

I take care of the paperwork...
So you can take care of your business!

- Day to Day
- Monthly Reconciliations
- Year End Prep
- Cleanup

PHOENIX RISING
Bookkeeping 905.379.7717
KATHLEEN WILLIAMS, Owner

905.379.7717 | www.PhoenixRisingBK.ca

Home Inspections and Air Quality Testing for Asbestos, Mold and Radon

ValleyView
INSPECTION SERVICES

855.477.2280

Lenny Roseler
Certified CanNACHI Inspector

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-844-995-4468

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Edward Jones

At Edward Jones, we do money differently.

How we turn your vision into a reality is unique to you. We're here to back you up with big ideas, practical plans, and side-by-side guidance at every step.

Carianne Martin
Financial Advisor

409 1 Ave Nw
Unit 5
Airdrie, AB T4B 3E2
587-651-6598
www.edwardjones.ca/ca-en/financial-advisor/carianne-martin

IMPROVE YOUR LEADERSHIP AND COMMUNICATION SKILLS

Are you looking to:

- Get a new job or promotion?
- Be a more effective leader?
- Feel more comfortable when presenting your ideas?

Inspired Toastmasters can help. Contact us today!

www.inspired.toastmastersclubs.org
vpm-597384@toastmastersclubs.org
vppr-597384@toastmastersclubs.org

How Do You Recycle Your Coffee News?

- Make it into a paper airplane
- Distribute to schools as a reading tool
- Use as a packing material for gifts
- Pass along to a senior who does not get out much
- Use as a liner for a pet cage
- Perfect for origami or crafts
- Use as a placemat

When YOU Get Paid We Get Paid

Over HALF A BILLION Recovered For Our Clients!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Calgary, Red Deer, and Edmonton

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeeneews

FREE! New Issue Every Week!

Coffee News[®]
"News To Be Enjoyed Over Coffee"

Airdrie Edition
780-220-6397

www.bvcoffeeneews.ca
amy@bvcoffeeneews.ca

Vol. 2024 No. 4 January 22, 2024

Everybody's Talking

Gas guzzler: Huge, big box shopping malls are the norm all over the United States, but now there is a huge gas station, complete with stores, a restaurant, and a large rest area, in Sevierville, Tennessee. The complex, owned by gas station chain Buc-ee's, is 74,000 square feet (6875 sq. m), with 120 gas pumps outside. And this station has a soft spot for the little guy: it does not allow big transport trucks to come in and gas up, which creates safety for small vehicles and family vans to navigate the services. Buc-ee's is a well-known chain across the southern part of the country. It intends to build more of these large stations.

Clean thief: It seems a burglar in the city of Vancouver, British Columbia, Canada, just wanted a place to hang out for a while. The 20-something-year-old man broke into a bakery by shattering the glass of the front door. Security footage showed him sitting in a chair, heading into the washroom for a couple of minutes, and then, surprisingly, sweeping up the broken glass. He even used the store's phone to snap a few selfies. He walked out with one item: a six-pack of cupcakes. Less than a week later, store owner Emma Irvine got a call from the man, who apologized and offered to pay for new glass. Irvine couldn't help but be forgiving of his antics.

Tall tale: A lawyer in Rio de Janeiro wanted to purchase numerous items in a mall, but apparently didn't want to pay for them. Rodrigo Barcelos de Oliveira went shopping for a motorcycle helmet, shoes, designer clothing, swimming trunks, a dog bed, and more. Later, he called police, claiming he'd been kidnapped, forced to turn over his credit card and PIN number, and held captive while the thief shopped with his card. Unfortunately for Oliveira, police found video footage of him shopping and carrying bags in the mall. That made him a suspect, so police searched his home and found all the stolen items. The man now has several charges against him.

Dine and wash: Loyal customers of a HaiDiLao hotpot restaurant in Wuxi, Jiangsu Province, China, can earn much more than food discounts; they can accumulate points to have their hair shampooed on site. The restaurant set up a salon so their regular clientele can have the smell of food washed out of their hair. Not that people complain about the yummy aroma of hotpots. During a meal, it smells delicious! The problem is that it tends to cling to people's hair so that, after a dining experience, they walk around smelling like a kitchen. To be eligible for the service, customers must collect points through dining at any of the chain's locations.

