

Congratulations
to October's
Coffee News Guy
contest winners!

Your prizes
are in the mail!

Sherry Gompf-Spence
Emily Quinn
Lesley Berry
Violet Bouvier

Enter today for
your chance to win at
www.coffee-news.ca

FREE! *New Issue Every Week!*
Coffee News[®]
"News To Be Enjoyed
Over Coffee"
**Athabasca
Edition**
877-553-6397

www.coffee-news.ca

QUALITY WORK. REASONABLE RATES.

RRC
EXTERIOR FINISHING

- 5" Continuous Eavestrough
- Asphalt Roofing
- Soffit Fascia

CALL RYAN TODAY FOR YOUR FREE ESTIMATE:
780.519.1335
Serving Athabasca/Slave Lake and area

Merry Christmas

from your friends at
Coffee News

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A
\$2,500 YEARLY TAX CREDIT
\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause
Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

Love Coffee News?

Send a selfie of yourself with your weekly edition of the paper, and your picture may appear here!

Send your selfie to contests@coffee-news.ca
Please put "Readers" in the subject line.

Please include:
• Your name • Your phone number and • Your address
so that we can send you some **cool prizes** if your photo is chosen to appear in the paper!

Coffee News Fun Reading. Serious Advertising.

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance
prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

When YOU Get Paid We Get Paid

We're Here To Help You When You Need Results!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

CONGRATULATIONS TO OUR MOST RECENT CONTEST WINNERS!

Sept. 1 Draw Winners Emily J. from Sherwood Park Preston H. from Edson Sandy P. from Calgary	Oct. 1 Draw Winners Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks	Nov. 1 Draw Winners Yolanda P. from Edmonton Bob P. from Calgary Sarah H. from Okotoks
--	---	--

Vol. 21 No. 1 January 1, 2024

Everybody's Talking

Saved iPhone: An American man thought he'd lost his iPhone forever. Zach Siggelkow of St. Anthony Village, Minnesota (U.S.), was vacationing with family members at Waikiki Beach, Hawaii. One his last day there, he went kayaking. But after a few hours of fun, he was swamped by a large wave. The iPhone vanished, along with his sunglasses, or so Siggelkow thought. More than a month later, he received a message from Dr. Karl Brookins, who had found the phone during a scuba diving expedition and was able to get into the phone and reach Siggelkow by email. The honest diver sent the phone to its original owner, and the phone still worked!

Magical place: In London, England, magic reigns at The Magic Circle, a society of magicians founded in 1905. Its current headquarters opened in 1998 and is open to the public for pre-arranged tours and shows. Magicians must apply to become members of what The Magic Circle calls the world's premier magic society. Members are required to pledge not to reveal the secrets to magic tricks, and the membership list includes professionals like David Copperfield, and others like TV personalities, teachers, and even King Charles III. Visitors can browse the headquarters, officially called The Centre for the Magic Arts, which contains magical artifacts from over the centuries, and they can watch tricks performed by members of The Magic Circle.

Expensive treat: Ice cream is always a yummy treat, but a serving of byakuya ("white night") may be the most decadent ever, not to mention the most expensive. The Japanese company Cellato calls it a gelato, and a serving costs 880,000 Yen. The treat is made from white Italian truffles from a specific region of Italy, along with Parmigiano Reggiano, sake lees (a by-product of sake), egg yolks, milk, and gold leaf. Complex in taste and smooth in texture, a serving can be shipped to consumers and comes with instructions for eating the creation with the accompanying hand-made spoon. Who needs a vacation when you can savour a bowl of something like this?

Living alone: In the name of research, an athletic mountaineer named Beatriz Flamini lived in a cave in Granada, Spain, for 500 days. Although she was alone the whole time, a team of scientists remotely monitored her to investigate how isolation affects people's minds and bodies. She entered the cave November 21, 2021. When she emerged, she had missed all the news of the world. However, she claims to have loved her time alone, during which she read many books, exercised, knitted, and recorded videos. The team delivered food to a collection point, but made no contact with her. She recorded video footage for an eventual documentary about her experience.

