

THIS SPACE FOR RENT

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



FREE! *New Issue Every Week!*

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Grimshaw Edition

877-553-6397



www.coffee-news.ca

Alberta's Best

SENIORS' INTERNET PLAN

- \$70/MONTH - VERY FAST SPEED, UNLIMITED USAGE
- FREE HOME PHONE SERVICE
- FREE NETWORK PROTECTION

NORTHERN LIGHTS FIBER

FREE HOME PHONE! SIGN UP TODAY!

NORTHERNLIGHTSFIBER.CA



REAL ESTATE APPRAISALS

COMMERCIAL • INDUSTRIAL • RESIDENTIAL

AGM VALUATIONS GROUP LTD.

OFFICES IN GRANDE PRAIRIE AND PEACE RIVER

Phone: 780.624.0020 Andre Cell: 780.274.1133 Adam Cell: 780.897.0391

www.amvaluationsgroup.com

SERVING: Grande Prairie, Sexsmith, Clairmont, Wembley, Beaver Lodge, Hythe, Grovedale, Rycroft, Spirit River, Fox Creek, Whitecourt

Peace River, Grimshaw, Fairview, High Prairie, Valleyview, Manning, Slave Lake, High Level, La Crete, Fort Vermilion, Rainbow Lake, Dixonville, Hines Creek, Fahler, Donnelly, Nampa, Girouxville, Eaglesham, McLennan, St. Isidore.

If It Needs Glass, We Can Provide It!

Professional, top quality workmanship | Interior and exterior services | Residential and commercial applications

Mobile service and installation specialists with over 25 years of experience!

ALL PRO Glass Ltd.


Windows	Doors
Skylights	Wet Rooms
Glass Railings	Shower Doors

780.978.0088 www.allproglass.ca

Can't get to your Coffee News[®] each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!



www.coffee-news.ca/editions

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP: **1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!



Get More Traffic, Leads & Sales

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting 780.760.6922 frontlineconsulting.ca

THE POTTERIE

open Everyday 10 a.m. to 8 p.m. until 10 p.m. on Fridays (except Rycroft)

Grimshaw 4905-55 Ave. Fairview 10916-102 Ave. Falher 113 Main St. SW Rycroft Husky Esso

www.thepotterie.ca

SHOP ONLINE! www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

Everybody's Talking

Gas guzzler: Huge, big box shopping malls are the norm all over the United States, but now there is a huge gas station, complete with stores, a restaurant, and a large rest area, in Sevierville, Tennessee. The complex, owned by gas station chain Buc-ee's, is 74,000 square feet (6875 sq. m), with 120 gas pumps outside. And this station has a soft spot for the little guy: it does not allow big transport trucks to come in and gas up, which creates safety for small vehicles and family vans to navigate the services. Buc-ee's is a well-known chain across the southern part of the country. It intends to build more of these large stations.

Clean thief: It seems a burglar in the city of Vancouver, British Columbia, Canada, just wanted a place to hang out for a while. The 20-something-year-old man broke into a bakery by shattering the glass of the front door. Security footage showed him sitting in a chair, heading into the washroom for a couple of minutes, and then, surprisingly, sweeping up the broken glass. He even used the store's phone to snap a few selfies. He walked out with one item: a six-pack of cupcakes. Less than a week later, store owner Emma Irvine got a call from the man, who apologized and offered to pay for new glass. Irvine couldn't help but be forgiving of his antics.

Tall tale: A lawyer in Rio de Janeiro wanted to purchase numerous items in a mall, but apparently didn't want to pay for them. Rodrigo Barcelos de Oliveira went shopping for a motorcycle helmet, shoes, designer clothing, swimming trunks, a dog bed, and more. Later, he called police, claiming he'd been kidnapped, forced to turn over his credit card and PIN number, and held captive while the thief shopped with his card. Unfortunately for Oliveira, police found video footage of him shopping and carrying bags in the mall. That made him a suspect, so police searched his home and found all the stolen items. The man now has several charges against him

Dine and wash: Loyal customers of a HaiDiLao hotpot restaurant in Wuxi, Jiangsu Province, China, can earn much more than food discounts; they can accumulate points to have their hair shampooed on site. The restaurant set up a salon so their regular clientele can have the smell of food washed out of their hair. Not that people complain about the yummy aroma of hotpots. During a meal, it smells delicious! The problem is that it tends to cling to people's hair so that, after a dining experience, they walk around smelling like a kitchen. To be eligible for the service, customers must collect points through dining at any of the chain's locations.

