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Congratulations

to November's **Coffee News Guy** contest winners!

Your prizes are in the mail!

- Louise Ennis
- Eugene Tywoniuk
- Richard Hall
- Colette Van den Biggelaar

Enter today for your chance to win at www.coffee-news.ca



Vol. 21 No. 3 January 15, 2024

Everybody's Talking

Long gallery: The subway system in Stockholm, Sweden, is more than just a place to catch a train to a destination. It is also a wonderful and unique art gallery. The Stockholm metro presents various art installations in many of the stations, rather than housing the art in a building. Passengers riding the subway can see beautiful artwork in the form of mosaics, sculptures, paintings, and more, all for the price of the train ticket they'd be buying anyway. At 110 kilometres (68 mi.), the subway has become known as the world's longest art gallery. The best times to ride and observe the art are weekdays in the middle of the day to avoid rush hour commuters.

Rule breaker: A woman from Australia lost respect from fellow athletes when she accepted a bronze medal that she did not rightly earn. Joasia Zakrzewski was in England to compete in an 80-kilometre (50-mi.) ultramarathon. Supposedly, she came in third; she accepted the medal and posed for photographs. However, organizers could clearly see in the race data that Zakrzewski had cheated because in a portion of the race, her running speed was unreasonably fast. When her leg was hurting, she had hitched a short ride in a friend's car, intending to withdraw from the race. But instead she resumed running without revealing that she'd cheated. The disgraced athlete's medal was given to the rightful third-place runner.

Ghost town: In the community of Wayne, in the western Canadian province of Alberta, visitors can imagine what life was like over a century ago. The location is about 150 km (93 mi.) northeast of Calgary. With the local coal mine long closed, Wayne is considered a ghost town. Still operating in a 1923 structure, the Last Chance Saloon and Rose Deer Hotel is decorated with artifacts, including a few framed bullet holes. Today, this little town has only a handful of permanent residents, but in the early 1900s, more than 3,000 called it home. Although just a hamlet with a history, Wayne welcomes many visitors looking for a unique slice of history.

Days off: There are good employers, and then there are great employers who design all kinds of incentives to keep their staff happy. An imported food company in China's Guangdong province is one of the great ones. At its general meeting, the administration provided amazing prizes that staff could win, including cash and a few extra days off. However, a young manager surnamed Lu surprised everyone by drawing the really big prize: a full 365 days off work, with pay. Lu was happy, but wondered who would do his work while he was away. The company gave him a choice: 365 days of vacation, or a regular work schedule with an extra yearly payment.

Quoteable Quotes

"Life is like riding a bicycle. To keep your balance, you must keep moving."
—Albert Einstein

"Character is doing the right thing when nobody's looking."
—J.C. Watts

What's Happening

Feb 17 - Winter Carnival Taking place in Festival Park from noon to 4pm. Come down for a free Winter Carnival in Whitecourt

Feb 19 - Family Day Fun Free Family Day fun at the Westlock Rotary Spirit Centre. 9603 100 St Westlock AB

Feb 19 - Witbit Swim Free Wibit Swim at the Westlock Aquatic Centre. February 19, 2024, from 12 to 5 p.m.

Feb 19 - Family Day Hayride Brought to you by the Town of Westlock Community Events Committee, sponsors, and many dedicated volunteers. For more info visit westlock.cafestivals-and-events

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Trivia

1. Blue, red, and yellow are primary or secondary colours?
2. Are termites known for eating plastic, wood, or carpet?
3. This U.S. singer had sisters named Rebbie, Janet, and LaToya.
4. What mountain range runs through France, Italy, Switzerland, Austria, and Germany?
5. The Golden Ratio (1.618) is associated with the Avogadro, Dali, or Fibonacci sequence?

(Flip bottom of page for answers)
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Your Weekly Horoscope

ARIES (March 20 - April 19)

Early this week, you may be very ambitious to achieve your goals. But be cautious about being too impulsive or getting angry with others, as either could jeopardize your success. Lucky numbers: 5, 7, 10, 20, 40, 47.

TAURUS (April 20 - May 20)

This may be a good week to look for a new opportunity for success. Talking to others that you trust about what you are seeking may help manifest it. Lucky numbers: 6, 10, 12, 21, 37, 48.

GEMINI (May 21 - June 20)

You may radiate Gemini energy to the maximum degree for a few days starting at the end of the week. Please remember to use kindness when speaking with others. Lucky numbers: 7, 14, 25, 43, 45, 48.

CANCER (June 21 - July 21)

Do your emotions sometimes get the best of you in discussions with others? The astrological energy of the coming weeks may give you a more confident communication style. Lucky numbers: 1, 14, 36, 37, 42, 46.

