

Are you a business owner/office manager?
Have 3-20 employees in your office?
Paying too much for your current phone system?

We can save you up to 50% off your current phone rates!

How? We offer:

- ✓ VOIP Solutions at a fraction of the traditional carrier cost
- ✓ Long distance rates that outcompete the competition

587.760.2800
<https://zettatelecom.com>

ETA TELECOM
DEDICATED TO FINDING OUR CLIENTS THE BEST SOLUTIONS WITHIN THEIR BUDGETS

THIS SPACE FOR RENT

OR SCAN HERE FOR MORE INFO



Call 780-220-6397

THINKING OF BUYING OR SELLING?

CALL KATIE
Your Central Edmonton Agent:
780.519.0668
www.realtybykatie.com

Living & working in Central Edmonton!

Katie Adams
Local REAL ESTATE

ELECTRICIAN FOR HIRE

Residential
Light Commercial
Electrical Repairs and Renovations

Art de Leon **Master Electrician**

780.932.3858 Cell
ajdeleon63@gmail.com

PERIPHERAL NEUROPATHY BREAKTHROUGH!

Dr. Melanie Morrill Ac. Stops Numbness, Tingling and Burning in Hands and Feet.

Call 587-879-7122 to schedule your consultation.
accessiblecupuncture.ca

"To anyone reading this, it can not hurt to try, there is nothing worse than painful feet and trying to live your life."
Darlene G. Google Review. ★★★★★



If you liked Gold Canyon Candles, you are gonna love Sunset Scents!

They are creating candles that have a strong scent throw and the cleanest burning scented candles out there!

They are the next Finest candles you will EVER find!

PSC Prairie Scented Candles
Sunset Scents a RAY of Fragrance

prairiescentedcandles@gmail.com
www.prairiescentedcandles.com

Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF

SAFE STEP WALK-IN TUB
1-855-977-9805

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

Residential & Commercial Security
Secure Your Summer Now!

- Eliminate pocket and lost keys
- Get notifications when children arrive home
- Monitor who is in your home or yard
- Greet visitors at your door without opening it
- Provide video evidence to police

Call 587-566-4922

TECHNICIAN DIRECT AUTOMATION

SECURITY SURVEILLANCE ACCESS CONTROL

Locally owned. Locally answered. No job too big or too small.

FREE! **New Issue Every Week!**

Coffee News[®]

"News To Be Enjoyed Over Coffee"

Central Edmonton Edition

780-220-6397

www.coffee-news.ca Est. 1988

FREE

Connected Canadians
Canadiens Branchés

Learn how to bank online
Register for one-on-one online banking support sessions and weekly workshops.

Supported by **TD READY COMMITMENT**

connectedcanadians.ca/one-on-ones
1-877-304-5813

Vol. 21 No. 11 March 11, 2024

Everybody's Talking

Entertaining bird: Some people like to keep chickens as pets, and one popular, though expensive, breed is the Ayam Ketawa. The breed originated in Indonesia, and its name literally means "laughing chicken." The nickname describes the fowl's most unique feature: it makes laughing sounds that are similar to a human's. They are considered "longcrowsers." As well as entertaining their owners with their laughing voice, these birds are sociable and like to hang out with their people. In Indonesia, owners of Ayam Ketawa can join clubs devoted to the breed, and they even can enter their pets into competitions in which their laughing sound is judged.

Cover charge: The owners of a high-end, historic deli in Barcelona, Spain, got so fed-up with visitors who were "just looking" that they decided to charge 5 Euros for browsers. Queviures Murria is famous for its meats and groceries, and it has many regular customers. But visitors who were coming in just to look and not buy were starting to annoy the owners and crowd the shop. As a bit of a joke, the owners put up a sign about the charge but didn't really intend to enforce the rule. Turns out they didn't have to: the presence of the sign alone discouraged non-buyers from coming in to browse. So much for the picture-takers and penny pinchers!

Black sand and diamonds: Black sand is always interesting to see, but it is stunning on a particular beach in Iceland. That's because the darkly coloured sand forms the backdrop for chunks of ice that look like diamonds of all different shapes and sizes. The beautiful beach, located on the south coast of Iceland, is close to the Jokulsarlon Glacier Lagoon. Dislodged chunks of glacial ice find their way to the beach, which is commonly known as "Diamond Beach." This stretch of sand looks different every single day because the ice chunks melt, but then more pieces of ice come ashore to replace them.

