

**WOMENS WORKWEAR**

www.womensworkwear.ca

Workwear Built For Women  
**STORE NOW OPEN!**  
5403 Gateway Blvd NW, Edmonton  
Enjoy The Experience

Scan QR Code To View Our New Website!

**FREE!** *New Issue Every Week!*

**Coffee News**<sup>®</sup>

"News To Be Enjoyed Over Coffee"

**Grimshaw Edition**

**877-553-6397**

www.coffee-news.ca

Vol. 21 No. 3 January 15, 2024

The World's #1 Restaurant Publication!

**PEACE RIVER VISION CLINIC**

Eye Exams  
Designer Frame Lenses  
Contact Lenses  
Glaucoma Eye Evaluations  
Diabetes Eye Evaluations  
Safety Glasses

Family Eye Care  
■ New Patients and Walk-ins Welcome!  
■ Direct Billing

**780-624-4265**  
www.drmikeyhopperoptometry.com

Open Mon to Fri, 8:45 a.m.-5:00 p.m.

**THIS SPACE FOR RENT**

OR SCAN HERE FOR MORE INFO

Call **780-220-6397**

**Everybody's Talking**

**Long gallery:** The subway system in Stockholm, Sweden, is more than just a place to catch a train to a destination. It is also a wonderful and unique art gallery. The Stockholm metro presents various art installations in many of the stations, rather than housing the art in a building. Passengers riding the subway can see beautiful artwork in the form of mosaics, sculptures, paintings, and more, all for the price of the train ticket they'd be buying anyway. At 110 kilometres (68 mi.), the subway has become known as the world's longest art gallery. The best times to ride and observe the art are weekdays in the middle of the day to avoid rush hour commuters.

Can't get to your **Coffee News** each week?

Check out our PDF editions online!  
New editions are posted every Monday

Sign up here to receive email notifications of new editions.  
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

**Radio BINGO**  
NORD-OUEST FM

DIMANCHE SOIR A 19H  
SUNDAY EVENINGS 7 P.M.

DANS LE CONFORT DE VOTRE FOYER IN THE COMFORT OF YOUR HOME

POUR PLUS D'INFORMATION SCANNEZ LE CODE QR  
SCAN THE QR CODE FOR MORE INFORMATION

**NORD-OUEST FM**  
CKRP 95.7

EN SYNTONISANT LE 95.7 97.5 ON THE FM DIAL  
A L'AIDE DE L'APPLICATION USING THE APP RADIO PLACE  
EN DIRECT SUR NOTRE SITE WEB  
LIVE STREAM THROUGH OUR WEB PAGE

www.nordouestfm.ca

OU COMPOSEZ LE/ OR CALL 780.837.2346

**Rule breaker:** A woman from Australia lost respect from fellow athletes when she accepted a bronze medal that she did not rightly earn. Joasia Zakrzewski was in England to compete in an 80-kilometre (50-mi.) ultramarathon. Supposedly, she came in third; she accepted the medal and posed for photographs. However, organizers could clearly see in the race data that Zakrzewski had cheated because in a portion of the race, her running speed was unreasonably fast. When her leg was hurting, she had hitched a short ride in a friend's car, intending to withdraw from the race. But instead she resumed running without revealing that she'd cheated. The disgraced athlete's medal was given to the rightful third-place runner.

**Alberta's Best**

SENIORS' INTERNET PLAN

- \$70/MONTH - VERY FAST SPEED, UNLIMITED USAGE
- FREE HOME PHONE SERVICE
- FREE NETWORK PROTECTION

**NORTHERN LIGHTS FIBER**

**FREE HOME PHONE!**

SIGN UP TODAY!  
NORTHERNLIGHTSFIBER.CA

**Ghost town:** In the community of Wayne, in the western Canadian province of Alberta, visitors can imagine what life was like over a century ago. The location is about 150 km (93 mi.) northeast of Calgary. With the local coal mine long closed, Wayne is considered a ghost town. Still operating in a 1923 structure, the Last Chance Saloon and Rose Deer Hotel is decorated with artifacts, including a few framed bullet holes. Today, this little town has only a handful of permanent residents, but in the early 1900s, more than 3,000 called it home. Although just a hamlet with a history, Wayne welcomes many visitors looking for a unique slice of history.

**AUTOMOTIVE LIGHT TRUCK REPAIR**

- Out of Province Inspections - \$225
- Rate: \$125/hour
- We service most vehicles, beginning at \$39.95\*

\* For labour only. Services include a 34 point inspection. Oil and filters extra.

