

Hoping this school year will be better, is not a plan.

Sylvan Learning Tutoring  
2 hours per week, IS a plan.

reddeersylvanlearning.ca

See website for specials.

K-12 Tutoring, Camps and kids' technology classes.

So clean...everyone notices!

Central Alberta's trusted choice for

### Commercial Cleaning

Amazing Google Reviews!

Green Clean Red Deer Ltd.

Professional ♦ Affordable

403.986.8439 | [greencleanreddeer.com](http://greencleanreddeer.com)

### ROOF RUNNER ROOFING

roofrunnerroofing@hotmail.com

- Prompt Service
- Clean Sites
- Superior Results

403.550.2674

### CASH FOR SCRAP!

WE ACCEPT ALL KINDS OF METAL!

## BULLDOG METALS LTD

4305-78 STREET CRESCENT RED DEER

403.347.5815

[www.bulldogmetals.net](http://www.bulldogmetals.net)

We buy all metal types and sizes, (Pb) Batteries + Free Bin Service, and Farm Cleanups

WHEN YOU GET PAID We Get Paid

## WHIPLASH COMPENSATION?

Get the whiplash compensation you deserve from a trusted team of experienced lawyers.

You pay nothing up front. Not all injury claims are capped.

1-800-661-4902

[WhiplashInformationCentre.com](http://WhiplashInformationCentre.com)

**Braithwaite Boyle Injury Law** 300-440-8298

It's The Only Law We Do - Since 1986

Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary

ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

### PART-TIME COOK WANTED

YOUR PLACE FOR SPECIAL EVENTS and ACTIVITIES...

- Euchre every Tuesday 1 p.m.
- Canasta every Thursday 1 p.m.
- Floor Curling every Friday 9:30 a.m.
- Crib Tournament third Thurs. each month
- Whist every Friday 9:30 a.m.
- Lunch daily, 11 a.m. - 1 p.m.

FACILITY RENTAL AVAILABLE

## SENIORS' DOWNTOWN HOUSE

Call 403.346.4043 for information | 5414-43 Street, Red Deer

Leverage the power of social media to

### AMPLIFY YOUR BRAND ONLINE

We harness Instagram, Facebook, LinkedIn, Twitter (X), and TikTok as strategic tools to spotlight your brand's unique identity.

Wide range of options for diverse industries and budgets.

LOCAL SUPPORT

**COSTAIN CORP**

403.597.3372 | [www.costaincorp.ca](http://www.costaincorp.ca)

FREE!

## Coffee News®

"News To Be Enjoyed Over Coffee!"

Red Deer South Edition

403.346.4141

e-mail: [coffeeneewsguy@hotmail.com](mailto:coffeeneewsguy@hotmail.com)  
online version at [coffeeneewsonline.com/canada/centralalberta](http://coffeeneewsonline.com/canada/centralalberta)

Vol. 30 No. 1:14 April 1, 2024

## Everybody's Talking

**Screen to sanctuary:** As a teen actress in the 1957 film *Loving You*, newcomer Dolores Hart kissed Elvis Presley, marking her Hollywood debut. Her nine more films hinted at a glittering career. But while portraying St. Clare in *Francis of Assisi* in 1964, she met Pope John XXIII and told him of her role. He proclaimed, "No, you are Clare!" This helped redirect her path. Hart then broke an engagement, bid adieu to acting, and became a nun at the Abbey of Regina Laudis in Connecticut. She did attend the 2012 Academy Awards, where *God Is the Bigger Elvis*, a documentary chronicling her journey, earned an Oscar nod.

**Long and lonely road:** An amazing road connects Kashgar, China, with Islamabad, Pakistan. The Karakoram Highway snakes its way around mountains and through valleys for 800 km (500 mi.). Without this highway, much of the area would not be accessible. The road was built between 1959 and 1978 through an agreement between both countries. Over the course of the construction, over 24,000 workers dodged mudslides and rockfalls to get the job done. To this day, the road requires considerable maintenance to keep it functioning. Tourists who decide to travel this road are rewarded with beautiful views of mountains, glaciers, and alpine lakes.

