

FREE!
Cobtbee Llews


## Euerybedy's Talking

Windy ride: For a bike ride, most people choose a calm day with not much wind to slow them down. However, anyone who likes windy rides might enjoy participating in the Dutch Headwind Time Trial Championship. Participants all ride the same type of bike: upright and with only one speed. They ride an 8.5 -kilometre (5.3-mi.) course located on the Oosterscheldekering storm barrier near the southwest city of Vrouwenpolder, Netherlands. The race originated in 2013 and is only held during storms when winds are expected to reach up to $120 \mathrm{~km} / \mathrm{h}(74 \mathrm{mph})$. Only 300 participants are allowed, and the winner is the rider who completes the course with the fastest time.

Running away: Lots of young kids hate doing their homework, but most would choose to do their school work over being sent to an orphanage. Not so for a school boy in Chongqing, China. He was so angry at his mother for pestering him to do his homework that he went to a local police station to complain. He told the police that he wanted to go to an orphanage instead of living at home. The officers helped him calm down, got his address, and contacted the parents. With the father on the way, the officers had a little chat with the boy to convince him that returning home was a better choice.
Perfectly round: In the U.S. state of Florida is a lake so round that pilots gave it the nickname "Silver Dollar Lake." Officially called Kingsley Lake, it is located in the northeastern part of the state. The flocks of people who visit the lake on the ground may not be able to see its round shape, which is obvious from the air. The perfectly round shape is not artificial, but was formed by an ancient, spring-fed sinkhole. Ringing the lake are houses and cottages, all the way around the 2 -mile ( $3.2-\mathrm{km}$ ) wide lake, which is 90 feet $(27.4 \mathrm{~m})$ deep at its centre. The homes have docks for swimming and boating
Fruit artist: Someone looking at the flowers sculpted by Vietnamese artist Nguyen Thi Thu could be forgiven for not realizing that the blooms emerge from papaya fruits. She has been practicing this traditional art for many years, with a 15 -year break when she moved to another country where green papaya was not readily available. Glad to be back in Hanoi, she picked up the art again. This time, along with sculpting primroses, lotuses, and water lilies, she challenged herself to create many different types of chrysanthemums, which is a complicated process. The artist shows her work at public events, and she also teaches classes to show others the delicate art of sculpting papaya

## Quoteable Quotes

"At some point, you've got to let go, and sit still, and allow contentment to come to you." -Elizabeth Gilbert "What wisdom can you find that is greater than kindness? -Jean-Jacques Rousseau

## What's Happenirg

Ongoing - Climate Cafe Chat about climate issues and anxieties in an informal, relaxed setting. Tea coffee are provided; please bring your own mug. 1st Tuesday of the month at the Camrose Public Library 471050 Ave

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events for FREE at www.coffee-news.ca. Please submit a
minimum of 4 weeks in advance


Trivia

1. Annulary, glove, or wedded is the medical term for the ring finger? 2. Cut, clarity, colour, and carat (the 4 Cs ) refer to what stone?
2. The scientific name for a bird's wishbone is furcula, tibia, or aloha? 4. The spots on dice are called what?
3. Herpetophobia is the fear of foot pain, freckles, or reptiles?

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## Your Weekly Horrascape

aries
(March 20 - April 19) For the next several weeks,
be careful of impulsive
 speech or actions. You may find that you are
easily angered so take a easily angered, so take a eded L reded. TAURUS
(April 20 - May 20)


## The universe may contin-

ue to present you with
many opportunities, a
tion. Perhaps consider one that will expand you beyond your comfort zone. Lucky (May 21 - June 20) For the next few weeks, be extra cautious in your communications. Your quick mind and wit could saying something you might regret. 20, 42, 45.
CANCER
(June 21 - July 21)


The Cancer-born can tend to lead with their feelings. At the beginning of the lenged to approach a situation with a more balanced heart and mind. Lucky numbers: , $10,24,35,37,39$.
LEO
(July 22 - Aug. 22)
Midweek, your thoughts and feelings may be out of sync for a few days. If stalemate, move beyond salemate, move beyond someone else. Lucky numbers: 10, 21, IRGO
(Aug. 23 - Sept. 22)
 You may have an opportunity at the end of the week to expand your comfort zone and tap more might feel awkward and (Sat
 For the next several weeks, you may be seeing people "put their foot in thei mouth." Therefore, leaning into your natural diplo even more important. Lucky numbers: 5 SCORPIO (Oct. 23 - Nov. 2
 reluctan to take off your sofe mask and authentically face the world? Doing so is never easy, but this week migh most. Luck prove to be better than
numbers: $7,13,17,19$, 27,34. SAGITTARIUS (Nov. 22 - Dec. 20)
 Your natur optisa and enthusiasm may get boost for the next severa nities come up, carefully examine them and look before you leap. Lucky numbers: 9,11 21, 22, 31, 32. CAPRICORN
(Dec. 21 - Jan. 19)


Early in the week may be a good time to connect with good time to connect with
those whose cooperation and whossistance youperation need. our serious demeanour and strong work ethic may be highlighted. Lucky numbers: 1, 3, 17, 37, 40, 48 .

## AQUARIU

(Jan. 20 - Feb. 18)


Things may be very busy or you this week. Con sider prioritizing what serves your highest val ues, rather than someone be scary to do. Lucky numbers. 2 12 PISCES
(Feb. 19 - March 19) This may be a good time o evaluate your current endeavours. Are some less mportant now? Consider rojects and your critical projects and letting go of ould require practice. Lucky numbers: the rest. Lu

Lucky numbers this week: This week's odds favour Capricorn winners with the luckiest number being 3 .

## Did You Knaw...

Islands in the sea: The island nation of the Maldives, in the north-central part of the Indian Ocean, includes approximately 1,200 islands. About 200 of the sandbanks and coral islands are inhabited.
Saving energy: Similar to hibernation, an animal going into a dormant state because the environment is too hot or dry is called aestivation. The aestivating animal stops eating and does not move around
Small but mighty: A tiny insect called the oribatid mite can lift over 1,000 times its own body weight. Also called the armoured or beetle mite, is only about the size of a grain of sand or two human hairs placed side by side
Popular condiment: In Mexico, a condiment called chamoy is very popular. This hot, sweet, tangy sauce contains dried chilies, lime juice, and some kind of fruit, such as mango, apricot, or plum.
Talented man: Brian May, who became famous as a member of the British rock band Queen, is regarded as one of the best guitarists around. May earned a Ph.D. in astrophysics from Imperial College London.

## On the Cighter Side

Why were the scissors smiling? Because they have their work cut out for them.

An astronomer watched the moon rotate for 24 hours. Then he got bored and called it a day.

My new diet consists of only aircraft. It's a bit plane.
Diner: "I'd like an elephant sandwich, please
Waiter: "I'm sorry, sir, we've just run out of bread.
Knock! Knock! Who's there? Hugo. Hugo who? Hugo first and I'll go second.

## Answers

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