Quoteable Quotes

"What it lies in our power to do, it lies in our power not to do."
—Aristotle

"You need to let the little things that would ordinarily bore you suddenly thrill you."
—Andy Warhol

What's Happening

Feb 16-19 - Grande Prairie Alberta Winter Games The 2024 Winter Games will bring together youth athletes from across the province to compete in 18 different sport competitions all held within the City of Grande Prairie, County of Grande Prairie and MD of Greenview. Visit cityofgp.com for more info

Feb 17 - Winter Carnival Taking place in Festival Park from noon to 4pm. Come down for a free Winter Carnival in Whitecourt

Feb 19 - Family Day Fun Free Family Day fun at the Westlock Rotary Spirit Centre. 9603 100 St Westlock AB

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

*Coffee News Bucks Over 150 participating sponsors! 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Trivia

1. Frets, strings, or struts are the metal ridges along a guitar's neck?
2. The original Orient Express train route began in Paris and ended where?
3. Alexander the Great's favourite dog was Bucephalus, Peritas, or Laconius?
4. Mach speeds are subsonic, transonic, supersonic, or hypersonic?
5. Ole Kirk Kristiansen invented LEGO, Hot Wheels, or Monopoly?

(Flip bottom of page for answers)

PEACE RIVER VISION CLINIC

Family Eye Care

- New Patients and Walk-ins Welcome!
- Direct Billing

780-624-4265

www.drmikehopperoptometry.com

Open Mon to Fri, 8:45 a.m.-5:00 p.m.



PEACE VALLEY DENTAL

Dr. Michael Ho, DMD


We are confident in the quality of our work and provide limited warranty for fillings (two years) and crown bridges (no charge for the first three years and 50% for up to five years from placement).

OUR TEAM HAS BEEN SERVING THE COMMUNITY FOR 20 YEARS

8911-100 Avenue Peace River, Alberta

www.peacevalleydental.com

780.624.3355 • info@peacevalleydental.com



AUTOMOTIVE LIGHT TRUCK REPAIR

- Out of Province Inspections - \$225
- Rate: \$125/hour
- We service most vehicles, beginning at \$39.95*

* For labour only. Services include a 34 point inspection. Oil and filters extra.

TRINITY REPAIR LTD.

780.338.3848

Open Tuesday - Friday, 8 a.m. - 5 p.m.

5029 - 51 Street, Berwyn, AB • www.trinityrepair.ca



Radio BINGO NORD-OUEST FM

DIMANCHE SOIR À 19H

SUNDAY EVENINGS 7 P.M.

DANS LE CONFORT DE VOTRE FOYER IN THE COMFORT OF YOUR HOME

POUR PLUS D'INFORMATION SCANNEZ LE CODE QR SCAN THE QR CODE FOR MORE INFORMATION

NORD-OUEST FM CKRP 95.7

EN SYNTONISANT LE 95.7 97.5 ON THE FM DIAL A L'AIDE DE L'APPLICATION USING THE APP RADIO PLACE EN DIRECT SUR NOTRE SITE WEB LIVE STREAM THROUGH OUR WEB PAGE

www.nordouestfm.ca

OU COMPOSEZ LE/ OR CALL 780.837.2346



Has Long Run Exploration Failed to Pay You Rent in 2020 or 2021?

We can assist with any and all unpaid rental amounts, including your entitlement to interest

KMSC LAW LLP

LongRunClassAction.ca



Everyone has the right to live free of violence and abuse

Our shelter offers women a safe and secure environment where they can access counselling, housing and other supports

PEACE RIVER REGIONAL WOMEN'S SHELTER

1-877-624-3466

www.prrws.com

WHEN HOME IS NOT SAFE - WE HAVE A SHELTER FOR YOU





Canadian Mental Health Association
Alberta Northwest Region

Through your donations, CMHA ANWR supports all people in our communities to experience good mental health and well being.

9713-100 Avenue, Grande Prairie, AB T8V 0T5
780.814.2349 | www.gpchma.ca



COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005



FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

Return to a Gentler Time...