**TRINITY REPAIR LTD.**  
780.338.3848  
Open Tuesday - Friday, 8 a.m. - 5 p.m.  
5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca

The staff at Denture & Implant Cottage hope your homes are filled with *Laughter and Love* your hearts are filled with *Joy and Peace* this wonderful Christmas Season!

Wishing you all things Bright, Happy & Healthy in the coming New Year!

With Gratitude

9803-98 Ave., Peace River T8S 1J5 | 780.624.4573

**Days off:** There are good employers, and then there are great employers who design all kinds of incentives to keep their staff happy. An imported food company in China's Guangdong province is one of the great ones. At its general meeting, the administration provided amazing prizes that staff could win, including cash and a few extra days off. However, a young manager surnamed Lu surprised everyone by drawing the really big prize: a full 365 days off work, with pay. Lu was happy, but wondered who would do his work while he was away. The company gave him a choice: 365 days of vacation, or a regular work schedule with an extra yearly payment.

**yes tv**

**FREE LIVE STREAMING COMING THIS FALL**

visit [yestv.com](http://yestv.com) for details

**REAL ESTATE APPRAISALS**  
COMMERCIAL • INDUSTRIAL • RESIDENTIAL

**AGM VALUATIONS GROUP LTD.**  
OFFICES IN GRANDE PRAIRIE AND PEACE RIVER

Phone: 780.624.0020 Andre Cell: 780.274.1133 Adam Cell: 780.897.0391  
www.amvaluationsgroup.com

**SERVING:** Grande Prairie, Sexsmith, Clairmont, Wembley, Beaver Lodge, Hythe, Grovedale, Rycroft, Spirit River, Fox Creek, Whitecourt

Peace River, Grimshaw, Fairview, High Prairie, Valleyview, Manning, Slave Lake, High Level, La Crete, Fort Vermilion, Rainbow Lake, Dixonville, Hines Creek, Fahler, Donnelly, Nampa, Girouxville, Eaglesham, McLennan, St. Isidore.

**Quoteable Quotes**

"Life is like riding a bicycle. To keep your balance, you must keep moving."  
—Albert Einstein

"Character is doing the right thing when nobody's looking."  
—J.C. Watts

**PEACE VALLEY DENTAL**

**Dr. Michael Ho, DMD**

We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS

9811-100 Avenue  
Peace River, Alberta  
www.peacevalleydental.com

780.624.3355 • info@peacevalleydental.com

**Return to a Gentler Time...**

Stay in one of our cozy rooms with delightful vintage detail. Invite your friends for breakfast, or for charcuterie by the fire, or plan a dinner party.

We'll prepare a sit down meal for up to 10, or a fireside schmooze for as many as 30. Or plan something al fresco and we'll prepare a gourmet picnic for you!

**Miramichi House**  
BED & BREAKFAST  
11120-103 Avenue, Fairview  
miramichihouse@gmail.com | www.mhbnb.ca

**What's Happening**

**Jan 12-14 - Grande North Winter Festival** Taking place all over Grande Prairie throughout the weekend. Visit [cityofgp.com](http://cityofgp.com) for more information regarding this festival.

**Feb 16-19 - Grande Prairie Alberta Winter Games** The 2024 Winter Games will bring together youth athletes from across the province to compete in 18 different sport competitions all held within the City of Grande Prairie, County of Grande Prairie and MD of Greenview. Visit [cityofgp.com](http://cityofgp.com) for more info

**Feb 17 - Winter Carnival** Taking place in Festival Park from noon to 4pm. Come down for a free Winter Carnival in Whitecourt

**When YOU Get Paid We Get Paid**

Over HALF A BILLION Recovered For Our Clients!

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

**Free Initial Consultation**

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries  
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffee](http://www.accidentinjurylawyer.com/coffee)

**Hidden Coffee News Guy ADVENTURE**

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**  
\* Coffee News Bucks  
Over 150 participating sponsors!  
4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Canadian Mental Health Association**  
Alberta Northwest Region

Through your donations, CMHA ANWR supports all people in our communities to experience good mental health and well being.

