

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

Small Town Care. Big City Technology.

We are proud to be Beaumont's first local hearing clinic serving Beaumont, Leduc, Edmonton and the surrounding region.

4920-50 Ave., Beaumont

frequency HEARING

Book now!

780.737.7117 | www.frequencyhearing.ca

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

pep

RECOVER UP

Rewrite the narrative of addiction in your family.

Find a meeting near you.
1.877.991.2737
pepsociety.ca

Come and enjoy rural Alberta!

Tired of waiting for high cost accommodation in the big city?
We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

780.853.5706

Contact our office at admin@vdhf.ca
www.vdhf.ca
5401-46 St., Vermilion

Vermilion & District Housing Foundation

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon Master Electrician

780.932.3858 Cell
ajdeleon63@gmail.com

Comfort For Your Lifestyle Needs

Scooters • Homecare Beds
 Lift Chairs • Stair Lifts
 Porch Lifts

Silver Cross
RECYCLED & NEW HEALTHCARE EQUIPMENT

3715-98 Street NW, Edmonton
780.450.6992 | www.silvercross.com

INQUIRE ABOUT OUR FREE ASSESSMENT SERVICE!

GRC-RCMP

UNIFORME À VOTRE NOM VOUS ATTEND

A UNIFORM WITH YOUR NAME ON IT IS WAITING FOR YOU

carriersgrc.ca rcmpcareers.ca

FREE! **New Issue Every Week!**

Coffee News®

"News To Be Enjoyed Over Coffee"

South East Edmonton Edition

780-220-6397

www.coffee-news.ca Est. 1988

Vol. 21 No. 2 January 8, 2024

Everybody's Talking

Beautiful butterflies: The Schmetterlinghaus, or the Imperial Butterfly House, is a must-see for visitors to Vienna, Austria. The oasis inside the Art Nouveau-era greenhouse is verdant, with tropical plants, flowers, and waterfalls. However, the main attraction is not the flora but the fauna, specifically the butterflies that freely flit about and rest on branches or leaves, and search for nectar in flowers. About 400 butterflies live in the Schmetterlinghaus, where the hot, humid environment is perfect for the beautiful creatures. Visitors love to take pictures of these gentle insects of many species and many colours. The butterflies are not captured in the wild, but are bred on site or by approved butterfly farms.

The right foot: Three thieves in Huancayo, Peru, must have been quite surprised when they opened boxes of their stolen loot containing over 200 high-end sneakers. They discovered that all the shoes were for the right foot! No doubt they thought they'd be able to sell pairs of sneakers for cash, but they aren't likely to find many buyers for only right-footed shoes. The owner of the targeted store had boxed up shoes for the right foot of various brands and sizes to display at a sporting goods event. While the theft meant a big loss for the owner, police hoped to find the culprits and the stolen merchandise, as the heist was caught on the store's cameras.

Syrupy sweetness: Pancake lovers may wish to stop by the Maple Syrup Museum of Ontario. Located in the hamlet of St. Jacobs, near Waterloo, Ontario (Canada), this museum reveals the secrets and history of maple syrup-making in the area, including traditional and modern methods of sap collection, early Indigenous maple syrup production techniques, and various buckets and taps. Displays demonstrate collecting sap from maple trees while using horses as the means of transportation. The museum includes items such as candy molds that have been used to make syrup into other products. And of course visitors can buy pure maple syrup and other sweet items in many stores around the St. Jacobs community.

Faithful pet: An elderly man from the town of Moctezuma in Sonora State, Mexico, is lucky to have a loyal and loving pet dog. Octogenarian Gregorio Romero enjoys taking walks in the desert and sometimes makes his way to another village to visit. One day, he did not return and his family became worried. They requested a search and rescue, but after a week, no one had found a trace of Romera. Authorities decided to call in a special searcher: El Palomo, the elderly man's faithful dog. El Palomo sniffed here and there and led the search party over hills and down ravines until, finally, Romero was found. He was dehydrated, but alive and well, to everyone's joy

Quoteable Quotes

"What you do makes a difference, and you have to decide what kind of difference you want to make." —Jane Goodall
"Be kind whenever possible. It is always possible." —Dalai Lama XIV

What's Happening

Dec 25 - Edmonton Lifelong Learners Assoc. Winter Online Session Wide range of online courses for mature learners 50. Taught by subject experts. Courses run January 15 - March 8 2024 on Zoom. Costs: \$80-100 per course; \$25 annual ELLA membership. Registration begins December 5 2023 at <https://myella.com>. Join us!