Dog deal: An Iranian real estate broker got into trouble for signing over property to a dog. The situation occurred when a couple, who owned an apartment, wanted to leave their abode to Chester, their pet dog, because they had no human heirs. They found a real estate agent who agreed to oversee the transaction, which included drawing up the papers for the deal. The couple signed, and then helped Chester sign by moving his inked paw over the signature line. A video clip of the transaction went viral on social media, drawing the attention of authorities. The boss of the real estate agency was arrested for organizing a deal that has no legal basis

Quoteable Quotes

"I've learned that making a living is not the same as making a life."
—Maya Angelou

"If you cannot do great things, do small things in a great way."
—Napoleon Hill

What's Happening

Mar 16 -St. Albert Singers Irish Pub Night Join Calvin Vollrath, the North American Fiddle Champion, for a spirited evening of Irish music. Come enjoy a full family-style Irish dinner, a cash bar, raffles, and a sing-a-long. Doors open at 5:00 PM. Tickets \$40 contact Barb at sasgmanager@gmail.com.

NON PROFIT organizations may submit fundraising events for FREE at www.coffee-news.ca. Please submit a minimum of 4 weeks in advance.

Hidden Coffee News Guy ADVENTURE

Find the Coffee News Guy hidden in one of the ads, then enter to win!

\$400* Prize Package
*Coffee News Bucks
Over 150 participating sponsors!

4 winners (\$100 each) will be drawn on the 15th of each month from all correct entries

To enter, visit www.coffee-news.ca

Submit your birth date and we'll send you a birthday card with valuable offers on your special day!

NEW FEATURE!

...or send your entry by snail mail to: CN Guy Contest, 9768 170 Street, Suite 303, Edmonton, AB T5T 5L4. Be certain to include your full name, complete mailing address (including postal code), phone number, email address and your birth date. Also include the name of the ad in which you found the hidden Coffee News Guy.

Optimize Your Health

LIVE ACTIVATED

Unlock the health coded in your genes to fight the signs of aging and revitalize wellness at the source.

Call Leann or Dana, your local LifeVantage Consultants

780.257.4533
Leann.nrf2@gmail.com | <https://detox.lifevantage.com>

PROMOTIONAL & PRINTING

OUI PRINT .COM

YOU THINK IT, OUI PRINT IT.

780 865 3212

DIAMOND WAY BUDDHISM
KARMA KAGYU LINEAGE

Every WED at 7 PM:
A short introduction on a Buddhist topic, followed by a guided meditation with opportunity for Q&A.

1st WED of each month:
Introduction to Buddhism

Recommended for Newcomers

diamondway.org/edmonton

HIP OR KNEE REPLACEMENT?

THE DISABILITY TAX CREDIT ALLOWS FOR A

\$2,500
YEARLY TAX CREDIT

\$30,000
LUMP SUM REFUND

85% SUCCESS RATE!

FOR EXPERT HELP:
1-844-453-5372

Creating Smiles That Last A Lifetime...

General Dentistry • Cosmetic Dentistry • Implants
Restorative Dentistry • Botox Treatments

587.760.4227

Dr. DEREK FIKA Family Dentistry drderekfika.com
12943-97 St NW Edmonton

Proudly Introducing **Dr. Ahmed Hussain**
SPECIALIZING IN PROSTHODONTICS

EVENING & SAT. APPTS. AVAILABLE | WE SPEAK ARABIC, SOMALI, VIETNAMESE, CHINESE & HINDI

womensworkwear.ca
WINTER BLOWOUT!

WOMENS PIONEER FR INSULATED **PARKA OR BIBS**

SKU: J-5524W, J-5523W
Available in Hi-Viz Orange or Royal Blue
Was: \$370 ea.

NOW ONLY \$100 ea.

While Quantities Last. Sale May End Without Notice.

Fit Matters Scan QR Code To Shop Online

Trivia

1. What does a konimeter measure?
2. Is dyspepsia also called indigestion or nausea?
3. An insect's hard outer shell is an exoskeleton or outer armour?
4. A misheard word, especially in a song, is called a missyllable or a mondegreen?
5. Is Santiago, Asunción, or Montevideo the capital of Uruguay?

(Flip bottom of page for answers)
© Published with Permission by Capital Marketing Ltd
(Over)

Labour shortage?

We have skilled workers waiting for you.

Scan here to learn how or visit www.chha.ca

Randy BOISSONNAULT
Edmonton's Strong Voice in Ottawa

780-442-1888
Randy.Boissonnault@parl.gc.ca
www.RandyBoissonnaultMP.ca

Member of Parliament/Député
Edmonton Centre

@R_Boissonnault /R.Boissonnault

TileTown 50 years
Your Space. Your Style. Your Way.

Bring this ad into one of our 2 Edmonton Locations & Receive **20% OFF**
All Regular Priced, in Stock Tile

8219 Argyll Rd., Edmonton • 780-466-1343
11478-156th St., Edmonton • 780-451-7744

Can't get to your **Coffee News** each week?

Check out our PDF editions online!
New editions are posted every Monday

Sign up here to receive email notifications of new editions.
Now you never have to miss your weekly dose of good news!

www.coffee-news.ca/editions

Need ONE More Reason to Join?

- You don't have an up to date will
- You don't understand the difference between a trust and a will
- The CRA selects you for an audit
- You need a letter written on your behalf by a lawyer
- You receive a speeding ticket
- You need a lawyer's advice on any matter

Call LLOYD KENNEY, Independent Associate, to find out how LegalShield can help you!
1-877-579-9449

WHEN YOU GET PAID We Get Paid

WHIPLASH COMPENSATION?
Get the whiplash compensation you deserve from a trusted team of experienced lawyers.
You pay nothing up front. Not all injury claims are capped.

1-800-661-4902
WhiplashInformationCentre.com

Braithwaite Boyle Injury Law 800-440-8298
It's The Only Law We Do - Since 1986
Free Initial Consultation

Offices in: Edmonton, Red Deer, and Calgary
ALBERTA OWNED AND OPERATED FOR OVER 35 YEARS

EDMONTON HOME + GARDEN SHOW MARCH 21 - 24
Edmonton Expo Centre

2-FOR-1 BUY TICKETS ONLINE
*On Regular Adult Admission Only Promo Code: COFFEENEWS
EDMONTONHOMEANDGARDENSHOW.COM

COLD SHOT A DIVISION OF BALWARIA EMPIRE PVT. LTD.

PASSENGER & PARCEL SERVICES
SHIP BY BUS GET YOUR REWARD CARD TO GET A FREE TICKET!

Parcel Website: www.coldshotca.com
Passenger Website: www.coldshot.ca

TICKETS: 587-557-7719 | PARCEL: 587-557-7718
SERVING ALBERTA'S BUSINESS COMMUNITY SINCE 2005

Your Weekly Horoscope

ARIES (March 20 - April 19)
The potential for you to have moments of anger is still in effect early this week. Consider focusing within. Assess where you are, and your best next step. Lucky numbers: 17, 28, 29, 30, 41, 46.

TAURUS (April 20 - May 20)
You may be tempted at midweek to dig in your heels. If your resistance doesn't break the obstacle, consider taking a deep breath and waiting a few days to act. Lucky numbers: 2, 7, 11, 19, 30, 48.

GEMINI (May 21 - June 20)
Take stock of where you are right now. You may have an opportunity for an emotional reset from your experiences of the last month. How do you want to make use of it? Lucky numbers: 16, 23, 25, 29, 31, 48.

CANCER (June 21 - July 21)
The end of the week may be a good time to retreat into your shell for a few days. Nurturing yourself could allow you to re-emerge better able to help yourself or others. Lucky numbers: 13, 15, 18, 23, 24, 33.

LEO (July 22 - Aug. 22)
Many Leos have a natural leadership skill that can rally others to a common effort. You may operate best from your highest values, adjusting as needed to do so. Lucky numbers: 3, 13, 15, 16, 21, 48.

VIRGO (Aug. 23 - Sept. 22)
Over the next few weeks, you may run into a challenge regarding love or finances. In finding a solution, compassion toward yourself and others could be helpful. Lucky numbers: 14, 15, 16, 17, 34, 42.

LIBRA (Sept. 23 - Oct. 22)
During the next few weeks, the universe may present a challenge regarding your relationships. Consider it an opportunity to adjust your balance of self versus others. Lucky numbers: 11, 12, 14, 15, 31, 37.

SCORPIO (Oct. 23 - Nov. 21)
The energy at midweek is one that is well-grounded. For the few days that it is in effect, tapping into this energy may be helpful, especially if you are feeling stressed. Lucky numbers: 7, 11, 15, 17, 29, 46.

SAGITTARIUS (Nov. 22 - Dec. 20)
You may find yourself pulled into two different directions on how to proceed. Hitting the pause button and thinking things through for a few days may be helpful. Lucky numbers: 6, 13, 19, 20, 35, 43.

CAPRICORN (Dec. 21 - Jan. 19)
Capricorns generally value self-reliance and sufficiency, in themselves and others. At week's end, a stalemate may require you to be more nurturing to yourself or others. Lucky numbers: 4, 5, 17, 26, 27, 35.

