THIS SPACE



Radio

Call 780-220-6397



DANS LE **CONFORT DE** VOTRE FOYER IN THE **COMFORT OF** YOUR HOME POUR PLUS D'INFORMATION

SCANNEZ LE CODE QR SCAN THE QR CODE FOR MORE INFORMATION



www.nordouestfm.ca

Designer Frame Lenses

Contact

Glaucoma



New Issue Every Week!



"News To Be Enjoyed Over Coffee"

High Prairie Edition 877-553-6397

www.coffee-news.ca

FREE!

Vol. 21 No. 6 February 5, 2024

Everybody's Talking

Underground accommodation: Wales is home to a hotel that is purported to be the deepest in the world. Aptly named the Deep Sleep Hotel, it is located in an abandoned slate mine in the Snowdonia mountains. At 1,375 feet (419 m) below ground, getting there is quite an adventure for overnight guests. Guided by a trip leader, they have to hike for 45 minutes on mountain paths. Then, they are suited up with gear and taken down a challenging descent path in the mine. After that, they settle into very comfortable cabins and are provided with an expedition-style meal. The next day, staff members wake the visitors for the steep trek back up to the surface.

Shoddy work: In a village in India's Maharashtra state, residents have every right to complain about poorly done work. Folks in Karjat-Hast Pokhari had been looking forward to getting blacktop installed on the area's rough roads. So they were thrilled when a construction company arrived to do the work. However, the residents soon realized that the company had taken a huge shortcut in the job: they put down canvas material, then covered it with a very thin layer of asphalt. Several locals soon realized the situation when they lifted up a corner and it folded like a carpet. Villagers have made complaints against the contractor and the government department that hired them.

White line fever: The town may be small, but its authorities decided to fight hard to encourage speeding motorists to slow down. Baune, located in western France, sees many motorists speed over its streets as they navigate through the town's crossroads. Despite clear speed limit signs, drivers pay no heed and drive as fast as 100 km/h (60 mph) through the small town of 1,700 residents. To try to remedy the situation, the town painted confusing road lines. The continuous lines go this way and that, and often overlap. Drivers are slowing down to try to figure out what they are supposed to do. Hopefully motorists won't go back to their old ways anytime soon

Long race One ultramarathon starts from the pier in Santa Monica, California (U.S.), and ends at the welcome sign to the city of Las Vegas, Utah. Called The Speed Project, the length of the run is 340 miles (548 km) through the area's hot deserts, including Death Valley. The race is not advertised, there are no rules, and the participants must be invited to compete. Runners do not have to follow a particular route, but they are not allowed to run on highways. Started by Nils Arend and Blue Benadum in 2013, the race can be run solo, but it started out as a relay race for six team members

Quoteable Quotes

"Whether or not you know it, you're the infinite potential of love,

"Everything that irritates us about others can lead us to an understanding of ourselves.' -Carl Jung

What's Happening

Feb 16-19 - Grande Prairie Alberta Winter Games The 2024 Winter Games will bring together youth athletes from across the province to compete in 18 different sport competitions all held within the City of Grande Prairie, County of Grande Prairie and MD of Greenview. Visit cityofgp.com for more info

Feb 17 - Winter Carnival Taking place in Festival Park from noon to 4pm. Come down for a free Winter Carnival in Whitecourt

Feb 10 - Tim Hortons Community Fun Night Dance Join us at the Allan Jean Millar Centre from 5:30-8:30pm for a free Valentine's Family Dance.

Feb 19 - Family Day Fun Free Family Day fun at the Westlock Rotary Spirit Centre. 9603 100 St Westlock AB

> NON P{ROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of ${\bf 4}$ weeks in advance.



To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

... or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB TST 5LA. Be certain to include your full name, complete maling address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy

Trivia

- 1. The Greek goddess of peace was Athena, Eirene, or Aphrodite?
- 2. Singer Elvis Presley had a twin brother—T/F?
- 3. How many limbs does a squid have?
- 4. Toad Hall is featured in this children's book.
- 5. "The Lady and the Unicorn" tapestry is Musee de Cluny, the Met, or the Smithsonian?

(Flip bottom of page for answers)

Affordable-Effective-Exclusive-CALL NOW!



LongRunClassAction.ca





780.814.2349 | www.gpchma.ca









are in need of transportation

to a medical appointment are a pilot and would like to

would like to make a donation

join our flight team

...then contact us today!