Quoteable Quotes

"What it lies in our power to do, it lies in our power not to do."
—Aristotle

"You need to let the little things that would ordinarily bore you suddenly thrill you."
—Andy Warhol

What's Happening

JAN 27. Carnival Craze. Is happening at Airdrie Public Library. Test your skills at classic carnival games like ring toss, duck pond, and a shooting gallery. Savor the mouthwatering aroma of popcorn PLUS Deano the Magic Man! Saturday Jan 27, 12 - 2 PM.

Jan 26 and 27. Garage Sale in Olds. St. Stephen's CWL Annual Garage Sale is the last weekend in January. CASH ONLY. 930am-6pm on Friday Jan 26, and 9am-2pm Saturday Jan 27. Baked goods and lunch for purchase. 4302 57th Ave in Olds.

FEB 9. 35th Annual Pioneer Supper Valentine's Dance. Carstairs Heritage Centre will host the 35th Pioneer Supper at the Carstairs Community Hall. Dinner, Live Auction and Dancing Featuring The Plaiders and the World Famous Pie Auction!

Tickets available by email info@carstairsmuseum.ca or phone 403-337-3710 **GET IN WHAT'S HAPPENING** - Submit your event to www.bvcoffeeneews.ca and be seen here by thousands of readers each week. Please give 6 weeks notice

Trivia

1. Frets, strings, or struts are the metal ridges along a guitar's neck?
2. The original Orient Express train route began in Paris and ended where?
3. Alexander the Great's favourite dog was Bucephalus, Peritas, or Laconius?
4. Mach speeds are subsonic, transonic, supersonic, or hypersonic?
5. Ole Kirk Kristiansen invented LEGO, Hot Wheels, or Monopoly?

(Flip bottom of page for answers)
© Published with Permission by Mad Mama Marketing
(Over)

airdrie snow removal

Your outdoor needs are our specialty

Contact Cyrus:
cyrus@cyruslandscaping.ca
403.212.0606

Congratulations
to our latest contest winner for finding "Beans, the Coffee News Guy."

Erin Brown
found "Beans" at Subway in Airdrie

Coffee News
Enter today for your chance to win!

www.bvcoffeeneews.ca

YAMNUSKA WOLFDOG SANCTUARY
Located at 263156 Range Rd 53, on the 1A Hwy

A non-profit organization that oversees the rescue and safe sanctuary for wolfdogs that have been neglected, abandoned, or otherwise displaced.

Through its educational programs, the Sanctuary discusses the challenges of wolfdog ownership and promotes responsible ownership by outlining what a suitable home should look like. The Sanctuary also touches on the importance of preserving wolves in the wild!

For further details about our mission, please call 587-890-WOLF (9653) or visit yamnuskawolfdogsanctuary.com

You can also find details there about our **Intro Tours** and **Interactive Tours**, including pertinent age restrictions.

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Struggling To Take Care of Your Feet?

Whether you suffer from ingrown nails, athlete's foot, corns, skin and nail fungus infections, or other common foot ailments... help is just a call away with Certified Podologist, Marion.

Toes On The Go Footcare
Call today for more information: 403-620-7851
marion@toesonthego.care • toesonthego.care

GENERAC

Prepare for power outages today
WITH A HOME STANDBY GENERATOR

FREE 7-Year Extended Warranty* An \$895 Value!

REQUEST A FREE QUOTE
CALL NOW BEFORE THE NEXT POWER OUTAGE
(844) 944-1991

*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.

ENTER TO WIN!

Find the hidden Coffee News guy...
Hint: He's about this big in one of the ads

Then send your name and full address via email to amy@bvcoffeeneews.ca or enter online at www.bvcoffeeneews.ca

Tell us the ad in which you found the CN guy hidden, the edition name and date and the location where you picked up Coffee News for a chance to win a great prize!

THIS MONTH'S CONTEST SPONSOR Bow Valley Coffee News

FOR ALL YOUR ELECTRICAL NEEDS!
RESIDENTIAL-COMMERCIAL-INDUSTRIAL SERVICE & CONSTRUCTION

WORKING IN AIRDRIE & AREA FOR OVER 25 YRS!

