

Are you a business owner/office manager?  
Have 3-20 employees in your office?  
Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

**How? We offer:**

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

**587.760.2800**  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

**Congratulations to our most recent winners of a prepaid \$400 Visa card!**

**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
Free Initial Consultation

For contest rules, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

Sept. 1 Draw Winners	Oct. 1 Draw Winners	Nov. 1 Draw Winners
Emily J. from Sherwood Park Preston H. from Edson Sandy P. from Calgary	Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks	Yolanda P. from Edmonton Bob P. from Calgary Sarah H. from Okotoks

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**  
**\$30,000 LUMP SUM REFUND**

Wipe out inflation, get the credit!

FOR EXPERT HELP:  
**1-844-453-5372**

**Get More Traffic, Leads & Sales**

• Website Development  
• Google Ads  
• Facebook Advertising  
• Social Media Management  
• SEO & Content Marketing  
• Reporting & Analytics

**Frontline** 780.760.6922  
web consulting [frontlineconsulting.ca](http://frontlineconsulting.ca)

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**  
Contact us:  
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**  
**1-855-977-9805**

With purchase of a new Safe Step Walk-In-Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

**Can't get to your Coffee News® each week?**

**Check out our PDF editions online!**  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**FREE!** **New Issue Every Week!**

**Coffee News®**  
"News To Be Enjoyed Over Coffee"

**Westlock Edition**  
**877-553-6397**

[www.coffee-news.ca](http://www.coffee-news.ca)

Affordable-Effective-Exclusive-CALL NOW!

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
Scuba Diving & Snorkelling  
11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**THIS SPACE FOR RENT**

Call **780-220-6397**

OR SCAN HERE FOR MORE INFO

**Injured? Now What? We Help - A Lot!**

**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries  
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**Pregnant? Facing Difficult Decisions?**

We can help.  
Call **780.421.1177** or text **587.596.5380**

**A Small Miracle Adoption**  
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**NEED TO EXPAND YOUR MARKETING EFFORTS?**

**Coffee News® provides:**

- ✓ Access to 520,000 loyal readers per month in 48 editions across Northern Alberta
- ✓ Access to thousands of online readers weekly
- ✓ Free ad design
- ✓ Free ad changes
- ✓ Free sponsorship in our CN Bucks program
- ✓ Exclusivity in your industry

So - you're not advertising with Coffee News® because...?

**780-220-6397**  
[coffee-news.ca](http://coffee-news.ca)

Vol. 21 No. 2 January 8, 2024

**Everybody's Talking**

**Beautiful butterflies:** The Schmetterlinghaus, or the Imperial Butterfly House, is a must-see for visitors to Vienna, Austria. The oasis inside the Art Nouveau-era greenhouse is verdant, with tropical plants, flowers, and waterfalls. However, the main attraction is not the flora but the fauna, specifically the butterflies that freely flit about and rest on branches or leaves, and search for nectar in flowers. About 400 butterflies live in the Schmetterlinghaus, where the hot, humid environment is perfect for the beautiful creatures. Visitors love to take pictures of these gentle insects of many species and many colours. The butterflies are not captured in the wild, but are bred on site or by approved butterfly farms.

**The right foot:** Three thieves in Huancayo, Peru, must have been quite surprised when they opened boxes of their stolen loot containing over 200 high-end sneakers. They discovered that all the shoes were for the right foot! No doubt they thought they'd be able to sell pairs of sneakers for cash, but they aren't likely to find many buyers for only right-footed shoes. The owner of the targeted store had boxed up shoes for the right foot of various brands and sizes to display at a sporting goods event. While the theft meant a big loss for the owner, police hoped to find the culprits and the stolen merchandise, as the heist was caught on the store's cameras.