Can't get to your

Check out our **PDF** editions online! New editions are osted every Monday

Sign up here to receive 回霧層 editions. Now you

never have to

Travel Assistance for Remote **Medical Appointments**

Do you need to travel for medical reasons? Angel Flight Alberta can possibly assist.

We are an organization of voluntee pilots, aircraft owners and ground support. We are unified to help Albertans get to and from their medical appointments efficiently, reducing stress, and at NO COST to the patient or family

780.756.0086 | info@angelflightab.ca | www.angelflightab.ca



PEACE RIVER VISION CLINIC

Family

Eye Care

■ New Patients

Welcome!

Direct Billing

and Walk-ins



\$30,000 LUMP SUM REFUND COPD, arthritis, and many other disabling Restrictions in Walking or Dressing may qualify. <u>1-844-453</u>-5372

Get More Traffic, Leads & Sales

- Website Development • Google Ads Facebook Advertising
 - Social Media Management SEO & Content Marketing Reporting & Analytics

780.760.6922 Frontline| frontlineconsulting.ca

SCAN ME

CN-Proudly printed by One to One Mailing

© Published with Permission by Capital Marketing Ltd

(Over)







AGM VALUATIONS GROUP LTD. OFFICES IN GRANDE PRAIRIE AND PEACE RIVER Phone: 780.624.0020 Andre Cell: 780.274.1133 Adam Cell: 780.897.0391

www.amvaluationsgroup.com **SERVING:** Grande Prairie, Sexsmith, Clairmont, Wembley, Beaverlodge, Hythe, Grovedale, Rycroft, Spirit River, Fox Creek, Whitecourt Peace River, Grimshaw, Fairview, High Prairie, Valleyview, Manning, Slave Lake, High Level, La Crete, Fort Vermilion, Rainbow Lake, Dixonville, Hines Creek, Fahler, Donnelly, Nampa, Girouxville, Eaglesham, McLennan, St. Isidore.

Congratulations to our most recent winners of a prepaid \$400 Visa card!

Braithwaite Boyle Injury Law 800-4 It's The Only Law We Do - Since 1986 Free Initial Consultation

For contest rules, visit www.accidentinjury lawyer.com/coffeenews

Oct. I Draw Winners Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks

Nov. I Draw Winners Yolanda P. from Edmonton Bob P. from Calgary Sarah H. from Okotoks

Dec. | Draw Winners Keisha W. from Edmontor Wendy W. from Camrose Tanya M. from Rimbe

CONGRATULATIONS the 2023 monthly winners of a \$400 prepaid Visa card:

May I Draw Winners: Cindy C. from Sylvan Lake

June I Draw Winners: Frank H. from Sylvan Lake Sandy P. from Calgary Steven R. from Lethbridge

Jay Z. from Edmo

could be our next winner!

SCAN HERE:

Braithwaite Boyle Injury Law 800-440-8 It's The Only Law We Do - Since 1986 Free Initial Consultation

July I Draw Winners: Brian P. from Edmonton
Natasha W. from Red Deer

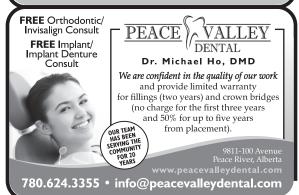
August I Draw Winners: Fiona L. from Edmonton Paige H. from Red Deer Ellery T. from Calgary

September I Draw Winners: ton H. from Edson Sandy P. from Calgary

October I Draw Winners: Cassi S. from Edmonton Walter A. from Calgary Karen P. from Okotoks

November I Draw Winners: Yolanda P. from Edmonton Bob P. from Calgary Sarah H from Okotoks

December I Draw Winners: Wendy W. from Camrose



If It Needs Glass, We Can Provide It!

Professional, top quality

Interior exterior

Residential commercial services applications





Skylights Wet Rooms Glass Railings Shower Doors

780.978.0088 www.allproglass.ca

The World's #1 Restaurant Publication!

Your Weekly Horoscope

(March 20 - April 19)



How can you bring your purpose in line with your values? Look to any old wounds that may be clouding your judgment about next steps to achieve

something worthwhile. Lucky numbers: 10, 11, 21, 30, 39, 40. **TAURUS**

(April 20 - May 20) A sudden or unexpected opportunity may surface this week. You might want to examine it carefully, especially if you are unsure if this possibility

is what you want. Lucky numbers: 11,

GEMINI

(May 21 - June 20)



Your intuitive and intellectual skills may be heightened in the next few weeks via the placement of Mercury, your ruling planet. How could

vou use these additional energies? Lucky numbers: 13, 17, 24, 26, 30, 32.

