

Are your ducks all in a row...?

Offering years of paralegal experience to assist you by preparing documents such as:

- Last Will and Testament
- Enduring Power of Attorney
- Personal Directives

RATES AS LOW AS \$150 FOR WILLS

WILLPOWER WILLS
EXPERIENCED. DEDICATED. KNOWLEDGEABLE.

780-418-7611
Call Terri today for a FREE consult.

TERRI BRUNNING

780-651-7362 Located in the Enjoy Centre, Entrance 4 - 101 Riel Drive, St. Albert

Wild Earth Bakery
www.wildearthbakery.com

We've been around for a while and we've seen a lot over the years. The world keeps changing, but Wild Earth keeps baking.

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

TileTown 50 years
Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF** All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343
11478-156th St., Edmonton • 780-451-7744

Injured? Now What? We Help - A Lot!

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

WIN one of three \$400 prepaid Visa cards awarded monthly

Scan Once Weekly for Max. Entries

YOUR CONTACT INFORMATION IS SAFE WITH US!

For contest rules and recent winners, visit www.accidentinjurylawyer.com/coffeenews

Window Coverings That Reflect Your Style

From inspiration to installation, our team of professionals collaborate with you to deliver beautiful window treatments.

BLINDS & SHADES • SHUTTERS • CUSTOM DRAPERY

108-25 Chisholm Avenue, St. Albert

BENCHMARK WINDOW FASHIONS

833.330.0265 | sales@bmark.ca | bmark.ca

NOW ALSO OFFERING WALL PAPER!

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP: **1-844-453-5372**

WIPE OUT INFLATION, GET THE CREDIT!

FREE! New Issue Every Week!

Coffee News®
"News To Be Enjoyed Over Coffee"

St. Albert Edition

780-220-6397

www.coffee-news.ca

Est. 1988

The World's #1 Restaurant Publication!

Where your pet gets a vacation too!

BlackPaws Pet Resort & RV Storage

Why choose us for your dog boarding needs?

- Acres of play areas! • Group play all day!
- Large private indoor/outdoor rooms for each dog, or up to a family of 3!
- Management on-site 24/7

26106 Twp Rd 552, Sturgeon County
780.984.5718 | blackpawspetresort.ca

BOOK TODAY...your pet will thank you!

Less dogs, more space... a tired dog is a good dog!

Vol. 21 No. 7 February 12, 2024

Everybody's Talking

Wild picnic: In Brazil, adventurous diners can enjoy their food while suspended over an enormous waterfall. A company called Rota Aventura has all the equipment set up for the experience, which includes a picnic table dangling on metal cables above Cascata da Sepultura, a large waterfall in the country's southern state of Rio Grande do Sul. Customers are carefully strapped onto the table, which is then rolled out on the cables. At a cost of \$450 USD for 15 minutes, the experience may seem a bit expensive, but how else can a tourist view a waterfall from such a great height, and eat dinner at the same time?

Lots of neighbours: Anyone who enjoys high density living does not need to look any further than the Regent International apartment building in Hangzhou, China. Originally meant to be a high-end hotel, this building now is home to about 20,000 residents, which is bigger than many small towns and cities! The giant, S-shaped, luxury building has between 36 and 39 floors, which vary by side of the building. Residents have access to many conveniences, such as swimming pools, shops, cafes, grocery stores, and a food court. Anyone who is a homebody would love it because you don't even have to leave the premises to get what you need.

Peace at last: There will finally be peace in a neighbourhood in El Masnou, Catalonia, Spain. For five years, a severely inconsiderate man constantly played very loud electronic music, despite the fact that he knew it was annoying his neighbours. People living in adjoining homes called police numerous times, complaining about noise so loud that they could feel vibrations from it. Police gave the man numerous warnings, which he never heeded. Finally, he was taken to court, where a judge gave him a one-year, three-month prison term. He also was required to pay retribution to his neighbours, and is not allowed to have any kind of electronic music-related career.

