

Can't get to your Coffee News® each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

FREE! *New Issue Every Week!*

Coffee News®

"News To Be Enjoyed Over Coffee"

Whitecourt Edition

877-553-6397

www.coffee-news.ca

Est. 1988

WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

1-800-661-4902

WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Groggy mornings?

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

Free month trial then only \$1 a month

Available on the App Store and Google Play

RISE UP

CERTIFIED IN BASIC, ADVANCED & DIABETIC FOOT CARE

Specialized+ Foot Nurse

Tracy Wheeler, LPN/FCN

call/text **780.333.3744**
sfn.tracywheeler@gmail.com

BY APPOINTMENT ONLY AT THE COMMUNITY LUNCH BOX BUILDING

- Maintain Skin Integrity
- Promote Comfort
- Prevent Foot Problems
- Maintain Mobility

Get More Traffic, Leads & Sales

Website Development
Google Ads
Facebook Advertising
Social Media Management
SEO & Content Marketing
Reporting & Analytics

Frontline web consulting

780.760.6922
frontlineconsulting.ca

Home | Auto | Business | Farm

We're in your community

780.778.3000

1 - 5024 51 Ave, Whitecourt

BrokerLink Insurance

BrokerLink.ca

©2023 BrokerLink Inc. *BrokerLink & Design is a registered trademark of BrokerLink Inc. All rights reserved.

RETIREMENT LIVING CHRISTENSON

Personalized Services • Full Kitchens • Pet Friendly

Join Our Vibrant Community

the manor
by CHRISTENSON COMMUNITIES

Social & Recreation • Independent & Care Suites

4901 - 47 Ave, Whitecourt

587-442-4090

CDLhomes.com

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

Make-A-Wish

Visit makeawish.ca

Vol. 21 No. 7 February 12, 2024

Everybody's Talking

Wild picnic: In Brazil, adventurous diners can enjoy their food while suspended over an enormous waterfall. A company called Rota Aventura has all the equipment set up for the experience, which includes a picnic table dangling on metal cables above Cascata da Sepultura, a large waterfall in the country's southern state of Rio Grande do Sul. Customers are carefully strapped onto the table, which is then rolled out on the cables. At a cost of \$450 USD for 15 minutes, the experience may seem a bit expensive, but how else can a tourist view a waterfall from such a great height, and eat dinner at the same time?

Lots of neighbours: Anyone who enjoys high density living does not need to look any further than the Regent International apartment building in Hangzhou, China. Originally meant to be a high-end hotel, this building now is home to about 20,000 residents, which is bigger than many small towns and cities! The giant, S-shaped, luxury building has between 36 and 39 floors, which vary by side of the building. Residents have access to many conveniences, such as swimming pools, shops, cafes, grocery stores, and a food court. Anyone who is a homebody would love it because you don't even have to leave the premises to get what you need.

Peace at last: There will finally be peace in a neighbourhood in El Masnou, Catalonia, Spain. For five years, a severely inconsiderate man constantly played very loud electronic music, despite the fact that he knew it was annoying his neighbours. People living in adjoining homes called police numerous times, complaining about noise so loud that they could feel vibrations from it. Police gave the man numerous warnings, which he never heeded. Finally, he was taken to court, where a judge gave him a one-year, three-month prison term. He also was required to pay retribution to his neighbours, and is not allowed to have any kind of electronic music-related career.

Baking contest: Do you think you have the skills to run a bakery? There's a contest with a chance to win Erwin's Fine Baking and Delicatessen, owned by Robin and Shawn Haley, in Kamloops, British Columbia, Canada. The couple is challenging prospective owners to submit an essay about why they'd be good successors, along with a \$1,000 CDN entry fee. If the Haleys get 500 respondents, they'll go ahead with the contest. If not, they'll refund the money. If the contest happens, they'll choose 10 finalists, and those participating will not get their money back. The Haleys hope to find a winner who has all the skills needed to be successful in the endeavour

Quoteable Quotes

"You cannot shake hands with a clenched fist." —Indira Gandhi

"The mystery of human existence lies not in just staying alive, but in finding something to live for." —Fyodor Dostoyevsky

What's Happening

- Feb 17 - Winter Carnival** Taking place in Festival Park from noon to 4pm. Come down for a free Winter Carnival in Whitecourt
- Feb 10 - Tim Hortons Community Fun Night Dance** Join us at the Allan Jean Millar Centre from 5:30-8:30pm for a free Valentine's Family Dance.
- Feb 19 - Family Day Fun** Free Family Day fun at the Westlock Rotary Spirit Centre. 9603 100 St Westlock AB

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO

Call 780-220-6397

Bring your best. We'll give you ours.

Hiring Class 1 Cement Bulk Operators and Cement Twin Operators/Supervisors.

