

PLEASE ASK US FOR STARTER PACK

200+ Delicious Meals Made for SENIORS!

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery*
- ✓ No Obligations
- ✓ No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!
780-666-2336
 TF: 1-800-704-4779

HEART TO HOME MEALS
 DELICIOUS MEALS MADE FOR SENIORS™
 www.hearttohomemeals.ca

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Devon - Calmar Edition
780-220-6397

www.coffee-news.ca

Vol. 21 No. 7 February 12, 2024

WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

1-800-661-4902
 WhiplashInformationCentre.com

Braithwaite Boyle
Injury Law 800-440-8298

It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

WOMENS WORKWEAR

www.womensworkwear.ca

Workwear Built For Women

STORE NOW OPEN!
 5403 Gateway Blvd NW, Edmonton
Enjoy The Experience

HOME 93.1 FM
 LEDUC'S BEST COUNTRY

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call **780-220-6397**

Everybody's Talking

Wild picnic: In Brazil, adventurous diners can enjoy their food while suspended over an enormous waterfall. A company called Rota Aventura has all the equipment set up for the experience, which includes a picnic table dangling on metal cables above Cascata da Sepultura, a large waterfall in the country's southern state of Rio Grande do Sul. Customers are carefully strapped onto the table, which is then rolled out on the cables. At a cost of \$450 USD for 15 minutes, the experience may seem a bit expensive, but how else can a tourist view a waterfall from such a great height, and eat dinner at the same time?

Lots of neighbours: Anyone who enjoys high density living does not need to look any further than the Regent International apartment building in Hangzhou, China. Originally meant to be a high-end hotel, this building now is home to about 20,000 residents, which is bigger than many small towns and cities! The giant, S-shaped, luxury building has between 36 and 39 floors, which vary by side of the building. Residents have access to many conveniences, such as swimming pools, shops, cafes, grocery stores, and a food court. Anyone who is a homebody would love it because you don't even have to leave the premises to get what you need.

Peace at last: There will finally be peace in a neighbourhood in El Masnou, Catalonia, Spain. For five years, a severely inconsiderate man constantly played very loud electronic music, despite the fact that he knew it was annoying his neighbours. People living in adjoining homes called police numerous times, complaining about noise so loud that they could feel vibrations from it. Police gave the man numerous warnings, which he never heeded. Finally, he was taken to court, where a judge gave him a one-year, three-month prison term. He also was required to pay retribution to his neighbours, and is not allowed to have any kind of electronic music-related career.

Baking contest: Do you think you have the skills to run a bakery? There's a contest with a chance to win Erwin's Fine Baking and Delicatessen, owned by Robin and Shawn Haley, in Kamloops, British Columbia, Canada. The couple is challenging prospective owners to submit an essay about why they'd be good successors, along with a \$1,000 CDN entry fee. If the Haleys get 500 respondents, they'll go ahead with the contest. If not, they'll refund the money. If the contest happens, they'll choose 10 finalists, and those participating will not get their money back. The Haleys hope to find a winner who has all the skills needed to be successful in the endeavour

Quoteable Quotes

"You cannot shake hands with a clenched fist." —*Indira Gandhi*
 "The mystery of human existence lies not in just staying alive, but in finding something to live for." —*Fyodor Dostoyevsky*

What's Happening

Feb 23 - After Dark Night Market The Alt After Dark Night Market is a monthly night market. With 35 local alternative vendors, artists and distilleries you are sure to find something unique and wonderful. 8426 Gateway Blvd 7pm-11pm

Feb 11 - Art and Craft Market Devon Community Centre, 20 Haven Avenue, Devon, 12-4 pm; variety of handmade items and live music

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit **www.coffee-news.ca**

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Canada's **HEALTHY Choice for Pets!**

GLOBAL PET FOODS

SENIORS' DAY last Tuesday of every month
 Save **15%**
Restrictions may apply. Inquire in store.

5103 - 50 Avenue, Leduc
 780-980-8711 • www.globalpetfoods.com

Pregnant? Facing Difficult Decisions?

We can help.
 Call **780.421.1177** or text **587.596.5380**

A Small Miracle Adoption
Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE
 BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP
 780.962.5220 | www.giftsandgadgets.ab.ca

SHOP ONLINE!
www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters
 Scuba Diving & Snorkeling
 11781-156 St., Edmonton 780.483.0044

Learn to SCUBA DIVE at our Edmonton location - call for details

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

YOU DON'T HAVE TO STRUGGLE ALONE

Grief support for any type of loss including death, divorce, pet loss, health or financial changes, etc.

