

CHERYL J. MOSER
CHARTERED PROFESSIONAL ACCOUNTANT

INTEGRITY
EXPERIENCE
DIRECTION

- Small Business and Farm Accounting
- Personal and Corporate Tax
- Consulting and Virtual CFO Services
- Bookkeeping Services

780.679.8960

cjmoser.cga@gmail.com www.cheryljmoser.com



Stay young Be Active

Instant Fit. Bluetooth® connectivity. Charge on-the-go. High-definition sound.

It's everything you're looking for in a hearing aid, that doesn't look like a hearing aid.

• Did you know all seniors and low income adults qualify for \$900-\$2400 towards hearing aids?
• Rechargeable hearing aids
• Financing for hearing aids

EYES + EARS
OPTICAL + HEARING CO.

403.786.2020 • 3-5832 Hwy 2A, Lacombe | 403.887.5073 • #425, 3715-47 Ave., Sylvan Lake



RED DEER HOME SHOW

The spring show that offers great advice, great deals, and 1000s of products and experts under one roof!

March 8-10, 2024
Westerner Park, Red Deer

PRODUCED BY **BILD** CENTRAL ALBERTA

BUY TICKETS ONLINE, SAVE!
www.reddeerhomeshow.ca



BUY-LOW FOODS

587-621-1000

Conveniently located in Blackfalds at #105-4500 Blackfalds Crossing Way

OPEN 8 am-9 pm 7 DAYS/ WEEK

BUY-LOW FOODS



Your Land, Your Way:
From raw ground to completion, you can count on us

SET INC.

- All Permits and Rezoning
- Site Plan, SWMP and Grading
- Road, Infrastructure, Lift Station, Building Design
- Project Management
- Contract doc./Spec. for Tender, Contract Admin & Inspections for Construction
- Final Construction Inspections

www.site-eng.ca

Call or text Don: 403.597.1024

Site Engineering Technology Inc (SET Inc.)



BOOK NOW!

Bowling Birthday Packages Available!

403.782.6119

AMBASSADOR BOWLING CENTRE
5020 - 50 Street, Lacombe

JOIN THE FUN!



Coffee News

CONTEST WINNER

BARBARA BERG is our December Rural Contest Winner!

Barbara will receive a \$50 gift certificate from our contest sponsor

Boston Pizza

403.782.9988
5846 Hwy 2A, Lacombe



Looking for a personalized and **EFFECTIVE ONLINE PRESENCE** for your business?

We tailor each website and online store to reflect your unique customer base and brand identity. Wide range of options for diverse industries and budgets.

WE ARE LOCAL

COSTAIN CORP

403.597.3372 | www.costaincorp.ca



FREE!

Coffee News®


"News To Be Enjoyed Over Coffee!"

Lacombe, Blackfalds Rimbey, and Bentley Edition

403.346.4141

e-mail: coffeeneewsguy@hotmail.com
online version at coffeeneewsonline.com/canada/centralalberta

Vol. 30 No. 2:07 February 12, 2024



Everybody's Talking

Wild picnic: In Brazil, adventurous diners can enjoy their food while suspended over an enormous waterfall. A company called Rota Aventura has all the equipment set up for the experience, which includes a picnic table dangling on metal cables above Cascata da Sepultura, a large waterfall in the country's southern state of Rio Grande do Sul. Customers are carefully strapped onto the table, which is then rolled out on the cables. At a cost of \$450 USD for 15 minutes, the experience may seem a bit expensive, but how else can a tourist view a waterfall from such a great height, and eat dinner at the same time?

Lots of neighbours: Anyone who enjoys high density living does not need to look any further than the Regent International apartment building in Hangzhou, China. Originally meant to be a high-end hotel, this building now is home to about 20,000 residents, which is bigger than many small towns and cities! The giant, S-shaped, luxury building has between 36 and 39 floors, which vary by size of the building. Residents have access to many conveniences, such as swimming pools, shops, cafés, grocery stores, and a food court. Anyone who is a homebody would love it because you don't even have to leave the premises to get what you need.

Peace at last: There will finally be peace in a neighbourhood in El Masnou, Catalonia, Spain. For five years, a severely inconsiderate man constantly played very loud electronic music, despite the fact that he knew it was annoying his neighbours. People living in adjoining homes called police numerous times, complaining about noise so loud that they could feel vibrations from it. Police gave the man numerous warnings, which he never heeded. Finally, he was taken to court, where a judge gave him a one year, three-month prison term. He also was required to pay retribution to his neighbours, and is not allowed to have any kind of electronic music-related career.

