



**Ongoing - Tuesdays Women's Wellness** Slave Lake and Area Womens Wellness workshop. St. Peters Ecumenical Church, Slave

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Trivia

Prize Package

1. What does a konimeter measure?

United States (\$100 each) will be drawn on the 15th of each r

2. Is dyspepsia also called indigestion or nausea?

3. An insect's hard outer shell is an exoskeleton or outer armour?

 $4.\ A$  misheard word, especially in a song, is called a missyllable or a mondegreen?

5. Is Santiago, Asunción, or Montevideo the capital of Uruguay?

(Flip bottom of page for answers)

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31, 37.

**SCORPIO** 

17.29.46.

19, 20, 35, 43.

17, 26, 27, 35.

**AQUARIUS** 

**CAPRICORN** 

(Dec. 21 - Jan. 19)

(Jan. 20 – Feb. 18)

numbers: 1, 6, 7, 8, 11, 28.

(Feb. 19 - March 19)

**PISCES** 

**SAGITTARIUS** 

(Nov. 22 - Dec. 20)

(Sept. 23 - Oct. 22)

(Oct. 23 - Nov. 21)

During the next few weeks,

the universe may present a

challenge regarding your

relationships. Consider it

an opportunity to adjust

your balance of self versus

The energy at midweek is

one that is well-grounded.

For the few days that it is

in effect, tapping into this

energy may be helpful,

especially if you are feel-

You may find yourself

pulled into two different

directions on how to pro-

ceed. Hitting the pause button and thinking things

through for a few days

Capricorns generally value self-reliance and suffi-

ciency, in themselves and

others. At week's end, a

stalemate may require you

to be more nurturing to

You may be able to see

an opportunity now that

could transform a situa-

tion in yourself or your life. To find it, you might

need to tap into a higher

Pisces-born generally have

an empathetic, compassion-

ate nature. These traits

may be heightened in the

coming weeks. Be careful not to let others take advan-

others. Lucky numbers: 11, 12, 14, 15,

ing stressed. Lucky numbers: 7, 11, 15,

may be helpful. Lucky numbers: 6, 13,

yourself or others. Lucky numbers:  $\overline{4}$ , 5,

octave of the celestial sphere. Lucky

## ARIES

(March 20 – April 19) The potential for you to have moments of anger

is still in effect early this week. Consider focusing within. Assess where you are, and your best next step. Lucky numbers: 17, 28, 29, 30,

### (April 20 - May 20)

41.46.

TAURUS

You may be tempted at midweek to dig in your heels. If your resistance doesn't break the obstacle, consider taking a deep breath and waiting a few days to act. Lucky numbers: 2, 7, 11,

19, 30, 48. GEMINI

## (May 21 – June 20)

Take stock of where you are right now. You may have an opportunity for an emotional reset from your experiences of the last month. How do you

want to make use of it? Lucky numbers: 16, 23, 25, 29, 31, 48. CANCER

## (June 21 – July 21)

The end of the week may be a good time to retreat into your shell for a few days. Nurturing yourself could allow you to reemerge better able to help others. Lucky numbers: 13, 15, 18, 23,

24, 33. LEO

## (July 22 - Aug. 22)

Many Leos have a natural leadership skill that can rally others to a common effort. You may operate best from your highest values, adjusting as needed

## 21, 48. VIRGO

yourself and others could be helpful. Lucky numbers: 14, 15, 16,

17, 34, 42.

winners with the luckiest number being 7.

# Did You Know...

Eye-catching building: Australia's Sydney Opera House is recognizable by its shape, like a series of shells. The now-iconic structure took 16 years to complete, from 1957 to 1973, and is a major tourist destination.

**Cat-like mammal:** A racoon relative, cacomistles live in areas from the southern U.S. to Panama. Also called "miner's cat," the nocturnal animals reside high in trees. They can be tamed, but are considered exotic pets.

**Needs light:** Anyone wanting a bamboo plant in the house could choose a species called golden bamboo. These plants grow well in pots, but need to have a good source of light for six or eight hours per day.

**Deep and dark:** Photosynthesis can happen in the ocean's euphotic zone, the upper layer, which gets enough light. Deeper down is the disphotic zone, which has some light.



# to do so. Lucky numbers: 3, 13, 15, 16, (Aug. 23 - Sept. 22) Over the next few weeks,

you may run into a challenge regarding love or finances. In finding a solution, compassion toward

tage of you. Lucky numbers: 9, 18, 22, 32, 38, 48.

Lucky numbers this week: This week's odds favour Aquarius

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Deeper still is aphotic zone, with no light at all.

Singing a song: The musical wren of South America is known for its amazing singing ability. This bird can sing a perfect octave, and sings in intervals of the fourth and fifth notes of the scale.

On the Lighter Side

Did you hear about the hungry clock? It went back for seconds.

A singer was locked out of her house. She broke into song and couldn't find the key.

Todd: "Do you have holes in your socks?" Odd: "Certainly not!" Todd: "Then how do you get your feet in them?"

Knock! Knock! Who's there? Habit. Habit who? Habit your way, I'll come back later.

Why are French goats so musically talented? Because they are born with French horns.

# Answers

3. Exoskeleton 4. Mondegreen 5. Montevideo I rivia answers: I. Dust in the air 2. Indigestion

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