IMPACT ELECTRIC (1993) LTD.
403-948-3004 #12, 25 East Lake Circle, Airdrie
impaclectric@rocketmail.com

Helping Adoptable Dogs and Cats Find Loving Homes
CAN YOU HELP?



pause4change
rescue foundation
www.pause4change.com

DONATE
VOLUNTEER
FOSTER

inogen

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at
1-833-301-1878

CLAIM YOUR
14-DAY
RISK-FREE
TRIAL!



*14-day risk-free trial- Return within 30 days of purchase for a full refund of purchase price.

PM230469 EN, EX, USA | Rev Only © 2023 Inogen, Inc. 301 Covener Drive, Coletts, CA 95117 Inogen is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

Your Weekly Horoscope

ARIES
(March 20 - April 19)



Several times this week, your attention may be drawn to your purpose in this lifetime. This might be a good time to look for a new opportunity to manifest that purpose. Lucky numbers: 3, 11, 13, 28, 42, 43.

TAURUS
(April 20 - May 20)



This may be a good week to communicate with others to find a new opportunity. However, it may take several weeks before it kicks into high gear, so be patient. Lucky numbers: 8, 11, 30, 31, 37, 44.

GEMINI
(May 21 - June 20)



Gemini often change their minds as they incorporate new ideas. This can be frustrating to others. For the next few weeks, consider ways to mitigate this effect on others. Lucky numbers: 10, 13, 23, 32, 36, 47.

CANCER
(June 21 - July 21)



You might feel especially emotional at the beginning of the week. You may want to retreat into your shell for a few days, until the heightened feelings settle out. Lucky numbers: 9, 15, 16, 31, 47, 48.

LEO
(July 22 - Aug. 22)



The middle of the week may be a good time to tie up loose ends and complete projects. Are there any that aren't working and you think might need to be ended? Lucky numbers: 13, 17, 29, 38, 39, 45.

VIRGO
(Aug. 23 - Sept. 22)



Your natural attention to detail may be especially strong at the end of the week. How do you want to use this energy? Make sure others are aware of your contribution. Lucky numbers: 2, 10, 24, 25, 29, 42.

LIBRA
(Sept. 23 - Oct. 22)



Are you usually the one who has to carry all the responsibilities in your romantic relationship? If so, you may find yourself looking now for a stable and reliable partner. Lucky numbers: 5, 12, 18, 19, 36, 47.

SCORPIO
(Oct. 23 - Nov. 21)



Have you been experiencing sudden or unexpected obstacles in the last few months? This may start to ease, although it could take weeks before you start to feel the effects. Lucky numbers: 6, 7, 12, 24, 44, 47.

SAGITTARIUS
(Nov. 22 - Dec. 20)



Over the next few weeks, keep your eyes open for new opportunities to achieve your goals. In selecting one, consider which are most in alignment with your values and beliefs. Lucky numbers: 1, 6, 14, 15, 21, 43.

CAPRICORN
(Dec. 21 - Jan. 19)



Capricorns often can be seen as too serious or stoic. But your stability and commitment may be positive relationship strengths, so express them to a current or prospective partner. Lucky numbers: 7, 9, 11, 16, 18, 41.

AQUARIUS
(Jan. 20 - Feb. 18)



Your birthday month starts a new year for you. During this solar return period, you may want to consider new goals and projects that are in alignment with your values. Lucky numbers: 11, 14, 23, 37, 41, 44.

PISCES
(Feb. 19 - March 19)



Your strong empathy may be in high gear at the end of the week. You might come across an opportunity that helps you or helps someone else solve a problem. Lucky numbers: 4, 7, 20, 25, 35, 37.

Lucky numbers this week: This week's odds favour Pisces winners with the luckiest number being 7.

Did You Know...

Don't spit! If you feel like spitting, don't do it in public in the town of Goodyear, Arizona (U.S.). It's illegal, and you might end up with a \$2,500 fine and jail time, if you get caught.

World's largest: Not part of any mountain range, Mount Kilimanjaro is one of the world's largest, free-standing mountains. Near the Kenyan border in Tanzania, the volcano formation stands 5,895 metres (19,340 ft.) high.

A good chew: An American named Thomas Adams (1818-1905) invented a machine that could make chewing gum as we know it today. He used a natural product called chicle, a gum that comes from the *Manilkara zapota* tree, which grows in Central and South America.

Safe succulents: People with pet cats who also like to have succulents in their homes need to ensure that the plants are non-toxic for felines. Safe varieties include Christmas cactus, hens and chicks, dragon fruit cactus, and others.

