

Affordable-Effective-Exclusive-CALL NOW!

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Fort Sask and Area Edition

780-220-6397

www.coffee-news.ca

Est. 1988

GRC-RCMP

UN UNIFORME À VOTRE NOM VOUS ATTEND

A UNIFORM WITH YOUR NAME ON IT IS WAITING FOR YOU

carrieresgrc.ca rcmpcareers.ca

Can't get to your **Coffee News**® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Sil Industrial Minerals We're Ready.

Western Canada's leader in industrial sands, blasting abrasives and equipment

WE'RE HIRING

Lamont County, AB (Hwy 38 & RR204)

To find out more, visit sil.ab.ca/careers or call us at 780-796-3939

From the Heart Laser Therapy

- Smoking Cessation
- Drug Addiction
- Sugar Addiction

Also treatments for:

- Anxiety & Depression

587-357-2455

Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting 780.760.6922 frontlineconsulting.ca

SNOW REMOVAL

780-922-4619

THREE SEASONS LANDSCAPING LTD.

www.ThreeSeasonsLandscaping.ca

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

Sept. 1 Draw Winners	Oct. 1 Draw Winners	Nov. 1 Draw Winners
Emily J. from Sherwood Park Preston H. from Edson Sandy P. from Calgary	Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks	Yolanda P. from Edmonton Bob P. from Calgary Sarah H. from Okotoks

Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Vol. 20 No. 52 December 25, 2023

Everybody's Talking

Neon signs: Anyone who might need a neon sign for a special event should look no further than God's Own Junkyard in Walthamstow East, a suburb of London, England. The outfit can provide seasonal holiday signs, ones that say "vacancy" or "open," and signs depicting food items, brand names, eyeglasses, hearts, rainbows, arrows, flags, and much more. The store-rental-production warehouse has thousands of new, used, and salvaged neon signs, as well as items for movie sets, circus lighting, and architectural signs. The curious browse through them, and neon sign aficionados make purchases and trades. The location even has an in-house cafe where shoppers can relax—under the glow of neon, of course.

Red river: An adventurer who doesn't mind a little rain may be interested in hiking the trails near Palcoyo Rainbow Mountain in the Cusco region of Peru during the area's rainy season, which occurs from December to April. That's when about 5 kilometres (3.1 mi.) of the Palquella Pucamayu ("Red River") fills with red water, due to wet weather run-off from the mountain. The colour is only apparent at that stretch of the river and during wet weather. Usually, the water looks muddy and brown, but precipitation causes iron oxide-rich soil to give the water its temporary blood-red hue. The hue can change from pink to red depending on the amount of rainfall.

Small bank: Anyone needing simple financial services from a reliable banking institution can go to Kentland Federal Savings and Loan in Kentland, Indiana (U.S.), the bank's one and only branch. Don't try to find an ATM or a website because they don't exist. Also, the bank does not charge transaction fees. With only about \$3 million in assets, it offers home mortgages and savings accounts, and not much else. The bank, a member of the Independent Community Bankers of America, is managed by James A. Sammons, the great-grandson of the founder who started the bank in 1920 in the same location. Sammons, along with one part-time staff member, keep the place going with friendly, face-to-face services.

Street art: Paris is home to an unusual sort of shrine honouring the anonymous graffiti artist "Invader." His pixelated, ceramic tile mosaics first started appearing in Paris in the late 1990s. The first may have been one in an alleyway on Passage de la Main d Or. Now over 1,300 are installed on walls, buildings, and houses around the city, with a total of more than 4,000 of Invader's pieces in 80 cities around the world. The Paris alley, called Invader Ground Zero, contains tributes to the artist, including some exact replicas of his work. Fans come from far and wide to acknowledge Invader and to add their own creations to the wall.

Quoteable Quotes

"Light tomorrow with today." —Elizabeth Barrett Browning
"Acknowledging the good that you already have in your life is the foundation for all abundance." —Eckhart Tolle

What's Happening

Ongoing - Lighting the Way This is SASHA's primary annual fundraiser. Buy a bulb for \$10 or sponsor a tree. Bulbs and tree's can be purchased in memory of someone who has died or in honour of someone living with a life-limiting illness. Visit www.sasha-cares.com to donate today!

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

Trivia

1. A cantata is a musical composition for voices and instruments—T/F?
2. The card game bridge requires two, four, or six players?
3. The capital of the African nation of Mali is Bamako, Dakar, or Lagos?
4. Who wrote the novel The Count of Monte Cristo?
5. England's famous Wimbledon tennis court surfaces are made of what?

