

**FREE!** *New Issue Every Week!*  
**Coffee News**<sup>®</sup>  
 "News To Be Enjoyed Over Coffee"  
**East Edmonton Edition**  
**780-220-6397**  
 www.coffee-news.ca

**Deaf or Hard of Hearing?**  
 We can help you boost your resume.  
 Scan here to learn how or visit [www.chha.ca](http://www.chha.ca)

**10% OFF SUPPLIES** When you mention this ad. In-store only.  
**BUY SELL TRADE**  
**CAPITAL CITY SPORTS CARDS**  
 Sports Cards of all Eras  
 Vintage Cards • Memorabilia  
 Figurines • TCG Cards • Pokemon  
 Mystery Packs • Auctions • Box Breaks  
 We can also Grade your cards for you.  
 We recommend The Canadian Graders along with these guys!  
 7633-50 St. NW Unit 101  
 1.825.480.1886  
 capitalcitysports21@outlook.com  
 TAG BECKETT PSA

**NEW LUXURY BUNGALOWS**  
**FINAL SELL OFF**  
**Maintenance-Free Living!**  
 • Great SW Location in Allard  
 • 3 Bdrm/3 Bath/Finished Basement with Wet Bar  
 • Luxury Finishes Throughout  
**River-Valley.ca 780.710.6624**

Do you have a favourite quilt that needs repair?  
**Longarm Quilting Services**  
**QUILTING**  
 Offering a variety of quilting services  
 • Longarm Quilting • Digital Edge2Edge  
 • Competitive Rates • Friendly Environment  
**780.554.1350 | reidse@shaw.ca**

**Clinical Optometry and Support**  
 ...for glaucoma, eye pain, diabetic care and blurry vision, and more  
 From simple issues such as irritating floaters to more serious diseases of the retina, it is important to deal with any issue as soon as possible, before it can escalate to a more serious condition.  
**DR. GREGORY KING BSC/OD**  
 Optometric Assistants:  
 Lise MOA, Amanda MOA, Rachid  
 OPEN M-F 10-5 | SATURDAY 11-4  
 8130-82 Ave., beside TD Bank (Inside Bonnie Doon Medical Centre)  
**Book an appointment today: 780.465.7600**

**FIND OUT HOW YOU CAN SAVE UP TO 50% ON COMMISSIONS!**  
 At Seller Direct® Northern Homes Realty, It's Not About Discounts, It's About OPTIONS!  
**How We SELL Your Home:**  
 ✓ 300+ Websites ✓ Social Media Ads  
 ✓ QR Code to Home's Features  
 ✓ 3D Tours & Professional Photos  
**seilerdirect**  
 Diana Noble Owner/Broker  
 Northern Homes Realty  
**780.638.4800 | seilerdirectnorthernhomes.com**  
 PROUDLY SERVING EDMONTON & SURROUNDING AREAS

**COLD SHOT**  
 A DIVISION OF BALWARIA EMPIRE PVT. LTD.  
**PASSENGER & PARCEL SERVICES**  
 SHIP BY BUS  
 GET YOUR REWARD CARD TO GET A FREE TICKET!  
 Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
 Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)  
**TICKETS: 587-557-7719 | PARCEL: 587-557-7718**  
 SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**  
 They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!  
**PSC Prairie Scented Candles**  
**Sunset Scents**  
 a RAY of Fragrance  
**prairiescentedcandles@gmail.com**  
**www.prairiescentedcandles.com**

**FREE LIVE STREAMING COMING THIS FALL**  
 visit [yestv.com](http://yestv.com) for details

**Everybody's Talking**  
**Annoying renter:** When rent is due, good tenants usually pay on time and in full. One renter in Australia pays on time, but not in full, which has so annoyed the landlord that he posted the situation on a peer chat group for advice. Apparently, the tenant shorts the landlord by one cent every month, which isn't much, but the landlord says it's the principle of the situation. He emailed the tenant, asking him to remedy the situation, but the tenant said the law lets him round up or down if amounts are between one and nine cents. The tenant even asked for certain repairs. When the lease expires, the landlord doesn't plan to renew it  
**Grainy home:** Living in a grain silo doesn't seem like a comfortable option, but one near Odessa, Washington (U.S.), may appeal to outdoorsy people. Actually, the abode is comprised of four small silos, three of which are 1,325 square feet (123 sq. m) of interconnected living space; the fourth is a garage. The home, and the 386 acres around it, has many amenities and lots of space, including a fish pond and much rural land for hiking. The current owner, who fixed up the silos to be livable, uses the place as a summer home, but wants to sell it to someone who will be able to enjoy it more often.