Don't be scared: If you see a chuckwalla in the deserts of southwestern North America, don't be afraid. These medium-sized lizards from the iguana family are herbivores. They'll run away if they feel threatened and are not poisonous.

On the Lighter Side

Knock! Knock! *Who's there?* Bunny. *Bunny who?* Bunny thing is, I've forgotten.

What happened when metal and microwave fell in love? They met and sparks flew!

The best views in Paris are atop that famous tower. You can certainly get an Eiffel.

Did you hear about the elephant who went to the beach? He wanted to see something new in trunks.

Dad: "Are you at the top of your class?"
Son: "No, I'm someone who makes the top half possible."

Answers

Trivia answers: 1. Frets 2. Istanbul 3. Peritas 4. Supersonic 5. LEGO

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Mad Mama Marketing

No Job Too Big or Too Small!



Commercial and Residential
Flat-lay Laminate Countertops
Postform Laminate Countertops

DEREK BIGGAR
403-669-9396

derek@biggardevelopments.ca
www.biggarcountertops.ca

Unsure of the next step?



CALL ACCESS MENTAL HEALTH TO DISCUSS YOUR OPTIONS.
We can help.

403.943.1500
1.844.943.1500

ADDITION AND MENTAL HEALTH
Information & Referral - Calgary Zone
Alberta Health Services

TOP \$\$\$ PAID FOR SCRAP CARS

DJ'S TOWING AND SCRAP CAR REMOVAL



CALL FOR A QUOTE:
403.922.2412

A cozy little cabin filled with a variety of treasures!

- Crystals & Gems • Gemstone Jewellery
- Sterling Silver Chains
- Himalayan Salt Lamps • SongPods
- Tibetan & Crystal Singing Bowls
- Gemstone Lamps
- Books, Decks & CDs

Angel Card Readings with Charlene Money, AGP/AAEP

403.946.5802

COUNTRY GARDEN CRYSTALS

Located west of Crossfield - see website for directions: www.countrygardencrystals.ca
Open Thursday thru Monday, 10 a.m. - 5 p.m. (Closed Tuesday and Wednesday)

THE BEST IN Botox/Filler SERVICES

Reclaim your youthful looks! Botox and Fillers are an incredible way to combat wrinkles and reduce worry lines in the forehead, between the eyebrows, and smile and laugh lines.

Call now: 403-980-2662

SILVERFERN AESTHETICS AND VEIN MEDISPA

LOCATED AT ANNA'S SPA AND WELLNESS, AIRDRIE SILVERFERNMEDISPA.COM

"Everyone will notice... but no one will know."

FRIENDLY, PROFESSIONAL STAFF

NOW OPEN IN COCHRANE!

ACCESSIBLE WELLNESS SOLUTIONS

THE BOW VALLEY'S ALL-INCLUSIVE ALTERNATIVE THERAPY CENTRE

we offer:
Deep Tissue Massage
Aqualad
Aromatherapy
Intense Healing Breath Work
Crystal Therapy
Ear Candling
Fire Cupping
ION Foot Detox
Reiki • Reflexology
Sound Therapy
Tarot Reading
Quantum Healing

Book your own rejuvenating retreat, ...or one with a few of your friends!



POSITIVE HEALING

CRYSTALS | YOGA | ALTERNATIVE THERAPY

PRIVATE & COUPLES
Yoga

403-609-8716

124 River Avenue, Cochrane (above Bike Brothers)

kayla@positivehealing.ca
www.positivehealing.ca

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

For contest rules, visit www.accidentinjurylawyer.com/coffeenews

Oct. 1 Draw Winners

Cassi S. from Edmonton
Walter A. from Calgary
Karen P. from Okotoks

Nov. 1 Draw Winners

Yolanda P. from Edmonton
Bob P. from Calgary
Sarah H. from Okotoks

Dec. 1 Draw Winners

Keisha W. from Edmonton
Wendy W. from Camrose
Tanya M. from Rimbey

This Space FOR RENT

780-220-6397

Best Buds Outlet

OPEN DAILY, 10 am-10 pm

4A, 1861 Meadowbrook Dr. SE
403-980-1046

@Best_Buds_Outlet

Premium Canadian Cannabis

bestbudoutlet.ca