Stay in one of our cozy rooms with delightful vintage detail. Invite your friends for breakfast, or for charcuterie by the fire, or plan a dinner party.

We'll prepare a sit down meal for up to 10, or a fireside schmooze for as many as 30. Or plan something al fresco and we'll prepare a gourmet picnic for you!

Miramichi House
BED & BREAKFAST
11120-103 Avenue, Fairview
miramichihouse@gmail.com | www.mhbnb.ca



WOMENS WORKWEAR

www.womensworkwear.ca

Workwear Built For Women

STORE NOW OPEN!
5403 Gateway Blvd NW, Edmonton
Enjoy The Experience

Canada's expert provider of onsite health and safety services

Whether it's upstream, midstream, downstream, or industrial, HSE has you covered

- Fire & Medical Services
- H2S Safety • Breathing Air
- Confined Space & High Angle Rescue
- Environmental Monitoring & Gas Detection

INDUSTRIAL HEALTH, SAFETY AND ENVIRONMENT EXPERTS

Servicing from Whitecourt to High Level, Grande Prairie to Fort Nelson, we call the Peace Region our Home

DXP HSE INTEGRATED **780.532.2088**
<https://hseintegrated.com>
gpoperations@dxpe.com



Travel Assistance for Remote Medical Appointments

Do you need to travel for medical reasons? Angel Flight Alberta can possibly assist.

If you:

- are in need of transportation to a medical appointment
- are a pilot and would like to join our flight team
- would like to make a donation

...then contact us today!

We are an organization of volunteer pilots, aircraft owners and ground support. We are unified to help Albertans get to and from their medical appointments efficiently, reducing stress, and at **NO COST** to the patient or family.

780.756.0086 | info@angelflightab.ca | www.angelflightab.ca



The staff at Denture & Implant Cottage hope your homes are filled with *Laughter and Love* your hearts are filled with *Joy and Peace* this wonderful Christmas Season!

Wishing you all things Bright, Happy & Healthy in the coming New Year!

With Gratitude

9803-98 Ave., Peace River T8S 1J5 | 780.624.4573

Your Weekly Horoscope

ARIES (March 20 - April 19)

Several times this week, your attention may be drawn to your purpose in this lifetime. This might be a good time to look for a new opportunity to manifest that purpose. Lucky numbers: 3, 11, 13, 28, 42, 43.

TAURUS (April 20 - May 20)

This may be a good week to communicate with others to find a new opportunity. However, it may take several weeks before it kicks into high gear, so be patient. Lucky numbers: 8, 11, 30, 31, 37, 44.

GEMINI (May 21 - June 20)

Gemini often change their minds as they incorporate new ideas. This can be frustrating to others. For the next few weeks, consider ways to mitigate this effect on others. Lucky numbers: 10, 13, 23, 32, 36, 47.

CANCER (June 21 - July 21)

You might feel especially emotional at the beginning of the week. You may want to retreat into your shell for a few days, until the heightened feelings settle out. Lucky numbers: 9, 15, 16, 31, 47, 48.

LEO (July 22 - Aug. 22)

The middle of the week may be a good time to tie up loose ends and complete projects. Are there any that aren't working and you think might need to be ended? Lucky numbers: 13, 17, 29, 38, 39, 45.

VIRGO (Aug. 23 - Sept. 22)

Your natural attention to detail may be especially strong at the end of the week. How do you want to use this energy? Make sure others are aware of your contribution. Lucky numbers: 2, 10, 24, 25, 29, 42.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 7.

Did You Know...

Don't spit! If you feel like spitting, don't do it in public in the town of Goodyear, Arizona (U.S.). It's illegal, and you might end up with a \$2,500 fine and jail time, if you get caught.

World's largest: Not part of any mountain range, Mount Kilimanjaro is one of the world's largest, free-standing mountains. Near the Kenyan border in Tanzania, the volcano formation stands 5,895 metres (19,340 ft.) high.

A good chew: An American named Thomas Adams (1818-1905) invented a machine that could make chewing gum as we know it today. He used a natural product called chicle, a gum that comes from the *Manilkara zapota* tree, which grows in Central and South America.

Safe succulents: People with pet cats who also like to have succulents in their homes need to ensure that the plants are non-toxic for felines. Safe varieties include Christmas cactus, hens and chicks, dragon fruit cactus, and others.