**Costly fix:** Hiring a tradesman to come fix something can get pretty expensive these days, but it's not usually something to go berserk about. Not so for a man in Malaga, Spain. The fellow realized he had a broken pipe that needed tending, so he called a local plumber. When the tradesman arrived, he took a look at the job and provided a quote. However, the man was not impressed and got quite angry at the cost of the job. He was so irate, in fact, that he held the plumber hostage. Luckily, neighbours in the apartment building heard the ruckus and called police, who were able to intervene and arrest the angry man.

**Shadowy art:** Can shadows made from cut up cardboard boxes be considered art? To followers of a Japanese man named Kuronushi, the answer is a resounding, "Yes!" Kuronushi arranges pieces of cardboard in various ways. The seemingly mismatched piles of material don't look like anything unusual. But shine a light on the creations, and the shadows on the wall become art. One of Kuronushi's shadows reveals a pirate ship and, when the pile of cardboard is rotated, the ship turns into the pirate Jack Sparrow from the movie *Pirates of the Caribbean*. The artist also created Harry Potter shadow art, to the delight of his fans.

### Quoteable Quotes

"It is only in sorrow bad weather masters us; in joy we face the storm and defy it." ~ Amelia Barr

"If you have a garden and a library, you have everything you need." ~ Cicero

## What's Happening

Non profit organizations and charities – promote your upcoming event here free of charge! Complete our event submission page at [www.centralalbertacoffeeneews.com](http://www.centralalbertacoffeeneews.com).

Please provide three to four weeks' notice.

➡ Innisfail Legion will host an unforgettable evening celebrating Tartan Day and Scottish culture at the **Tartan Day Ceilidh** April 13 from 4:30 to 10 p.m. 18+ only event. Purchase of ticket (\$65 each) includes roast beef & haggis buffet supper, 1 whisky drink ticket, entertainment and dance. Purchase tickets on [Eventbrite.ca](http://Eventbrite.ca) or contact us at [innisfailpipeband@gmail.com](mailto:innisfailpipeband@gmail.com) for more information. Ticket sales end March 30.

Identify the ad where "Newman" the Coffee News Guy is hidden for your chance to win.

Actual size of the hidden graphic:

ENTER TO Win A \$50 GIFT CERTIFICATE!

To submit your entry today, visit the contest page at [www.centralalbertacoffeeneews.com](http://www.centralalbertacoffeeneews.com)

## Trivia

1. Each player in chess has how many pieces?
2. Triskaidekaphobia is the fear of what?
3. What was Juliet's last name in Shakespeare's *Romeo and Juliet*?
4. This is the acronym for International Business Machines Corporation.
5. Actor Boris Karloff famously portrayed Lurch, Frankenstein's monster, or Wolf Man?

(Flip bottom of page for answers)

© Published with permission by Costain Corp.

### FINANCE FAST TRACK PROGRAM

FREE EMPLOYMENT READINESS & JOB PLACEMENT SERVICES

If you are currently unemployed, have a credit score of 650 or higher, good English and Math skills, and can provide a clean Criminal Reference Check, you have everything you need to get started in a rewarding career in the Financial Services Industry.

Make your money helping others manage theirs as a Financial Planner, Investment Advisor, Insurance Broker, and more! And the best part? The training is offered at no cost to you!

**CAN** Call 403-341-7811 and get started today!

Let us help you find the work you need and build the career you love!

## FLAGS ★ FLAGS

Provincial International Military • Novelty Flag Poles

5215-54 Avenue, Red Deer  
403.340.0109 • [cyrher@gmail.com](mailto:cyrher@gmail.com)

### C & R ENDEAVORS LTD.

Christmas • New Year's • Weddings • Valentine's • Grad • ...and more!