Quoteable Quotes

"All things must pass." —George Harrison
"Always do right. It will gratify some and astonish the rest." —Mark Twain

What's Happening

Ongoing Drop-in Art Time The Lesser Slave Lake Regional Arts Council is holding free drop-in art times for people to work on any project they have on the go. On Wednesdays from 7-9pm at Old Tru Value, Main St. Slave Lake

Ongoing - Tuesday Yoga Join Tuesday Yoga at Cherry Grove Hall. Every Tuesday starting at 7pm, 5011 50A Ave, Cherry Grove. \$10/class Contact Sarah 780-201-2479 for more info

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!
\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!
...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Lamborghini, Sergio, or Giovanni is an Italian car company?
2. A proton or a neutron is a positively charged particle in an atom's nucleus?
3. The body of water between Florida and Cuba is the Keys Strait—T/F?
4. Reconstruction of London's Globe Theatre was completed in 1896, 1950, or 1996?
5. A trapezoid, or trapezium, has four sides, and at least two are parallel—T/F?

(Flip bottom of page for answers)

Refreshing Pure Hydration

- 3 & 5 Gals of Reverse Osmosis & Alkalized Water
- 5lb & 20lb Bags of Ice

✓ Wholesale and Retail Sales
✓ Residential and Commercial Delivery Available

Pure
PREMIUM WATER & ICE
9609-100 Street, Plamondon
780.798.0444 | www.purepremiumwater.ca

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:
✓ VOIP Solutions at a fraction of the traditional carrier cost
✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

Home | Auto | Business | Farm

We're in your community

780.675.2241
4801 49 St, Athabasca
BrokerLink.ca

BrokerLink Insurance

©2023 BrokerLink Inc. *BrokerLink & Design is a registered trademark of BrokerLink Inc. All rights reserved.

Home is Where **Your Story Begins.**
Let Me Help You Finance Your Dream Home!

Debbie Jacobsen, AMP
780.805.8840
deb@dlc1st.ca | www.dlc1st.ca

DOMINION LENDING CENTRES
Mortgage Mentors

Happy New Year

from your friends at
Coffee News



WOMENS WORKWEAR

www.womensworkwear.ca

Workwear Built For Women

STORE NOW OPEN!

5403 Gateway Blvd NW, Edmonton

Enjoy The Experience



Scan QR Code To View Our New Website!

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

1-877-579-9449



Like us on Facebook

...to keep updated on WEEKLY contests in which you can enter to win tickets to sports events, entertainment events, Coffee News Bucks and more!



<https://www.facebook.com/CoffeeNewsWeekly>



CONTINUING EDUCATION & CORPORATE TRAINING

We offer a wide range of individual courses and certificate programs delivered online and in-person.

- Asset and Maintenance Management
- Essential Workforce and Leadership Training
- Indigenous Administration
- Safety Training... and more!

Ask us about Private Training! Our programs or courses can be customized to meet your needs. Contact us today to discuss training solutions at your site or ours, delivered face-to-face or online!

www.northernlakescollege.ca/cect



Pregnant? Facing Difficult Decisions?

We can help. Call **780.421.1177** or text **587.596.5380**




A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Recipe of the month




Roasted Chicken and Brie Holly Mini Bites

1 French bread baguette	1/4 cup fig preserves
(10-1/2 ounces)	24 fresh baby spinach leaves
1/4 cup mayonnaise	4 ounces mini Brie cheese wheel
1-1/2 teaspoons garlic paste	1/3 cup sweetened dried cranberries
12 slices deli chicken, halved	
1/4 cup apple jelly	

Prep Time: 20 min. Broil: 5 min. + cooling Yield: 2 dozen

- Preheat broiler. Cut baguette into 24 slices; place on foil-lined baking sheets. Combine mayonnaise and garlic; spread evenly over baguette slices. Add a half slice of chicken to each. Combine apple jelly and fig preserves; spread evenly over chicken.
- Add one baby spinach leaf to each slice. Standing the Brie wheel on end, cut crosswise into six narrow slices. Lay slices flat; cut each into four wedges. Add one cheese wedge to each baguette. Top with 3 cranberries. Broil 3-4 in. from heat until cheese is melted, 1-2 minutes. Cool 5 minutes before serving.

Source: <https://www.tasteofhome.com>



SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Learn to SCUBA DIVE at our Edmonton location - call for details

Scuba Diving & Snorkeling


11781-156 St., Edmonton 780.483.0044



SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA


Your Weekly Horoscope

ARIES (March 20 - April 19)




At the end of the week, you may run into a challenge to what you want to achieve. Overcoming this obstacle may require you to confront an old issue. Lucky numbers: 2, 8, 11, 18, 21, 22.

TAURUS (April 20 - May 20)




Thomas Fuller said, "Seeing is believing but feeling is the truth." Adjusting your viewpoint this week may encourage you to see a new truth about yourself and your life. Lucky numbers: 5, 7, 17, 26, 34, 39.

GEMINI (May 21 - June 20)




For the past few weeks, you may have been very busy and struggling to keep so many balls in the air. That dynamic could begin to ease this week. Lucky numbers: 10, 11, 22, 25, 43, 46.