Youth counselling for ages 14-24
 Certified Child and Youth Counsellor, with 12 yrs. experience in the field.

Intentional Connections
 WELLNESS SERVICES
 780.781.0302
 janelle@icws.ca | www.icws.ca
Payment plans available; set amount of sliding scale spots per year for each service offered.

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jewellers

780.968.0040
 Main Street, Stony Plain
 www.bluediamondjewellers.com

Don't delay your pet's care!

Southfork Animal Hospital is accepting new clients.

Call us at **587 274 0026**

Southfork Animal Hospital
 101-102 Southfork Drive, Leduc, AB

Edward Jones

At Edward Jones, we do money differently.

Garet Wood
 Financial Advisor
 780-679-2220
 www.edwardjones.ca/ca-en/financial-advisor/garet-wood

- Planning for Retirement
- Wealth Strategies
- Business Owner Strategies

Let's talk

Coffee News is proud to support **Make-A-Wish® Canada**

Transform lives, one wish at a time.

Make-A-Wish.
 Visit makeawish.ca

✓ Home Goods
 ✓ Camping Equipment
 ✓ Sporting Goods
 ✓ Jewelry
 ✓ Instruments ✓ Tools

NOW OPEN

DVD PAWN & LOANS 587.474.9420

www.dvdpawnloans.com | @dvdpawnbeaumont

103, 5001-30 AVENUE, BEAUMONT

Trivia

1. The currency code for the Bangladeshi taka is BDT, BLS, or BTK?
2. In Britain, Boxing Day is celebrated on December 13, 26, or 31?
3. This famous sign sits on Mount Lee in California's Santa Monica Mountains (U.S.).
4. In Peter Pan, Captain Hook's ship is the Jolly Roger or Treasure Chest?
5. In Greek mythology, anything touched by this king turned to gold.

(Flip bottom of page for answers)

www.3bsflowers.com 780-968-6938

Rural Delivery
Flowers
Houseplants
Weddings
Memorials
Mother's Day

THREE B'S
FLOWERS

SCAN ME!

Call today to book your appointment!

We only want to make you SMILE

Millet Denture Clinic
780.387.3311 • 5022 - 50 Street, Millet
BARB UNGER, DD • barb@milletdenture.ca

For All Your Real Estate Needs, Call Bonnie!

780-995-0155
bonniecampbell.remax@gmail.com
www.superproperties.ca

RE/MAX PREFERRED CHOICE

Bonnie Campbell
REAL ESTATE AGENT - OVER 24 YRS. EXPERIENCE
NOT INTENDED TO SOLICIT PROPERTIES ALREADY LISTED FOR SALE

Locally Owned. Genuinely Canadian.

Home hardware

Al & Claire Emerson Dealer-Owners

780.987.3325 | 24 Athabasca Ave., Devon

Alberta's Best SENIORS' INTERNET PLAN

- \$70/MONTH - VERY FAST SPEED, UNLIMITED USAGE
- FREE HOME PHONE SERVICE
- FREE NETWORK PROTECTION

NORTHERN LIGHTS FIBER

FREE HOME PHONE! SIGN UP TODAY!

NORTHERNLIGHTSFIBER.CA

Groggy mornings?

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

Free month trial then only \$1 a month

RISE UP

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

Need ONE More Reason to Join?

- 1 You don't have an up to date will
- 2 You don't understand the difference between a trust and a will
- 3 The CRA selects you for an audit
- 4 You need a letter written on your behalf by a lawyer
- 5 You receive a speeding ticket
- 6 You need a lawyer's advice on any matter

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!

LegalShield 1-877-579-9449

Your Weekly Horoscope

ARIES (March 20 - April 19)

At the beginning of the week, you may find you have plenty of energy to push forward on your goals. Don't doubt your abilities. Courage could be key for you now. Lucky numbers: 5, 24, 26, 29, 39, 46.

TAURUS (April 20 - May 20)

You may find yourself very busy and stressed at week's end. Things might be a bit overwhelming right now, but watch for new, unexpected opportunities. Lucky numbers: 12, 16, 26, 28, 35, 41.

GEMINI (May 21 - June 20)

At week's end, you may find yourself changing your mind about something several times. If you need to make a decision about it, you might want to wait a few days. Lucky numbers: 4, 6, 10, 25, 37, 47.