Make Your Special Occasion Unforgettable with

**ARROW LIMOUSINE**

SEDAN AND PARTY BUS LTD.

Call 403-346-0034 to reserve

KNOWLEDGEABLE EXPERT CUSTOMER SERVICE TEAM!

One stop shopping for all your

## OFFICE SUPPLIES

Prairie **OP office plus**

403.347.2286  
[orders@prairieop.com](mailto:orders@prairieop.com)  
[www.prairieop.com](http://www.prairieop.com)

Visit our showroom!  
100 - 6660 Taylor Dr., Red Deer

100% CANADIAN OWNED AND OPERATED

FREE DELIVERY

### Experience our Difference

**RED DEER MOTORS**

6720 Johnstone Drive / Red Deer  
403.347.7777 | [www.reddeermotors.com](http://www.reddeermotors.com)

## This Space Is Available

Book NOW to ensure a spot in upcoming issues

Call Matt now at **403.346.4141**

### PROTECT YOUR INVESTMENT!

Don't let your paint, exterior and interior surfaces take a beating. Explore a variety of protective films perfect for any application.

**AAA FILMS AND AUTO**

403.598.6937  
[aaafilmscanada@gmail.com](mailto:aaafilmscanada@gmail.com)  
[www.aaafilms.ca](http://www.aaafilms.ca)

FREE ESTIMATES!

- COMMERCIAL FLAT GLASS FILMS
- SECURITY FILM
- PAINT PROTECTION FILM
- AUTOMOTIVE DETAILING PACKAGES

### Quality music education for ages 5-7

Experience the joy of music in group classes, learn music theory and keyboard skills

**myc** music for young children®

2024 CLASSES FILLING UP!

Contact Grace Haines  
[hainesg17@gmail.com](mailto:hainesg17@gmail.com) | 825.436.5990 | [myc.com](http://myc.com)

© Copyright 2024. No material, text or advertising may be reproduced without the express written consent of the Publisher.

**Behaviours in Dementia Toolkit**  
Practical & Evidence Informed

powered by:  
**CCSMH**  
Canadian Coalition for Seniors' Mental Health

Visit our **free** online library of 230+ resources about dementia-related changes in mood & behaviour today!

[www.BehavioursInDementia.ca](http://www.BehavioursInDementia.ca)

**Award-Winning Service You Can Trust**

**Royal Glass**

◆ Windshields ◆ Mirrors  
◆ Window Tinting ◆ Shower Doors  
◆ Residential Windows  
◆ Commercial Storefronts

MON-FRI 8-5

**SMALL BUSINESS OF THE YEAR**

**403.887.0190** Bay #1, #2 Erickson Crescent

LAWN AND YARD CARE  
HORTICULTURE SERVICES  
LANDSCAPE INSTALLATION

**EPIC**  
LANDSCAPE SERVICES

403.304.3801 | [www.EPIC-LANDSCAPESERVICES.COM](http://www.EPIC-LANDSCAPESERVICES.COM)

**ACREAGE FOR SALE**

Well treed 2.92 acres with private ravine.  
Newly renovated house and shop.  
Under five minutes to Red Deer.

Visit [realtor.ca](http://realtor.ca) | MLS #82104786

**velec E-Bikes have arrived!**

AS LOW AS **\$1,999.99**

**BATTERY BOSS** .ca #5, 7803-50 AVE., RED DEER  
**403.343.3399**

**Individual Office Spaces For Rent**

Various sizes to choose from. Includes Internet, reception greeting your clients. Ideal for consultants/professionals. Non-retail.

Offices start at **\$300**

Access to a la carte amenities. 1 year lease. Shorter terms available as well as Virtual Office Space offered. Furnishings available on request. Also available for hourly, half-rated day or full day.