**Syrupy sweetness:** Pancake lovers may wish to stop by the Maple Syrup Museum of Ontario. Located in the hamlet of St. Jacobs, near Waterloo, Ontario (Canada), this museum reveals the secrets and history of maple syrup-making in the area, including traditional and modern methods of sap collection, early Indigenous maple syrup production techniques, and various buckets and taps. Displays demonstrate collecting sap from maple trees while using horses as the means of transportation. The museum includes items such as candy molds that have been used to make syrup into other products. And of course visitors can buy pure maple syrup and other sweet items in many stores around the St. Jacobs community.

**Faithful pet:** An elderly man from the town of Mochtezuma in Sonora State, Mexico, is lucky to have a loyal and loving pet dog. Octogenarian Gregorio Romero enjoys taking walks in the desert and sometimes makes his way to another village to visit. One day, he did not return and his family became worried. They requested a search and rescue, but after a week, no one had found a trace of Romera. Authorities decided to call in a special searcher: El Palomo, the elderly man's faithful dog. El Palomo sniffed here and there and led the search party over hills and down ravines until, finally, Romero was found. He was dehydrated, but alive and well, to everyone's joy

**Quoteable Quotes**

"What you do makes a difference, and you have to decide what kind of difference you want to make." —Jane Goodall  
"Be kind whenever possible. It is always possible." —Dalai Lama XIV

**What's Happening**

**NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.**

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\*Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**

1. Phenology is a scientific study that combines meteorology and ecology—T/F?
2. The Story of the Kelly Gang, the first full-length, narrative feature film was released in 1888, 1906, or 1915?
3. The wedge-shaped stone at the top of an arch is called what?
4. The two times when the sun is directly over the equator are equinoxes or eclipses?
5. The month of July is named for Julius Caesar, Jules Verne, or the Roman god Mars?

(Flip bottom of page for answers)

**200+ Delicious Meals Made for SENIORS!**

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply

Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
TF: 1-800-704-4779

**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS®  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)



**Westlock Ford**  
 Innovation that drives excitement.  
 BUILT Ford PROUD  
  
[westlockford.com](http://westlockford.com)  
 780-349-3361 | 10835-100 Street, Westlock

**PRAIRIE SUNSET**  
 Funeral Home and Cremation Services  
 A DIVISION OF THE CARINGROUP INC.  
  
 780-470-5005 St. Albert | 780-349-5006 Westlock  
[www.psfh.ca](http://www.psfh.ca)

**Happy New Year**  
  
 from your friends at **Coffee News**

**WESTLOCK & DISTRICT CHAMBER OF COMMERCE**  
 Our community. Your business.  
  
 LUNCH MEETINGS ON THE SECOND LAST TUESDAY OF EVERY MONTH 12-1 p.m.  
 Westlock Legion 10004-106 St.  
[westlockchamberofcommerce@gmail.com](mailto:westlockchamberofcommerce@gmail.com)  
[www.westlockchamber.com](http://www.westlockchamber.com)  
 Visit our website for more information

'Tis the season of giving...  
 Get **20% OFF ANY 1 ROBE** from our huge selection!  
  
 Don't forget to stop in and make your list for Santa!  
**Romantic Notions Inc.**  
 #30, 210 McLeod Avenue, Spruce Grove  
 780.962.4944 | 1.855.962.4944  
 @romanticnotionsboutique

**inogen**  
 CLAIM YOUR **14-DAY RISK-FREE TRIAL!**  
**PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE**  
 Call us toll-free at **1-888-998-6714**  
  
\*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.  
 PMS20469 EN, EN, USA | By Only © 2023 Inogen, Inc. 303 Corporate Drive, Colorado, CA 91317  
 Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