Employee Fuel Discount, immediate benefits, RRSP matching.

TRICAN tricanwellservice.com

COLD SHOT
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES

SHIP BY BUS

GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com

Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

WOMENS WORKWEAR

www.womensworkwear.ca

Workwear Built For Women

STORE NOW OPEN!

5403 Gateway Blvd NW, Edmonton

Enjoy The Experience

200+ Delicious Meals Made for SENIORS!

PLEASE ASK US FOR STARTER PACK

NOW SERVING THIS COMMUNITY!

- Free Delivery*
- No Obligations
- No Minimum Orders*

*Some conditions apply

Request your **FREE MENU Catalogue** today!

780-666-2336

TF: 1-800-704-4779

HEART TO HOME MEALS
DELICIOUS MEALS MADE FOR SENIORS®

www.hearttohomemeals.ca

Bras don't have to be uncomfortable!

WE CAN HELP!

Romantic Notions Inc.

#30, 210 McLeod Ave., Spruce Grove

780.962.4944 | 1.855.962.4944

@romanticnotionsab

Book your appointment: www.romanticnotions.ca

- ## Trivia
- The currency code for the Bangladeshi taka is BDT, BLS, or BTK?
 - In Britain, Boxing Day is celebrated on December 13, 26, or 31?
 - This famous sign sits on Mount Lee in California's Santa Monica Mountains (U.S.).
 - In Peter Pan, Captain Hook's ship is the Jolly Roger or Treasure Chest?
 - In Greek mythology, anything touched by this king turned to gold.

(Flip bottom of page for answers)

WE BUY USED GOLD AND DIAMONDS

Blue Diamond Jeweller

780.968.0040
Main Street, Stony Plain
www.bluediamondjewellers.com

Get your refund instantly.

Walk in with your taxes and walk out with your refund.

Open year 'round. Personal, small business, corporate income tax, bookkeeping, GST and payroll services.

H&R BLOCK

780.778.3030
New address: 4723-50 Ave., Whitecourt

If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles

Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

inogen

CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at 1-888-998-6714

*14-day risk-free trial. Return within 30 days of purchase for a full refund of purchase price.
PMS20469 EN, CA, USA & Only © 2023 Inogen, Inc.
303 Cameron Drive, Golden, CO 80437
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500 YEARLY TAX CREDIT

\$30,000 LUMP SUM REFUND

COPD, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.

FOR EXPERT HELP: 1-844-453-5372

85% SUCCESS RATE!

SUPPORT YOUR SPORT

ALBERTA SNOWMOBILE EST. 1971

ONLY \$90! ...and get access to over 6,500 km of groomed trails!

CUMMINS IS NOW HIRING FOR SERVICE TECHNICIANS FOR THE FOLLOWING LOCATIONS:

Sparwood, B.C. • Hinton, AB • Kamloops, B.C. Grande Prairie, AB • Fort McMurray, AB

HOME AND LAND FOR RENT AT RIVER VALLEY ESTATES

Call 780.778.2901 for more information

Your Weekly Horoscope

ARIES (March 20 - April 19)

At the beginning of the week, you may find you have plenty of energy to push forward on your goals. Don't doubt your abilities. Courage could be key for you now. Lucky numbers: 5, 24, 26, 29, 39, 46.

TAURUS (April 20 - May 20)

You may find yourself very busy and stressed at week's end. Things might be a bit overwhelming right now, but watch for new, unexpected opportunities. Lucky numbers: 12, 16, 26, 28, 35, 41.

GEMINI (May 21 - June 20)

At week's end, you may find yourself changing your mind about something several times. If you need to make a decision about it, you might want to wait a few days. Lucky numbers: 4, 6, 10, 25, 37, 47.

CANCER (June 21 - July 21)

Cancers often direct their efforts toward those in their immediate circle. For the next few weeks, perhaps consider making an adjustment to support the wider human family. Lucky numbers: 2, 10, 13, 14, 21, 44.

LEO (July 22 - Aug. 22)

Over the next few weeks, you may find yourself frustrated and irritable. To break the stalemate, perhaps consider how to better align your values with your endeavours. Lucky numbers: 9, 16, 38, 39, 40, 44.

VIRGO (Aug. 23 - Sept. 22)

As Virgos mature, service to others often becomes an important focus. A change in your view about something could mean that such an opportunity surfaces now. Lucky numbers: 11, 12, 17, 18, 26, 40.

LIBRA (Sept. 23 - Oct. 22)

Are you feeling a "slow burn" with someone right now? If you can keep control of your temper, this might be a good time to work out the issue. Lucky numbers: 8, 18, 22, 27, 41, 47.

SCORPIO (Oct. 23 - Nov. 21)

For the next month or so, you may encounter challenges regarding finances or relationships. Might the universe be encouraging these matters to encourage a transformation for you? Lucky numbers: 6, 13, 18, 19, 24, 27.