**LEGACY BUSINESS CENTRE**

For more info, please call **403.341.4702 Ext. #1106**

Looking for a personalized and **EFFECTIVE ONLINE PRESENCE** for your business?

We tailor each website and online store to reflect your unique customer base and brand identity. Wide range of options for diverse industries and budgets.

**COSTAIN CORP.**  
403.597.3372 | [www.costaincorp.ca](http://www.costaincorp.ca)

**QUEST Signs & Decals Inc.**

QUALITY AND AFFORDABILITY SINCE 2001

Exterior Signage  
Channel Letters (Lit & Unlit)  
Custom Shapes  
Vehicle Graphics  
Custom Pylon Signs  
Retro-fit to LED

**403.346.1011**  
office@questsigns.ca | [www.questsigns.ca](http://www.questsigns.ca)  
#6, 7476-49 Avenue, Red Deer

# Your Weekly Horoscope

**ARIES (March 20 – April 19)**  
Your birthday month is a good time to develop new goals. In addition, the end of this week may be a good time to plan how to actually work toward them. Lucky numbers: 9, 12, 17, 19, 25, 38.

**TAURUS (April 20 – May 20)**  
For the next few weeks, be on the lookout for an opportunity to achieve a long held or heartfelt goal. Be cognizant that you may need to be proactive and seek it out. Lucky numbers: 8, 10, 11, 12, 21, 29.

**GEMINI (May 21 – June 20)**  
You may find yourself eager to manifest everything you desire over the next few weeks. Perhaps take a step back and prioritize what is most important now. Lucky numbers: 10, 18, 24, 32, 33, 42.

**CANCER (June 21 – July 22)**  
By default, Cancers often place heart over head in decision making. But early this week, you may have an opportunity to play with balancing that dynamic. Lucky numbers: 5, 10, 27, 28, 43, 44.

**LEO (July 23 – Aug. 22)**  
You may have a continued opportunity to reach beyond yourself and expand your role in the world. Be sure your efforts in this regard align with your values. Lucky numbers: 2, 4, 11, 26, 27, 32.

**VIRGO (Aug. 23 – Sept. 22)**  
Midweek, your normally detailed and disciplined thought process may feel confused and muddled. Take a deep breath. This might pass in a few days. Lucky numbers: 3, 4, 14, 27, 36, 39.

Lucky numbers this week: This week's odds favour Aries winners, with the luckiest number being 17.

**LIBRA (Sept. 23 – Oct. 22)**  
Over the next few weeks, you may feel in a stalemate about how to proceed in some area of your life. Be sure to look to your values in order to find a solution. Lucky numbers: 4, 6, 13, 14, 26, 29.

**SCORPIO (Oct. 23 – Nov. 21)**  
Do your current endeavours reflect your heart? If not, consider making an adjustment to find the courage to bring your life in alignment with who you are now. Lucky numbers: 15, 24, 28, 32, 37, 40.

**SAGITTARIUS (Nov. 22 – Dec. 21)**  
Things may go fairly smoothly for you over the next few weeks. However, there might be an opportunity, if you seek out its potential, to reach the next level. Lucky numbers: 4, 6, 13, 14, 26, 29.

**CAPRICORN (Dec. 22 – Jan. 19)**  
Early in the week, your ability to dig in and push past obstacles to achieve success may be heightened. Don't neglect your connection to others in the process. Lucky numbers: 15, 24, 28, 32, 37, 40.

**AQUARIUS (Jan. 20 – Feb. 18)**  
What are you passionate about achieving in the world? This week may offer an opportunity to start a process toward bringing transformational change for you and others. Lucky numbers: 13, 30, 33, 39, 44, 45.

**PISCES (Feb. 19 – March 20)**  
Are you clear about how you want to proceed next? Now may be a good time to communicate with others to find an opportunity to achieve a common goal. Lucky numbers: 6, 13, 17, 35, 44, 47.

Advocating growth and prosperity in Lacombe and district.