CANCER (June 21 - July 21)




Cancers can sometimes be timid in acting. During January, however, the astrological energy encourages you to come out of your crab shell and go after what you want. Lucky numbers: 1, 6, 16, 27, 39, 40.

LEO (July 22 - Aug. 22)




Have you had trouble finding enough motivation to complete your endeavours? The energy pattern this month could help you buckle down and do so in a timely manner. Lucky numbers: 6, 9, 17, 29, 36, 41.

VIRGO (Aug. 23 - Sept. 22)




The astrological aspects for the first week of this new year is gearing up for forward motion over the next month. Use this time to get your ducks in a row. Lucky numbers: 7, 17, 32, 34, 37, 42.

LIBRA (Sept. 23 - Oct. 22)




Early this week, you may be called upon to use your skills to resolve an issue for yourself or others. Just be sure the agreement is fair to everyone, including you. Lucky numbers: 11, 13, 18, 40, 46, 47.

SCORPIO (Oct. 23 - Nov. 21)



At midweek, you may receive an important insight to aid you in achieving your goals. Trust your intuition and don't worry about what others have to say about the matter. Lucky numbers: 3, 7, 14, 23, 31, 44.

SAGITTARIUS (Nov. 22 - Dec. 20)




You may have been very busy over the past few weeks, perhaps including a breakdown in communication, machinery, etc. The situation could start to improve. Lucky numbers: 8, 18, 20, 30, 31, 46.

CAPRICORN (Dec. 21 - Jan. 19)




Do you have your plans set for 2024? This first week of the year may provide you with an opportunity, if you seek it, to get a jump start on those goals. Lucky numbers: 12, 18, 24, 32, 33, 42.

AQUARIUS (Jan. 20 - Feb. 18)



Aquarians sometimes are trying to achieve several big goals all at once. For the next month, however, focusing on completing a smaller goal might be best. Lucky numbers: 9, 14, 22, 24, 41, 48.

PISCES (Feb. 19 - March 19)



On New Year's Day, you may not be feeling social, but instead reserved and distant from others. Consider taking this time to get in touch with your deepest self and purpose. Lucky numbers: 4, 10, 12, 15, 18, 41.

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 33.

Did You Know...

Butterfly migration: In the winter, the oyamel fir trees about 100 km from Mexico City fill with monarch butterflies. The Monarch Butterfly Biosphere Reserve provides a perfect environment for the beautiful insects from the north.

Peanut treat: Marcellus Gilmore Edson, who hailed from Bedford, Québec (Canada), is credited as the first to make an early type of peanut butter. Patented in 1884, Edson's product was called "peanut-candy."

Needs help: An animal or bird species whose young are born unable to look after themselves is called "altricial," from the Latin for "needing nourishment." They can't get food without help from their parents.

Clean laundry: Many condos and other housing developments have rules against hanging laundry outside. Not so in the state of Vermont (U.S.), where regulations that prohibit this practice are illegal.

Popular fabric: Breathable and wind- and water-proof, GORE-TEX fabric is popular among outdoor lovers. It was developed by W.L. Gore and Associates, established in 1958 by husband and wife Wilbert L. and Genevieve Gore.

On the Lighter Side

Knock! Knock! *Who's there?* Itch. *Itch who?* Itch been a long time!

Why is the sky so high? So the birds don't hit their heads.

Two houses next to each other fell in love. It was a lawn distance relationship.

Children truly do brighten a home—they never turn out the lights!

Teacher: "You promised you'd give 100% effort this week."

Student: "Monday 35%, Tuesday 25%, Wednesday and Thursday 15%, Friday 10%."

Answers

Trivia answers: 1. Lamborghini! 2. Proton 3. False 4. 1996 5. True

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd



COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

*Terms and Conditions apply.



WEBSITES

From \$129/Month

(780) 760-6922

FRONTLINECONSULTING.CA

We've moved... VISIT US IN OUR NEW LOCATION!



Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP

780.962.5220 | www.giftsandgadgets.ab.ca

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve



Alberta Council on Aging

Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967



Can't get to your Coffee News® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions




CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price. PMS200629 EN, EN, USA | In Only © 2023 Inogen, Inc. Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.



Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

Sept. 1 Draw Winners	Oct. 1 Draw Winners	Nov. 1 Draw Winners
Emily J. from Sherwood Park Preston H. from Edson Sandy P. from Calgary	Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks	Yolanda P. from Edmonton Bob P. from Calgary Sarah H. from Okotoks