**Fixing imperfections:** Who says a hole in a piece of clothing means the end of the garment? Certainly not Heather Cameron, a textile expert from Gabriola Island off the west coast of Vancouver, Canada. Cameron uses visible mending to fix problems in used clothing, which means that she decorates the flaws rather than hiding them. She might sew a sunburst of yellow stitches around an oval hole, or cover an imperfection with a patch shaped like a guitar or something else that holds personal meaning for the owner. The artist has held well-attended workshops in the area for like-minded people to learn the skill.

**Flowery hair:** How would you like to have your hair formed into a lily or a chrysanthemum? If so, a hair stylist for you is Nguyen Phat Tri of Vietnam. Although he has a degree in biotechnology, the stylist knew he had a knack for the arts that he needed to pursue. After studying makeup and hairdressing, he started experimenting with floral hair designs, which can take a couple of days or more to complete. He first sketches the design, finds raw material, and finally works with real hair. Many of his customers are bridal parties, who want unique hairstyles for the special day. Celebrities also like his services.

**Quoteable Quotes**  
 "Everyone has the fire, but the champions know when to ignite the spark."  
 —Amit Ray  
 "A good traveler has no fixed plans and is not intent on arriving."  
 —Lao Tzu

**What's Happening**  
 NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**  
 Find the Coffee News Guy hidden in one of the ads, then enter to win!  
**\$400\* Prize Package**  
 \*Coffee News Bucks  
 Over 150 participating sponsors!  
 4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries.  
 To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)  
 Submit your birth date and we'll send you a birthday card with valuable offers on your special day!  
 ...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

**Trivia**  
 1. The British parliament has 365, 425, or 650 members?  
 2. Skylab was the first U.S. space station—T/F?  
 3. How thick is a hockey puck in the National Hockey League?  
 4. Louisa May Alcott or L.M. Montgomery wrote the book Little Women?  
 5. On a Ouija board, a planchette, pick, or strum spells out the words?  
 (Flip bottom of page for answers)  
 © Published with Permission by Capital Marketing Ltd  
**(Over)**

**Best Kept Secret in the Park!**  
 The community thrift store with heart  
**201 Athabasca Ave. Sherwood Park**  
 780.464.7786  
[www.countyclthes-line.com](http://www.countyclthes-line.com)  
**County Clothes-Line**  
 Looking to join a great team?  
**Store Associates**  
 3-4 days/wk  
 Contact us today:  
[clothes1@telusplanet.net](mailto:clothes1@telusplanet.net)

**The perfect cup ...every time**  
 Each cup up to 75% Less than leading coffee retailers  
**Kofe Corporation**  
 Benefits of our office coffee delivery system:  
 • Convenient and hassle-free  
 • No delivery charge • No service charge  
 • No installation charge • Fresh coffee  
 We keep your machine clean and filled with product!  
**780.718.7212 / www.kofekorp.com**

**THIS SPACE FOR RENT**  
 Call 780-220-6397  
 OR SCAN HERE FOR MORE INFO

Real Estate | Wills | Contracts  
**HOMESTEAD LAW**  
 Tamara D. Epple B.A., J.D.  
 780.243.2116  
[www.homesteadlaw.ca](http://www.homesteadlaw.ca)  
 "OUR GOAL IS TO MAKE CLIENTS FEEL LIKE FAMILY"

**Can't get to your Coffee News® each week?**  
 Check out our PDF editions online!  
 New editions are posted every Monday  
 Sign up here to receive email notifications of new editions.  
 Now you never have to miss your weekly dose of good news!  
[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**When YOU Get Paid We Get Paid**  
 We're Here To Handle The Legal Complexity For You!  
**Braithwaite Boyle Injury Law**  
 800-440-8298  
**It's The Only Law We Do - Since 1986**  
**Free Initial Consultation**  
 Offices in: Edmonton, Red Deer, and Calgary  
**WIN** one of three \$400 prepaid Visa cards awarded monthly  
 Scan Once Weekly for Max. Entries  
 YOUR CONTACT INFORMATION IS SAFE WITH US!  
 For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**WIN** one of three \$400 prepaid Visa cards awarded monthly  
 Scan Once Weekly for Max. Entries  
 YOUR CONTACT INFORMATION IS SAFE WITH US!  
 For contest rules and recent winners, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**Congratulations to our most recent winners of a prepaid \$400 Visa card!**

**Braithwaite Boyle Injury Law** 800-440-8298  
It's The Only Law We Do - Since 1986  
Free Initial Consultation

For contest rules, visit [www.accidentinjurylawyer.com/coffeenews](http://www.accidentinjurylawyer.com/coffeenews)

**Oct. 1 Draw Winners**  
Cassi S. from Edmonton  
Walter A. from Calgary  
Karen P. from Okotoks

**Nov. 1 Draw Winners**  
Yolanda P. from Edmonton  
Bob P. from Calgary  
Sarah H. from Okotoks

**Dec. 1 Draw Winners**  
Keisha W. from Edmonton  
Wendy W. from Camrose  
Tanya M. from Rimbey

**Come Home to Quality**

- ✓ Home Renovations
- ✓ Basement Development

**Bergenham Builders**

bergenhambuilders.ca  
587.986.5309 | dbergenham24@gmail.com

**Less Stress, More Smiles**

**AVALON DENTAL**

ORAL HEALTH AND WELLNESS CENTRE

From routine preventative care, to cosmetic improvements and orthodontics, we have you covered.