9713-100 Avenue, Grande Prairie, AB T8V 0T5  
**780.814.2349 | www.gpcmha.ca**

**Trivia**

1. Blue, red, and yellow are primary or secondary colours?
2. Are termites known for eating plastic, wood, or carpet?
3. This U.S. singer had sisters named Rebbie, Janet, and LaToya.
4. What mountain range runs through France, Italy, Switzerland, Austria, and Germany?
5. The Golden Ratio (1.618) is associated with the Avogadro, Dali, or Fibonacci sequence?

(Flip bottom of page for answers)

**Braithwaite Boyle Injury Law** 800-440-8298

It's The Only Law We Do - Since 1986

**Free Initial Consultation**

Offices in: Edmonton, Red Deer, and Calgary

**WIN** one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries  
YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffee](http://www.accidentinjurylawyer.com/coffee)



**We've moved...**  
**VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE  
 BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**  
 780.962.5220 | www.giftsandgadgets.ab.ca

**WEBSITES**  
 From \$129/Month

**(780) 760-6922**  
 FRONTLINECONSULTING.CA

**If It Needs Glass, We Can Provide It!**

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

**ALL PRO Glass Ltd.**

Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 | www.allproglass.ca

**Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?**

We can assist with any and all unpaid rental amounts, including your entitlement to interest

**KMSC LAW LLP**  
 LongRunClassAction.CA

**THE POTTERIE** *open Everyday*  
 10 a.m. to 8 p.m. until 10 p.m. on Fridays (except Pyroclit)

**Grimshaw** 4905-55 Ave. | **Fairview** 10916-102 Ave. | **Falher** 113 Main St. SW | **Rycroft** Husky Esso

www.thepotterie.ca

**ANGEL FLIGHT**  
 Travel Assistance for Remote Medical Appointments

**Do you need to travel for medical reasons? Angel Flight Alberta can possibly assist.**

If you:  
 • are in need of transportation to a medical appointment  
 • are a pilot and would like to join our flight team  
 • would like to make a donation...then contact us today!

We are an organization of volunteer pilots, aircraft owners and ground support. We are invited to help Albertans get to and from their medical appointments efficiently, reducing stress, and at **NO COST** to the patient or family.

780.756.0086 | info@angelflightab.ca | www.angelflightab.ca

**Call us for all your safety training needs**

TRAINING SESSIONS  
**BOOK 5, GET THE 6th FREE**  
 CALL US FOR DETAILS!

Public, private and on site classes available

**DXP HSE INTEGRATED**  
 780.532.2088  
 https://hseintegrated.com  
 gptraining@dxpe.com

**Everyone has the right to live free of violence and abuse**

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports

**PEACE RIVER REGIONAL WOMEN'S SHELTER**

**1-877-624-3466**  
 www.prrws.com

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**  
 Early this week, you may be very ambitious to achieve your goals. But be cautious about being too impulsive or getting angry with others, as either could jeopardize your success. Lucky numbers: 5, 7, 10, 20, 40, 47.

**TAURUS (April 20 - May 20)**  
 This may be a good week to look for a new opportunity for success. Talking to others that you trust about what you are seeking may help manifest it. Lucky numbers: 6, 10, 12, 21, 37, 48.

**GEMINI (May 21 - June 20)**  
 You may radiate Gemini energy to the maximum degree for a few days starting at the end of the week. Please remember to use kindness when speaking with others. Lucky numbers: 7, 14, 25, 43, 45, 48.

**CANCER (June 21 - July 21)**  
 Do your emotions sometimes get the best of you in discussions with others? The astrological energy of the coming weeks may give you a more confident communication style. Lucky numbers: 1, 14, 36, 37, 42, 46.

**LEO (July 22 - Aug. 22)**  
 Would others say that you are acting immaturely right now about a particular situation? How can you make an adjustment to your view or style to help resolve the matter? Lucky numbers: 4, 10, 23, 31, 33, 44.

**VIRGO (Aug. 23 - Sept. 22)**  
 Discussions with others may help move things forward over the next few weeks. You might be able to guide others in understanding what needs to be accomplished. Lucky numbers: 9, 11, 15, 16, 41, 42.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 7.

**LIBRA (Sept. 23 - Oct. 22)**  
 Are you feeling burned out right now? The beginning of the week may be a good time to focus on yourself. You can't successfully help others if you are tapped out. Lucky numbers: 2, 8, 12, 40, 41, 46.

**SCORPIO (Oct. 23 - Nov. 21)**  
 Your ability to clearly communicate your deeply intuitive insights continues this week. Have you figured out yet how to continue doing so, once this astrological aspect passes? Lucky numbers: 10, 14, 22, 35, 43, 45.