CANCER (June 21 - July 21)



At midweek, your heart may be pulled in one direction and your head in another. You might consider waiting a few days to see if the current

stalemate will ease. Lucky numbers: 5, 6, 9, 11, 20, 25. **LEO**

(July 22 - Aug. 22)



For the next several weeks, you may have an opportunity to reach for a goal that aids others. But this might require that you put aside your own goals

for now. Lucky numbers: 7, 11, 20, 25, 36, 43. **VIRGO**



(Aug. 23 - Sept. 22) Virgos often focus on small goals and objectives. For the next few weeks, you may have an opportunity to envision something larger. It might require that

you adjust your viewpoint. Lucky numbers: 9, 12, 26, 36, 39, 44.

(Sept. 23 - Oct. 22)



For the next two weeks, addressing any challenges to your finances or in a relationship may be important. Making needed changes now could reduce

potential future issues. Lucky numbers: 12, 19, 20, 21, 37, 40.

SCORPIO (Oct. 23 - Nov. 21)



For the next few weeks, you may feel conflicted about who you are. Consider a deep dive into your psyche to gain understanding, seeking help if

you need it. Lucky numbers: 3, 12, 15, . 24, 38, 47.

SAGITTARIUS (Nov. 22 - Dec. 20)



Your thought processes may be sharper and more clear for the next several weeks. How can vou use this opportunity to initiate positive change within

yourself, heading into the future? Lucky numbers: 7, 11, 19, 25, 31, 36.

CAPRICORN (Dec. 21 - Jan. 19)



At midweek, your mind and emotions may be in sync. For a few days, this might provide an opportunity to start a project in alignment with your

values. Lucky numbers: 8, 10, 13, 14,

AQUARIUS (Jan. 20 - Feb. 18)



The end of the week may be a good time to communicate your goals to others, including those that will aid your community. Outline a plan

they can help manifest. Lucky numbers: 6, 14, 15, 18, 24, 39.

PISCES (Feb. 19 - March 19)



This week is full of energies that may help you find new opportunities, initiate action, and ask others to help. You might need to adjust your view of the goal. Lucky numbers: 1, 7, 15, 21, 36, 40.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 39.

Did You Know...

Garlicky goodness: While white garlic is well known, black garlic is made by carefully aging raw bulbs for a few weeks in hot and humid conditions. This process gives them a sweet and savoury flavour.

Boundary: The region between the U.S. and South America is called "Central America." But geographically, the North-South boundary is Panama's southern border, so Central America technically is in North America.

Plant meanings: Over eons, different flowers and plants carried different meanings, like red roses for love and orchids for beauty. Less positive associations include aloe for grief and striped carnation for refusal.

Unfinished palace: Neuschwanstein Castle in Schwangau, Bavaria, Germany, looks like the quintessential fairy tale castle. Bavarian King Ludwig II commissioned the palace, but died in 1886 before it was completed.

Five kids: Paul McCartney of Beatles fame has five children: Heather, Mary, Stella, and James (whose mother was Linda McCartney), and Beatrice (whose mother is Heather Mills). Beatrice was born in 2003.

On the Lighter Side

Never was there a more groundbreaking invention than the shovel.

My cellar is so damp that when I lay down some mouse traps, I catch fish!

Ernie: "Does your dog have a licence?" Bernie: "No, she's not old enough to drive."

Knock! Knock! Who's there? Rice. Rice who? Rice and shine. it's the first day of school!

Einstein developed a theory of space. And it was about time, too!

Auswers

the Willows 5. Musée de Cluny Trivia answers: 1. Eirene 2. True 3. 10 4. The Wind in

For available franchise opportunities - visit coffeenewscanada.com © Published with Permission by Capital Marketing Ltd

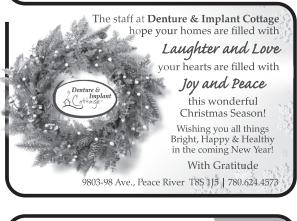
WOMENS WORKWEAR



www.womensworkwear.ca Workwear Built For Women STORE NOW OPEN!

5403 Gateway Blvd NW, Edmonton Enjoy The Experience







780.523.5392

4830 51 Ave, High Prairie BrokerLink.ca

BrokerLink¹ Insurance



Alberta's SENIORS' INTERNET PLAN

• \$70/MONTH - VERY FAST SPEED, UNLIMITED USAGE FREE HOME PHONE SERVICE
 FREE NETWORK PROTECTION





NORTHERNLIGHTSFIBER.CA

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 196

74-High Prairie