Baking contest: Do you think you have the skills to run a bakery? There's a contest with a chance to win Erwin's Fine Baking and Delicatessen, owned by Robin and Shawn Haley, in Kamloops, British Columbia, Canada. The couple is challenging prospective owners to submit an essay about why they'd be good successors, along with a \$1,000 CDN entry fee. If the Haleys get 500 respondents, they'll go ahead with the contest. If not, they'll refund the money. If the contest happens, they'll choose 10 finalists, and those participating will not get their money back. The Haleys hope to find a winner who has all the skills needed to be successful in the endeavour

Quoteable Quotes

"You cannot shake hands with a clenched fist." —Indira Gandhi

"The mystery of human existence lies not in just staying alive, but in finding something to live for." —Fyodor Dostoyevsky

What's Happening

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

WHY RENT ...when you can BUY?

You may be financially ready – and don't even know!

Call George about **real solutions** to build equity:

780.982.4247

www.georgevandewalle.com

GEORGE VAN DE WALLE

Jennifer Miles, Agent

125-15 Circle Dr
St. Albert AB T8N 3Y7
780-460-2279
www.jmilesinsurance.com

Desjardins Insurance

Desjardins Insurance refers to Certas Home and Auto Insurance Company, underwriter of automobile and property insurance or Desjardins Financial Security Life Assurance Company, underwriter of life insurance and living benefits products.

Desjardins, Desjardins Insurance and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec, used under licence.

PROMOTIONAL & PRINTING

OUI PRINT.COM

YOU THINK IT, OUI PRINT IT.

780 865 3212

Wishing my Morinville-St. Albert constituents a very Merry Christmas

Dale Nally, MLA

MORINVILLE - ST. ALBERT

780-572-6161
Morinville.StAlbert@assembly.ab.ca

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

Auto Sales:

- ✓ Shop with total confidence ✓ Financing available
- ✓ Large selection of pre-owned cars
- ✓ We also buy cars – inquire for details!

CANADIAN AUTO REMARKETING

780.569.0654
#109-25 Chisholm Ave., St. Albert

WWW.CANADIANAUTOREMARKETING.CA

Where excitement and eco-friendly rides collide

Now Open

E Scooters
E Cycles

BOOT-N-SCOOTER

2530 Tudor Glen, St. Albert | bootnscooters.com

Tues-Thurs, 10 am - 7 pm | Fri, 10 am - 6 pm | Sat, 10 am - 5 pm

FREE DEMO RIDES Thursdays at 7 pm. Register at 6:30 pm

Trivia

1. The currency code for the Bangladeshi taka is BDT, BLS, or BTK?
2. In Britain, Boxing Day is celebrated on December 13, 26, or 31?
3. This famous sign sits on Mount Lee in California's Santa Monica Mountains (U.S.).
4. In Peter Pan, Captain Hook's ship is the Jolly Roger or Treasure Chest?
5. In Greek mythology, anything touched by this king turned to gold.

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

one bite technology.ca
 2002 Tudor Glen, St. Albert
 587-290-0200

iPhone / iPad repairs & support
 Device sales

Mac + PC repairs & support

Bring this ad in for 10% OFF REPAIRS!

Everitt GARDENS
 An OPTIMALIVING Community

Let us welcome you home™
 780-569-2273
 everittgardens.ca

Scan or call to book your visit

125 Everitt Drive North, St. Albert

Independent Senior Living
 Supportive Senior Living
 Private Memory Care

FOR ALL YOUR SEWER, PLUMBING, HEATING & GASFITTING NEEDS

- Plumbing Repairs, Maintenance & Renovations
- Hot Water Tanks
- Plumbing Fixtures
- Furnace Install & Repair ...and more!

GUARANTEED EXCELLENCE
 and 24 HR. SERVICE BY PROFESSIONAL TRADESMEN

ADG KABAN SEWER & DRAIN LTD.

Supporting and Serving St. Albert and Surrounding Areas For Over 27 Years

Troy 780.498.6888 Cell. LICENSED • BONDED • INSURED
 780.458.9778 | www.adgplumbing.com

Enjoy the Benefits of Optimized Foot Health!

Providing in-home, therapeutic and diabetic nursing foot care to seniors and all ages in Edmonton.

Book an appointment with one of our qualified nurses today.

SCAN FOR AN APPOINTMENT

All Soles FOOTCARE 780-298-0372
 www.allsoles.ca

Helping People Live Their Best Life Possible

ComForCare HOME CARE

Please contact us for all your Home Care needs

780-733-4495

Security Services You Can Trust

Canadian Pardons
 USA Entry Waivers
 Fingerprinting • Notary Public
 Commissioner of Oaths

CANADA SECURITY SERVICES

Unit 7, 9363-50 St. NW Edmonton AB T6B 2L5
 780.488.1134 • www.abpardons.ca
 www.canadasecurityservice.ca

UH-OH!

