *Forrest Gump* (1995) and as Andrew Beckett in *Philadelphia* (1994).

Impressive size: Giant sequoia trees in California's Sierra Nevada mountain range (U.S.) grow to be very big, and old! Some are known to have lived for 3,000 years. They can be 250 to 300 feet (76 to 91 m) tall.

Busy place: Kyoto, Japan, is home to the Nishiki Market, which has been operating for 700 years. Its five blocks of alleyways have over 100 vendor stalls that sell everything from soy donuts to pickles, grilled squid, and cookware.

Warning bell: Friday the 13th might be a scary day for some. But a 1939 law helps folks in French Lick, Indiana (U.S.), avoid adding black cats to that fear. All black cats must wear a bell on any Friday the 13th.

Odd-looking beak: The shoebill stork lives in Central and East Africa. Their identifying feature is their huge bill, which is over 19 cm (7 in.) and shaped like a shoe. In the wild, they can live to be 35 years old.

On the Lighter Side

Bob: "Did you hear they pulled the word 'gullible' from the dictionary?"
Bill: "Really?"

Knock! Knock! *Who's there?* Beezer. *Beezer who?* Beezer black and yellow and live in a hive.

Where do young plants go to learn? The nursery school.

I owe a lot to sidewalks. They've kept me off the streets for years.

A girl brought a ladder to her first day of school. She was starting high school.

Answers

Trivia answers: 1. True 2. Four 3. Bamako 4. Alexandre Dumas 5. Grass

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

inogen

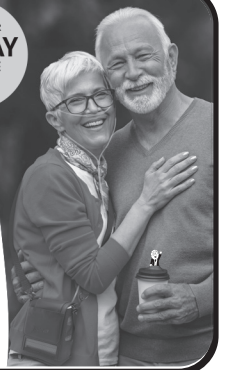
CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.

PM220469 EN_EX_USA | Rx Only © 2023 Inogen, Inc. 303 Coonram Drive, Goleta, CA 93117 Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us: 780.423.7781 | 1.888.423.9666



AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK



NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!

780-666-2336

TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™

www.hearttohomemeals.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!



They are the next Finest candles you will EVER find!



Sunset Scents
a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

We've moved... VISIT US IN OUR NEW LOCATION!



Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca



WOMENS WORKWEAR



www.womensworkwear.ca

Workwear Built For Women
STORE NOW OPEN!
5403 Gateway Blvd NW, Edmonton

Scan QR Code To View Our New Website!

Enjoy The Experience

25 YEARS AND STILL GOING STRONG

PROMOTIONAL & PRINTING

OUIPRINT.COM

YOU THINK IT, OUI PRINT IT.

780 865 3212

23-Drayton Valley