Baking contest: Do you think you have the skills to run a bakery? There's a contest with a chance to win Erwin's Fine Baking and Delicatessen, owned by Robin and Shawn Haley, in Kamloops, British Columbia. The couple is challenging prospective owners to submit an essay about why they'd be good successors, along with a \$1,000 CDN entry fee. If the Haleys get 500 respondents, they'll go ahead with the contest. If not, they'll refund the money. If the contest happens, they'll choose 10 finalists, and those participating will not get their money back. The Haleys hope to find a winner who has all the skills needed to be successful in the endeavour.

Quoteable Quotes

"You cannot shake hands with a clenched fist." ~ Indira Gandhi

"The mystery of human existence lies not in just staying alive, but in finding something to live for." ~ Fyodor Dostoyevsky

What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at www.centralalbertacoffeenews.com. Please allow three to four weeks' notice.

- Looking for some fun and splashy activities for the Family Day weekend? Come to the **City of Lacombe Kinsmen Aquatic Centre** and enjoy our awesome facilities! Visit <https://lacombe.ca/180/Kinsmen-Aquatic-Centre-KAC> to learn more.
- Mary C. Moore Public Library offers a **Games Afternoon** every other Thursday afternoon in the Kinsmen Library Program Room. Games and tea provided. Free for adults. Visit the library website for complete details.

Where's Newman?

Identify the ad where "Newman" the Coffee News Guy is hidden for your chance to win.

ENTER TO Win A \$50 GIFT CERTIFICATE!

To submit your entry today, visit the contest page at www.centralalbertacoffeenews.com

Actual size of the hidden graphic: 



Trivia

1. The currency code for the Bangladeshi taka is BDT, BLS, or BTK?
2. In Britain, Boxing Day is celebrated on December 13, 26, or 31?
3. This famous sign sits on Mount Lee in California's Santa Monica Mountains (U.S.).
4. In *Peter Pan*, Captain Hook's ship is the Jolly Roger or Treasure Chest?
5. In Greek mythology, anything touched by this king turned to gold.

(Flip bottom of page for answers)

WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers. You pay nothing up front. Not all injury claims are capped.

1-800-661-4902

WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS




STAY CONNECTED WITH US ON **SOCIAL MEDIA**

Central AB **Coffee News**

Twitter: @centralalberta2
LinkedIn: @coffeeneewsc
Facebook: @coffeeneewsc
Instagram: @centralalbertacoffeenews

Follow us and leave reviews. We love to hear from our loyal readers!



JV ROOFING & Exteriors

INSURANCE CLAIMS WELCOME!

ROOFING • SIDING • FRAMING • DRYWALL • MORE

CALL US FOR YOUR FREE, NO OBLIGATION QUOTE:
587.378.7663 • www.JVRoofingSiding.com



KNOWLEDGEABLE EXPERT CUSTOMER SERVICE TEAM!

One stop shopping for all your **OFFICE SUPPLIES**

Prairie OP office plus

403.347.2286
orders@prairieop.com
www.prairieop.com

Visit our showroom!
100 - 6660 Taylor Dr., Red Deer

100% CANADIAN OWNED AND OPERATED



Local Charity, International Impact

Get involved with a charity that uses each dollar with integrity.

Helping rescue children in need in Africa.

Home of Hope.ca

Meant 4 More is a book by Red Deer author, Brian Thomson about how he started the charity, Home of Hope. Cost: \$25. homeofhope.ca/meant4more/

For more information, scan the QR code or call 403.314.1214.



OVERHEARD ABOUT Coffee News...

"We have been using *Coffee News* for five years for our local advertising. They are always very helpful, professional and accommodating to our changing needs. I recommend them for any small business!"

~ Lori Gillan, Trophy loft

For advertising info, call Matt today at **403.346.4141**



Hoping this school year will be better, is not a plan.

Sylvan Learning 403-311-6110

Sylvan Learning Tutoring 2 hours per week, IS a plan.

reddeersylvanlearning.ca

See website for specials.

K-12 Tutoring, Camps and kids' technology classes.



© Copyright 2024. No material, text or advertising may be reproduced without the express written consent of the Publisher.

PROTECT YOUR INVESTMENT!
Don't let your paint, exterior and interior surfaces take a beating. Explore a variety of protective films perfect for any application.