Don't be scared: If you see a chuckwalla in the deserts of southwestern North America, don't be afraid. These medium-sized lizards from the iguana family are herbivores. They'll run away if they feel threatened and are not poisonous.

On the Lighter Side

Knock! Knock! *Who's there?* Bunny. *Bunny who?* Bunny thing is, I've forgotten.

What happened when metal and microwave fell in love? They met and sparks flew!

The best views in Paris are atop that famous tower. You can certainly get an Eiffel.

Did you hear about the elephant who went to the beach? He wanted to see something new in trunks.

Dad: "Are you at the top of your class?"
Son: "No, I'm someone who makes the top half possible."

Answers
4. Super-sonic 5. LEGO
Trivia answers: 1. Frets 2. Istanbul 3. Peritas

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

LIBRA (Sept. 23 - Oct. 22)

Are you usually the one who has to carry all the responsibilities in your romantic relationship? If so, you may find yourself looking now for a stable and reliable partner. Lucky numbers: 5, 12, 18, 19, 36, 47.

SCORPIO (Oct. 23 - Nov. 21)

Have you been experiencing sudden or unexpected obstacles in the last few months? This may start to ease, although it could take weeks before you start to feel the effects. Lucky numbers: 6, 7, 12, 24, 44, 47.

SAGITTARIUS (Nov. 22 - Dec. 20)

Over the next few weeks, keep your eyes open for new opportunities to achieve your goals. In selecting one, consider which are most in alignment with your values and beliefs. Lucky numbers: 1, 6, 14, 15, 21, 43.

CAPRICORN (Dec. 21 - Jan. 19)

Capricorns often can be seen as too serious or stoic. But your stability and commitment may be positive relationship strengths, so express them to a current or prospective partner. Lucky numbers: 7, 9, 11, 16, 18, 41.

AQUARIUS (Jan. 20 - Feb. 18)

Your birthday month starts a new year for you. During this solar return period, you may want to consider new goals and projects that are in alignment with your values. Lucky numbers: 11, 14, 23, 37, 41, 44.

PISCES (Feb. 19 - March 19)

Your strong empathy may be in high gear at the end of the week. You might come across an opportunity that helps you or helps someone else solve a problem. Lucky numbers: 4, 7, 20, 25, 35, 37.

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

Oct. 1 Draw Winners: Cassi S. from Edmonton, Walter A. from Calgary, Karen P. from Okotoks

Nov. 1 Draw Winners: Yolanda P. from Edmonton, Bob P. from Calgary, Sarah H. from Okotoks

Dec. 1 Draw Winners: Keisha W. from Edmonton, Wendy W. from Camrose, Tanya M. from Rimbey

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
a RAY of Fragrance

Sunset Scents
a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging
Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Groggy mornings?

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

RISE UP

Free month trial then only \$1 a month

CONGRATULATIONS

to all the 2023 monthly winners of a \$400 prepaid Visa card:

May 1 Draw Winners: Chelsey M. from Edmonton, Cindy C. from Sylvan Lake, Jay Z. from Edmonton

June 1 Draw Winners: Frank H. from Sylvan Lake, Sandy P. from Calgary, Steven R. from Lethbridge

July 1 Draw Winners: Rodney B. from Lethbridge, Brian P. from Edmonton, Natasha W. from Red Deer

August 1 Draw Winners: Fiona L. from Edmonton, Paige H. from Red Deer, Ellyr T. from Calgary

September 1 Draw Winners: Emily J. from Sherwood Park, Preston H. from Edson, Sandy P. from Calgary

October 1 Draw Winners: Cassi S. from Edmonton, Walter A. from Calgary, Karen P. from Okotoks

November 1 Draw Winners: Yolanda P. from Edmonton, Bob P. from Calgary, Sarah H. from Okotoks

December 1 Draw Winners: Keisha W. from Edmonton, Wendy W. from Camrose, Tanya M. from Rimbey

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary
For complete contest rules, please visit www.accidentinjurylawyer.com/coffeenews

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND McDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
780.962.5220 | www.giftsandgadgets.ab.ca

Pregnant? Facing Difficult Decisions?

We can help. Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

The World's #1 Restaurant Publication!