DON'T WORRY - We repair damage to leather, vinyl, plastic and fabric.

COLORGlo
 NORTH EDMONTON

For a free estimate, call 780.239.7917

AUTOMOTIVE | COMMERCIAL | RECREATIONAL | RESIDENTIAL

Weekly • Bi-Weekly • Monthly • One-Time Cleaning

We do one thing - Clean!

Professional and personalized cleaning service:
 Residential & Commercial Cleaning
 Detail Cleaning • Basic Cleaning
 Move In/Move Out
 New Construction

Call Lynn today for a free quote:
 780.721.6789
 www.youhaveitmaid.ca

2023 QUALITY BUSINESS AWARDS WINNER

YOU HAVE IT MAID CLEANING SERVICES

Your Weekly Horoscope

ARIES (March 20 - April 19)

At the beginning of the week, you may find you have plenty of energy to push forward on your goals. Don't doubt your abilities. Courage could be key for you now. Lucky numbers: 5, 24, 26, 29, 39, 46.

TAURUS (April 20 - May 20)

You may find yourself very busy and stressed at week's end. Things might be a bit overwhelming right now, but watch for new, unexpected opportunities. Lucky numbers: 12, 16, 26, 28, 35, 41.

GEMINI (May 21 - June 20)

At week's end, you may find yourself changing your mind about something several times. If you need to make a decision about it, you might want to wait a few days. Lucky numbers: 4, 6, 10, 25, 37, 47.

CANCER (June 21 - July 21)

Cancers often direct their efforts toward those in their immediate circle. For the next few weeks, perhaps consider making an adjustment to support the wider human family. Lucky numbers: 2, 10, 13, 14, 21, 44.

LEO (July 22 - Aug. 22)

Over the next few weeks, you may find yourself frustrated and irritable. To break the stalemate, perhaps consider how to better align your values with your endeavours. Lucky numbers: 9, 16, 38, 39, 40, 44.

VIRGO (Aug. 23 - Sept. 22)

As Virgos mature, service to others often becomes an important focus. A change in your view about something could mean that such an opportunity surfaces now. Lucky numbers: 11, 12, 17, 18, 26, 40.

LIBRA (Sept. 23 - Oct. 22)

Are you feeling a "slow burn" with someone right now? If you can keep control of your temper, this might be a good time to work out the issue. Lucky numbers: 8, 18, 22, 27, 41, 47.

SCORPIO (Oct. 23 - Nov. 21)

For the next month or so, you may encounter challenges regarding finances or relationships. Might the universe be using these matters to encourage a transformation for you? Lucky numbers: 6, 13, 18, 19, 24, 27.

SAGITTARIUS (Nov. 22 - Dec. 20)

You might find the line blurring between friendship and romance with someone in your life. You may want to wait a month to clarify which is the right choice for you. Lucky numbers: 3, 5, 13, 32, 39, 41.

CAPRICORN (Dec. 21 - Jan. 19)

Capricorns often focus on projects that bring personal success. Over the next few weeks, an opportunity may emerge that encourages you to expand your efforts to others. Lucky numbers: 1, 3, 5, 24, 25, 37.

AQUARIUS (Jan. 20 - Feb. 18)

For the next month, you may be willing to fight to accomplish goals that are aligned with your values and beliefs. How might you recruit others to help in your cause? Lucky numbers: 7, 13, 19, 21, 38, 42.

PISCES (Feb. 19 - March 19)

This week may be a good time to launch a new creative project or activity that you may have been hesitant to begin. Your intuition could be channeled into this endeavour. Lucky numbers: 10, 17, 20, 22, 33, 36.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 39.

Did You Know...

Hot and dry: The Sahara Desert in northern Africa is huge, covering about 25 percent of the continent's land. A large portion of this hot desert is covered by sand dunes; such areas are known as "ergs."

Ancient philosophy: Some people use the Chinese philosophy of *feng shui* when decorating, wanting to create harmony in the home. Translated to English, *feng* means "wind" and *shui* means "water."