FREE ESTIMATES!

AAA FILMS AND AUTO

403.598.6937
aaafilmscanada@gmail.com
www.aaafilms.ca

COMMERCIAL FLAT GLASS FILMS
SECURITY FILM
PAINT PROTECTION FILM
AUTOMOTIVE DETAILING PACKAGES

Communities in Mind

Co-op is working with the Mental Health Foundation to raise funds for mental health services in your community.

Donate at your local Co-op food store, gas bar, liquor store, home centre, or scan the QR code to **DONATE TODAY!**

CO-OP Mental Health Foundation

Recover Up

Rewrite the narrative of addiction in your family.

Join us for a virtual family recovery meeting. Scan the QR code to join.

Biweekly Wednesdays
1877.991.2737
pepsociety.ca

Make Your Special Occasion Unforgettable with

ARROW LIMOUSINE
SEDAN AND PARTY BUS LTD.

Call 403-346-0034 to reserve

PROUDLY SERVING RED DEER & AREA

Does Your Loved One Need Some TLC?

Daytime Respite • Errand Services
Light Housekeeping • Laundry
Grocery Shopping • Meal Prep
Medication Assistance/Reminders
Prescription Pick Up
Escort to Appointments

BOOK A MEET AND GREET WITH TAMMY TODAY!

Tammy Bourdon
Certified Health Care Aide

Call 587-876-4417 *JLL Senior Services*

Leverage the power of social media to **AMPLIFY YOUR BRAND ONLINE**

We harness Instagram, Facebook, LinkedIn, Twitter (X), and TikTok as strategic tools to spotlight your brand's unique identity.

Wide range of options for diverse industries and budgets.

COSTAIN CORP.
403.597.3372 | www.costaincorp.ca

Available for 2024: Limited

BOGO MEMBERSHIPS

LACOMBE GOLF & COUNTRY CLUB

Office 403.782.3956
www.golflacombe.com

18 holes | Driving Range | Pro Shop | Dining Room

FOR MORE DETAILS, PLEASE EMAIL kerryward@golflacombe.com

NOW BOOKING for Weddings, Anniversaries, Christmas Parties, Corporate Events and more!

QUALITY AND AFFORDABILITY SINCE 2001

Quest Signs & Decals Inc.

403.346.1011
office@questsigns.ca | www.questsigns.ca
#6, 7476-49 Avenue, Red Deer

Exterior Signage
Channel Letters (Lit & Unlit)
Custom Shapes
Vehicle Graphics
Custom Pylon Signs
Retro-fit to LED

Your Weekly Horoscope

ARIES

(March 20 – April 19)



At the beginning of the week, you may find you have plenty of energy to push forward on your goals. Don't doubt your abilities. Courage could be key for you now. Lucky numbers: 5, 24, 26, 29, 39, 46.

TAURUS

(April 20 – May 20)



You may find yourself very busy and stressed at week's end. Things might be a bit overwhelming right now, but watch for new, unexpected opportunities. Lucky numbers: 12, 16, 26, 28, 35, 41.

GEMINI

(May 21 – June 20)



At week's end, you may find yourself changing your mind about something several times. If you need to make a decision about it, you might want to wait a few days. Lucky numbers: 4, 6, 10, 25, 37, 47.

CANCER

(June 21 – July 21)



Cancers often direct their efforts toward those in their immediate circle. For the next few weeks, perhaps consider making an adjustment to support the wider human family. Lucky numbers: 2, 10, 13, 14, 21, 44.

LEO

(July 22 – Aug. 22)



Over the next few weeks, you may find yourself frustrated and irritable. To break the stalemate, perhaps consider how to better align your values with your endeavours. Lucky numbers: 9, 16, 38, 39, 40, 44.

VIRGO

(Aug. 23 – Sept. 22)



As Virgos mature, service to others often becomes an important focus. A change in your view about something could mean that such an opportunity surfaces now. Lucky numbers: 11, 12, 17, 18, 26, 40.

LIBRA

(Sept. 23 – Oct. 22)



Are you feeling a "slow burn" with someone right now? If you can keep control of your temper, this might be a good time to work out the issue. Lucky numbers: 8, 18, 22, 27, 41, 47.

SCORPIO

(Oct. 23 – Nov. 21)



For the next month or so, you may encounter challenges regarding finances or relationships. Might the universe be using these matters to encourage a transformation for you? Lucky numbers: 6, 13, 18, 19, 24, 27.