(Flip bottom of page for answers)

(Over)

FREE ROLLING TRAY

- WHEN YOU PRESENT THIS COUPON -

LIMIT 1 PER CUSTOMER - SEE IN STORE FOR DETAILS

8060 - 167 AVE. NW

BUBONIC KRONIK EDMONTON 780.371.0106

ECIGS VAPORIZORS BONGS

NO PURCHASE NECESSARY

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

ART CLASSES

Artfully Yours School of Fine Art

- * Drawing
- * Painting
- * Sculpture
- * Portfolio Preparation

#126 Chippewa Road (upstairs) Sherwood Park

780.449.3824

info@artfullyyourschool.ca

artfullyyourschool.ca

GIFT CERTIFICATES AVAILABLE!

LIMITED ENROLLMENT - REGISTER TODAY

IF WATER RUNS THROUGH IT, WE DO IT!

LUC'S PLUMBING INC.

CERTIFIED GASFITTER

Your Local Plumber

780-405-0436

lucsplumbinginc@gmail.com

Proudly Serving Fort Saskatchewan & Surrounding Areas

Discover More Living

Make the most of every moment with personalized service and meaningful experiences curated to your lifestyle. A place where you get to decide what everyday looks like. That's more living. Revera is where your journey continues.

CALL TODAY TO LEARN MORE: 780.244.8969

reveraliving.com

McConachie Gardens 6503-170 Ave NW Edmonton AB

revera RETIREMENT LIVING

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

SENIORS & CAREGIVERS SUPPORT

PEACE OF MIND CONCIERGE Helping seniors & their caregivers thrive.

SERVICES SPECIFICALLY DESIGNED FOR YOU:

- ✓ Assistance Navigating Resources
- ✓ Caregiver Consulting & Advocacy
- ✓ Problem Solving
- ✓ Emotional Support
- ✓ Companionship
- ✓ Personal Concierge

CONTACT US FOR A FREE CONSULTATION!

Tammy Lautner, RSW Founder/Owner

780.720.3035 www.peacemindconciierge.com

CUSTOMIZED & FLEXIBLE TO FIT YOUR NEEDS.

Real Estate | Wills | Contracts

HOMESTEAD
..... L A W

Tamara D. Epple B.A., J.D.

780.243.2116
www.homesteadlaw.ca

CONVENIENTLY LOCATED JUST OFF THE YELLOWHEAD IN SHERWOOD PARK

"OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

We Pay CASH For Your Scrap Metal!

Yes!

We accept ALL scrap metals

BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP

RICHMOND STEEL RECYCLING

16610-129 Avenue NW, Edmonton | 587.689.3100 | richmondsteel.ca

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

WHEEL OF FORTUNE

Those Who Fail to Plan, Plan to Fail

MJM BUSINESS SYSTEMS SOLUTIONS

www.mjmbss.ca

Every successful business needs sound management systems in place.

HEALTH & SAFETY
OPERATIONS
PAYROLL & BOOKKEEPING

When YOU Get Paid We Get Paid

We're Here To Handle The Legal Complexity For You!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

FOR CONTEST RULES AND RECENT WINNERS, VISIT www.accidentinjurylawyer.com/coffeenews

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!

We've moved...

Gifts and Gadgets

VISIT US IN OUR NEW LOCATION!

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP

780.962.5220 | www.giftsandgadgets.ab.ca

Your Weekly Horoscope

ARIES
(March 20 - April 19)



The holidays sometimes bring up old wounds. If that happens for you or a loved one, encourage a release of the emotions that emerge, in order to aid healing. Lucky numbers: 3, 6, 11, 16, 26, 27.

TAURUS
(April 20 - May 20)



Over the next four months, the energetic pattern may give a boost to your sense of self-confidence. Just be careful of any tendency to be stubborn when dealing with others. Lucky numbers: 5, 6, 16, 33, 36, 47.

GEMINI
(May 21 - June 20)



Gemini is known for their sharp minds and intellectual exchanges. However, the end of the week may bring an opportunity to soften your style and socialize with others. Lucky numbers: 4, 14, 18, 20, 24, 43.

CANCER
(June 21 - July 21)



As 2023 comes to a close, this may be a good time for you to wrap up any loose ends. Which efforts do you want to drop, and what would you like to carry into 2024? Lucky numbers: 9, 10, 31, 32, 34, 42.

LEO
(July 22 - Aug. 22)



Be aware of any temptation by you or those around you to overdo holiday partying. A good reminder for you this week may be "all things in moderation." Lucky numbers: 8, 12, 15, 22, 25, 39.

VIRGO
(Aug. 23 - Sept. 22)



Don't feel pressured if you are not up to partying this week, particularly on New Year's Eve. Mark the transition to a new year in whatever manner makes you happy. Lucky numbers: 7, 8, 13, 20, 42, 45.

LIBRA
(Sept. 23 - Oct. 22)



The opposite polarity of Libra's tact and diplomacy is a temptation to overlook hard truths. You may encounter this dynamic at week's end. Try not to side step it. Lucky numbers: 11, 13, 15, 30, 33, 34.