**yes tv**  
**FREE LIVE STREAMING COMING THIS FALL**  
 visit [yestv.com](http://yestv.com) for details

**Barrhead DENTURE CLINIC**  
 SOLVING TOOTH LOSS PROBLEMS SINCE 1993  
 Marcel Turenne, Denturist  
 For a NATURAL LOOK, there are a wide variety of tooth moulds and shades available to INDIVIDUALIZE your smile  
 DIRECT BILLING to insurance companies upon pre-determination of benefits  
 INQUIRE ABOUT ALBERTA SENIORS DENTAL BENEFIT ELIGIBILITY  
 5122-49A Street, Barrhead Mon-Fri, 8:30 a.m.-4 p.m. **780.674.4348**  
[www.barrheaddentures.ca](http://www.barrheaddentures.ca)

# Your Weekly Horoscope

**ARIES**  
 (March 20 - April 19)  
  
 You may want to ask yourself two questions this week: What is your life purpose? What are you willing to do to achieve it? Be sure to listen closely for the answers. Lucky numbers: 4, 8, 10, 18, 27, 48.

**TAURUS**  
 (April 20 - May 20)  
  
 An unexpected opportunity may surface this week. It might require much hard work to achieve, but could be worthwhile if it helps you fulfill a heart-felt goal. Lucky numbers: 14, 15, 21, 28, 30, 31.

**GEMINI**  
 (May 21 - June 20)  
  
 Early in the week, you may feel that you are being forced to choose between your heart and mind. Consider ways you can successfully push through that false dichotomy. Lucky numbers: 6, 7, 12, 26, 30, 38.

**CANCER**  
 (June 21 - July 21)  
  
 Did you start a project about six months ago? Is it progressing, or are you at a stalemate? To resolve it, be sure your heart and mind are in sync. Lucky numbers: 9, 15, 16, 19, 21, 25.

**LEO**  
 (July 22 - Aug. 22)  
  
 Are you encountering pushback from others about something you are trying to accomplish? Turning down the heat and striving for a neutral temperament may be helpful. Lucky numbers: 10, 14, 28, 31, 34, 40.

**VIRGO**  
 (Aug. 23 - Sept. 22)  
  
 Your practical, grounded, and detail-oriented qualities may be disrupted for a few days at the end of the week. Use the time to take a break and recharge your batteries. Lucky numbers: 4, 6, 17, 22, 43, 45.

**LIBRA**  
 (Sept. 23 - Oct. 22)  
  
 Have you been feeling restless or dissatisfied recently in your relationship or at work? This itch may be a signal that it is time to break out of your comfort zone. Lucky numbers: 1, 16, 21, 28, 38, 42.

**SCORPIO**  
 (Oct. 23 - Nov. 21)  
  
 Scorpio intensity and intuition sometimes means difficulty connecting with others. Now may offer an opportunity to ease this dynamic. How can you hold onto this energy? Lucky numbers: 8, 11, 15, 17, 19, 30.

**SAGITTARIUS**  
 (Nov. 22 - Dec. 20)  
  
 Your expansive optimism may be in high gear for a few days at the beginning of the week. What would you like to achieve with this energy before it dissipates? Lucky numbers: 3, 15, 16, 22, 34, 38?

**CAPRICORN**  
 (Dec. 21 - Jan. 19)  
  
 You may find yourself in a deep, transformational conversation with someone else at the end of the week. Such moments don't come along every day and shouldn't be overlooked. Lucky numbers: 2, 8, 24, 32, 34, 36.

**AQUARIUS**  
 (Jan. 20 - Feb. 18)  
  
 At midweek, you may receive an important insight, out of the blue. Consider pondering it for a few days before deciding how you want to proceed with this information. Lucky numbers: 5, 8, 11, 12, 13, 38.

**PISCES**  
 (Feb. 19 - March 19)  
  
 If you have a burst of energy early in the week, use it to accomplish what you need to get done. Then, at week's end, you might want to retreat for a few days. Lucky numbers: 7, 10, 15, 20, 37, 41.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

## Did You Know...

**Lighthouse history:** High on a cliff in Gaspé, Québec (Canada), sits a lighthouse known as Cap-des-Rosiers. It has been guiding ships at the mouth of the St. Lawrence River since its construction in 1858.