AQUARIUS (Jan. 20 - Feb. 18)
You may be able to see an opportunity now that could transform a situation in yourself or your life. To find it, you might need to tap into a higher octave of the celestial sphere. Lucky numbers: 1, 6, 7, 8, 11, 28.

PISCES (Feb. 19 - March 19)
Pisces-born generally have an empathetic, compassionate nature. These traits may be heightened in the coming weeks. Be careful not to let others take advantage of you. Lucky numbers: 9, 18, 22, 32, 38, 48.

Lucky numbers this week: This week's odds favour Aquarius winners with the luckiest number being 7.

Did You Know...

- Eye-catching building:** Australia's Sydney Opera House is recognizable by its shape, like a series of shells. The now-iconic structure took 16 years to complete, from 1957 to 1973, and is a major tourist destination.
- Cat-like mammal:** A raccoon relative, cacomistles live in areas from the southern U.S. to Panama. Also called "miner's cat," the nocturnal animals reside high in trees. They can be tamed, but are considered exotic pets.
- Needs light:** Anyone wanting a bamboo plant in the house could choose a species called golden bamboo. These plants grow well in pots, but need to have a good source of light for six or eight hours per day.
- Deep and dark:** Photosynthesis can happen in the ocean's euphotic zone, the upper layer, which gets enough light. Deeper down is the disphotic zone, which has some light. Deeper still is aphotic zone, with no light at all.
- Singing a song:** The musical wren of South America is known for its amazing singing ability. This bird can sing a perfect octave, and sings in intervals of the fourth and fifth notes of the scale.

On the Lighter Side

Did you hear about the hungry clock? It went back for seconds. A singer was locked out of her house. She broke into song and couldn't find the key.

Todd: "Do you have holes in your socks?"
Odd: "Certainly not!"
Todd: "Then how do you get your feet in them?"

Knock! Knock! Who's there? Habit. Habit who? Habit your way, I'll come back later.
Why are French goats so musically talented? Because they are born with French horns.

Answers

Trivia answers: 1. Dust in the air 2. Indigestion 3. Exoskeleton 4. Mondegreen 5. Montevideo

For available franchise opportunities - visit coffeenewscanada.com
© Published with Permission by Capital Marketing Ltd

STOP STREAMING!
IT'S FUNNIER LIVE
AT THE COMIC STRIP
BOURBON STREET, WEST EDMONTON MALL

PURCHASE TICKETS ONLINE AT
thecomicrostrip.ca

Rich Bronson's
THE COMIC STRIP
DRINK • DINE • LAUGH

yes tv

FREE LIVE STREAMING COMING THIS FALL
visit yestv.com for details

Exclusive offer for Facebook and Google Ads

Get FREE set-up (up to a \$500 value!)

We are a local digital marketing agency specializing in paid ads.

SCAN ME

Contact us today for your FREE no obligation consultation!

Frontline 780.760.6922

inogen CLAIM YOUR 14-DAY RISK-FREE TRIAL!

PORTABLE OXYGEN FOR YOUR ON-THE-GO LIFESTYLE

Call us toll-free at **1-888-998-6714**

*14-day risk-free trial - Return within 30 days of purchase for a full refund of purchase price.
PM220469 EN, EX, USA | Its Only © 2023 Inogen, Inc.
3015 Corporate Drive, Colorado, CO 80117
Inogen® is a trademark of Inogen, Inc. The usage of any Inogen, Inc. trademark is strictly forbidden without the prior consent of Inogen, Inc. All other trademarks are trademarks of their respective owners or holders.

jerry forbes Centre for Community Spirit

HOME FOR 25 CHARITIES & NON-PROFITS

93,000 SQ. FT. OF SHARED SPACE
SERVING OVER 200,000 ALBERTANS

Dear Edmonton, We're having a great time and the people here are amazing. You should come for a visit!

Sincerely, JFC

jerryforbescentre.ca

Don't know what's wrong...?

WE CAN HELP!
CONTACT THE EXPERIENCED PROFESSIONALS AT

HOME & OFFICE HANDYMAN SERVICES

780.940.2127 | www.HOHS.ca

Give Us Your List. We'll Do The Rest.

RETIREMENT LIVING CHRISTENSON
Optional Meals • Personalized Services • On-site Care

Join Our Vibrant Community

Westmount

Full Kitchens • Social & Recreation • U/G Parking

13326-114th Ave, Edmonton
780-540-9500
CDLhomes.com

CHRISTENSON COMMUNITIES