SCORPIO
(Oct. 23 - Nov. 21)



The midweek energy portends a high probability of miscommunication. So you may want to be extra careful in what you say, particularly at family holiday events. Lucky numbers: 2, 13, 23, 31, 39, 45.

SAGITTARIUS
(Nov. 22 - Dec. 20)



Do you have a project that aligns with your highest values? Now may be a good time to outline a plan to manifest it, but perhaps wait a few weeks to get started. Lucky numbers: 15, 21, 24, 28, 43, 47.

CAPRICORN
(Dec. 21 - Jan. 19)



At week's end, you may have an opportunity to focus on your relationship. As we close out 2023, this may be a good time to consider what you want in 2024. Lucky numbers: 10, 14, 15, 17, 23, 46.

AQUARIUS
(Jan. 20 - Feb. 18)



You may find that your heart and mind are not in sync at the end of the week. Take a deep breath. Wait a few days for things to reset. Lucky numbers: 6, 9, 11, 31, 41, 46.

PISCES
(Feb. 19 - March 19)



Be aware of any potential triggers, including family dynamics and excessive partying. Prioritize your wellness. Give yourself permission to readily withdraw from any negative situations. Lucky numbers: 12, 15, 21, 29, 46, 48.

Lucky numbers this week: This week's odds favour Taurus winners with the luckiest number being 33.

Did You Know...

Oscar wins: American actor Tom Hanks has received six Oscar nominations for Best Actor in a Leading Role. He won two, for the title role in *Forrest Gump* (1995) and as Andrew Beckett in *Philadelphia* (1994).

Impressive size: Giant sequoia trees in California's Sierra Nevada mountain range (U.S.) grow to be very big, and old! Some are known to have lived for 3,000 years. They can be 250 to 300 feet (76 to 91 m) tall.

Busy place: Kyoto, Japan, is home to the Nishiki Market, which has been operating for 700 years. Its five blocks of alleyways have over 100 vendor stalls that sell everything from soy donuts to pickles, grilled squid, and cookware.

Warning bell: Friday the 13th might be a scary day for some. But a 1939 law helps folks in French Lick, Indiana (U.S.), avoid adding black cats to that fear. All black cats must wear a bell on any Friday the 13th.

Odd-looking beak: The shoebill stork lives in Central and East Africa. Their identifying feature is their huge bill, which is over 19 cm (7 in.) and shaped like a shoe. In the wild, they can live to be 35 years old.

On the Lighter Side

Bob: "Did you hear they pulled the word 'gullible' from the dictionary?"
Bill: "Really?"

Knock! Knock! *Who's there?* Beezer. *Beezer who?* Beezer black and yellow and live in a hive.

Where do young plants go to learn? The nursery school.

I owe a lot to sidewalks. They've kept me off the streets for years.

A girl brought a ladder to her first day of school. She was starting high school.

Answers

Trivia answers: 1. True 2. Four 3. Bamako 4. Alexandre Dumas 5. Grass

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

Visit us on Facebook-CoffeeNewsWeekly

WOMENS WORKWEAR

www.womensworkwear.ca

Workwear Built For Women

STORE NOW OPEN!

5403 Gateway Blvd NW, Edmonton

Enjoy The Experience

We do more with less

Solution

SERVICES

- ComboVac • HydroVac
- Maintenance
- Hot Oiler
- Robotic Cleaning
- Valve Service

TOLL FREE 1-833-933-8418

FORT SASKATCHEWAN GRANDE PRAIRIE

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS™
www.hearttohomemeals.ca

OFFERING YOU THE BEST SOLUTION FOR YOUR VEHICLE

TRINITY AUTOMOTIVE

COURTESY CARS AVAILABLE

780-953-9795
TRINITYAUTO9795GMAIL.COM
#120, 11870 88 AVE. FORT SASK.

HONEST, RELIABLE, INCLUSIVE AUTOMOTIVE SERVICE

FIND OUT HOW YOU CAN SAVE UP TO 50% ON COMMISSIONS!

At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!

How We SELL Your Home:

- ✓ 300+ Websites
- ✓ Social Media Ads
- ✓ QR Code to Home's Features
- ✓ 3D Tours & Professional Photos

WE HELP BUYERS TOO!

sellerdirect
Northern Homes Realty

780.638.4800 | sellerdirectnorthernhomes.com
PROUDLY SERVING EDMONTON & SURROUNDING AREAS

Diana Noble Owner/Broker

SCAN TO FIND OUT YOUR HOME'S VALUE TODAY

Family-friendly dentistry in a calm atmosphere

Town Crest DENTAL Clinic

FREE WHITENING KIT or ELECTRIC TOOTHBRUSH with new patient exam, X-rays and cleaning

WE ALSO OFFER BOTOX THERAPY

General and Sedation Dentistry

780.589.1112
119 Town Crest Rd., Fort Saskatchewan

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Scuba Diving & Snorkeling

11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA