

**THIS SPACE FOR RENT**

Call 780-220-6397

OR SCAN HERE FOR MORE INFO



**Get More Traffic, Leads & Sales**

SCAN ME

- Website Development
- Google Ads
- Facebook Advertising
- Social Media Management
- SEO & Content Marketing
- Reporting & Analytics

Frontline web consulting 780.760.6922 frontlineconsulting.ca

**We've moved... VISIT US IN OUR NEW LOCATION!**

**Gifts and Gadgets**

NOW AT 28-308 WESTGROVE DR., SPRUCE GROVE BEHIND MCDONALD'S

**YOUR ONE STOP KITCHEN AND GIFT SHOP**

780.962.5220 | www.giftsandgadgets.ab.ca

**Every Tuesday**

Kinsella Community Centre Kinsella, AB

**Bingo**

Doors Open 5 p.m. Bingo Starts 7 p.m.

Jackpot is at least \$1000 weekly!

**Groggy mornings?**

Imagine starting each day refreshed, ready to conquer anything!

Optimize your routine to elevate your morning and capitalize on time.

RISE UP

Free month trial then only \$1 a month

**We Need Volunteers In Your Area!**

Help us to advocate for a quality of life that all Alberta seniors deserve

**Alberta Council on Aging**

Contact us: 780.423.7781 | 1.888.423.9666

AN INDEPENDENT NON-PROFIT, CHARITABLE ORGANIZATION SINCE 1967

**THE Penny's 2 FOR 1 Pizza & Pasta BIRTHDAY CLUB**

airs at 7:45 am Monday through Friday

Call or text 780.632.6671 during the show or submit a birthday through the website page the day before <https://country106.ca/the-birthday-club/>

**CRAVING COUNTRY? 106.5 COUNTRY**

The World's #1 Restaurant Publication!

**FREE! New Issue Every Week!**

**Coffee News**

"News To Be Enjoyed Over Coffee"

Vermilion-Wainwright Edition

780-220-6397

www.coffee-news.ca

Vol. 2024 No. 8 February 19, 2024

Est. 1988

**Everybody's Talking**

**Scribbled tattoo:** When getting a tattoo, clients choose designs that vary widely and, in the end, it's "to each their own." That's likely what many people say about tattoos by German artist Mykhailo, based in Berlin. One piece of this artist's work looks more like a child's scribbles, with squiggly looking flowers on scrawled stems, along with other lines that don't seem to have any connection to anything. However, the artist first drew the design with a marker, and the client said "yes" to it before the actual inking happened. Mykhailo said he knew the work would be controversial and provocative, which it proved to be on social media.

**Not a barn:** When apartment buildings allow residents to keep pets, that's usually understood to mean dogs, cats, birds, and maybe the odd goldfish. But a retired farmer in Sichuan Province, China, pushed the limits when he brought seven calves from his country home to keep as pets on his fifth-floor balcony. The presence of the mooing, smelly animals didn't go over well with the building's other tenants, who reported the man to the authorities. Luckily, the tenants' beefs were taken seriously, and the owner of the bovines had to give up his plan to keep the cows. However, he's tried to sneak them back in!

**Hummingbird haven:** An older lady from Mexico City is known for her ability to care for injured hummingbirds. In 2012, a friend brought one of the tiny birds to Catia Lattouf de Arida. Ever since then, she has been nursing the small pollinators back to health. When she realized this was her calling, she started researching the birds, and she has become an expert in their care. When they regain their health, she takes them to an unpopulated spot outside of the city to release them back to the wild. If they are unable to fly again, she provides a home for them in the refuge she has created in her apartment.

**Close call:** A father-son kayaking duo were in the right place at the right time when they came across an overturned boat in the Thompson River in the Canadian province of British Columbia. Chris Carlson and his teen son Ben found two men holding on to the capsized boat, yelling for help. One boater could not swim and the other's foot was tangled in a rope. The kayakers retrieved the boaters' life jackets, floating nearby, and managed to pull the men to shore. The boaters had been yelling but their shouts could not be heard from the shore over a nearby restaurant's loud music. Chris is proud of Ben for staying calm during the incident.

**Quoteable Quotes**

"Act the way you'd like to be, and soon you'll be the way you act." —Leonard Cohen

"If you only read the books that everyone else is reading, you can only think what everyone else is thinking." —Haruki Murakami

**What's Happening**

**Feb 23 - After Dark Night Market** The Alt After Dark Night Market is a monthly night market. With 35 local alternative vendors, artists and distilleries you are sure to find something unique and wonderful. 8426 Gateway Blvd 7pm-11pm

**Feb 19 - Winterfest** The City of Lloydminster is hosting Winterfest 2024, presented by LA CPA LLP on Monday, February 19 from 10am to 3pm. Visit [lloydminster.ca/enrecreation-and-culture/winterfest.aspx](http://lloydminster.ca/enrecreation-and-culture/winterfest.aspx) for more info and for locations around town

NON PROFIT organizations may submit fundraising events for FREE at [www.coffee-news.ca](http://www.coffee-news.ca). Please submit a minimum of 4 weeks in advance.

**Hidden Coffee News Guy ADVENTURE**

To enter, visit [www.coffee-news.ca](http://www.coffee-news.ca)

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

Find the Coffee News Guy hidden in one of the ads, then enter to win!

**\$400\* Prize Package**

\*Coffee News Bucks

Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

**Trivia**

1. An epact is a period of time used to harmonize the solar and lunar calendars—T/F?
2. The famous cat at London's No. 10 Downing Street is Tabby, Larry, or Felix?
3. Who composed the opera Falstaff?
3. Who composed the opera Falstaff?
5. In the movie Casablanca, the cafe is called what?

(Flip bottom of page for answers)

© Published with Permission by Capital Marketing Ltd

(Over)

**Communities in Mind**

Co-op is working with the Mental Health Foundation to raise funds for mental health services in your community.

Donate at your local Co-op food store, gas bar, liquor store, home centre, or scan the QR code to DONATE TODAY!

CO-OP

Central Alberta, Cornerstone, New Horizon, South Country, Westview

Mental Health Foundation

**The Little Convenience Store**

Need snacks? ..with a whole lot more!

Drinks, household items? Lottery? Hunting/fishing licensing? Or other "Oops, I forgot" items?

We've got them!

**Confectionery 881**

CONVENIENCE STORE + MORE

5123-47 St., Mannville

780.853.7306 | www.confectionery881.ca

ICE CREAM UPGRADE

Pay for a single, get a double! When you bring in this ad

**If you liked Gold Canyon Candles, you are gonna love Sunset Scents!**

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

**PSC Prairie Scented Candles**

**Sunset Scents** a RAY of Fragrance

prairiescentedcandles@gmail.com

www.prairiescentedcandles.com

**SHOP ONLINE!**

[www.scubagearcanada.ca](http://www.scubagearcanada.ca)

- Snorkelling Gear • Reef-Safe Sunscreen
- Beach Water Shoes • Dry Bags & Wallets • UV Shirts

**The Dive Outfitters**

Scuba Diving & Snorkeling

Learn to SCUBA DIVE at our Edmonton location - call for details

11781-156 St., Edmonton 780.483.0044

SCUBAPRO | SHERWOOD | GARMIN | SHEARWATER | AKONA | HENDERSON | SEALIFE | TUSA

**Can't get to your Coffee News® each week?**

Check out our PDF editions online!

New editions are posted every Monday

Sign up here to receive email notifications of new editions.

Now you never have to miss your weekly dose of good news!

[www.coffee-news.ca/editions](http://www.coffee-news.ca/editions)

**yes tv**

**FREE LIVE STREAMING COMING THIS FALL**

visit [yestv.com](http://yestv.com) for details

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB**

1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

**Pregnant? Facing Difficult Decisions?**

We can help.

Call 780.421.1177 or text 587.596.5380

**A Small Miracle Adoption**

Adoption is the ultimate expression of a committed heart

- Confidential Pregnancy Counselling
- Support and Connection to Resources
- Adoption Information and Advice

[www.smallmiraclesadoption.com](http://www.smallmiraclesadoption.com)

Visit us on Facebook-CoffeeNewsWeekly



Happy **Family Day!**  
from your friends at **Coffee News®**

MIND • BODY • SPIRIT • SOUL  
Leading clients from the past to the present and planning for the future.

**RECHARGE With Heather**  
Mind Body Spirit

**Heather Wyard-Scott**  
MASTER COACH & HOLISTIC THERAPIST

780-581-1197  
rechargewithheather.com

**OOPS...**

Want to ensure better turnout at your next event? Submit the details of your event for inclusion in our popular "What's Happening" section!

Visit [www.coffee-news.ca](http://www.coffee-news.ca) today!

Are you a business owner/office manager? Have 3-20 employees in your office? Paying too much for your current phone system?

**We can save you up to 50% off your current phone rates!**

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

**ETTA TELECOM**  
587.760.2800  
<https://zettatelecom.com>

DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

PLEASE ASK US FOR STARTER PACK

**200+ Delicious Meals Made for SENIORS!**

NOW SERVING THIS COMMUNITY!

- ✓ Free Delivery\*
- ✓ No Obligations
- ✓ No Minimum Orders\*

\*Some conditions apply

Request your **FREE MENU Catalogue** today!  
**780-666-2336**  
TF: 1-800-704-4779

**HEART TO HOME MEALS**  
DELICIOUS MEALS MADE FOR SENIORS®  
[www.hearttohomemeals.ca](http://www.hearttohomemeals.ca)

ENCORE! WAINWRIGHT ENTERTAINMENT SOCIETY PRESENTS

**Chris Funk**

Peace Memorial Multiplex  
Refreshments 6 p.m.  
Dinner 6:45 p.m. | Show 8 p.m.

Tickets available at Bison Printing 2000 Ltd.  
410-10 St., Wainwright  
780.842.4217  
[www.wainwright-encore.ca](http://www.wainwright-encore.ca)

March 8 & 9

Alberta Foundation for the Arts

**HIP OR KNEE REPLACEMENT?**

THE DISABILITY TAX CREDIT ALLOWS FOR A

**\$2,500 YEARLY TAX CREDIT**

**\$30,000 LUMP SUM REFUND**

COPD, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

FOR EXPERT HELP:  
**1-844-453-5372**

85% SUCCESS RATE!

**WOMENS WORKWEAR**

[www.womensworkwear.ca](http://www.womensworkwear.ca)

Workwear Built For Women  
**STORE NOW OPEN!**  
5403 Gateway Blvd NW, Edmonton  
Enjoy The Experience

# Your Weekly Horoscope

**ARIES**  
(March 20 - April 19)

Over the next year, an old wound may intersect with your life purpose. You may need to reach for the courage of Aries the Ram to navigate this dynamic now. Lucky numbers: 12, 13, 16, 22, 31, 37.

**TAURUS**  
(April 20 - May 20)

You may be very busy this week. Even so, try to be on the lookout for an opportunity that could give you a chance to exhibit new leadership skills. Lucky numbers: 4, 6, 7, 17, 31, 38.

**GEMINI**  
(May 21 - June 20)

Gemini's can sometimes be a victim of having too many options. Narrowing them to those that can be successful for you and others might be helpful for you now. Lucky numbers: 13, 14, 24, 30, 36, 42.

**CANCER**  
(June 21 - July 21)

Early this week, you may have the chance for an emotional reset. If you are retreating into your shell, this might be an opportunity to set new rules of engagement. Lucky numbers: 7, 8, 13, 17, 24, 36.

**LEO**  
(July 22 - Aug. 22)

During midweek, your natural enthusiasm and charm may be heightened. Your ability to shine could provide an opportunity to secure the help of others in your endeavours. Lucky numbers: 3, 12, 38, 41, 42, 46.

**VIRGO**  
(Aug. 23 - Sept. 22)

Are you a bit overwhelmed with everything on your plate? The end of the week may be a good time to sort out what to drop and what might be best to complete now. Lucky numbers: 1, 3, 19, 23, 42, 48.

**LIBRA**  
(Sept. 23 - Oct. 22)

Others sometimes take advantage of a Libra desire to please. If this applies to you, the next year may offer an important opportunity for you to finally break this pattern. Lucky numbers: 7, 13, 16, 19, 26, 30.

**SCORPIO**  
(Oct. 23 - Nov. 21)

Your ability to obtain intuitive insights may be heightened in the next month. You might have an opportunity to incorporate more empathy into your communication style. Lucky numbers: 6, 8, 25, 27, 44, 46.

**SAGITTARIUS**  
(Nov. 22 - Dec. 20)

For the next month, you may run into obstacles in your endeavours. It might help to remember one theme for Sagittarius is egalitarianism. How does that fit into your goals? Lucky numbers: 8, 14, 17, 24, 39, 40.

**CAPRICORN**  
(Dec. 21 - Jan. 19)

Your heart and mind may be at odds early this week. Is there a win-win resolution? You might want to hold off for a few days on making an important decision. Lucky numbers: 11, 14, 28, 30, 38, 45.

**AQUARIUS**  
(Jan. 20 - Feb. 18)

A decade from now, you may look back at this time as a critical "fork in the road" moment. In choosing your path, be clear and conscious of your motivation. Lucky numbers: 2, 5, 9, 12, 42, 44.

**PISCES**  
(Feb. 19 - March 19)

Your birthday month is a good time to set goals for the next year. This time you may want to make an adjustment to incorporate your values into your endeavours. Lucky numbers: 5, 9, 11, 26, 27, 30.

Lucky numbers this week: This week's odds favour Leo winners with the luckiest number being 3.

## Did You Know...

**Deep spot:** The deepest ocean spot in the world is within the Mariana Trench, in the western Pacific Ocean. The Challenger Deep is approximately 10,935 metres (35,876 ft.) deep.

**Starting young:** American actor Burt Reynolds (1936-2018) had many television and movie roles during his acting career. Taking an acting class during college in the mid-1950s set him on the road to his well-known career.

**Mating call:** Male Gunnison sage-grouse put on quite a performance to attract a mate. They inflate air sacs on their necks, then slide the sacs under their wings and slap them together for swishing and plopping sounds.

**Tart berry:** Lingonberries are small, deep red, and quite tart. They grow in Scandinavia and northern North America. Rarely cultivated, they are harvested from the wild and used to make jams and jellies.

**Real ID:** Using a fake name when checking into a hotel in the American town of Buckeye, Arizona, is illegal. Even celebrities, who don't want to draw the attention of the public, must use their real names.

## On the Lighter Side

Flip: "Are your blinds drawn?"  
Flop: "No, they're real blinds."

Knock! Knock! *Who's there?* Colin. *Colin who?* Just Colin to see how you are doing.

Two parakeets were standing on a perch. One says, "Do you smell fish?"

Where did Robin Hood buy his flowers? Sherwood Florist.

Ceiling fans: "Wow, look at that ceiling! What a great paint job! It's so high up there!"

### Answers

**Trivia answers:** 1. True 2. Larry 3. Giuseppe Verdi 4. Tiber 5. Rick's

For available franchise opportunities - visit [coffeenewscanada.com](http://coffeenewscanada.com)  
© Published with Permission by Capital Marketing Ltd

**It's not just a generator. It's a power move.**

Receive a free 7-year warranty with qualifying purchase\* - valued at \$945.

Call 888-688-0973 to schedule your free quote!

\*Terms and Conditions apply. **GENERAC**

**COLD SHOT**  
A DIVISION OF BALWARIA EMPIRE PVT. LTD.

**PASSENGER & PARCEL SERVICES**

SHIP BY BUS  
GET YOUR REWARD CARD TO GET A FREE TICKET!  
Parcel Website: [www.coldshotca.com](http://www.coldshotca.com)  
Passenger Website: [www.coldshot.ca](http://www.coldshot.ca)

TICKETS: 587-557-7719 | PARCEL: 587-557-7718

SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

**inogen**

CLAIM YOUR **14-DAY RISK-FREE TRIAL!**

**PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE**

Call us toll-free at **1-888-998-6714**

14-day risk-free trial: Return within 30 days of purchase for a full refund of purchase price.  
PMA20489 EN, EX, USA | In Only © 2023 Inogen, Inc.  
3033 Cowan Drive, Colton, CA 95317  
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

M-F, 10-6 | Thurs, 10-8 | Sat, 11-5 | Closed Sun & Holidays

**Farmstead MARKET & MORE**

VENDOR COLLECTIVE

OVER 250 LOCAL VENDORS IN STORE!

Clothing • Jewellery  
Home Decor • Bath & Body  
Giftware • Cleaning  
Fresh Produce • Local Meats  
Pantry & Freezer Items

BISTRO

Specialty Beverages  
Fresh Baked Muffins, Cookies & Pastries  
Hot Soup and Sandwiches  
(made to order with local meat & produce)  
Grab 'n Go Options • Daily \$12 Lunch Specials

780.205.3961  
4908-50 (Main) St. Kitscoty

**Come and enjoy rural Alberta!**

We have vacancies!

- Studio suites and one bedroom couples' suites in our Lodge and one bedroom suites in our Self-Contained Manors.
- Experience fresh air and country living.

Call our office today!  
**780.853.5706**  
or contact our office at  
[admin@vdhf.ca](mailto:admin@vdhf.ca)  
[www.vdhf.ca](http://www.vdhf.ca)

5401-46 St., Vermilion

**Vermilion & District Housing Foundation**

**WHEN YOU GET PAID We Get Paid**

**WHIPLASH COMPENSATION?**

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

**1-800-661-4902**  
[WhiplashInformationCentre.com](http://WhiplashInformationCentre.com)

**Braithwaite Boyle Injury Law** 800-440-9298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary  
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

Coffee News is proud to support Make-A-Wish® Canada

Transform lives, one wish at a time.

**Make-A-Wish.**  
Visit [makeawish.ca](http://makeawish.ca)