910 Roper Rd. NW  
Edmonton

**780.465.0994**  
avalondentalreception@gmail.com

AVALON DENTAL SERVICES  
BRACES 4 ALL ORTHODONTICS  
MERRELL SLEEP CLINIC  
INFANT FREN-ECTOMY

Proudly providing excellence in dentistry to Edmontonians since 1986.

**Come and enjoy rural Alberta!**

Tired of waiting for high cost accommodation in the big city? We have vacancies to offer residents living outside of town!

Studio suites, all inclusive \$1986.00 (maximum) and one bedroom couples' suites \$3004.00 (maximum), all inclusive. Experience fresh air and country living.

**780.853.5706**  
Contact our office at admin@vdhf.ca  
www.vdhf.ca  
5401-46 St., Vermilion

**Vermilion & District Housing Foundation**

**ELECTRICIAN FOR HIRE**

Residential  
Light Commercial  
Electrical Repairs and Renovations

Art de Leon Master Electrician

**780.932.3858** Cell  
ajdeleon63@gmail.com

Ever dreamed of being an **ARTIST?**

Or perhaps you're an experienced artist looking for something different?

Edmonton has an art school conveniently located in the downtown area, and it might just be the perfect environment to help you realize your artistic potential!

**A.Z.**  
The Adrian Zorzut School of Fine Art

780.660.0044 | 10248-106 St. NW  
[theadrianzorzutchooloffineart.ca](http://theadrianzorzutchooloffineart.ca)

**Get The Smile You Deserve!**

\$99 New Patient Exam  
Lower Than Current Fee Guide  
Complimentary Teeth Whitening

**Floss Bosses.ca**

Your. New. Routine.

825.901.GUMS | #207, 6958-76 Ave. NW

**Come To You!**

**MOBILE AUTO TECHNICIAN**

FOR ALL YOUR REPAIR AND DIAGNOSTIC NEEDS

**SIMBA PERFORMANCE AND MOTOR SPORTS**

Simba Panesar  
Licensed Automotive Technician - 310S 310T

**416.909.4039**

www.scubagearcanada.ca

# Your Weekly Horoscope

**ARIES (March 20 - April 19)**  
You may find yourself in some type of stalemate at the beginning of the week. Be careful about being impulsive or angry in conversations. Tact could go a long way now. Lucky numbers: 9, 16, 20, 23, 28, 30.

**LIBRA (Sept. 23 - Oct. 22)**  
Your tact and diplomacy might be useful at the beginning of the week to resolve a situation. Just make sure that the agreement is fair to all involved, including you. Lucky numbers: 1, 3, 6, 12, 15, 30.

**TAURUS (April 20 - May 20)**  
Taurus-born usually offer practical, grounded viewpoints. Midweek, you may have an opportunity for intuitive insights. Consider incorporating them into your repertoire. Lucky numbers: 6, 11, 15, 24, 28, 29.

**SCORPIO (Oct. 23 - Nov. 21)**  
Intuitive insights may come at you very quickly in the middle of the week. Use discretion and discernment about how much of them you want to share with others. Lucky numbers: 17, 19, 23, 28, 36, 37.

**GEMINI (May 21 - June 20)**  
At week's end, you may find that your heart and your mind are in a stalemate about a situation. Postponing an important decision for a few days might be helpful. Lucky numbers: 7, 19, 32, 41, 42, 46.

**SAGITTARIUS (Nov. 22 - Dec. 20)**  
This may be a good week to consider, or reconsider, what you truly believe in. How might you want to align your belief system with your goals and endeavours? Lucky numbers: 2, 6, 7, 16, 20, 46.

**CANCER (June 21 - July 21)**  
This week you may be having communication difficulties with others. Does this situation mirror a conflict within yourself? If so, adjust your view accordingly. Lucky numbers: 14, 15, 21, 25, 28, 44.

**CAPRICORN (Dec. 21 - Jan. 19)**  
Your serious demeanor and attitude may be best channeled into your work this week. In communicating with others, displaying a lighter tone and view might be helpful. Lucky numbers: 6, 14, 23, 24, 39, 41.