**SAGITTARIUS (Nov. 22 - Dec. 20)**  
 Your heart and mind may be out of sync at the end of the week. You might want to wait a few days before making any important decisions or taking action. Lucky numbers: 11, 12, 17, 18, 32, 34.

**CAPRICORN (Dec. 21 - Jan. 19)**  
 A significant insight may emerge from your unconscious at the end of the week. It might be helpful to talk about it to someone who you know you can trust. Lucky numbers: 8, 11, 17, 19, 33, 37.

**AQUARIUS (Jan. 20 - Feb. 18)**  
 If you seek them, hidden opportunities may emerge early this week for you to achieve a desired goal. Use discernment and common sense to decide which ones to pursue. Lucky numbers: 4, 7, 9, 11, 18, 30.

**PISCES (Feb. 19 - March 19)**  
 This week may be a good time to create practical ways to manifest your "castles in the air." If you encounter naysayers along the way, you can choose to ignore them. Lucky numbers: 3, 4, 10, 11, 17, 41.

## Did You Know...

**Crowd of pink:** One island in the Bahamas, called Great Inagua, is home to more than 80,000 West Indian flamingos and fewer than 1,000 people. Inagua National Land and Sea Park covers nearly half of the land mass.

**Fun for baby:** Parents of fussy babies can thank Olivia Poole for making their lives easier. The Ojibwe woman from North Dakota (U.S.) invented the Jolly Jumper, patented in 1957 in Canada, where she had moved.

**Sweet smell:** A perennial wildflower known as the chocolate daisy (*Berlandiera lyrata*) grows in Mexico and the southwestern United States. Its yellow petals bloom at night, releasing a chocolate-like aroma.

**Versatile spice:** Unripe green mangoes that are dried and crushed results in a spice called amchoor powder. This citrusy flavouring is used in meat and vegetable dishes of North India.

**Be careful:** A stretch of beach in Oaxaca, Mexico, is beautiful, but dangerous. Playa Zipolite, which means "Beach of Death," has strong undercurrents that can be very hazardous to swimmers.

## On the Lighter Side

Have you ever met a funny sewing machine? It keeps everyone in stitches.

I saw a ball in the sky, wondered why it was getting bigger, then it hit me.

Son: "Dad, there's a man at the door with a bald head."  
 Dad: "Tell him I already have one!"

Knock! Knock! *Who's there?* Pudding? *Pudding who?* Pudding on shoes before pants is a bad idea.

It's time to sell the vacuum cleaner. It's just gathering dust.

**Answers**  
**Trivia answers:** 1. Primary 2. Wood 3. Michael Jackson 4. Alps 5. Fibonacci

For available franchise opportunities - visit coffeenewscanada.com  
 © Published with Permission by Capital Marketing Ltd

Affordable-Effective-Exclusive-CALL NOW!

**COLD SHOT**  
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**  
 GET YOUR REWARD CARD TO GET A FREE TICKET!  
 Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
 Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**Braithwaite Boyle Injury Law** 800-440-8298  
 It's The Only Law We Do - Since 1986  
 Free Initial Consultation

For contest rules, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**Congratulations to our most recent winners of a prepaid \$400 Visa card!**

<b>Oct. 1 Draw Winners</b> Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks	<b>Nov. 1 Draw Winners</b> Yolanda P. from Edmonton Bob P. from Calgary Sarah H. from Okotoks	<b>Dec. 1 Draw Winners</b> Keisha W. from Edmonton Wendy W. from Camrose Tanya M. from Rimbey
---	--	--

**Groggy mornings?**

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

**RISE UP**

Free month trial then only \$1 a month

**SHOP ONLINE!**  
[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

• Snorkelling Gear • Reef-Safe Sunscreen  
 • Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**  
 Scuba Diving & Snorkeling  
 11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A  
**\$2,500**  
 YEARLY TAX CREDIT  
**\$30,000**  
 LUMP SUM REFUND

Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

**Pregnant? Facing Difficult Decisions?**  
 We can help.  
 Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**  
 Adoption is the ultimate expression of a committed heart

• Confidential Pregnancy Counselling • Support and Connection to Resources • Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**PSC Prairie Scented Candles**

**Sunset Scents**  
 a RAY of Fragrance  
 prairiescentedcandles@gmail.com  
 www.prairiescentedcandles.com

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**  
 Contact us:  
 780.423.7781 | 1.888.423.9666  
 999629

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967