SAGITTARIUS (Nov. 22 - Dec. 20)

You might find the line blurring between friendship and romance with someone in your life. You may want to wait a month to clarify which is the right choice for you. Lucky numbers: 3, 5, 13, 32, 39, 41.

CAPRICORN (Dec. 21 - Jan. 19)

Capricorns often focus on projects that bring personal success. Over the next few weeks, an opportunity may emerge that encourages you to expand your efforts to others. Lucky numbers: 1, 3, 5, 24, 25, 37.

AQUARIUS (Jan. 20 - Feb. 18)

For the next month, you may be willing to fight to accomplish goals that are aligned with your values and beliefs. How might you recruit others to help in your cause? Lucky numbers: 7, 13, 19, 21, 38, 42.

PISCES (Feb. 19 - March 19)

This week may be a good time to launch a new creative project or activity that you may have been hesitant to begin. Your intuition could be channeled into this endeavour. Lucky numbers: 10, 17, 20, 22, 33, 36.

Lucky numbers this week: This week's odds favour Aries winners with the luckiest number being 39.

Did You Know...

Hot and dry: The Sahara Desert in northern Africa is huge, covering about 25 percent of the continent's land. A large portion of this hot desert is covered by sand dunes; such areas are known as "ergs."

Ancient philosophy: Some people use the Chinese philosophy of *feng shui* when decorating, wanting to create harmony in the home. Translated to English, *feng* means "wind" and *shui* means "water."

Quite quilly: Porcupine quills are made of keratin, like human hair but more rigid. Each quill has muscle at its base. When threatened, the porcupine can make them stand up. Like human hair, porcupine quills shed.

Do not eat: Seeing deer in your yard is great, but not if they are eating your plants. Gardeners can thwart the animals by planting bee balm, Japanese painted ferns, lungwort, and others that deer usually avoid.

La or le: French uses feminine (*la*) or masculine (*le*) articles. With few exceptions, countries whose French names end in "e" are feminine, the rest masculine: *la* Bolivie (Bolivia) and *la* Côte d'Ivoire (Ivory Coast).

On the Lighter Side

Laugh and the world laughs with you. Cry, and your mother takes your temperature.

Teacher: "Tell me something that did not exist 50 years ago."
Student: "Me!"

Knock! Knock! *Who's there?* To. *To who?* No, it's "to whom?"

In a tank, one goldfish asks the other, "Do you know how to drive this thing?"

What do nuclear scientists eat for dinner? Fission Chips.

Answers

Trivia answers: 1. BDT 2. 26 3. Hollywood Sign 4. Jolly Roger 5. Midas

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

yes tv

FREE LIVE STREAMING COMING THIS FALL

visit yestv.com for details

We've moved... VISIT US IN OUR NEW LOCATION!

Gifts and Gadgets

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

YOUR ONE STOP KITCHEN AND GIFT SHOP

780.962.5220 | www.giftsandgadgets.ab.ca

NWT SAFETY SUPPLIES

FIRE SALES & SERVICE

EXTINGUISHER

BAY 2, 1906-4 ST. NISKU 780 955 8797
X
50 SHEP ST. SPRUCE GROVE 780 962 1778

nwtssafety.com

Pregnant? Facing Difficult Decisions?

We can help. Call 780.421.1177 or text 587.596.5380

A Small Miracle Adoption

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

www.smallmiraclesadoption.com

Get Your Meters' Calibrations Right

We are committed to proving your meters accurate and on time. Since 2003, Measurement Inc. has performed over 8,250 meter proves, so we won't be practising on yours.

MEASUREMENT INC.

780-621-2555
www.MeasurementInc.ca

PORTABLE TEST SEPARATOR RENTALS

— RELAX WHEN YOU GET AUDITED!
MY PROMISE TO YOU: "If all you want is someone cheap to tag your meters, I respectfully ask you to call someone else. Ours will be the best proving experience you have ever had. When audited you'll see the results of excellent measurement. This will be the most complete, professional proving and calibration you have ever experienced. We do the work right or we'll redo it for FREE. I guarantee it."
~ Jerry Greiner

Let Me Open the Door to Your New Home!

RE/MAX

Elva Roche REALTOR®

Cell: 780.706.1502
Bus: 780.778.6678
elvaroche29@gmail.com
www.whitecourtrealestate.com

RE/MAX advantage (whitecourt)
5114-50 St., Box 929 Whitecourt, AB T7S 1N9

SHOP ONLINE!

www.scubagearcanada.ca

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

The Dive Outfitters

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

We Need Volunteers In Your Area!

Help us to advocate for a quality of life that all Alberta seniors deserve

Alberta Council on Aging

Contact us: 780.423.7781 | 1.888.423.9666 999629

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967