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks
Over 150 participating sponsors!
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Phenology is a scientific study that combines meteorology and ecology—T/F?
2. The Story of the Kelly Gang, the first full-length, narrative feature film was released in 1888, 1906, or 1915?
3. The wedge-shaped stone at the top of an arch is called what?
4. The two times when the sun is directly over the equator are equinoxes or eclipses?
5. The month of July is named for Julius Caesar, Jules Verne, or the Roman god Mars?

(Flip bottom of page for answers)

(Over)

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:
1-844-453-5372

WIPE OUT INFLATION, GET THE CREDIT!

GET MORE FROM YOUR ONLINE CONTENT

CONTENT MARKETING SERVICES

- Blog Writing
- Email Marketing
- Website Content
- Google Business Profile

FREE CONSULT

SCAN ME

Frontline 780.760.6922

RED SEAL CARPENTER

- Interior Finishing
- Renovations
- Small Home Repairs

CALL FOR YOUR FREE PROJECT EVALUATION

250.308.8982

PROUDLY SERVING EDMONTON & AREA

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit.yestv.com for details

Become a School Bus Driver.

Now Offering Paid Training and a \$1,000 Signing Bonus.*

Apply now @ southland.ca

*signing bonus details within job ads

Do you have a favourite quilt that needs repair?

Longarm Quilting Services

QUILTING

Offering a variety of quilting services

- Longarm Quilting
- Digital Edge2Edge
- Competitive Rates
- Friendly Environment

Free Quoter!

780.554.1350 | reidse@shaw.ca

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Google Reviews

DENTURES

Dream Denture Clinic

Call to schedule your appointment today:
780.988.2879

3160 Parsons Rd. NW T6N 1L6 | dreamdenture.com

RELINES
REPAIRS

Let us see your smile!

SKY DENTAL CLINIC



780-485-0562
830 Parsons Rd. SW | www.skydentalclinic.ca

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield

1-877-579-9449

COLD SHOT

A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

NEW Luxury BUNGALOWS

FINAL SELL OFF

Maintenance-Free Living!

- Great SW Location in Allard
- 3 Bdrm/3 Bath/Finished Basement with Wet Bar
- Luxury Finishes Throughout

River-Valley.ca 780.710.6624

Winter Is Coming...

Have you had your furnace serviced?

HVAC • Heating • Cooling
Refrigeration • Gas Fitting
Boilers • Building Management

DHR Daniels Heating & Refrigeration Ltd.

Residential & Commercial Service

24/7 On Call Service: 1-587-785-6033

Injured? Now What? We Help - A Lot!

Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law

800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

<p>May 1 Draw Winners</p> <p>Chelsey M. from Edmonton Cindy C. from Sylvan Lake Jay Z. from Edmonton</p>	<p>June 1 Draw Winners</p> <p>Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge</p>	<p>July 1 Draw Winners</p> <p>Rodney B. from Lethbridge Brian P. from Edmonton Natasha W. from Red Deer</p>
--	---	---

Your Weekly Horoscope

ARIES (March 20 - April 19)



You may want to ask yourself two questions this week: What is your life purpose? What are you willing to do to achieve it? Be sure to listen closely

for the answers. Lucky numbers: 4, 8, 10, 18, 27, 48.

TAURUS (April 20 - May 20)



An unexpected opportunity may surface this week. It might require much hard work to achieve, but could be worthwhile if it helps you fulfill a heart-

felt goal. Lucky numbers: 14, 15, 21, 28, 30, 31.

GEMINI (May 21 - June 20)



Early in the week, you may feel that you are being forced to choose between your heart and mind. Consider ways you can successfully push

through that false dichotomy. Lucky numbers: 6, 7, 12, 26, 30, 38.

CANCER (June 21 - July 21)



Did you start a project about six months ago? Is it progressing, or are you at a stalemate? To resolve it, be sure your heart and mind are in

sync. Lucky numbers: 9, 15, 16, 19, 21, 25.

LEO (July 22 - Aug. 22)



Are you encountering pushback from others about something you are trying to accomplish? Turning down the heat and striving for a neutral

temperament may be helpful. Lucky numbers: 10, 14, 28, 31, 34, 40.

VIRGO (Aug. 23 - Sept. 22)



Your practical, grounded, and detail-oriented qualities may be disrupted for a few days at the end of the week. Use the time to take a break and recharge

your batteries. Lucky numbers: 4, 6, 17, 22, 43, 45.

LIBRA (Sept. 23 - Oct. 22)



Have you been feeling restless or dissatisfied recently in your relationship or at work? This itch may be a signal that it is time to break out of your

comfort zone. Lucky numbers: 1, 16, 21, 28, 38, 42.

SCORPIO (Oct. 23 - Nov. 21)



Scorpio intensity and intuition sometimes means difficulty connecting with others. Now may offer an opportunity to ease this dynamic. How can you

hold onto this energy? Lucky numbers: 8, 11, 15, 17, 19, 30.