LEO (July 22 - Aug. 22)

Would others say that you are acting immaturely right now about a particular situation? How can you make an adjustment to your view or style to help resolve the matter? Lucky numbers: 4, 10, 23, 31, 33, 44.

VIRGO (Aug. 23 - Sept. 22)

Discussions with others may help move things forward over the next few weeks. You might be able to guide others in understanding what needs to be accomplished. Lucky numbers: 9, 11, 15, 16, 41, 42.

LIBRA (Sept. 23 - Oct. 22)

Are you feeling burned out right now? The beginning of the week may be a good time to focus on yourself. You can't successfully help others if you are tapped out. Lucky numbers: 2, 8, 12, 40, 41, 46.

SCORPIO (Oct. 23 - Nov. 21)

Your ability to clearly communicate your deeply intuitive insights continues this week. Have you figured out yet how to continue doing so, once this astrological aspect passes? Lucky numbers: 10, 14, 22, 35, 43, 45.

SAGITTARIUS (Nov. 22 - Dec. 20)

Your heart and mind may be out of sync at the end of the week. You might want to wait a few days before making any important decisions or taking action. Lucky numbers: 11, 12, 17, 18, 32, 34.

CAPRICORN (Dec. 21 - Jan. 19)

A significant insight may emerge from your unconscious at the end of the week. It might be helpful to talk about it to someone who you know you can trust. Lucky numbers: 8, 11, 17, 19, 33, 37.

AQUARIUS (Jan. 20 - Feb. 18)

If you seek them, hidden opportunities may emerge early this week for you to achieve a desired goal. Use discernment and common sense to decide which ones to pursue. Lucky numbers: 4, 7, 9, 11, 18, 30.

PISCES (Feb. 19 - March 19)

This week may be a good time to create practical ways to manifest your "castles in the air." If you encounter naysayers along the way, you can choose to ignore them. Lucky numbers: 3, 4, 10, 11, 17, 41.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 7.

Did You Know...

Crowd of pink: One island in the Bahamas, called Great Inagua, is home to more than 80,000 West Indian flamingos and fewer than 1,000 people. Inagua National Land and Sea Park covers nearly half of the land mass.

Fun for baby: Parents of fussy babies can thank Olivia Poole for making their lives easier. The Ojibwe woman from North Dakota (U.S.) invented the Jolly Jumper, patented in 1957 in Canada, where she had moved.

Sweet smell: A perennial wildflower known as the chocolate daisy (*Berlandiera lyrata*) grows in Mexico and the southwestern United States. Its yellow petals bloom at night, releasing a chocolate-like aroma.

Versatile spice: Unripe green mangoes that are dried and crushed results in a spice called amchoor powder. This citrusy flavouring is used in meat and vegetable dishes of North India.

Be careful: A stretch of beach in Oaxaca, Mexico, is beautiful, but dangerous. Playa Zipolite, which means "Beach of Death," has strong undercurrents that can be very hazardous to swimmers.

On the Lighter Side

Have you ever met a funny sewing machine? It keeps everyone in stitches.

I saw a ball in the sky, wondered why it was getting bigger, then it hit me.

Son: "Dad, there's a man at the door with a bald head."
Dad: "Tell him I already have one!"

Knock! Knock! *Who's there?* Pudding? *Pudding who?* Pudding on shoes before pants is a bad idea.

It's time to sell the vacuum cleaner. It's just gathering dust.

Answers

Trivia answers: 1. Primary 2. Wood 3. Michael Jackson 4. Alps 5. Fibonacci!

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Recipe of the month

Stuffed Pizza Bites

1 tube (13.80 ounces) refrigerated pizza crust	1/4 cup thinly sliced green onions
1/4 cup prepared ranch salad dressing	1/4 cup chopped green pepper
6 ounces pepperoni, finely chopped	4 cooked bacon strips, chopped
1 cup shredded pepper jack cheese	2 teaspoons Italian seasoning
1/4 cup shredded Romano cheese	1 teaspoon garlic powder

Optional: Marinara sauce or Alfredo sauce, warmed

Total Time: 30 min. Yield: 1 dozen

- Preheat oven to 350°. Grease 12 muffin cups; set aside.
- On a lightly floured surface, unroll pizza crust. Spread ranch to within 1/2-in. of edge. Sprinkle with pepperoni, cheeses, green onions, green pepper, bacon and seasonings. Roll up jelly-roll style; pinch the edge closed. Cut crosswise into 12 slices. Place 1 slice in each prepared muffin cup.
- Bake until lightly browned, 20-25 minutes. Serve rolls warm, with marinara or Alfredo sauce if desired.

Source: <https://www.tasteofhome.com>



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