Quite quilly: Porcupine quills are made of keratin, like human hair but more rigid. Each quill has muscle at its base. When threatened, the porcupine can make them stand up. Like human hair, porcupine quills shed.

Do not eat: Seeing deer in your yard is great, but not if they are eating your plants. Gardeners can thwart the animals by planting bee balm, Japanese painted ferns, lungwort, and others that deer usually avoid.

La or le: French uses feminine (*la*) or masculine (*le*) articles. With few exceptions, countries whose French names end in "e" are feminine, the rest masculine: *la* Bolivie (Bolivia) and *la* Côte d'Ivoire (Ivory Coast).

On the Lighter Side

Laugh and the world laughs with you. Cry, and your mother takes your temperature.

Teacher: "Tell me something that did not exist 50 years ago."
 Student: "Me!"

Knock! Knock! *Who's there?* To. *To who?* No, it's "to whom?"

In a tank, one goldfish asks the other, "Do you know how to drive this thing?"

What do nuclear scientists eat for dinner? Fission Chips.

Answers

Trivia answers: 1. BDT 2. 26 3. Hollywood Sign 4. Jolly Roger 5. Midas

For available franchise opportunities - visit coffeenewscanada.com
 © Published with Permission by Capital Marketing Ltd

Do you have a favourite quilt that needs repair?

Longarm Quilting Services

Offering a variety of quilting services

- Longarm Quilting • Digital Edge2Edge
- Competitive Rates
- Friendly Environment

780.554.1350 | reidse@shaw.ca

Grand Alaskan Cruise & Tour

12 DAYS: MAY-SEPT 2024 DEPARTURES

Starting at \$2149 \$1899 USD

YMT vacations 1-844-263-7038
 USE PROMO CODE: YMT2024

Price per person based on double occupancy plus \$299 tax service/gov't fees. Ask your Travel Consultant for terms & conditions. Add-on airfare with transfers available from most major gateways. Call for details.

IS ADVENTURE ON YOUR BUCKET LIST?

The Dive Outfitters
 Scuba Diving & Snorkeling
 780.483.0044
 11781-156 St., Edmonton

Learn to Scuba Dive
 Ask about our Buddy Special

Discover Snorkeling
 1-Hour Lesson at the Pool!
 Snorkeling Sets for the Family

www.thediveoutfitters.ca
 SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

THE ONE STOP DESTINATION FOR ALL YOUR CAR NEEDS

Complete Automotive Service Repairs:

- ✓ We sell summer and winter tires ✓ Tune-ups
- ✓ Lube/Oil/Filter Services ✓ Wheel Alignments
- ✓ Vehicle Inspections ✓ A/C Recharge and Repairs

CANADIAN AUTO REMARKETING
 780.569.0654
 #109-25 Chisholm Ave., St. Albert

WWW.CANADIANAUTOREMARKETING.CA

Don't let your past dictate your future

Top five reasons to petition for a criminal pardon:

- Eliminate employment barriers
- Restore your civil rights
- Reduce impact on housing applications
- Increase travel opportunities
- Peace of mind

CLÉMENT-LAURIE & ASSOCIATES. INC.

Facilitators: • Pardons • Clemency • U.S. Visas • Immigration
 • Oath Certifications • Transition Services • Apostille

613.808.9044 | rayoclement@gmail.com

CALL FOR A FREE 15 MINUTE CONSULT

We Pay CASH For Your Scrap Metal!

Yes! We accept ALL scrap metals

RICHMOND STEEL RECYCLING

16610-129 Avenue NW, Edmonton @ f l n i
 587.689.3100 | richmondsteel.ca

BRING THIS AD IN WITH YOUR SCRAP AND GET \$5/NT MORE ON STEEL SCRAP AND/OR 0.05/LBS MORE ON COPPER SCRAP

PAWNSTERS INC.
 YOUR LOCAL PAWN SHOP

SCAN TO VIEW OUR LATEST INVENTORY

Tues-Sat, 10:30-6 | Sun, 12-5
 322 McLeod Ave., Spruce Grove
www.pawnsters.ca 587.461.1798

BUY • SELL LOAN

Now accepting new patients!

Green Grove DENTAL

- Invisalign
- Sedation Options
- Same-Day Crowns
- Implants
- Financing Options
- Comfort Menu

780.458.2178
 Located by Drayden Insurance
 greengrovedentist.com

Google ★★★★★