SAGITTARIUS (Nov. 22 - Dec. 20)



Your expansive optimism may be in high gear for a few days at the beginning of the week. What would you like to achieve with this energy before it dis-

sipates? Lucky numbers: 3, 15, 16, 22, 34, 38?

CAPRICORN (Dec. 21 - Jan. 19)



You may find yourself in a deep, transformational conversation with someone else at the end of the week. Such moments don't come along every day and

shouldn't be overlooked. Lucky numbers: 2, 8, 24, 32, 34, 36.

AQUARIUS (Jan. 20 - Feb. 18)



At midweek, you may receive an important insight, out of the blue. Consider pondering it for a few days before deciding how you want

to proceed with this information. Lucky numbers: 5, 8, 11, 12, 13, 38.

PISCES (Feb. 19 - March 19)



If you have a burst of energy early in the week, use it to accomplish what you need to get done. Then, at week's end, you might want to retreat for

a few days. Lucky numbers: 7, 10, 15, 20, 37, 41.

Lucky numbers this week: This week's odds favour Sagittarius winners with the luckiest number being 3.

Did You Know...

Lighthouse history: High on a cliff in Gaspé, Québec (Canada), sits a lighthouse known as Cap-des-Rosiers. It has been guiding ships at the mouth of the St. Lawrence River since its construction in 1858.

Honey stores: Bees aren't the only insects to produce honey. Worker ants feed nectar to honeypot ants (*Camponotus inflatus*), who store the sweet liquid in their balloon-like abdomens until colony members need food.

Canadian writer: Mordecai Richler (1931-2001) was a famous Canadian novelist who brought many books to the reading world, including *The Apprenticeship of Duddy Kravitz* and *Barney's Version*. He was also an essayist and social critic.

Good sausage: To dine on some really good sausage, try a restaurant in Regensburg, Germany. Wurstkuchl, or Sausage Kitchen, has been around since 1146 and run by members of the Schricker family since 1806.

Tough law: Children in Rehoboth, Delaware (U.S.), must follow the law about Halloween trick-or-treating. If Halloween falls on a Sunday, kids must go door-to-door for their treats on Saturday night instead.

On the Lighter Side

Have you heard the joke about the roof? Never mind, it's over your head.

I went to a great concert in Hawaii. People were dancing in the isles.

Laugh, and the class laughs with you. But you get detention alone.

Police officer: "I want you to go straight home."
Man: "I can't. I live around the corner."

Knock! Knock! *Who's there?* Hatch. *Hatch who?* Have you got a cold or something?

Answers

Trivia answers: 1. True 2. 1906 3. Keystone 4. Equinoxes 5. Julius Caesar

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

FAST, ACCURATE, CLEAN & FRIENDLY SERVICE

MILLWOODS Bottle Depot

2830 Parsons Road
(south extension of 99th St. above South Edmonton Common)

mybottledepot.ca

14 receiving stations to serve you REALLY FAST!

Bring in your bottles for a chance to win in our regular Customer Appreciation Draws!

Mon-Sat 8:30 am - 7 pm
Sunday 10 am - 6 pm

BEST IN THE CITY!

jerry forbes

Centre for Community Spirit



HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS

Dear Edmonton,
We're having a great time and the people here are amazing. You should come for a visit!

Sincerely,
JFC

jerryforbescentre.ca

Accessible Navigation to Employment Program

Deaf or Hard of Hearing?

We provide free online training, employment support, and work placement opportunities.



Scan here to learn how or visit www.chha.ca.

FROM **\$85** A MONTH

ONKAR INSURANCE BROKERS

DRUG AND DENTAL PLANS

LIFE | SUPERVISA | DISABILITY TRAVEL INSURANCE
RESP PLANS (up to \$9200 grants + 15% bonus)

Vikram Saggu
780-999-3000



WOMENS WORKWEAR



www.womensworkwear.ca

STORE NOW OPEN!
5403 Gateway Blvd NW, Edmonton

Enjoy The Experience

STOP STREAMING!
IT'S FUNNIER LIVE AT THE COMIC STRIP

BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT thecomicstrip.ca

Rick Bronson's THE COMIC STRIP
DRINK • DINE • LAUGH



Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

Flexible approaches to your real estate needs



7909-87 Avenue, Edmonton

- ✓ MLS Services
- ✓ Self Serve Option
- ✓ Professional photos with each listing
- ✓ Residential property mgmt services

Call or text Trenton Almeida
for top foreclosure/cash flow property listings in Edmonton and area
780.932.5725 | blmrealtymontreal@gmail.com