**Lacombe and District Chamber of Commerce**

Join us!

[lacombechamber.ca](http://lacombechamber.ca)

**CHERYL J. MOSER**  
CHARTERED PROFESSIONAL ACCOUNTANT

INTEGRITY EXPERIENCE DIRECTION

- Small Business and Farm Accounting
- Personal and Corporate Tax
- Consulting and Virtual CFO Services
- Bookkeeping Services

**780.679.8960**  
cjmoser.cga@gmail.com | [www.cherylmoser.com](http://www.cherylmoser.com)

Meet your local go-to for exclusive offers and amazing deals!

**GET In the LOOP RED DEER**

★ Exclusive Offers  
★ Real-Time Updates  
★ Diverse Options

↓ DOWNLOAD THE APP NOW and join the thriving GetintheLoop community!

**Senior Drop-in Bowling!**

Seniors (50+) are invited to stop by for fun every **Tuesday and Friday** at 10 a.m. \$10 fee includes two games of bowling, shoe rental, coffee/tea and snacks!

For more information, please call **403.309.6387**

*Heritage Lanes*

**Trophy Loft**

**FLEXFIT**

Blank Hats **\$18.95** UNTIL 04.05.24. EMBROIDERY ADDITIONAL.  
REGULAR \$22.95 + GST  
BEST PRICE IN 5 YEARS!

**403.347.5030** | [trophyloft.com](http://trophyloft.com)

**Coffee News®**

**CONTEST WINNER**

**JASON MASKOWITZ** is our February Contest Winner!

Jason will receive a \$50 gift certificate from our contest sponsor

**403.346.9400**  
4701-50 Street, Red Deer

**2 For 1 FAMILY PIZZA**

**pep**

**rewover up**

**Rewrite the narrative of addiction in your family.**

Join us for a virtual family recovery meeting. Scan the QR code to join.

Biweekly Wednesdays  
1.877.991.2737  
[pepsociety.ca](http://pepsociety.ca)

**OVERHEARD ABOUT Coffee News...**

“The interactions we've had with the Coffee News team have been very positive and professional. I have no hesitation in recommending Coffee News!”

They've been excellent to deal with and we look forward to continuing our relationship with them.

~ Tom Mansell, Branch Manager  
Prairie Office Plus

For advertising info, call Matt today at **403.346.4141**

## Did You Know...

**To the grave:** In ancient Egypt, the dead took their recipes to the grave with them, literally. Researchers have found hieroglyphs on the walls of tombs that depict recipes for food, believed to have been used as references for the afterlife.

**The john:** Societies use many names for the word toilet, but one of the most popular is “the john.” That’s because Sir John Harrington designed the first flushing toilet in 1596. He was one of Queen Elizabeth I’s godchildren.

**Started early:** American Selena Gomez, born in 1992, has become one of the biggest stars of her generation. She got her acting start at a young age, appearing on the children’s television show *Barney and Friends* from 2002 to 2004.

**Big headache:** World War II Italian dictator Benito Mussolini wouldn’t eat mashed potatoes. That’s because he claimed they caused him to have migraine headaches.

**Donut lovers:** Canadians really like their donuts, those round, yummy, sweet, spongy cakes with a hole in the middle. In fact, Canada boasts more donut shops per capita than any other country in the world.

## On the Lighter Side

I tried archery, but didn’t like it. There were too many drawbacks.  
Mutt: “I wish I were in your shoes.”  
Nutt: “Why would you want to be in my shoes?”  
Mutt: “Mine have holes!”

Why did the hedgehog say, “Ouch”? He put on his coat inside out!

Knock! Knock! *Who’s there?* Nose. *Nose who?* Nose any knock-knock jokes?

You can have my chimney for free. It’s on the house!

## Answers

**Trivia answers:** 1. 16 2. The number 13 3. Capulet 4. IBM 5. Frankenstein’s monster