CANCER (June 21 - July 21)

Cancers often direct their efforts toward those in their immediate circle. For the next few weeks, perhaps consider making an adjustment to support the wider human family. Lucky numbers: 2, 10, 13, 14, 21, 44.

LEO (July 22 - Aug. 22)

Over the next few weeks, you may find yourself frustrated and irritable. To break the stalemate, perhaps consider how to better align your values with your endeavours. Lucky numbers: 9, 16, 38, 39, 40, 44.

VIRGO (Aug. 23 - Sept. 22)

As Virgos mature, service to others often becomes an important focus. A change in your view about something could mean that such an opportunity surfaces now. Lucky numbers: 11, 12, 17, 18, 26, 40.

LIBRA (Sept. 23 - Oct. 22)

Are you feeling a "slow burn" with someone right now? If you can keep control of your temper, this might be a good time to work out the issue. Lucky numbers: 8, 18, 22, 27, 41, 47.

SCORPIO (Oct. 23 - Nov. 21)

For the next month or so, you may encounter challenges regarding finances or relationships. Might the universe be using these matters to encourage a transformation for you? Lucky numbers: 6, 13, 18, 19, 24, 27.

SAGITTARIUS (Nov. 22 - Dec. 20)

You might find the line blurring between friendship and romance with someone in your life. You may want to wait a month to clarify which is the right choice for you. Lucky numbers: 3, 5, 13, 32, 39, 41.

CAPRICORN (Dec. 21 - Jan. 19)

Capricorns often focus on projects that bring personal success. Over the next few weeks, an opportunity may emerge that encourages you to expand your efforts to others. Lucky numbers: 1, 3, 5, 24, 25, 37.

AQUARIUS (Jan. 20 - Feb. 18)

For the next month, you may be willing to fight to accomplish goals that are aligned with your values and beliefs. How might you recruit others to help in your cause? Lucky numbers: 7, 13, 19, 21, 38, 42.

PISCES (Feb. 19 - March 19)

This week may be a good time to launch a new creative project or activity that you may have been hesitant to begin. Your intuition could be channeled into this endeavour. Lucky numbers: 10, 17, 20, 22, 33, 36.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 39.

Did You Know...

Hot and dry: The Sahara Desert in northern Africa is huge, covering about 25 percent of the continent's land. A large portion of this hot desert is covered by sand dunes; such areas are known as "ergs."

Ancient philosophy: Some people use the Chinese philosophy of *feng shui* when decorating, wanting to create harmony in the home. Translated to English, *feng* means "wind" and *shui* means "water."

Quite quilly: Porcupine quills are made of keratin, like human hair but more rigid. Each quill has muscle at its base. When threatened, the porcupine can make them stand up. Like human hair, porcupine quills shed.

Do not eat: Seeing deer in your yard is great, but not if they are eating your plants. Gardeners can thwart the animals by planting bee balm, Japanese painted ferns, lungwort, and others that deer usually avoid.

La or le: French uses feminine (*la*) or masculine (*le*) articles. With few exceptions, countries whose French names end in "e" are feminine, the rest masculine: *la* Bolivie (Bolivia) and *la* Côte d'Ivoire (Ivory Coast).

On the Lighter Side

Laugh and the world laughs with you. Cry, and your mother takes your temperature.

Teacher: "Tell me something that did not exist 50 years ago."
Student: "Me!"

Knock! Knock! *Who's there?* To. *To who?* No, it's "to whom?"

In a tank, one goldfish asks the other, "Do you know how to drive this thing?"

What do nuclear scientists eat for dinner? Fission Chips.

Answers

Trivia answers: 1. BDT 2. 26 3. Hollywood Sign 4. Jolly Roger 5. Midas

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

WEBSITES
From \$129/Month

(780) 760-6922
FRONTLINECONSULTING.CA

Let us help you with your Real Estate, Wills and Estate needs!

RIDLEY LAW

4740-50 Avenue, Calmar
780.666.2351 | diane@ridleylaw.ca

A local lawyer who lives, works and plays in our rural community

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us:
780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

Can't get to your **Coffee News**® each week?

Check out our PDF editions online! New editions are posted every Monday

Sign up here to receive email notifications of new editions. Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

inogen

CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at 1-888-998-6714

14-day risk-free trial - Return within 30 days of purchase for a full refund of purchase price.
PM2 20469 EN, EX, USA | In Only © 2023 Inogen, Inc.
3033 Common Drive, Colton, CA 95317
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

If you liked Gold Canyon Candles, you are gonna love **Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

85% SUCCESS RATE!

FOR EXPERT HELP: **1-844-453-5372**