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Everyone has the right to live free of violence and abuse

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports





What's Happening

NON P{ROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.



Lama XIV

FREE!

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Submit your birth date and we'll send you a birthday card with valuable offers on your special day! NEW FEATURE

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST EL4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy



2020 or 2021?

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LongRunClassAction.ca



Has Long Run Exploration

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The World's #1 Restaurant Publication!

Trivia

1. Phenology is a scientific study that combines meteorology and ecology—T/F?

2. The Story of the Kelly Gang, the first full-length, narrative feature film was released in 1888, 1906, or 1915?

3. The wedge-shaped stone at the top of an arch is called what?

4. The two times when the sun is directly over the equator are equinoxes or eclipses?

5. The month of July is named for Julius Caesar, Jules Verne, or the Roman god Mars?

(Flip bottom of page for answers)

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Your Weekly Horoscope

(Sept. 23 - Oct. 22)

(Oct. 23 - Nov. 21)

21. 28. 38. 42.

SCORPIO

11, 15, 17, 19, 30.

SAGITTARIUS

(Nov. 22 - Dec. 20)

Have you been feeling

restless or dissatisfied

recently in your relation-

ship or at work? This itch

may be a signal that it is

time to break out of your

Scorpio intensity and intu-

ition sometimes means

difficulty connecting with

others. Now may offer an

opportunity to ease this

dynamic. How can you

Your expansive optimism

comfort zone. Lucky numbers: 1, 16,

hold onto this energy? Lucky numbers: 8,

ARIES (March 20 - April 19)

You may want to ask yourself two questions this week: What is your life



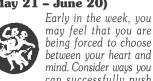
TAURUS

purpose? What are you willing to do to achieve it? Be sure to listen closely for the answers. Lucky numbers: 4. 8.

(April 20 - May 20) An unexpected opportunity may surface this week. It might require

much hard work to achieve, but could be worthwhile if it helps you fulfill a heart felt goal. Lucky numbers: 14, 15, 21, 28, 30, 31.

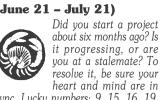
GEMINI (May 21 - June 20)



may feel that you are being forced to choose between your heart and mind. Consider ways you can successfully push

through that false dichotomy. Lucky numbers: 6, 7, 12, 26, 30, 38. CANCER

(June 21 – July 21)



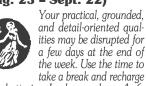
sync. Lucky numbers: 9, 15, 16, 19, 21, 25. LEO

(July 22 - Aug. 22)

Are you encountering pushback from others about something you are trying to accomplish? Turning down the heat and striving for a neutral

temperament may be helpful. Lucky numbers: 10, 14, 28, 31, 34, 40. VIRGO

(Aug. 23 - Sept. 22)



your batteries. Lucky numbers: 4, 6, 17, 22, 43, 45.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

Did You Know...

Lighthouse history: High on a cliff in Gaspé, Québec (Canada), sits a lighthouse known as Cap-des-Rosiers. It has been guiding ships at the mouth of the St. Lawrence River since its construction in 1858.

Honey stores: Bees aren't the only insects to produce honey. Worker ants feed nectar to honeypot ants (Camponotus inflatus), who store the sweet liquid in their balloon-like abdomens until colony members need food.

Canadian writer: Mordecai Richler (1931-2001) was a famous Canadian novelist who brought many books to the reading world, including The Apprenticeship of Duddy Kravitz and Barney's Version. He was also an essayist and social critic.

Good sausage: To dine on some really good sausage, try a restaurant in Regensburg, Germany. Wurstkuchl, or Sausage Kitchen, has been around since 1146 and run by members of





may be in high gear for a few days at the beginning of the week. What would you like to achieve with this energy before it dissipates? Lucky numbers: 3, 15, 16, 22, 34.38? **CAPRICORN**

(Dec. 21 - Jan. 19)



come along every day and shouldn't be overlooked. Lucky numbers: 2, 8, 24, 32, 34, 36. **AQUARIUS**

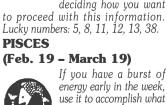
(Jan. 20 - Feb. 18)

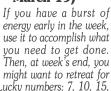
At midweek, you may receive an important insight, out of the blue. Consider pondering it for a few days before deciding how you want

Lucky numbers: 5, 8, 11, 12, 13, 38.

(Feb. 19 - March 19)

a few days. Lucky numbers: 7, 10, 15, 20, 37, 41.





PISCES

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the Schricker family since 1806.

Tough law: Children in Rehoboth, Delaware (U.S.), must follow the law about Halloween trick-or-treating. If Halloween falls on a Sunday, kids must go door-to-door for their treats on Saturday night instead.

On the Lighter Side

Have you heard the joke about the roof? Never mind, it's over vour head.

I went to a great concert in Hawaii. People were dancing in the isles.

Laugh, and the class laughs with you. But you get detention alone.

Police officer: "I want you to go straight home." Man: "I can't. I live around the corner."

Knock! Knock! Who's there? Hatch. Hatch who? Have you got a cold or something?

Answers

4. Equinoxes 5. Julius Caesar Trivia answers: 1. True 2. 1906 3. Keystone

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