SAGITTARIUS

(Nov. 22 – Dec. 20)



You might find the line blurring between friendship and romance with someone in your life. You may want to wait a month to clarify which is the right choice for you. Lucky numbers: 3, 5, 13, 32, 39, 41.

CAPRICORN

(Dec. 21 – Jan. 19)



Capricorns often focus on projects that bring personal success. Over the next few weeks, an opportunity may emerge that encourages you to expand your efforts to others. Lucky numbers: 1, 3, 5, 24, 25, 37.

AQUARIUS

(Jan. 20 – Feb. 18)



For the next month, you may be willing to fight to accomplish goals that are aligned with your values and beliefs. How might you recruit others to help in your cause? Lucky numbers: 7, 13, 19, 21, 38, 42.

PISCES

(Feb. 19 – March 19)



This week may be a good time to launch a new creative project or activity that you may have been hesitant to begin. Your intuition could be channelled into this endeavour. Lucky numbers: 10, 17, 20, 22, 33, 36.

Lucky numbers this week: This week's odds favour Aries winners, with the luckiest number being 39.

Did You Know...

Hot and dry: The Sahara Desert in northern Africa is huge, covering about 25 per cent of the continent's land. A large portion of this hot desert is covered by sand dunes; such areas are known as "ergs."

Ancient philosophy: Some people use the Chinese philosophy of *feng shui* when decorating, wanting to create harmony in the home. Translated to English, *feng* means "wind" and *shui* means "water."

Quite quilly: Porcupine quills are made of keratin, like human hair but more rigid. Each quill has muscle at its base. When threatened, the porcupine can make them stand up. Like human hair, porcupine quills shed.

Do not eat: Seeing deer in your yard is great, but not if they are eating your plants. Gardeners can thwart the animals by planting bee balm, Japanese painted ferns, lungwort, and others that deer usually avoid.

La or le: French uses feminine (la) or masculine (le) articles. With few exceptions, countries whose French names end in "e" are feminine, the rest masculine: la Bolivie (Bolivia) and la Côte d'Ivoire (Ivory Coast).

On the Lighter Side

Laugh and the world laughs with you. Cry, and your mother takes your temperature.

Teacher: "Tell me something that did not exist 50 years ago."
Student: "Me!"

Knock! Knock! *Who's there?* To. *To who?* No, it's "to whom?"
In a tank, one goldfish asks the other, "Do you know how to drive this thing?"

What do nuclear scientists eat for dinner? Fission Chips.

Answers

4. Jolly Roger S. Midas
Trivia answers: 1. BDT 2. 26 3. Hollywood Sign

© Published with permission by Costain Corp.
For available franchise opportunities, visit www.coffeenewsCanada.com

NEED TO DETOX?
DRUG TEST SUPPLIES
NUMEROUS CANNABIS ACCESSORIES

HEMPNSTUF
403-342-HEMP (4367)
5211 GAETZ AVENUE, RED DEER. OPEN 10 AM-11 PM EVERY DAY

February 14
Happy Valentine's Day

From Your Friends at **Coffee News**

FLAGS ★ FLAGS

Provincial
International
Military • Novelty
Flag Poles

5215-54 Avenue, Red Deer
403.340.0109 • cyrher@gmail.com

C & R ENDEAVORS LTD.

SOAPY'S
CAR WASH
Touchless Now Open!
4876 - 46 St Lacombe

New Name – Same Great Service, Location and Owner!

WOLF CREEK AUTO GLASS
FORMERLY SPEEDY AUTO GLASS

403-782-7232
wolfcreekautoglass.com
Bay #3, 5098 Wolf Creek Drive Lacombe

This Space Is Available

Book NOW to ensure a spot in upcoming issues

Call Matt now at **403.346.4141**

BLACK DOG DRILLING INC.

UNDER NEW OWNERSHIP

- Water Wells and Geothermal for Acreages, Farms and Recreational Properties
- Tie-Ins and Abandonments
- Shock Chlorination, Testing and Water Sample Service
- Pump and Pressure - Service and Installs

1-888.396.6389 | www.blackdogdrilling.com

BLACKFALDS 5004 Broadway Avenue 403.600.0061

4 GREAT LOCATIONS

LACOMBE #4, 4425 Heritage Way 403.786.1776

Mullet's BARBER SHOP

BEER AND A HAIRCUT \$30

Download Our App! Google Play App Store

Call or book online at mulletbarbershop.com