**Honey stores:** Bees aren't the only insects to produce honey. Worker ants feed nectar to honeypot ants (*Camponotus inflatus*), who store the sweet liquid in their balloon-like abdomens until colony members need food.

**Canadian writer:** Mordecai Richler (1931-2001) was a famous Canadian novelist who brought many books to the reading world, including *The Apprenticeship of Duddy Kravitz* and *Barney's Version*. He was also an essayist and social critic.

**Good sausage:** To dine on some really good sausage, try a restaurant in Regensburg, Germany. Wurstkuchl, or Sausage Kitchen, has been around since 1146 and run by members of the Schricker family since 1806.

**Tough law:** Children in Rehoboth, Delaware (U.S.), must follow the law about Halloween trick-or-treating. If Halloween falls on a Sunday, kids must go door-to-door for their treats on Saturday night instead.

## On the Lighter Side

Have you heard the joke about the roof? Never mind, it's over your head.

I went to a great concert in Hawaii. People were dancing in the isles.

Laugh, and the class laughs with you. But you get detention alone.

Police officer: "I want you to go straight home."  
 Man: "I can't. I live around the corner."

Knock! Knock! *Who's there?* Hatch. *Hatch who?* Have you got a cold or something?

## Answers

4. Equinoxes 5. Julius Caesar  
**Trivia answers:** 1. True 2. 1906 3. Keystone

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
 © Published with Permission by Capital Marketing Ltd

**It's not just a generator. It's a power move.**  
 Receive a free 7-year warranty with qualifying purchase\* - valued at \$945.  
 Call 888-688-0973 to schedule your free quote!  
  
\*Terms and Conditions apply. **GENERAC**

**Need ONE More Reason to Join?**  
  
 ① You don't have an up to date will  
 ② You don't understand the difference between a trust and a will  
 ③ The CRA selects you for an audit  
 ④ You need a letter written on your behalf by a lawyer  
 ⑤ You receive a speeding ticket  
 ⑥ You need a lawyer's advice on any matter

**LegalShield**  
 Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!  
**1-877-579-9449**

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!  
  
 They are the next Finest candles you will EVER find!  
**PSC Prairie Scented Candles**  
**Sunset Scents** a RAY of Fragrance  
 prairiescentedcandles@gmail.com  
[www.prairiescentedcandles.com](http://www.prairiescentedcandles.com)

**We've moved... VISIT US IN OUR NEW LOCATION!**  
  
**Gifts and Gadgets**  
 NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S  
**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
 780.962.5220 | [www.giftsandgadgets.ab.ca](http://www.giftsandgadgets.ab.ca)

**WE BUY USED GOLD AND DIAMONDS**  
  
**Blue Diamond Jewellers**  
**780.968.0040**  
 Main Street, Stony Plain  
[www.bluediamondjewellers.com](http://www.bluediamondjewellers.com)

**WOMENS WORKWEAR**  
  
[www.womensworkwear.ca](http://www.womensworkwear.ca)  
 Workwear Built For Women  
**STORE NOW OPEN!**  
 5403 Gateway Blvd NW, Edmonton  
 Enjoy The Experience

**NOW ACCEPTING ARI CARDS**  
 Auto • Commercial • Residential  
  
**Advanced Glass Inc.**  
 CALL MARC CLOUTIER TODAY:  
**780-961-2276**  
[advancedglassinc.ca](http://advancedglassinc.ca) • 5514 - 50 Avenue, Legal AB  
 Morinville Location: Bay #2, 9702-90 Ave. Call 587-985-4427

**We Pay CASH For Your Scrap Metal!**  
**Yes!**  
 We accept ALL scrap metals  
  
 BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP  
**RICHMOND STEEL RECYCLING**  
 16610-129 Avenue NW, Edmonton  
**587.689.3100** | [richmondsteel.ca](http://richmondsteel.ca)