**LEO (July 22 - Aug. 22)**  
About six months have passed since your birthday. Did you initiate new endeavours then? If so, how are they progressing? Are there any that you should consider ending? Lucky numbers: 3, 4, 7, 11, 12, 34.

**AQUARIUS (Jan. 20 - Feb. 18)**  
Aquarians can sometimes use a lofty style to communicate their humanitarian goals. This week, however, you may be able to seek out a more grounded way to connect. Lucky numbers: 5, 11, 12, 30, 39, 44.

**VIRGO (Aug. 23 - Sept. 22)**  
This week you may have an opportunity to shine by communicating to others your attention to detail. Be sure to get credit for your contribution to any joint effort. Lucky numbers: 4, 9, 15, 24, 30, 41.

**PISCES (Feb. 19 - March 19)**  
Sometimes your intuitive nature has a difficult time connecting with those who don't share it. Midweek may bring an opportunity to approach them in a more grounded way. Lucky numbers: 8, 14, 29, 35, 41, 47.

Lucky numbers this week: This week's odds favour Virgo winners with the luckiest number being 9.

## Did You Know...

**Looking larger:** Decorators have tricks to make small rooms look larger. These include using at least two sources of light, hanging a large mirror, and using a dark paint colour. Darker shades make things look farther away.

**Fifth ocean:** The Atlantic, Pacific, Indian, and Arctic Oceans were considered the four oceans of the world until 2000. That year, a fifth ocean was recognized: the waters around Antarctica were designated as the Southern Ocean.

**Code names:** Each country participating in The Olympic Games has a three-letter code used during the games. Some include: Canada (CAN), United States (USA), Bolivia (BOL), Ghana (GHA), and Malaysia (MAS).

**Paint set:** When French artist Henri Matisse was young, he worked as a law clerk, but didn't like it. He started painting at about age 20, when his mother gave him a box of paints while he was recuperating from an illness.

**Bird toes:** Birds usually have four toes, with three in front and one behind. Some birds, like parrots, owls, and woodpeckers, have four toes arranged in a "K" or "X" formation, which helps them climb.

## On the Lighter Side

Want to hear a joke about paper? Never mind, it's tearable.

Why can't a bike stand on its own? It would but it's two tired.

What's the tallest building in your city? The library. It has a lot of stories.

Lizzy: "My mom has the worst memory?"  
Susy: "She forgets everything?"  
Lizzy: "No, she remembers everything!"

Knock! Knock! Who's there? Sheep. Sheep who? Sheep-ers, it's just me!

**Answers**  
4. Louisa May Alcott 5. Planchette  
**Trivia answers:** 1. 650 2. True 3. 1 inch (2.54 cm)

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**FEEL THE BEAT!**

- Car Audio
- Remote Starters
- Window Tint
- Tire Change/Balance
- Car Detailing ...and more

**DANCY**  
CAR AUDIO INSTALLATION AND MORE

**STOP BY FOR A FREE CONSULT**

587.735.2839 | 7400-52 St. Edmonton

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500** YEARLY TAX CREDIT

**\$30,000** LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!

**WOMENS WORKWEAR**

[www.womensworkwear.ca](http://www.womensworkwear.ca)

**STORE NOW OPEN!**  
5403 Gateway Blvd NW, Edmonton

Enjoy The Experience

**GET MORE FROM YOUR ONLINE CONTENT**

**CONTENT MARKETING SERVICES**

- Blog Writing
- Email Marketing
- Website Content
- Google Business Profile

**FREE CONSULT**

SCAN ME

Frontline 780.760.6922

Trusted Home Care Services

**EVERYTHING YOU NEED TO Stay Comfortably at Home**

- ✓ Housekeeping & Laundry
- ✓ Shopping & Meal Prep
- ✓ Medication Support
- ✓ Transportation & Errands
- ✓ Expert Care & More!

**10% DISCOUNT** for New Clients!

FREE Assessment 780-729-2274  
info@cedruscareservices.ca

LIVE AT

**HOLYROOD SQUARE!**

- In-suite Laundry
- Rooftop Deck and BBQ
- Full-sized Kitchen Appliances

Call 780-229-6099 for more information

**J.R. WATKINS**  
Since 1868 TRADE MARK

YOUR INDEPENDENT WATKINS CONSULTANT

**Donna Ouellette**  
ID# 029268N

**780-469-5715**  
www.RespectedHomeBusiness.com/enter29268

A full line of natural products for your home and family

**INDOOR YEAR ROUND MARKET!**

**CAPILANO FARMERS' MARKET**

Saturdays  
9:30 a.m.-3 p.m.  
5004-98 Ave. (Capilano Mall)